# Jesus Del Moral & Sandra Sanchez Seminar November 5 & 6, 2022

#### Newsletter

### 1. Registration

As places are limited for certain sessions, we encourage you to pay for the places you have reserved by bank transfer to account: BE86-0343-3059-4250 with the communication seminarGFK + name + choice of sessions.

#### 2. Program

<u>Session 1:</u> study of learning and training techniques based on the Nipaipo kata

<u>Session</u> 2: study of learning and training techniques based on the Papuren kata

<u>Session</u> 3: study of learning and training techniques based on the kata Chatanyara no Kushanku & Suparimpei

## 3. <u>Displacements</u>:

In order to facilitate travel between the different sessions, the organizer offers a facebook page intended to connect the participants and allow them to agree on carpooling procedures.

Apply at https://www.facebook.com/seminarGFK

ATTENTION: the organization cannot be held responsible for its agreements

#### 3. Places and Hotels

You will find below the addresses of the session locations:

Session 1: Sports hall – Rue du parc, 1 – 7331 Baudour

You can contact the Mah hotel in Tertre You can book directly by clicking on this link by entering the promo code KARATEDEAL giving you a 15% discount.



<u>Session 2: COS1 sports complex in Charleroi - rue des Olympiades, 1 – 6000 Charleroi</u>

You can contact the Van der Valk Airport hotel in Charleroi



Session 3: Sports complex - station square, 1 – 4630 Soumagne

You can contact Globales – Post Hotel & Wellness

