

Alpha Secondary Gymnasium

930 Alpha Avenue Burnaby, BC V5C 3E2

> Open to all belt levels ages 4 and up

Hosted by: DSA Taekwon-Do

For more Info: Tel: (604) 355-0372

Email : dsataekwondo@gmail.com





#### 2023 ITF of B.C. Provincial Taekwon-Do Championships March 4, 2023 Saturday

Dear Masters, Instructors, Parents and Students,

All Coloured Belt and Black Belt members of the International Taekwon-Do Federation of B.C. are invited to participate in the 2023 ITF of B.C. Taekwon-Do Championships in the beautiful City of Burnaby, British Columbia.

It is our goal to provide an excellent and memorable experience for all participants and their supporters. This will be a well-organized event with an excellent level of competition and sportsmanship, demonstrating the true spirit of the original ITF Taekwon-Do.

In addition, Adapted Taekwon-Do Divisions will be available for our students with disabilities so that they may be able to experience competition at their own speed. Please see the rules for Adapted Patterns and Mixed Abilities Divisions.

Taekwon-Do Kids age 4-6 may also participate with Fundamentals or Patterns, and Flag Sparring (which does not require sparring gear).

All black and red belts ages 14 and older who will be required to umpire will be provided free lunch. Lunch breaks will be on a rotational basis from 11 to 1pm. We will be making use of the "On Deck" system to ensure that all rings are constantly running and all competitors have ample time to check in.

Registrations must be done with your coach through your school's sportdata account.

So let your coach know to sign you up and come join us at the B.C. Provincials in the Spring of 2023!

Sincerely,

Mr. Darius Andaya (VI Dan) DSA Taekwon-Do

# **EVENT INFORMATION**

**What:** 2023 ITF of B.C. Taekwon-Do Championships

Who: All ITF of B.C. affiliated schools and practitioners.

When: Saturday, March 4, 2023 Bow in at 8:30am.

Where: Alpha Secondary Gymnasium (Parking entrance through the Alley)

Hosted By: DSA Taekwon-Do Contact: Darius Andaya Email: dsataekwondo@gmail.com Tel: 604-355-0372

**Registration:** All registrations will be processed online through the school's Sportdata account. Coaches may use the attached form to gather competitor information. Go to <u>dsataekwondo.com</u> or the <u>facebook</u> <u>event</u> page for links and updates. Registration ends 11 pm Feb 11, 2023.

#### Fees:

| 60 |
|----|
| 60 |
| 60 |
| 30 |
| 30 |
| 20 |
| 20 |
| 20 |
| 20 |
| 20 |
| 20 |
|    |

Note: Everyone who wants to compete on Powerbreaking or Specialty breaking must be registered in Individual Patterns and/or Sparring.

After Close of Registration, refunds are only allowed subject to Appendix 1 page 6#18 of the ITF of B.C. Tournament Rules.

Sportdata link: <u>https://bit.ly/2023ProvincialsSportdata</u> DsaTKD link: <u>https://bit.ly/3FTBE6C</u> Facebook link: https://bit.ly/2023tkdprovincials

#### **IMPORTANT LINKS AND DEADLINES**

- 1. Individual Competitor Registration Reg cutoff: Feb 11, 2023 at 11pm PST
- 2. Coach/Photographer Registration Reg cutoff: Feb 11, 2023 at 11pm PST
- 3. Full Time Umpire registration Reg cutoff: Feb 11, 2023 at 11pm PST
- 4. Team registration Reg cutoff: Feb 18, 2023 at 11pm PST
- 5. T-shirt sales registration Reg cutoff: Dec 31, 2022 at 11pm PST All shirts must be pre-ordered. There will be no sales at the Venue. <u>https://bit.ly/awesomenessTshirt</u>

Free Gift with order of 6 shirts or more!

Price: \$40.00 for all sizes. Style: Athletic Wicking Sizes: Youth S, M, L Adult S, M, L, XL, XXL

6. Declaration of Consent Form Submit by coach to tournament director by Feb 18, 2023



7. Certificate of Insurance Submit by coach to tournament director by Feb 18, 2023

#### 8. Host hotels

A. Accent Inns Book by Jan 31 to get the special price.

Alpha Secondary is located a short 7 minute drive from the Burnaby Accent Inns.

\$1792 Bed Queen Room\$1992 Bed Queen + Kitchenette Room\*Based on 1-4 occupancy

**To book:** Contact Donna Price at dprice@accentinns.com / 604.231.3203 or 1-800-663-0298 and quote GROUP ID #6212610

#### **Hotel Facilities & Policies:**

- Fitness room/Hot Tub/Sauna Onsite.
- Spacious Guestrooms and One Bedroom Suites (630 sq.ft)
- All Non-Smoking Guestrooms.
- Free Local calls and faxes.
- Complimentary In-room coffee and tea.
- In house guest laundry
- On Site restaurant and many others within walking distance.
- Mini Fridges and Microwaves in all rooms
- Free WiFi throughout hotel
- Ample Free parking for cars and buses.

#### **B. Executive Suites**

# Alpha Secondary is located a short 6 minute drive or 25 minute walk from the Executive Suites Hotel & Conference Centre.

\$192 2 Double Bed Suite Rooms \*Based on 1-4 occupancy

To book: Contact Ramy Fouda at dos.bby@executivehotels.net / 604.297.2111

- Complimentary wifi
- Complimentary parking
- On-site restaurant
- Restaurants and The Amazing Brentwood mall within walking distance
- Outdoor heated pool and fitness centre
- Launderette access complimentary

# REGISTRATION

All competitors must be registered by their Coach directly through the **SportData system**. Do not use the ITF on-line system.

COACHES, please make it clear to your members that they must not try to make their own registration – if they do try it will be rejected.

If a coach already has a Club account in SportData that was used for a previous event, they can re-use that account. See the additional document "COACHES – how to create Club Account and register competitors, coaches and umpires" for a tutorial showing how to create an account and how to register competitors and umpires. This document is found under the "Downloads" button on the SportData web page for the event or go to the link below:

https://ucarecdn.com/43bdf9a8-de15-426e-b305-f182b8322728/

# Registration Deadline for all Competitors, Coaches and Umpires is February 11, 2023 11pm PST

#### **International ID Number**

Registration will require an "International ID" number for all competitors. *Colour Belts:* enter "N/A" as the International ID number. *Black Belts:* enter the International ID number found on the Black Belt wallet card (see image below circled in red).



#### **Notes to Coaches:**

- 1. Degree number (i.e. C-1-1234) is **NOT** acceptable
- 2. The International ID number does not change as a competitor moves up in rank. If their number is 123456 as a 1st Dan Black Belt, it will also be 123456 if they are promoted to 2nd Dan. Therefore, if they recently have tested and do not have their new card, they can obtain their number from their old wallet card.
- 3. For competitors who have recently examined for 1st Dan Black Belt rank and have not yet received their new wallet card, please request the ID number from Ms. Stone at ctfihq@gmail.com.

#### **Instructor Check-in**

All instructors or coaches must report to the tournament check-in and pick up the dobok stickers for their competitors. Instructors are responsible for making sure competitors have these stickers on their dobok as proof that they are registered competitors.

Instructor/Coach Check-in will be available on Friday March 3, 2023 at the tournament venue from 7pm until 830 pm then again on Saturday March 4, 2023 from 8 to 8:30 am.

#### **Black Belt Card**

All Black Belts, all ages, must be certified with ITF headquarters. When using the on-line registration process, there will be a space for providing the Black Belt ITF ID number (see above). 1st Degree Black Belts who were recently promoted may not have their certification cards yet. Their registration should list their International ID number as "Pending" and their certification will be confirmed with CTFI Headquarters. When using the on-line registration process, there will be a space for providing the Black Belt ITF ID number (see above).

All Black Belts must show their ITF Black Belt registration card at the Weight Check/ Check-in (see below). A photocopy of the Black Belt certificate showing name, rank and date information as well as the name of the ITF President is acceptable. Any Black Belt without appropriate proof of certification in the ITF will be disqualified with no refund of event fees. Black Belts not competing in sparring MUST check-in and show ID to confirm Black Belt status. Failure to do so will result in disqualification.

**Declaration of Consent and Data Protection forms** Coaches will be responsible for having all competitors or their legal guardians sign them. Coaches are responsible for sending scanned or photographed images of these files to the Tournament Director. Email it to tournament@itfofbc.org. The form is attached.

Competitors who do not have valid forms submitted to the Tournament Director by the deadline will not be allowed to compete.

# Deadline for Declaration of Consent and Data Protection forms submitted to Tournament Director: February 18, 2023, 11pm Pacific Time.

# **Schedule of Events**

Please note that these times are tentative, and will be confirmed as more details become available. The most up-to -date schedule of events can be found on the web page. A final schedule will be published prior to the event.

Friday March 3, 2023 Competitors and Officials arrive in Burnaby, B.C.

730-830 pm Weigh ins/Coaches pick up Tournament Packages at Alpha Secondary Gymnasium. 730-930pm Setup at Tournament Venue

Saturday March 4, 2023

- 8-8:30am Blackbelt Weigh in at Venue (Last Chance)
- 8:30am Black Belt & Officials meeting all Black Belts age 14 and up, and all Officials must be present
- 9:00am Opening Ceremonies
- 9:30am Competition Starts
- 5:30pm Competition Ends

#### **Pre-Junior, Junior & Senior Black Belt Sparring Weight Divisions**

Any Black Belt sparring category, including the Pre-Junior, Junior and Senior categories, may be merged if there are 2 or less competitors, they will always be merged within the same age group. This is to ensure there are no competitors alone in their category and improve competition for the athletes. Seeding points will be awarded regardless of which category the athletes compete in. Refer to CTFI Team Manual for full details of Seeding point system.

**Verification** All Black Belts (all ages) must have their weight category verified at the weigh-ins. Weigh-in procedure will follow ITF World Junior/Senior Championships rules. Black Belts must present their Black Belt certification card at the weight check. Black Belts in all categories must be within +/- 3kg of their stated weight or they will be disqualified.

**Valid Age for Category** The valid age for all competitors during the competition is the age at which they enter the year. To calculate this age, use the following formula: *Year of competition - Year of birth – 1 = Competitors valid age during the competition* 

Examples:

Year of event 2022 - Year of birth 2004-1 = 17 This Competitor is only allowed to compete as a Junior Year of event 2022 - Year of birth 2003 - 1 = 18 This Competitor is only allowed to compete as a Senior Year of event 2022 - Year of birth 2007 - 1 = 14 This Competitor is only allowed to compete as a Pre-Junior

**New Black Belt Age Categories** Black Belt Age Categories are also changing slightly to allow a Pre-Junior category for ITF International competition. The 2022 Nationals will have the following Black Belt age categories for both patterns and sparring:

- Cadet age 10-11
- Pre-Junior age 12-14
- Junior age 15-17
- Senior Age 18+
- Super Senior Age 36+
- Veteran Age 46+

NOTE: Black Belts age 36+ may choose to enter the Senior Age 18+ category.

#### **Colour Belt Age Categories**

Minimum age is 4 years old. As per CTFI competition rules, the appropriate age division for all competitors will be determined based on the age of the person on the day of the Tournament. Coloured Belt competitors will be placed in age categories taking into account the other people registered to compete. Groups of less than 3 may be moved into other categories.

#### **Division merging**

Categories or divisions based on age, rank or weight may be merged as needed. This applies to all Colour Belt and Black Belt categories at this event. Competing up" will not be allowed.

#### Insurance

The Tournament Organizing Committee, DSA Royal International Taekwon-Do, the International Taekwon-Do Federation of British Columbia (ITF of B.C.) and its Board of Directors, the Canadian Taekwon-Do Federation International (CTFI) and the International Taekwon-Do Federation (ITF) are not responsible for any injuries.

ONLY current members in good standing of the ITF of B.C. may participate in this event. Schools who are members of the ITF of B.C. must provide proof of third party liability insurance meeting the requirements of the ITF of B.C.'s insurance. Competitors from schools who cannot provide the required proof of insurance will be removed from competition with no refund of any fees paid.

> Deadline for Certificate of Insurance submitted to Tournament Director: February 18, 2023, 11pm Pacific Time.

# Mandatory Safety equipment:

- Taekwon-do Kids/Little Dragon category does not require safety equipment.
- Hand Foot and Head safety equipment (one set CTFI approved type for blackbelt, foam dipped for coloured ok)
- Clear Mouth guard
- Groin protection for all males (must be worn inside the trousers)

Optional Safety equipment:

- Shin and forearm protectors of an approved type (no hard materials);
- Groin protection or chest protection for females (must be worn inside the dobok)

Note: Students without required safety equipment IN GOOD CONDITION will not be allowed to compete. Competitors sharing equipment is welcomed. No jewellery, watches or other adornments may be worn, hair may be kept in place using a material of a soft elastic nature only, no grips or slides are allowed.

# **Tournament Rules**

All events at this tournament will follow the ITF of B.C. Appendix 1, CTFI Rules for Coloured Belt Competition and the International Taekwon-Do Federation (ITF) Rules for Black Belt Competition. Go to: <u>https://www.itfofbc.org/downloads/</u>

# Special additions to these rules are as follows:

# **Patterns: (7+ years old) Single Elimination**

Coloured Belt competitors will perform one Optional pattern which may be the pattern of their rank or the pattern immediately below their current rank to accommodate recently promoted students. Coloured Belts may not perform any pattern above that of their current rank.

### Little Dragons or Taekwon-Do kids. (4 to 6 years old)

#### **Fundamentals:**

Any set of fundamental movements 10 or less movements, not necessarily Saju Jirugi or Saju Makgi. End with Hup to denote end of the set. Winners are determined according to the following criteria: Execution of Technique, Breathing, Power and Balance. E.g. <u>https://bit.ly/3uHub2S</u>

### **Flag Sparring:**

- 45 second rounds. 3 flags each competitor to be inserted on their Belts, 1 in the front and 1 on each side.
- Objective: Keep your flags from being captured through footwork, body movements and flags.
- To win:
  - Capture all flags.
  - Capture more flags than opponent when time expired.
- Warnings: 3 warnings results in a return of 1 flag or a 1 point deduction
  - Removing a flag after Haecho or Guman
  - Having 3 or more points of contact on the ground i.e. falling
  - Running away or delaying a match
  - Striking, tackling, pushing, shoving, grabbing or grappling
  - Holding ones own flag as defense
- Notes
  - Competitors who captures a flag by doing an illegal technique must return the flag.
  - E.g. <u>http://bit.ly/3W4QBYn</u>

#### **Cadet/Super Seniors**

All Matches: One designated pattern for eliminations and finals (Pattern at rank level)

### **Pre-junior, Junior and Senior Black Belts all matches (Two Patterns at rank level)**

- 1. First designated: any of 3 pattern on rank level (of competitor with the lower rank)
- 2. Second designated: Chon-ji to any Patterns of rank except first designated.

### **Mixed degrees:**

If competitors compete with someone not of the same rank, the patterns to be used will be the patterns of the lower ranked competitor.

#### **Special Needs Adapted Tournament Regulations**

https://www.youtube.com/watch?v=PTrnesVf89M&t=6s

- 1. Competitors with any of the following conditions will be allowed to compete
  - Motor/Physical Impairment including loss, malformation or abnormality in the skeletal, muscular or neurological systems responsible for body motion. E.g. Those suffering polio, spinal cord injuries, paralysis, amputations.
  - Sensory Impairment: For those with severe visual impairments, severe hearing impairments and those with language and communication disabilities that prevents them from competing in regular competition divisions. E.g. Blind, deaf, mute.
  - Intellectual: For those characterized by a decline in higher mental functions (intelligence, language, learning,etc) as well as motor functions. This covers a wide variety of diseases and disorders including Down Syndrome, Cerebral Palsy, Asperger, Tourettes, to name a few.
- 2. Participants must be accompanied by an adult (aged 19 or up) who will be responsible for the conduct and behaviour of the participant.
- 3. The organizers may merge categories, if necessary, depending on number of participants. A maximum of 4 participants per division shall be maintained.

### **Adapted Events**

1. Adapted Solo Patterns (Coaching–on-mat allowed if needed with a 1 point deduction) Competitors may perform any ITF Pattern.

#### 2. Mixed Abilities

Competitor performs with a partner of their choice ( a coach or a fellow student) who knows about their abilities and limitations. The partner will help the competitor display Taekwon-do and/or Martial \arts skills. Vocal and physical cues may be used. The partner may be anyone including the competitor's coach, instructor, trainer, etc. Rehearsed or unrehearsed routine is allowed. Competitors may use props such as boards for breaking, or kicking pads and punch mitts. Minimum of 45 seconds to a maximum 60 seconds. Timer starts at "Sijak" and ends at "Go man". E.g. <u>http://bit.ly/3VNLDiW</u>

#### **Special Notes**

All coloured belt divisions will compete in patterns at one ring and then compete in the same ring for sparring. The sparring will take place immediately after patterns competition. Male and female will be combined for patterns when necessary. Medallions will be awarded after patterns and sparring are both completed and will be presented at the ring.

#### **Free Sparring**

Coloured Belt and Black belts matches 7+ years old follow Double Elimination Rules. 1 gold, 1 silver and 1 bronze will be provided.

| DURATION OF MATCHES (Double Eliminations All Matches) |                                |  |  |  |
|---|--------------------------------|--|--|--|
| Coloured Belt   | 1 round of 1.5 minutes         |  |  |  |
| Cadets, Super Seniors and Veterans                    | 2 rounds of 1.5 minutes        |  |  |  |
| Prejunior, Junior and Senior Black Belts              | 2 rounds of 2 minutes          |  |  |  |
| Team Sparring   | 1 round of 2 minutes per match |  |  |  |

In the specific instance of a first loss in the final match of a division (the winner of the B draw defeating the winner of the A draw) the result of the match be determined a tie. The winner will then be decided by overtime or, in the case of a continued draw, sudden death.

### Team Sparring (Black Belts Pre Junior 12-14, Junior 15-17, Seniors 18+, (5 members)

Competitors must follow the ITF World Junior & Senior Tournament Rules (T50) See Appendix I. Organizers reserve the right to cancel the event (with full refund) if time is not available.

http://www.taekwondoitf.org/wp-content/uploads/2014/10/ITF-World-Junior-Senior-Tournament-Rules-feb-8-In-force-of-January-1st-2013.pdf

### **Power Test Breaking Special Notes**

White boards and a single machine will be used. World Cup rules for Powerbreaking will be applied. <u>https://www.taekwondoitf.org/wp-content/uploads/2014/10/2016-World-Cup-Rules-Mar-22-1.pdf</u> Top 3 to score wins Gold, Silver and bronze. Competitor must score at least 1 point to win a medal. Divisions may be combined depending on number of competitors.

#### HAND TECHNIQUES

Fore fist Front Punch (Ap Joomuk Jirugi) Knife hand strike (Sonkal Taerigi) Back Fist Strike (Dung Joomuk Jirugi) Reverse Knifehand Strike (Sonkal Dung Taerigi)

#### **FOOT TECHNIQUES**

Side kick (Yop Chagi) ) Turning kick (Dollyo Chagi) Reverse turning kick (Bandae Dollyo Chagi) Back Kick (Dwit Chagi)

#### **BOARD COUNTS**

|          | MALE |      | FEMALE |      |
|----------|------|------|--------|------|
| AGE      | HAND | FOOT | HAND   | FOOT |
| 12 to 14 | Х    | 1    | Х      | 1    |
| 15 to 17 | 1    | 2    | 1      | 1    |
| 18 to 35 | 2    | 3    | 1      | 2    |
| 36+      | 1    | 2    | 1      | 1    |

#### **Special Techniques Special Notes**

Will follow World Cup Rules <u>https://www.taekwondoitf.org/wp-content/uploads/2014/10/2016-World-Cup-Rules-Mar-22-1.pdf</u> Top 3 to score wins Gold, Silver and bronze. Competitor must score at least 1 point to win a medal. Divisions may be combined depending on number of competitors.

In case of fewer competitors, only the Flying High Front kick will be used.

### HEIGHTS

|          | MALE              |                  | FEMALE            |                  |
|----------|-------------------|------------------|-------------------|------------------|
| AGE      | Flying High Front | Flying Side Kick | Flying High Front | Flying Side Kick |
| 12 to 14 | 220cm             | 110cm            | 190 cm            | 90               |
| 15 to 17 | 240 cm            | 120cm            | 210 cm            | 110 cm           |
| 18 to 35 | 250 cm            | 130cm            | 220 cm            | 110 cm           |
| 36 to 45 | 240 cm            | 110cm            | 210 cm            | 80 cm            |
| 46+      | 230 cm            | 100 cm           | 190 cm            | 70 cm            |

### Coaching

In Patterns, Special needs division will have coaches allowed (as needed) on the ring with the student with a point deduction.

In Sparring, Coaches are encouraged for all Black Belt competitors and allowed for coloured belt competitors. Coaches must dress and behave as specified in the ITF competition rules.

Because all Black Belts age 14 are required to officiate, only Coloured Belts or Black Belts age 13 and below will be allowed to coach Coloured Belts.

Instructors, it is important that any of your student acting as coaches must be aware of and follow the correct protocol for interaction with officials. Before the championship, please take some time to train them on coaching protocols.

# Head Coach

Each school/dojang will be allowed one (1) senior Black Belt as their designated "Head Coach" that can coach both Black Belts and Coloured Belts. Please note that the Head Coach will likely be asked to judge for Black Belt patterns competition.

# **Black belt Coach**

Each school/dojang will be allowed one (1) Coach for every 4 Black Belts registered to compete, including the school "Head Coach".

Only the Coach for a competitor in a Black Belt match can present a protest when a decision seems to violate the rules or procedures.

# **Protests:**

Only the Coach for a competitor in a Black Belt match can present a protest when a decision seems to violate the rules or procedures. The protest tax for this event is fixed at CDN\$100.

### Umpires

It is our mission to provide a safe, fair, exciting and efficient competition for all students.

All Black Belts (age 14+) are required to assist with the umpire duties at this tournament. In the event of an umpire shortage, Red Belt and Black Stripes age 14+ may also be asked to assist with umpire duties for coloured belts. There should not be more than 1 Coloured Belt umpiring in one ring.

All Officials will receive a complimentary lunch on the day of competition. All officials must attend the Black Belt meetings to be held at the beginning of the tournament at the time noted in the schedule above.

All referees and judges must wear official ITF dress.

# Black Belts who do not participate in umpiring as assigned will not be allowed to compete.

# **Club Photographers**

Any school may purchase a pass for photographers to have access to the competition floor to take photos of their participants.

### **Competitor Dress Code**

Competitors must wear the internationally approved ITF dobok from a recognized manufacturer. Old style doboks without the ITF Coloured Fist are only allowed for coloured belts.

Head / neck coverings may be worn by all competitors. Head / neck coverings MUST:

- a. Be constructed of a solid white colour,
- b. Be made of a soft and/or elastic material,
- c. NOT contain any hard materials, metal, grips or slides,
- d. Fit, and remain, fully within the confines of the safety headguard and the dobok jacket while the competitor is sparring.

Undergarments, of a soft or elastic nature ONLY, may be worn beneath the competitor's dobok (beneath the top and/or trousers). Undergarments (only those garments that are visible while competitor is competing) MUST: i. Be of a solid white colour, ii. Be made of a single layer of soft and/or elastic material,

Undergarments MUST NOT:

- Provide additional protection from impact,
- Contain any hard materials, metal, grips or slides.
- Extend past the distal portion of either the wrist or the ankle.

Tape/soft banding/soft strapping may NOT be used in the following circumstances: I

- Special Technique: NO tape/soft bandaging/soft strapping may be used on any joint of the competitor's lower extremities. (Knees, ankles, toes)
- iPower Test: NO tape/soft bandaging/soft strapping may be used on any part of the competitor's attacking tool or the joints associated with the break being performed. (Fingers, wrist, elbow, toes, ankle, knee).

Tape/soft bandaging/soft strapping may be used on parts of the body not directly involved in the breaking process

- a. Example 1: Breaking with right fore-fist and competitor has banding on left elbow due to injury in sparring
- b. Example 2: Breaking with left side piercing kick and competitor has a bandaid/plaster on left hand due to a laceration

Any and all competitor safety equipment, protective wear, taping/bandaging/strapping, clothing and/or accessories/ adornments may be subject to inspection and approval or rejection by either the Tournament/Umpire Committees. Determination of the committee involved is final and binding.

# Appendix II: CTFI "Light Contact" Sparring Rules for <u>Colored Belts</u>: October 24 2018

Age 17 and under (White to Red Belt/Black Stripe): No touch to the face. Can touch the helmet on the front (forehead) and sides.

#### Infractions:

A touch to the face is a "warning".

A touch to the face <u>without retraction</u> of the attacking tool <u>and</u> there is a <u>displacement of the head</u>is a "minus" point.

If there is <u>heavy contact</u> to the face and displacement of the head then there is a "disqualification". Center referee can discuss with the Jury President and/or the corner judges to make a decision.

#### Adult (age 18 and above)

White to Green Belt: No touch to the face. Can touch the helmet on the front (forehead) and sides.

Infractions:

A touch to the face is a "warning".

A touch to the face <u>without retraction</u> of the attacking tool <u>and</u> there is a <u>displacement of the head</u>is a "minus" point.

If there is <u>heavy contact</u> to the face and displacement of the head then there is a "disqualification". Center referee can discuss with the Jury President and/or the corner judges to make a decision.

Blue Belt to Red Belt/Black Stripe:Can touch to the face.

<u>Infractions</u>: Same as in Black Belt Sparring: There are no warnings for contact. It is a "minus" point for heavy contact and disqualification for "excessive" contact.

**Note:** If there are divisions where there is <u>combining of ranks</u> (Green and Blue) then we should stay on the side of safety and the Blue competitor should fall under the no touch to the face rule.

**Black Belts (All ages):** There are no warnings for contact. It is a "minus" point for heavy contact and disqualification for "excessive" contact.



This DECLARATION OF CONSENT and DATA PROTECTION must be completed, signed and <u>sent by your COACH</u> to ITFofBC Tournament Director (tournament@itfofbc.org) no later than February 18, 2023 for each participant.

#### DECLARATION OF CONSENT and DATA PROTECTION to participate in the 2023 ITF of BC Provincial Taekwon-Do Championships

| (Print Competitor First Name & Last Name)

Residing at: (home address)

#### Declare that:

- 1. I am age 19 years or older or the Parent/Guardian of the Registrant, agreeing to terms on his/her behalf.
- 2. I am healthy and free of infectious diseases and physically qualified to enter this tournament.
- 3. I fully understand that there is a risk of injury due to the nature of the Tournament, and I voluntarily assume all risk.
- 4. I, the Registrant or Guarantor if applicable, on behalf of myself, members of my family, my heirs, executors, administrators and assigns, hereby forever release, discharge and hold harmless DSA Royal International Taekwon-Do, the International Taekwon-Do Federation of BC (ITF of BC), the Canadian Taekwon-Do Federation International (CTFI), the International Taekwon-Do Federation (ITF), their representatives, heirs, administrators, directors, officers, employees, agents and any and all promoters, sponsors, administrators, volunteers, officials and participants in this Tournament, for any injury, loss, or damage to my person or property howsoever caused, arising out of or in connection with my taking part in this Tournament.
- 5. I further agree that any and all images, video or still, taken of me in connection with the tournament become the property of the tournament administrators. I consent that these images may be used for publicity or promotion in any form without any compensation at this or any future time.
- 6. I am aware that in order for the tournament to take place, personal data must be passed on to Sportdata Event Technology, where it must be stored, archived and published on the Internet. *Declaration on data protection:*

I agree without restriction that my first and last name, my date of birth, my personal photo, my gender and my Taekwon-Do rank may be transmitted to Sportdata Event Technology

(<u>https://www.sportdata.org</u>) and stored, published and later archived for the purpose of the above event. I also agree without restriction that all entry lists, competition lists and results lists of the above mentioned event on which my name (first and last name) is written, will be published on the website of Sportdata Event Technology (<u>https://www.sportdata.org</u>) and the ITF of BC website (<u>itfofbc.org</u>)

7. FINALLY, I ACKNOWLEDGE THAT BY AUTHORIZING THIS FORM, I CONSENT TO ALL THE TERMS AND CONDITIONS CONTAINED HEREIN.

#### Signature

Date

For participants under age 19 years: As the parent or legal guardian of the above minor, I confirm that I have read the declaration and consent to all terms and conditions

Names of Parent/guardian

Signature of Parent/guardian



**REQUIRED INFORMATION FOR REGISTRATION AS A COMPETITOR** 

| First Name:                                  |  |
|--|--|
| Last Name:                                   |  |
| Email:                                       |  |
| Birthday DD-MM-YYYY:                         |  |
| Weight in kg:                                |  |
| Height in cm:                                |  |
| Gup (or belt colour):                        |  |
| Dan (black belt):                            |  |
| Gender at Birth:                             |  |
| International ID (blackbelt):                |  |
| SEND photo id to your instructor's email at: |  |