

# CAIRO 2023



27-29

**January**

*Karate 1 – Premier League*

**Cairo 2023**

**Egypt**

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## 1. WELCOMEMESSAGE

### 1.1 Greeting from the Head of the host NF

Dear Participants,

The Egyptian Karate Federation is honored to host the Karate1-Premier League championships in Cairo, the capital of the Arab Republic of Egypt.

We would like to welcome you in our dear homeland, Egypt, and we would like to assure you that we would work hard on organizing this event on an exemplary level.

Moreover, we would like to welcome you to Egypt our hospitable country.

In addition, I would like to convey to you all, the welcoming of the Egyptian Government and its President Mr. AbdelFattah El Sisi for your participation in this championship.

Lastly, we do hope that you would have a nice stay here and enjoy the fair play in the Competitions to come in this championship.

Best wishes for all the participants in this event

Mohamed EIDahrawy  
President of the  
Egyptian Karate Federation



## 2. GRAND WINNERS 2022-2023

Due to the cancellation of the Karate 1-Premier League event in Moscow (Russia), the World Karate Federation has decided to include the tournament in Cairo in the list of eligible events for the 2022 Grand Winner awards, thus completing the number of five tournaments in the season, as previously announced.

Therefore, the top-ranked karatekas in the standings of each category after the events of Fujairah, Matosinhos, Rabat, Baku, and Cairo will be proclaimed as the new Grand Winners. The requirement of participating in at least three events on two continents will be maintained.

The awarding ceremony of the new Grand Winners will be held in Cairo after the medal ceremony of the event on Sunday.

As a result of this decision, the incumbent Grand Winners will be allowed to wear the special karate-gis with the golden embroidery on the shoulders at the event in Cairo. After the tournament in Cairo, the newly proclaimed Grand Winners will have the honour to present the special karate-gi at the rest of the events of the year.

## 3. INTRODUCTION

The Karate1-Premier League is the most important league event in the world of Karate. It comprises of a number of the most prominent Karate competitions and endeavours to bring together the best Karate athletes in the world in an open Championships of unprecedented scale and quality.

Initiated in 2011, the 2023 edition is formed by four events being held in the cities of Cairo, Rabat, Fukuoka and Dublin thus stating Karate's impact all around the world and its global scale. The city of Cairo hosts a Karate 1-Premier League event for the 2nd time.

The Karate 1 - Premier League is an open competition where all WKF members are admitted to participate.

The number of competitors is limited to 32 competitors per category.

As for the 2023 Grand Winner awards, the "Best of the Best" of the season will be proclaimed after the events in Cairo, Rabat, Fukuoka, and Dublin. Therefore, the points in the 2023 Karate 1-Premier League Cairo will also be used to rank the top competitors of the 2023 season. In order to be eligible to receive the "Grand Winners" award, competitors have to participate in at least 3 events of the 2023 season.

## 4. INTRODUCTION KARATE 1-PREMIER LEAGUE CAIRO 2023

The Karate1–Premier League Cairo 2023 will be held next from 27<sup>th</sup> – 29<sup>th</sup> January 2023 at Mamdouh Salem Street, Al Estad, Nasr City, Cairo Governorate.

## 5. COMPETITION INFORMATION

### 4.1 Categories

The competition categories are identical to those individuals for Senior World Championships.

#### KATA

Individual Female/Male

#### KUMITE

Female -50 kg, -55kg, -61 kg, -68 kg, +68kg  
Male -60 kg, -67 kg, -75 kg, -84 kg, +84 kg

### 4.2 Prizes

For individual categories (Kumite and Kata):

Gold Medalist: 1.000 €  
Silver Medalist: 500 €  
Third Places: 250 €

## 6. CONTACT INFORMATION

### 6.1 Organizers contact details

Host Country: The Arab Republic of Egypt  
Egyptian Karate Federation  
President: Mr/ Mohamed el Dahrawy  
Vice President: Mr/Sayed Nasr  
HQ: 20 El Sherouq Building, El Shahied Ahmed Zaki Street, Behind the Infantry House, Kobry El Qubbah, Cairo, Egypt.  
Phone: +202 2263 2824 / +202 2260 7363  
Email : [egy\\_karate\\_fed@hotmail.com](mailto:egy_karate_fed@hotmail.com)  
Fax: +202 2263 8507

### 6.2 Local Organising Committee contact details

Names	Position	Contact Details
Mr Sayed Nasr	Event Manager	Phone Number: +201094100042 Email: nasrkata_1@yahoo.com
Mr Mohamed El-Hosseiny	Event Coordinator	Phone Number: +20 122 226 6084 Email: Melhosieny2@hotmail.com

### 6.3 WKF Event Supervisor contact

The WKF Event Supervisor for this Premier League event is Mr. Esteban Perez.

His contact details are as follows:

Email: [esteban@wkf.net](mailto:esteban@wkf.net)

Telephone: +34 679336867

### 6.4 WKF Covid Protocol contact

Mr. Michael Wenner

Email: [mwenner@wkf.net](mailto:mwenner@wkf.net)

### 6.5 Safe Sport contact

WKF events must be safe for all athletes and participants and entirely free from any form of non-accidental violence, namely, harassment and abuse. Any such behaviour will not be tolerated.

If you or someone you know has been the victim of abuse or harassment in Karate, get help and report it.

Your first point of contact for any incident at this event is the WKF Event Supervisor, whose contact information you can find detailed above.

Otherwise, any other incident can be reported via the WKF Official Complaint Form and sent to: [safekarate@wkf.net](mailto:safekarate@wkf.net)

## 7. WKF APPROVED PROTECTIONS, KARATEGIS& TATAMIS

The Karate 1-Premier League complies with the highest level of presentation. In order to guarantee the correct delivery of the event, and to ensure the suitable quality of the tournament, exclusively the following brands are WKF Approved for use in the 2023 Karate 1-Premier League Season.

### SPORT PROTECTIONS “WKF Approved”



\*Click on the logos

Click on the image to visit the distributors by countries.



## TATAMIS “WKF Approved”

**ishii**

**PROGNOME**  
TATAMI BY TROCELLEN

**TaiShan**

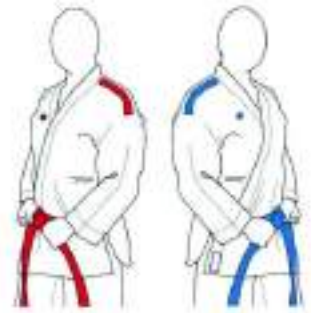
**TatamiX**

**WESING** 九日山

\*Click on the logos

## OFFICIAL KARATEGI KARATE 1 - PREMIER LEAGUE

Kumite and Kata karategis with the brand name embroidered on the shoulders in **RED or BLUE** are of mandatory use in Karate 1-Premier League tournaments.



The authorized companies to use these karategis models are:

ADIDAS

ARAWAZA

BESTSPORT

BUDO-NORD

DAEDO

HAYASHI

PUNOK

SHUREIDO

SMAI

TOKAIDO

WACOKU

WESING

BLITZ

FIGHT ART

FUJIMAE

HAYATE

HIROTA

IPON

ITAKI

KAITEN

KAMIKAZE

KIHON

KO

KWON

MIZUNO

MOOTO

MUVON

NAGASHI

SFJAM NORIS

TOKYODO

\*Click on the logos

## 8. EVENTS SCHEDULE

THURSDAY 26/01/2023	ACTIVITY	PLACE
REGISTRATION FOR PREMIER LEAGUE EVENT		
10:00 – 16:00 h	<p>Timeslots by alphabetic order of Countries will be applied to ensure a smooth onsite registration process. Such timeslot will be established once finished the online registration.</p> <p>ENTRY: 2 team representatives</p> <p>STATIONS</p> <p>1) Waivers, Passport &amp; Accreditation Check</p> <p>2) System Check (Sport data)</p> <p>3) Back Number &amp; Lanyard Pick Up</p> <p>4) Accreditation Pick Up</p> <p>5) Athlete Weigh-in</p>	HQ hotel (Concorde El Salam) (Zurich hall)
17:00 h	COACH MEETING	HQ hotel (Zurich hall)
19:00 h	OFFICIAL DRAW	HQ hotel Zurich hall
20:00 – 21:30 h	REFEREES BRIEFING	HQ hotel (Donia hall)
WKF COACH COURSE		
10:00 – 16:00 h	Onsite Registration Entry: Coach	
	STATIONS	
	1) Waiver, Passport & Accreditation Check	
	2) Sport data Check	
	THE COACH PROGRAM TIMETABLE	
	16:00 – 17:30 h	ACCREDITED COACH BRIEFING
	17:30 – 18:15 h	KUMITE COACH EXAMINATION
	18:15 – 19:00 h	KATA COACH EXAMINATION
19:30 h	COACH EXAMINATIONS RESULTS AND DELIVERY OF THE PL ACCREDITATIONS (to those approved coaches)	

## COMPETITION PROGRAMME

### PREMIER LEAGUE 2023: ROUND ROBIN SYSTEM

<b>FRIDAY(27/01/2023)</b>	
	<b>Kata Individual – Round Robin</b>
<b>9:00</b>	Female
	<b>Kumite Individual – Round Robin</b>
10:30	Male -60 Kg
12:00	Female -50 Kg
13:30	Male -67 Kg
15:00	Female -55 Kg
16:30	Male -75 Kg
	<b>Kata Individual – Quarter Finals &amp; Semi Finals</b>
18:15	Female
	<b>Kumite– Quarter Finals</b>
18:45	Male & Female -60kg / -50kg/ -67kg/ -55kg/ -75kg
	<b>Kumite–Semi Finals</b>
19:35	Male & Female -60kg / -50kg/ -67kg/ -55kg/ -75kg
<b>20:30</b>	<b>End of the Friday's Competition</b>

<b>SATURDAY (28/01/2023)</b>	
	<b>Kata Individual – Round Robin</b>
<b>9:00</b>	Male
	<b>Kumite Individual – Round Robin</b>
10:30	Female -61 Kg
12:00	Male -84 Kg
13:30	Female -68 Kg
15:00	Male +84 Kg
16:30	Female +68 Kg
	<b>Kata Individual – Quarter Finals &amp; Semi Finals</b>
18:15	Male
	<b>Kumite – Quarter Finals</b>
18:45	Female & Male -61kg/ -84kg/ -68kg/ +84kg/ +68kg
	<b>Kumite – Semi Finals</b>
19:35	Female & Male -61kg/ -84kg/ -68kg/ +84kg/ +68kg
<b>20:30</b>	<b>End of the Saturday's Competition</b>

## PREMIER LEAGUE 2023: MEDALS BOUTS

SUNDAY(29/11/2023)	
<b>10:00</b>	<b>Bronze Medals Bouts</b>
<b>10:05</b>	<b>Kata Female</b>
10:30	Female -50 Kg
10:50	Male -60 Kg
11:10	Female -55 Kg
11:30	Male -67 Kg
11:50	Female -61 Kg
<b>12:10</b>	<b>Kata Male</b>
12:30	Male -75 Kg
12:50	Female -68 Kg
13:10	Male -84 Kg
13:30	Female +68 Kg
13:50	Male +84 Kg
<b>14:10</b>	<b>Lunch Break</b>
<b>15:30</b>	<b>Finals Bout</b>
<b>15:35</b>	<b>Kata Female</b>
15:50	Female -50 Kg
16:00	Male -60 Kg
16:10	Female -55 Kg
16:20	Male -67 Kg
16:30	Female -61 Kg
<b>16:45</b>	<b>Guardian Girls Performance</b>
<b>17:00</b>	<b>Kata Male</b>
17:15	Male -75 Kg
17:25	Female -68 Kg
17:35	Male -84 Kg
17:45	Female +68 Kg
17:55	Male +84 Kg
<b>18:00</b>	<b>Medals Award</b>
	<b>Grand Winners 2022 Award Ceremony</b>

The detailed competition schedule will be fixed after closing the online registration in order to adequate it to the final number of athletes.

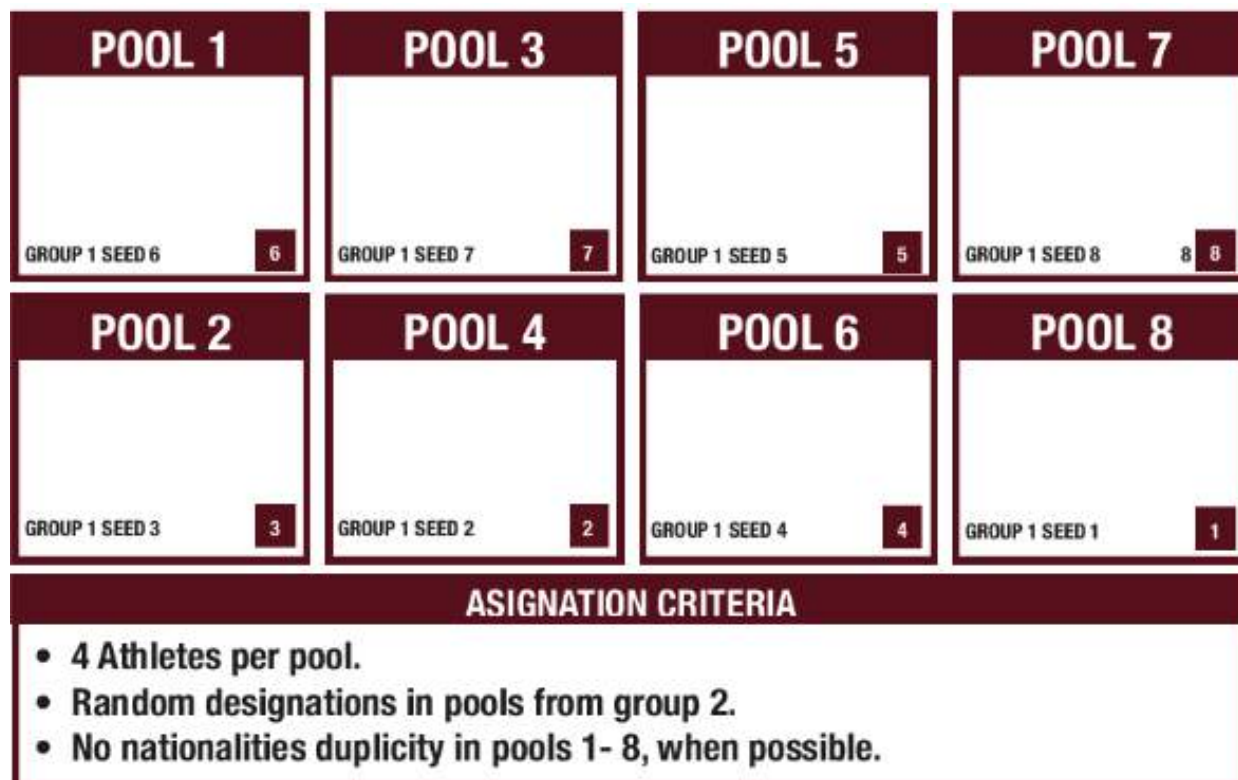
Only the categories appointed will be allowed to stay in the stadium during the authorized timetables.

Detailed information will be communicated at due time.

## 6.6 Competition System

The competition system consists of two different phases:

### Round Robin Phase



\*Pools of 3 athletes will be draw following the same assignation and order criteria that athlete's seed

The number of pools and athletes per pool depends on the number of competitors registered. This information is detailed in the [WKF World Ranking Rules](#).

### Elimination Phase



## 9. EVENT RANKING

Competitors can earn ranking points in every Karate 1 event according to the official WKF Ranking as can be seen in Section 2 (Points per Place) and Section 4 (Points Calculating System) of the [WKF Ranking Rules](#).

The Applicable Ranking will be the one updated on the day of the registration opening:

[EVENT RANKING](#)

## 10. ONLINE REGISTRATION & OFFICIAL ACCREDITATION

The number of competitors is limited to 32 competitors per category.

All registration in a Premier League event must be processed ONLINE.

Onsite registrations will **NOT** be accepted.

The registration will be validated once the online payment is completed through the online payment platform.

### 10.1 Online Registration Process

The registration starts two (2) months prior to the event, on 27/11/2022 at the 12:00 h GMT +0 and close fifteen (15) days before the tournament, on 12/01/2023 at the 12:00 h GMT +0 and it is divided in the following three phases (all phases will open and close at the 12:00 h GMT +0 of the listed day);

#### PHASE 1

**From 27/11/2022 to 04/12/2022** (first week for registration)

Registration **only by NFs for athletes classified between the positions 1 and 32 (included)** in the Event Ranking.  
No limit of athletes per NF

**From 05/12/2022 to 12/12/2022** (second week for registration)

Open registration **for athletes classified between the positions 1 and 32 (included)** in the Event Ranking.  
No limit of athletes per NF

#### PHASE 2

**From 13/12/2022 to 27/12/2022** (next two weeks of registration)

If vacancies, open registration **for athletes ranked between positions 33 and 64 (included)** in the Event Ranking.  
No limit of athletes per NF.

#### PHASE 3

**From 28/12/2022 to 12/01/2023** (last two weeks of registration)

If vacancies, open inscription **for competitors ranked between positions 65 and 100 (included)** in the Event Ranking.  
No limit of athletes per NF.

Any cancellation of an online registration must be **for justified and duly accredited cause** and must be communicated in writing to the WKF at least **48 hours before the first day of the competition**.

To replace these justifiable absences, **a waiting list will be available up to 7 days before the first day of the competition**, in those categories in which the quota of 32 athletes is completed.

All **competitor** registrations must be made **ONLINE**

[ATHLETES  
REGISTRATION](#)

All **referee** registrations must be made **ONLINE**

[REFEREE  
REGISTRATION](#)

All **coach** registrations must be made **ONLINE**

[COACH  
REGISTRATION](#)

Individuals and National Federations are responsible for the quality of the entered registration data.

The online registration of athletes will be openly disclosed for everyone from the beginning, allowing consultation by WKF NFs of the competitors registered in real time.

**Any issue regarding the online registration have to be notified to the software provider and to the WKF, latest five days before the first day of competition, in order to allow taking them in consideration without altering the smooth running of the process.**

Fifteen days before the start of the event the online registration will close.

### **Technical Support for Online Registration**

In case of any questions concerning the online registration please directly contact the Sportdata software team via the email address; [karate1@sportdata.org](mailto:karate1@sportdata.org) or [office@sportdata.org](mailto:office@sportdata.org)

## **10.2 Entry Fee**

The entry fee is € 100 per each individual entry.

## **10.3 Payment**

All payments must be processed through the ONLINE PAYMENT PLATFORM.

Onsite payments will NOT be accepted.

## 10.4 Official Accreditation

The official accreditation will take place on Thursday, 26/01/2023, from 10.00 a.m. to 4.00 p.m. at the HQ Hotel; Concorde El Salam.

If changes are required during the official registration session, because of incorrect or missing registration data, a fee of € 20 is charged for each change.

At registration, accreditation cards will be issued with the participant's main data, a photograph and information about registered categories. The accreditation card must be worn at all times during the event.

Only members of national federations recognized by WKF are admitted participating, as per Premier League Organising Rules 2022(PL OR Point 6 Registration).

All participants must submit an official document (passport or other valid ID card) for the WKF identification and validation at the accreditation session.

The accreditation of any competitor must be done by the athlete or the athlete's coach, in person bringing the athlete passport or other valid ID at the accreditation session.

The competitor, who has not collected, either personally or through his/her coach the accreditation during the official registration, will not be included in the draw.

The weighing will be carried out immediately after receiving the accreditation; those athletes who will not attend the weighing will not be included in the draw.

## 11. BACK NUMBERS

The back number to be used in Karate 1 – Premier League events 2023 will be the same as those already provided for Karate 1 – Premier League events 2022.

**The use of back numbers is compulsory for all categories and modalities in Karate 1 – Premier League events.**

**New back numbers will only be delivered at the accreditation season to those athletes who have not participated in any Karate 1-Premier League events in 2022 and 2023.**

In case of lost or breakage, please contact to:

Iván Delfino

WKF Marketing Manager

Email: [idelfino@wkf.net](mailto:idelfino@wkf.net)

All competitors are required to carry properly sewn on the back of their karategi jacket the back number.

**If the back number is not properly sewn, it can be a reason for disqualification.**

## 12. WKF COACH PROGRAMME

According to the WKF Coach Educational Programme, **the minimum certification required to take part in Karate1–Premier League events is the “Kumite or Kata certification” (level 2)**. To obtain such certification, coaches must pass the corresponding **Kumite or Kata examination**.

The Kumite or Kata coach licence can be obtained or through the WKF E-learning platform for Coaches or by attending to one of the Programmes for Coaches that the WKF held in official events.

A WKF Programme for Coaches will be held in all Karate1-Premier League events 2023.

**Submit Waiver and Accreditation check prior to course entry at the Onsite registration. Mention you are part of the coaches' course.**

Only coaches in possession of the “WKF Accredited Coach” level has access to the “WKF Kumite or Kata certification”

### 12.1 WKF Programme for Coaches, Cairo 2023

Please find below the Coach schedule and the details for the registration process:

### 12.2 Schedule

Accredited Coach Briefing				
Thursday	26/01/2023	from 16:00 h	to 17:30 h	HQ hotel (Donia hall)
Certified Kumite Coach Examination				
Thursday	26/01/2023	from 17:30 h	to 18:15 h	HQ hotel (Donia hall)
Certified Kata Coach Examination				
Thursday	26/01/2023	from 18:15 h	to 19:00 h	HQ hotel (Donia hall)

\*\*\* Please note that it is possible to take part in both the “Accredited Coach Briefing” and the “Certified Kata and/or Kumite Coach Exams”.

## 12.3 Online Registration

Those coaches who wish to attend to the “WKF Coach Programme” in Cairo must be registered online with deadline **13/01/ 2023** through the following link;

[COACH PROGRAMME  
REGISTRATION](#)

Should you have any difficulties when registering, please contact [support@sportsid.org](mailto:support@sportsid.org) for technical support.

## 12.4 Fees

We would like to remind you that the fees for the Program for WKF Coaches are as follows:

Briefing for “Accredited Coach” level (new application or license renewal)  
**300 CHF**

Examination for “Certified Kumite Coach” (new application or license renewal)  
**250 CHF**

Examination for “Certified Kata Coach” (new application or license renewal)  
**250 CHF**

For late registrations on the deadline communicated, acceptance will be subjected to availability; in case of final acceptance, a surcharge of 300 EUR will be applied for Accredited Course and 250 EUR for Coach Examination (Indistinctly Kata or Kumite).

## 12.5 Payment

All payments must be made through Sportdata platform.

No other methods of payment will be accepted.

Registrations and payments onsite will not be accepted.

## 13. MEDIA

### 13.1 TV Production

All the events of the 2023 Karate 1 – Premier League will be produced by TV. The competition on Sunday will be available to a worldwide viewing audience through a high-quality TV production which will be provided to TV networks around the world following the agreements of the WKF with these networks.

Due to these agreements VIDEO RECORDING WILL NOT BE ALLOWED UNDER ANY CIRCUMSTANCE.

### 13.2 YouTube Streaming

The events of the 2023 Karate 1 – Premier League (eliminations and medal bouts) will be available by streaming on WKF Youtube Channel for those countries without TV rights.

In those countries with the rights exclusives in TV channels, the medal bouts will be available only in the listed TV channels.

### 13.3 Press

Press accreditation can only be given to professional journalists working for a media and having proof of their credentials.

Media professionals can register to request press accreditations through the online registration form which can be found here:

[PRESS REGISTRATION](#)

Should you need more information about press or media related issues, please Contact the World Karate Federation's office: [press@wkf.net](mailto:press@wkf.net)

## 14. THE VENUE

INDOOR HALL N. 1 IN THE CAIRO INTERNATIONAL STADIUM,

Address, Mamdouh Salem Street, Al Estad, Nasr City, Cairo Governorate



OFFICIAL TATAMI FOR THIS TOURNAMENT

## 15. OFFICIAL HOTELS

Transportation services during the Championships and from the airport to hotels will be available only for those who book in the official hotels.

Note that all accommodation and transportation bookings must be booked and fully paid to Official Agency through the online booking form to be considered as fully booked.

### 15.1 Headquarter Hotel

#### CONCORDE EL SALAM CAIRO HOTEL, 5\*\*\*\*\*

Address : Abdel Hamid Badawi St, P.O. Box 5814 Helipolis, Cairo, Egypt



### 15.2 Official Hotels

#### NOVOTEL CAIRO AIRPORT, 4\*\*\*\*

Address: Cairo Airport, Sheraton Al Matar, El Nozha, Cairo Governorate 117



#### ROYAL MARSHAL HOTEL, 3\*\*\*

Address: 4 El-Khalifa El-Maamoun, Mansheya El-Bakry, Heliopolis, Cairo Governorate 11341



## JEWEL AL NASR HOTEL & APARTMENTS 4\*\*\*\*

Address: 18 Ibn Fadlan Street, Rabaa al-Adawiya, Nasr City



### 15.3 Hotels Rates

Summary: Quotations below are based on the room per night in EURO

Name	Rating	Single	Double
CONCORDE EL SALAM CAIRO HOTEL (HQ)	5*****	130 €	145€
NOVOTEL CAIRO AIRPORT	4****	85 €	95 €
ROYAL MARSHAL HOTEL	3***	65 €	85 €
JEWEL AL NASR HOTEL & APARTMENTS	4****	75 €	85 €

\*The numbers of available rooms are limited and a first come first serve policy will be implemented, the prices include:

- All quotations above are net price per Room with Breakfast basis (B.B) in EURO.
- All quotations above are inclusive with all the charges and taxes.

#### Meals:

1. Concorde El Salam Cairo Hotel (HQ): (20 €) per lunch or dinner.
2. Novotel Cairo Airport: (20 €) per lunch or dinner.
3. Royal Marshal Hotel: (10 €) per lunch or dinner.
4. Jewel Al Nasr Hotel & Apartments: (12 €) per lunch or dinner.

As for the meal reservation, it should be booked directly upon arrival with the hotels by the participating teams.

## 15.4 Reservation, payment and cancelation

The numbers of available rooms are limited and a first come first serve policy will be implemented.

### Payment:

By maximum 25<sup>th</sup> of December 2022, applicants shall pay 100% of the total amount for the reservation of their accommodation and transportation booking.

### Cancellation Policy:

After 1<sup>st</sup> of January 2023 , if there are any modifications or cancellations on any of the booked reservations, 100% of the total amount of the applicant's accommodation and transportation booking shall be deducted

## 15.5 Transport Services

The above Rate is inclusive Shuttle Bus Services, between Official Hotels and Championship venue, and vice versa for the three days of competition only.

Airport Transfers Rate: Prices in Dollar for 2 ways Transfer (Airport – Hotel – Airport) = 20 € per person.

### Booking Procedures:

Fill in the Accommodation and Transportation Application Form below and email it to

[E-mail: res@egykf.com](mailto:res@egykf.com)

Contact persons :

1. Mr / Eslam Abdallah - phone number : (+2) 01124725826.
2. Mrs / Nardine Ashraf - phone number : (+2) 01060418000.

### HOTEL BOOKING FORM

Hotel Name	Total Number of persons	Arrival Date	Departure Date	Single Rooms	Double Rooms

### ACCOMMODATIONS & TRANSFER APPLICATION FORM

Name of Federation/Team:		Country:
Address:		
Phone number		Email 1:
Fax:		Email 2:
Name of Contact Center:		
Position in National Federation/Team:		

### TRAVEL DETAILS

Arrival	Departure
Date:	Date:
Estimated Time Of Arrival:	Estimated Time Of Arrival:
Flight No:	Flight No:
Arrival Terminal:	Arrival Terminal:
Contact Number:	Contact Number:

#### Payment:

By maximum 25<sup>th</sup> of December 2022, applicants shall pay 100% of the total amount for the reservation of their accommodation and transportation booking.

#### Cancellation Policy:

After 1<sup>st</sup> of January 2023, if there are any modifications or cancellations on any of the booked reservations, 100% of the total amount of the applicant's accommodation and transportation booking shall be deducted

## 16. WKF COVID PROTOCOL

DUE TO THE CURRENT HEALTH SITUATION THIS EVENT WILL BE HELD UNDER THE WKF COVID-19 PROTOCOL



## 17. REQUIRED DOCUMENTS

MANDATORY DOCUMENTS TO BE SUBMITTED AT THE OFFICIAL ACCREDITATION

On registration day all participants must submit the 1 of following documents, Printed:

3. Waiver of Liability Form (Only 1 of the following per person)

- a) NF/Team Representative & Team List
- b) Individual +18 years old
- c) Individual - 18 years old (Parental Consent required)



• The NF/Team Representative takes full responsibility for the validity of all signatures and information provided.

## 18. LOCAL COVID RECOMMENDATIONS

Protect yourself and those around you:

- Get vaccinated as soon as it's your turn and follow local guidance on vaccination.
- Keep physical distance of at least 1 meter from others, even if they don't appear to be sick. Avoid crowds and close contact.
- Wear a properly fitted mask when physical distancing is not possible and in poorly ventilated settings.
- Clean your hands frequently with alcohol-based hand rub or soap and water.
- Cover your mouth and nose with a bent elbow or tissue when you cough or sneeze. Dispose of used tissues immediately and clean hands regularly.
- If you develop symptoms or test positive for COVID-19, self-isolate until you recover

## 19. VISA

Countries that would have their Visas issued upon their arrival in the airport:

- There shall be a fee of 35 \$ per person to be paid for the issuance of visas in the airport for the indigenous native citizens of the European countries.
- Northern – Central & Southern America except for \*Belize\*:  
They can go to the nearest Egyptian embassy in their respective countries and they shall have their visas issued from there.
- Countries that have required procedures to be done before at least 30 days of arrival to have their Visas issued:
  - 1) African Continent.
  - 2) Asian Continent.
  - 3) Turkey.
  - 4) Belize.

They need to provide the following list of name for their participating delegation members and copies of their passports;

List of Names

Karate 1 – Premier League  
From 27 – 29 January 2022

No	Name	Sex	Country of Origin	Date of Birth	Passport Number	Issuance Date	Expiry Date	Position
1	fill	fill	fill	fill	fill	fill	fill	fill
2	fill	fill	fill	fill	fill	fill	fill	fill
3	fill	fill	fill	fill	fill	fill	fill	Fill

**To apply for online visas, you can visit : <https://www.visa2egypt.gov.eg/>**

**Contact Visa support**

Names	Position	Contact Details
Mr Sayed Nasr	Event Manager	Phone Number: +201094100042 Email: <a href="mailto:nasrkata_1@yahoo.com">nasrkata_1@yahoo.com</a>
Mr Mohamed El-Hosseiny	Event Coordinator	Phone Number: +20 122 226 6084 Email: <a href="mailto:Melhosieny2@hotmail.com">Melhosieny2@hotmail.com</a>

## 20. CITY / COUNTRY INFORMATION

### 20.1 About Cairo

Cairo is the capital and largest city of Egypt. The Cairo metropolitan area, with a population of 21.3 Million, is the largest metropolitan area in the Arab world, the second largest in Africa, and the sixth largest in the world. Cairo is associated with ancient Egypt, as the famous Giza pyramid complex and the ancient city of Memphis are located in its geographical area. Located near the Nile Delta, Cairo was founded in 969 AD during the Fatimid dynasty, but the land composing the present-day city was the site of Ancient National Capitals whose remnants remain visible in parts of Old Cairo. Cairo has long been a center of the region's political and cultural life, and is titled "the city of a thousand minarets" for its preponderance of Islamic architecture.

### 20.2 How to get to Cairo

#### **By Plane:**

The most common way to get to Cairo from other countries is by air.

The local airline is Egyptair, but most European airlines have direct connections to Cairo.

It is also possible to fly within Egypt, but only Egyptair flights operate in this case.

CAIRO INTERNATIONAL AIRPORT is the most important airport in Egypt and the second busiest airport in Africa.

It consists of three terminals, all of which are connected by a free shuttle bus that runs all day.

Located about 22 kilometres from the city centre, there are several options for getting there.

### **City bus:**

This is the cheapest way to travel from Cairo Airport to the city centre, specifically to TahirSquare.

There are two lines available: line 400 24 hours a day and line 500 until 22:00 h.

Frequency is 20 minutes.

### **Cairo Airport Shuttle Bus:**

This is a direct minibus service, operating from 06:00 to 23:00 h.

They depart from Terminals 1 and 3 and stop in the centre and outskirts of Cairo, including Heliopolis, Giza, Zamalek and Haram.

Prices vary according to destination. Check the official website for routes and book in advance.

### **Taxi:**

Taxis are one of the most convenient ways to travel from Cairo Airport to the city centre but be aware of the different types of taxis.

Black and white taxis require you to agree on a fare before you travel.

White and yellow taxis are metered and have other amenities such as air-conditioning.

### **Transfers:**

Finally, there is the alternative of pre-arranging a transfer from Cairo Airport to your hotel.

The advantage is that they are already priced and can be booked in advance.

### **City transportation:**

City transportation in Cairo is provided by metro, bus, taxis (UBER, CAREEM CAB), and minibuses.

Metro is the most preferred public transport, but the most popular and convenient among tourists is to hire a daily taxi.

In Cairo, the metro is the most preferred means of transportation by people. The metro lines which have been in operation since 1987, are expanded each year as the city expanded and nowadays have a large network covering almost the whole city. You can travel around in the fastest way by using the metro line which has 61 stations, 3 of which are transfer stations.

Cairo has a large public transport network with city buses, Mwasalat Misr buses, and minibuses serving in the city. Many bus lines stop in the city center, such as Ramsis Station. You can find vans almost everywhere but they are usually very crowded and not so comfortable.

Mwasalat Misr is a private company and has its own buses and transportation services that they provide in a wide area in the city. You can find maps and times for city bus lines and other public transportation lines on this link.

Taxis (UBER, CAREEM CAB) are the most popular way of transportation in Cairo for tourists.

With the choice of many private taxi companies, you can hire taxis for your trip plan and choose the one that suits you best in price. Many different brands are giving private transportation services in Cairo but also you can find an official taxi to go around. Prices may differ but you have a chance to negotiate with the drivers.

## **Practical Information**

There are currently four mobile network operators in Egypt: Orange, Vodafone, Etisalat, and We (by Telecom Egypt).

Country calling code:

- Country calling code: +20
- Trunk prefix: 0
- International call prefix: 00

Upon your arrival to the airport you will find a telecommunications agents who will offer you free mobile SIM cards.

## **Currency**

The official currency of Egypt is the Egyptian Pound (EGP).

## **Electricity**

For Egypt there are two associated plug types C and F. Plug type C is the plug which has two round pins and plug type F is the plug which has two round pins with two earth clips on the side. Egypt operates on a 220V supply voltage and 50Hz.

## **Weather**

The temperatures in Egypt in January are usually low and can range between 10°C and 20°C.

There is little to no rain in Egypt during January, so it's a lot easier to explore the city. Just remember to dress in warm layers, as it can still get pretty chilly.

Our weather forecast can give you a great sense of what weather to expect in Egypt in January 2023.

## **Cairo Time Zone**

Current: UTC/GMT  
Offset: -2 hours

## **Emergency Contact Numbers**

NUMBER	DESCRIPTION
123	Main Ambulance
122	Emergency Police
180	Fire Department
121	Electricity Emergency

## 21. INSURANCE

Participating delegations must arrange their own medical and personal travel insurance. Karate EGYPT and the WKF assume no liability or responsibility for the lack of insurance from participants and members of the delegations.

Delegations lacking insurance policies can enquire about additional insurance at the Registration Desk.

## 22. FAREWELL CEREMONY

Kindly note that there will be a farewell party on a Nile boat cruise after the conclusion of competition events.

The entrance for the chief of delegation and the main coach of delegation shall be free of charge.

## 23. OMISSIONS

As regards that the specific items are not expressly foreseen in the present bulletin reference is to be made to the general rules and guidelines contained in WKF Regulations.

# 2023

## CAIRO RABAT FUKUOKA DUBLIN



27-29

January

*Karate 1 – Premier League*

**Cairo 2023**

**Egypt**

