Organization













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Invitation

It is with great satisfaction that the National Martial Arts Association and the Shotokan Karate-Do of Odivelas in partnership with the Odivelas City Council and the National Karate Federation Portugal invite you to participate in the 2nd Open Karate de Odivelas, taking place on April 20, 2024

We welcome this championship with the ambition of providing a great

Karate at a national level, promoting the sport and Karate in particular, and offering all participants and visitors an excellent experience



Odivelas

- The Municipality of Odivelas is one of the newest municipalities in PORTUGAL
- Located in the District of Lisbon, Estremadura Region, the Municipality of Odivelas is made up of: Parish of Odivelas, Union of Parishes of Pontinha and Famões, Union of Parishes of Póvoa de Santo Adrião and Olival Basto and Union of Parishes of Ramada and Caneças, distributed over an area of 26.4 km2, and with a population of 144,549 inhabitants
- Odivelas is a young municipality, with only 24 years of existence, but its past spans many centuries and important moments in Portugal's journey as a country
- D. Dinis, one of the greatest kings in our history, is buried here, in the emblematic Monastery of Odivelas, a national monument of recognized prestige and historical and cultural significance



Odivelas Memorial



Odivelas Monastery



Organization

* Contacts

- Rafael Paulo 914 203 615
- * Sérgio Pio 932 953 639
- Email: open.odivelas@gmail.com

Competition Information



https://fb.me/OpenOdivelas



https://www.instagram.com/openodivelas/



https://www.kimura.pt/eventos//eventos.php?&id_evento=80_



Odivelas Multipurpose Pavilion

- The 2nd Odivelas Open will take place at the Odivelas Multipurpose Pavilion. This is the second largest sports pavilion located in the metropolitan area of Lisbon, right after the Altice Arena
- It is a multifunctional space capable of hosting a wide variety of events and competitions, allowing shows, congresses, conferences, seminars, ecumenical meetings, small or large meetings, product launches, catering, fairs and exhibitions.
- * Address: Alameda do Porto Pinheiro 2675-668 Odivelas GPS » N 38º 47' 25.39", W 9º 11' 11.71"

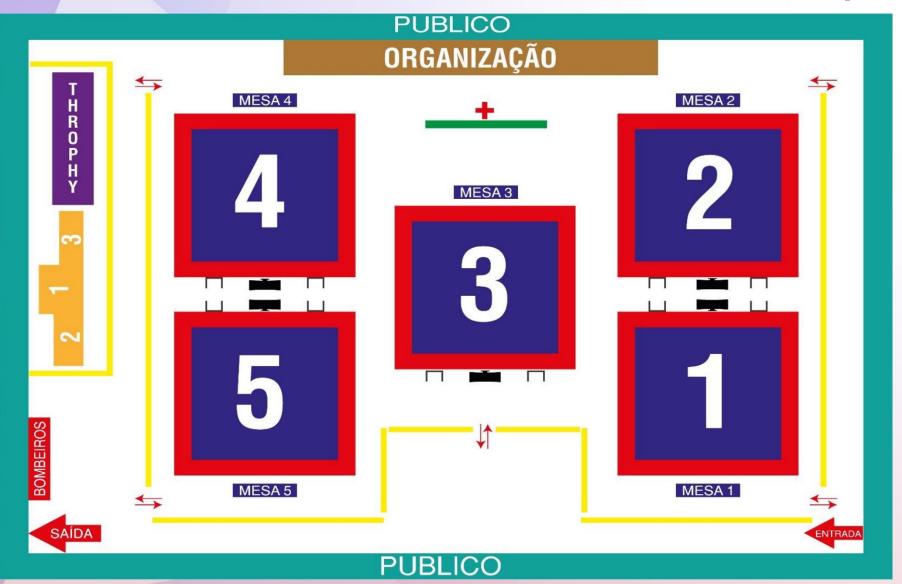








Event Structure Competition Ar





Registrations

All clubs must register their coaches and athletes through the Kimura platform: https://www.kimura.pt/eventos//eventos.php?&id_evento=80 – The draws will be published on this platform

The values to apply are as follows: 1st

Registration Phase: Until April 5th – Athlete-15€; Coach-3€ 2nd

Registration Phase: Between April 5th and April 10th – Athlete-€20; Trainer:5€

- The test age is calculated based on the test date (04/20/2024)
- Coach validations are subject to federative rules.
- The amount payable by each club must be transferred to the bank account with the following details:

IBAN: PT 50 0010 0000 3610 4230 001 93

NIB: 0010 0000 3610 4230 001 93

SWIFT CODE: BBPIPTPL

- The deadline for registration and payment is April 10, 2024. Proof of the same must be sent to open.odivelas@gmail.com with indication of the club and proof value
- Registration will only be validated after proof of transfer has been sent.



Public Entry and Accreditations

- * Entry to the public is completely free throughout the entire race day.
- * Accreditation of clubs and weigh-ins
 - The Club accreditation will be carried out in the pavilion's entrance corridor during two periods:

 April 19th between 6pm and 8pm, and March 20th between 8am and 1pm.
 - All athletes and coaches will receive a credential to access the competition and training area. heating.
 - Weighings will be carried out in a specific room to be indicated by the Staff during three periods: Day 19 April between 6:00 pm and 8:00 pm, April 20th between 8:00 am and 12:00 pm and between 2:00 pm and 3 p.m.



Kata Categories

Male Kata	Female Kata	
Children – 7, 8 and 9 years old	Children – 7, 8 and 9 years old	
Beginners – 10/11 years	Beginners – 10/11 years	
Youth – 12/13 years old	Youth – 12/13 years old	
Cadets – 14/15 years old	Cadets – 14/15 years old	
Juniors – 16/17 years old	Juniors – 16/17 years old	
Seniors – +18 years old	Seniors – +18 years old	

The pre-call for all Kata events will be held in the 30min Warm-Up Area. before the scheduled time of each test



Kumite Categories

Age Group	Weight Category		
Male Initiate – 10/11 years	-40Kg	+40Kg	
Female Initiate – 10/11 years	-35Kg	+35Kg	
Male Juvenile – 12/13 years old	-40Kg	-50kg	+50Kg
Female Youth – 12/13 years old	-42Kg	-47Kg	+47kg
Male Cadets – 14/15 years old	-57Kg	-70Kg	+70Kg
Female Cadets – 14/15 years old	-47Kg	-54Kg	+54Kg
Junior Male – 16/17 years old	-61Kg	-76Kg	+76kg
Junior Female – 16/17 years old	-53kg	-59Kg	+59Kg
Senior Male - +18 years old	- 67kg	-75Kg	+75kg
Senior Female - +18 years old	-55Kg	-68Kg	+68Kg

The pre-call for all Kumite events will be held in the 30min Warm-Up Area. before the scheduled time of each test



Competition Rules

The arbitration rules will be those in force at FNK-P / WKF, however the organization safeguards the possibility of making changes it deems necessary. If they exist, they will be mentioned at the Referee and Coaches meeting

The duration of each fight will be 2 minutes, except for the Beginners level, which will be 1 minute in accordance with FNKP rules; The duration of Senior level matches will be 3 minutes

Complaints for alleged technical valuation errors will not be accepted



Competition Rules

- The organization is not responsible for any accidents and their consequences that may occur in this competition. Therefore, athletes will have to be covered by sports insurance as well as comply with DGS instructions for participation in the event;
- The Organization will provide the necessary medical support throughout the race
- Only accredited Coaches will have access to the spaces reserved for the competition and warm-up area

- * Presentation of a valid identification document (CC) will be mandatory
- The weight failure margin will be as provided for in the FNKP rules and regulations



Time

Referee Meeting:

÷ 08:30

Coaches Meeting 08:45

7

* Kata Tests

 $\frac{4}{9}$ 09:00 - 13:00

Kumite Competitions

² 1:30 pm − 7:00 pm

The timetable described above is a provisional timetable. The organization safeguards the possibility of making changes to the event schedule that it deems necessary



Emergency Contacts

→ Police and Emergency Number – 112

- Hospital closest to the event location:
 - Hospital Beatriz Ângelo Av. Carlos Teixeira 3, 2674-514 Loures

Organization:













The organization safeguards the possibility of making any changes to this document