



18th Balkan **CHAMPIONSHIP**

(Regional South- East and East Ju-jitsu Championship)
U10, U12, U14, U16 , U18, U21, and U21+

1st INVITATION



MONTENEGRO - PODGORICA
SEPTEMBER 15-17. 2023.

JIF RANKING LISTDUO - DUO SHOW - FIGHTING - NE WAZA





18TH BALKAN OPEN CHAMPIONSHIP

**(REGIONAL SOUTH-EAST AND EAST JU-JITSU
CHAMPIONSHIP)**



JU JITSU BALKAN FEDERATION

U10, U12, U14, U16, U18, U21 and ADULTS

Dates: 15-17 September 2023

Podgorica, Montenegro



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TO ALL JJIF MEMBERS



Dear friends,

Please find enclosed herewith the first invitation for the BALKAN OPEN CHAMPIONSHIP which will take place in PODGORICA - MONTENEGRO.

We are confident that the athletes, coaches, referees, and supporters will enjoy a great championship, with high technical level, sportsmanship and fun.

Anestis Poulkidis, JJB Federation President

Mobile: 0030-6936-806924

Fax: 0030-210-4172714

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1 JJIF and Event Responsibilities

1.1 JJIF Responsible

- Joachim Thumfart, JJIF Director General, joe@jjif.org

1.2 Organising Federation

JU JITSU FEDERATION OF REPUBLIC OF MONTENEGRO

Ms. Dubravka Joksimovic, JJF MNE General Secretary

E-mail: jujutsu.mne@gmail.com

Telephone: +382 68 476 965

1.3 Head of Local Organising Team

For all information concerning the event, you may contact:

Organization Committee (OC): jujutsu.mne@gmail.com

2 Venue

“SC MORAČA”, Sports hall, Podgorica

Address: Ulica Ivana Milutinovića, bb. Podgorica

3 Liability

The event organisers (or any of its officials or members) will not be liable or responsible for any personal injury.

Coaches and team leaders ensure that all participants are physically fit, prepared, and capable of coping with the tournament. We strongly recommend proper medical and accident insurance. Competitors compete at their own risk.

4 Rules and draw

The following rules apply:

- JJIF competition rules (in their latest versions), Organization and Sporting code of JJIF Version 3.1 (OSC).¹
- We appeal to all participants to respect the fair-play and JJIF book of ethics

4.1 Draw modus

The seeding and draw-en-bock will be made on **14/9/2023 18:00**².

¹ https://stg.jjif.sport/wp-content/uploads/2020/05/Organization_and_sporting_code_2020.pdf

² [OSC §4.1](#). - Generalities



Immediately after the draw has been finalised, the categories will be made available online on the Sportdata Event Website. JJNOs have the right to request minor changes³ in the following 2 hours, in writing, to the organising committee.

Major changes⁴ must be requested according to the following⁵:

- At official international championships, **no redraw** is possible, except for unforeseen cases when the JJIF Board may decide on a redraw.
- A redraw can be requested max. 2 hours after the draw was published but, in any case, before the start of the competition, **in writing**, to the JJIF Sports Director.

Seeding regulations of the JJIF will be observed. For the seeding, JJIF will use the world ranking list and registration for the event from **01/09/2023**. The JJNOs are responsible for making sure all points are correct in the raking list until this day.

4.2 Appeal and Challenge

Will be applied as defined in [JJIF OSC 3.1, § 1.5 Challenge and Appeal](#).

5 Right to participate and categories

Based on the [JJIF OSC 3.1, Paragraph § 3.2. Entries of Competitors](#):

Each JJNO may enter four (4) contestants in each category for the JJIF regional ranking tournament.

The U16 (and below) categories have no limitation of entries

5.1 Categories

The age following age categories⁶ will be allowed to participate in this event

Name	Description	Year of birth for this event
Adults (+18)	Older than 18 years	2004 ⁷ or older
U21 (+18-21)	18/19/20 years old	2002 / 2003 / 2004
U18 (+16-18)	16/17 years old	2005 / 2006
U16 (+14-16)	14/15 years old	2007 / 2008

Official JJIF Weight categories will be used⁸

5.2 Other Categories

Children U10 -8/9 (year of birth 2014/2015)

Weight categories (only for Fighting system)

Boys: -21, -24, -27, -30, -34, -38, -42, +42

³ Wrong spelling of names, etc

⁴ Wrong category, etc.

⁵ [OSC §4.3.](#) - Need for redraw

⁶ [OSC §1.3.2](#)

⁷ Here the date of birth counts meaning athletes must be 18 at the competition day:

No athletes having the age of less than 18 years old will be allowed to participate in the Adults' World Championship of the JJIF. (See Paragraph §1.3.2.)

⁸ OSC §1.3.4



Girls: -20, -22, -25, -28, -32, -36, -40, +40

Duo: Boys - Girls - Mix (according to new JJIF rules)

Show: Boys - Girls - Mixed (free choice, max 1.5 minutes presentation)

Cadets U12 - 10/11 (year of birth 2012/2013)

Weight categories (only for Fighting system)

Boys: -24, -27, -30, -34, -38, -42, -46, -50, +50

Girls: -22, -25, -28, -32, -36, -40, -44, -48, +48

Duo: Boys - Girls - Mixed (according to new JJIF rules)

Show: Boys - Girls - Mixed (free choice, max 1.5 minutes presentation)

Cadets U14 - 12/13 years old (year of birth 2010/2011)

Weight categories for Fighting and Jiu-Jitsu (Ne-waza)

Boys: -30, -34, -38, -42, -46, -50, -55, -60, -66, +66

Girls: -25, -28, -32, -36, -40, -44, -48, -52, -57, +57

Duo: men - women - mixed (according to new JJIF rules)

Show: men - women – mixed

Control of entries and issuing of accreditation cards will take place at the main official hotel on Thursday, 14th of September 2023, during registration. At least one team official must attend in time to confirm the presence of all athletes and officials. The team official must be able to show all official documents and passports of all team members (copies are accepted). Accreditations for coaches will be available at the draw and the coach meeting on Thursday.

An accreditation card shall be issued to all competitors, officials and crew members and should be carried at all times.

6 Registration and Participation Fee

6.1 Registration:

Online up to **06/08/2023** by SportsID registration page: <https://jjif.sportsid.org/#pages.login>

6.1 Participation Fee

Balkan Open Regional (U18, U21 and Adults) - JJIF Ranking list

Fighting system - 50 €/competitor

Duo and show system - 50 €/couple

JiuJitsu (Ne-Waza) - 50 €/competitor

Balkan Open Championship (U10, U12, U14 and U16)

Fighting system - 30 €/competitor

Duo and show system - 30 €/couple

Jiu-Jitsu (Ne-Waza) - 30 €/competitor



6.2 Financial conditions

The organization has made the effort so that if any of the competitors would like to arrive a day before or stay a day longer, the payment per extra day per room will be under the same conditions.

Travel expenses and organization are the responsibility of the participating countries.

The cost of the accommodation and the participation must be paid by each federation to the organizer.

PAYMENT MUST BE DONE BY BANK TRANSFER UP TO 18th of AUGUST 2023.

Once your hotel booking form reaches us, you will receive a proforma invoice, with the payment details.

Federations which settle all their obligations on time will go through the "green line" at accreditation, in the allotted time-interval.

An extra fee of 10 € per accredited person is required for payments made after 18th of AUGUST 2022.

No refunds for participants not attending the event will be made.

Transfer/payment receipt has to be shown at registration. Please note that all financial obligations must be fulfilled before the registration.

Account:

SWIFT CODE: CKBCMEPG
CRNOGORSKA KOMERCIJALNA BANKA AD PODGORICA

IBAN: ME2551000000020504967
JU-JITSU SAVEZ CRNE GORE
KRALJA NIKOLE 128
PODGORICA
CRNA GORA

Details of Payment: 100 9363045 0000

Please refer to "booking (your country) event name"
The transfer/payment receipt has to be shown at registration.

Please note that the JJNOs must fulfil all financial obligations before the registration.

7 Anti-doping Control

All members should make their competitors aware that there could be doping control for several athletes. The WADA code for Doping Free sports will be applied. By entering the Championship, you accept the JJIF Anti-Doping regulations⁹.

If you are participating in the Championship and are taking any medication or plan to take any medication, please check with your doctor whether your medicine contains any substances on WADA's 2022 Prohibited List (<https://www.wada-ama.org/en/content/what-is-prohibited>)

⁹ <https://jjif.sport/wp-content/uploads/2021/01/JJIF-Anti-Doping-Rules-2021.pdf>



You will need a Therapeutic Use Exemption (TUE) if it does. JJIF automatically recognises all TUEs issued by National Anti-Doping Agency (NADAs), so don't hesitate to get in touch with your NADA if you need a TUE and do not already have one.

If you have any difficulty applying for a TUE through your NADO or there is no NADO in your country, don't hesitate to get in touch with the JJIF.

8 Competition Dressing and Personal Requirements & Advertising

Back Numbers¹⁰ will be sent to the national federation to be sewed on the official Gi. Please assure to have the correct Gi.

Please note that during the Championship, no numbers on the back of the Gi are allowed unless specified by the organiser. Numbers on the back of previous tournaments must be removed from the Gi.

Please observe the regulations of the JJIF as far as advertising on the Gi is concerned¹¹.

9 Referees

Each country should provide minimum 1 referee for up to 6 participants, 2 for up to 15 participants, and 3 for 15 participants and more.

Hotel bookings for referees must be included within the booking of the delegation from the national federation.

Referees should attend the briefing meeting on Thursday afternoon. There will be 3 (three) days of competition.

10 Coaches & Medical personnel from JJNOs

10.1 Coaches

All official coaches should receive their accreditation cards during accreditation. Teams without an official coach will participate without coaching (no athlete or other officials will be allowed to enter the field of play unless they register as coaches).

10.2 Medical personnel

JJNOs may have¹² its medical personnel. To receive an accreditation card as medical personnel the attendance at the medical meeting¹³ is mandatory.

10.3 Dress code

Coaches and medical personnel coming on the FOP must wear official team dresses¹⁴; shorts, flip-flops, hats are not allowed.

Filming (including mobile videos) inside the FOP is not allowed without press accreditation.

¹⁰ [OSC § 1.4](#) Competition Dressing and Personal Requirements

¹¹ [OSC § 10.7](#) - Sponsor Areas, Patches and Stitching

¹² [OSC § 3.1.1](#) Medical Personell

¹³ The meeting will be held digital before the event. The details will be send to registered JJNOs

¹⁴ [OSC § 1.4.1](#) Dressing for coaches and other officials



According to GAISF guidelines, every competitor who has won a medal has to attend the ceremony to receive their trophy in person¹⁵.

11 Flags and Anthems

The head of each delegation, or designated responsible for each national federation, must check the flag and the national anthem during the accreditation process.

12 Visa

All travellers must have a valid passport and check for regulations about VISA. Official information may be checked on web sites:

1. Border police (<https://www.gov.me/cyr/mup/policija/granice>) and
2. Ministry of Foreign Affairs (<https://www.gov.me/en/mvp>)

VISA support will only be given to registered athletes and officials accommodated in the official hotels.

For VISA support, please email to jujutsu.mne@gmail.com

13 Preliminary Schedule of the Competition

Day	Time	Event
Thursday, September 14 th	All day	Arrival of delegations
Thursday, September 14 th	0:00 – 0:00	Registration and Accreditation <i>Only ONE official of the federation must be present</i>
	0:00 – 0:00	Weighin for the next day
	0:00 – 0:00	Draw for all days
Friday, September 15 th	09:00	Fighting <ul style="list-style-type: none">• U10 girls & boys: all weight categories• U14 girls & boys: all weight categories• U16 Women: all weight categories• U18 Men: all weight categories• U21 Women: all weight categories• Adults Men: all weight categories Jiu-Jitsu <ul style="list-style-type: none">• U16 Men: all weight categories• U21 Men: all weight categories• Adults Women: all weight categories Duo <ul style="list-style-type: none">• U12: Men & Women• U14: Men & Women• U16: Mixed• U21: Mixed

¹⁵ [OSC § 5](#) - Ceremonies and Awards



		Show <ul style="list-style-type: none"> • U10: Mixed • U14: Mixed • U16: Men & Women • Adults Women
	0:00 – 0:00	Weight in for next day
Saturday, September 16th 2023	09:00	Fighting <ul style="list-style-type: none"> • U12 boys: all weight categories • U16 boys: all weight categories • U18 Women: all weight categories • U21 Men: all weight categories • Adults Women: all weight categories Jiu-Jitsu <ul style="list-style-type: none"> • U14 boys and girls: all weight categories • U18 Men: all weight categories • U21 Women: all weight categories Duo <ul style="list-style-type: none"> • U10: Mixed • U12: Mixed • U16: Men & Women • U18: Men & Women • Adults: Men & Women Show <ul style="list-style-type: none"> • U10: boys & girls • U12: boys & girls • U18: Mixed • U21: Mixed • Adults: Mixed
	0:00 – 0:00	Weight in for next day
Sunday, September 17th 2023	09:00	Fighting <ul style="list-style-type: none"> • U12 girls: all weight categories Jiu-Jitsu <ul style="list-style-type: none"> • U16 Women: all weight categories • U18 Women: all weight categories • Adults Men: all weight categories Duo <ul style="list-style-type: none"> • U10: boys & girls • U14: Mixed • U18: Mixed • U21: Men & Women • Adults: Mixed Show <ul style="list-style-type: none"> • U12: Mixed • U14: boys & girls • U16: Mixed • U18: Men & Women • U21; Men & Women • Adults Men

14 Accommodation and Travel Package

14.1 Hotels-Transfers

No	Hotel	Single, HB per night	Twin, HB per person ,per night	Triple, HB per person ,per night
1	Hilton 5*	177,00 €	120,00 €	115,00 €
2	Voco 5*	104,00 €	86,00 €	80,00 €
3	Ramada 4*	117,00 €	90,00 €	81,00 €
4	Hotel Union 4*	115,00 €	85,00 €	82,00 €
5	New Star 4*	105,00 €	85,00 €	82,00 €
6	Hotel Boskovich 4*	110,00 €	88,00 €	80,00 €
7	CUE 4*	139,00 €	105,00 €	
8	Hotel Podgorica 4*	115,00 €	85,00 €	
9	Verde 3*	88,00 €	73,00 €	66,00 €
10	Hotel Evropa 3*	77,00 €	67,00 €	64,00 €
11	Hotel Keto 3*	78,00 €	68,00 €	65,00 €
12	Hotel Kerber 3*	78,00 €	70,00 €	65,00 €

*HB - accommodation, dinner, breakfast, residential tax and insurance is included.

The transportation from the hotel to sporthall and from sport hall to hotel included in the prices

Lunch pack for the days of the competition is included for all participants who stay in the official hotels

14.2 Transport

The OC has arranged transport from “Aerodrom Golubovci” international airport in Podgorica to the official hotel, for all the participants, who are placed in the official hotel and finally back to the airport.

Please contact the organizers concerning arrivals and provide them with exact information about your arrival and departure (means of transport, time and date of arrival, flight number etc.) **in time**, so they can organize everything on time.

THE DEADLINE FOR BOOKING ACCOMMODATION IS 18th of AUGUST 2023

The organizer is providing official hotels for all delegations, in order to facilitate the meetings, the registration and weigh in for all athletes, as well as reasonable package prices for all participants.



15 Facts about Montenegro

Montenegro is located between 41° 52' - 43° 42' north latitude and 18° 26' - 20 ° 22' east longitudes and belongs to the central Mediterranean that is Southern Europe. To the north it borders Serbia, to the southeast Kosovo and Albania, to the south it is separated from Italy by the Adriatic Sea and to the west it borders Croatia and Bosnia and Herzegovina.

Area: 13.812 km²

Population: 620 000

Length of borders: 614 km

Capital: Podgorica (186 000 inhabitants) – administrative and economic centre

Royal capital: Cetinje – historical and cultural centre

Currency: Euro

Length of the seacoast: 293 km

Number of beaches: 117

Length of beaches: 52 km

Longest beach: Velika plaža (Ulcinj) - 13 km

Highest mountain peaks: Maja Rosit (Prokletije)-2.524 m, Zla Kolata (Prokletije)-2534m n.v.; Dobra Kolata (Prokletije)-2528m v.n.; Bobotov Kuk (Durmitor)-2523 m v.n.

Largest lake: Skadar Lake (391 m²)

Deepest canyon: Tara (1.300 m)

National parks: Durmitor, Biogradska gora, Skadarsko jezero, Lovćen, Prokletije

Largest bay: the Bay of Kotor

Climate: Continental-Mediterranean

Average air temperature: 27.4 °C (summer)

Maximum sea temperature: 27.1 °C

Average number of sunny days during the year: 240

Swimming season: 180 days

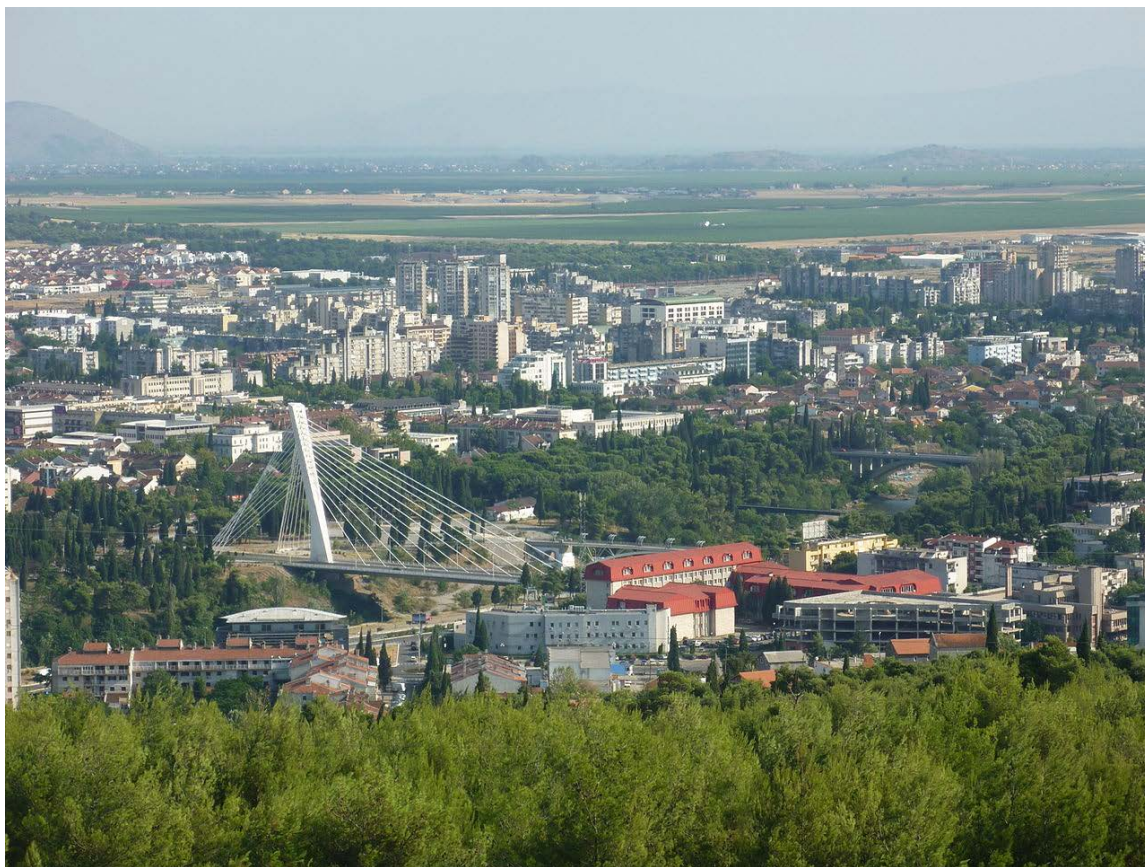
Sea: dark blue

Transparency of the sea: 38-56 m

Time zone: GMT +1

Electrical power system: 220V/50Hz

16 City of Podgorica



Podgorica (/ˈpɒdɡɒrɪtsə/ POD-gorr-ih-tsə;^[2] Montenegrin Cyrillic: Подгорица; pronounced [pǒdɡoritsa], lit. "[area] under the small hill") is the capital and largest city of Montenegro. The city was also called Titograd (Montenegrin Cyrillic: Титоград, [títograːd]) between 1946 and 1992 when Montenegro was part of the Socialist Federal Republic of Yugoslavia (SFRY), in honor of Josip Broz Tito.

Podgorica's favourable position at the confluence of the Ribnica and Morača rivers and the meeting point of the fertile Zeta Plain and Bjelopavlići Valley has encouraged settlement. The city is close to winter ski centers in the north and seaside resorts on the Adriatic Sea.

The city's population was 204,877 in the 2011 census. The Podgorica Municipality contains 10.4% of Montenegro's territory and 29.9% of its population. It is the administrative center of Montenegro and its economic, cultural and educational focus.

17 Emergency numbers

POLICE: 112

FIRE DEPARTMENT: 113

AMBULANCE: 114