



1.- WELCOME MESSAGE

México will host the XXI Central American and Caribbean Karate Do Senior and X Junior Championship, where all the National Federations affiliated with the Central American and Caribbean Karate Do Confederation will be received.

Our mission is to provide you with competition at the highest level, and we are ready to make it a great experience.

We thank the Executive Committee and all the National Federations that make up the CCCK for their trust.

We give you the warmest welcome to Mexico.

2. INTRODUCTION OF THE CENTRAL AMERICAN AND CARIBBEAN CHAMPIONSHIP IN MEXICO 2022

The XXI Senior and X Junior Central American and Caribbean Karate Do Championship will take place from February 26 to March 05, 2022, at "Club Dorados Oaxtepec, Morelos," located at Carretera, Cocoyoc Oaxtepec Km 2.5, Centro, 62738, Oaxtepec, Morelos, Mexico.







3.- CONTACT INFORMATION

Mexican Karate Federation **FEMEKA**

Location.- Avenida del Conscripto and Peripheral Ring Col. Lomas de Sotelo C.P. 11200 Del. Miguel Hidalgo, Mexico City, Mexico.

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ttps://femeka.com.mx/

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<u>ccck2023centroamericanomexico@gmail.com</u>



4.- COMPETITION

ATHLETES:

Kata and Kumite: Men and women 12 years of age at least one day before the start of the competition.

Individual Kata: A maximum of 2 athletes per country may participate.

Kata team: The members of the male and female teams will be three starters, and a substitute per team and country can participate in each category.

Individual Kumite: A maximum of 2 athletes per country may participate.

Kumite team: The female team members will be three starters plus one substitute, and the male teams will be five starters plus two reserves. Only one team per division and country can participate.

JUDGES:

The CCCK Organizing Committee must include for each participating Delegation one (1) Referee with the right to the following benefits: Accommodation, Food, and internal transportation. You must send your registration to the following email:

ccck2023centroamericanomexico@gmail.com





COACH:

All Coaches must receive the course dictated by the CCCK Referee Commission.

5.- REGISTRATION:

All registrations must be processed online. We will not take Registrations on-site.

Competitors, referees, coaches, and officials must register online through Sportdata

6.-EVENT SCHEDULE

PLACE: Headquarters Hotel

SUNDAY FEBRUARY 26 2023	ACTIVITY							
ALL DAY	Arrival of Delegations							
12:00 – 20:00 hrs	Accreditation of Delegations							
MONDAY FEBRUARY 27 2023	ACTIVITY							
ALL DAY	Arrival of Delegations							
8:00 – 14:00 hrs	Official weigh-in							
12:00 – 20:00 hrs	Accreditation of Delegations							
TUESDAY FEBRUARY 28 2023	ACTIVITY							
8:00 – 10:00 hrs	Accreditation of Referees and Coaches							
8:00 – 14:00 hrs	Official weigh-in							
8:00 – 18:00 hrs	Accreditation of Delegations							





10:00 – 12:00 hrs	Kata curse, Written and practical exam							
12:30 – 15:30 hrs	Kumite Course / Practice of Gestures and Signals Kumite Written and Practical Exam							
16:30 – 18:30 hrs	Coach Seminar and Medical Seminar							
17:00 -18:00 hrs	Press conference							
18:30 – 20:00	Women's Seminar							
19:30 – 23:00 hrs	Welcome Dinner for Authorities and Special Guests							
20:00 – 21:00 hrs	Delivery of the results of Kumite and Kata Refereeing exams							
20:00 – 21:00 hrs	Technical Congress and Raffle							
WEDNESDAY MARCH 01 2023	ACTIVITY							
19:00 – 20:30 hrs	CCCK Annual Assembly							

7.- COMPETITION SCHEDULE

POLIFORUM, CLUB DORADOS OAXTEPEC.						
WEDNESDAY MARCH 01 2023	QUALIFIER Female and Male individuals Kata Individual Kumite, Female (-50,- 55,-61,-68,+68 Kg)					
09:00-20:00	Individual Kumite, Male (-60,- 67,-75,-84,+84 Kg)					





THURSDAY MARCH 02 2023 9:00 – 20:00	U14 Individual Kata and Kumite, Male (-40, -45, -50, -55, +55 Kg) Individual Kata and Kumite, Female (-42, -47, -52 Kg, +52 Kg) PARAKARATE All Categories CADETS Individual Kata and Kumite, Male (-52kg,-57kg,-63kg, -70kg,+70kg) Individual Kata and Kumite, Female (-47kg, -54kg, -61kg, +61kg)				
	<u>JUNIOR</u>				
	Individual Kata and Kumite, Male (-55kg,-61kg,-68kg,-76kg,+76 Kg) Individual Kata and Kumite, Female(-48kg,-53kg,-59kg,-66kg+66 Kg)				
	U21				
FRIDAY MARCH 03 2023	Individual Kata and Kumite, Male (-60,-67,-75,-84,+84 Kg) Individual Kata and Kumite, Female (-50,-55,-61,-68, +68 Kg)				
	Team Kata (14 – 17) Female y Male Team Kata Varonil/Femenil U21				
	OPENING CEREMONY				
	CENIOD				
CATUDDAY	<u>SENIOR</u>				
SATURDAY MARCH 04 2023	Individual Kata and Kumite, Male (-60,- 67,-75,-84, +84 Kg) Individual Kata and Kumite, Female (-50,- 55,-61,-68, +68 Kg)				
09:00-20:00	Team Kata female and male Senior				
	Team Kumite Male y Female Senior				
SUNDAY MARCH 05 2023	DEPARTURE OF DELEGATIONS				







SENIOR

CATEGORY	GORY AGE		LIMB	INDIV		AND 1	TEAM KU IT	IMITE		KATA
SENIOD	KATA	KUMITE	MALE	-60 KG	-67 KG	-75 KG	-84 KG	+84 KG	IND	TEAM
SENIOR	16-35	18-35	FEMALE	-50 KG	-55 KG	-61 KG	-68 KG	+68 KG	IND	TEAM

YOUTH

CATEGORIES	AGE		INDIVIDUAL KUMITE					KATA		
CATEGORIES	AGE	LIMB		WEIGHT					NATA	
		MALE	-40KG	-45 KG	-50 KG	-55KG	+55KG	INDIVIDUAL	N/A	
U14	12-13	FEMALE	-42KG	-47 KG	-52 KG	+52 KG		INDIVIDUAL	IN/A	
CADETE		MALE	-52KG	-57 KG	-63 KG	-70KG	+70KG	INDIVIDUAL		
CADETE	14-15	FEMALE	-47KG	-54 KG	-61 KG	+61 kg		INDIVIDUAL	TEAM	
JUNIOR		MALE	-55KG	-61 KG	-68 KG	-76KG	+76KG	INDIVIDUAL	I EAW	
JUNIOR	16-17	FEMALE	-48 KG	-53 KG	-59 KG	-66 KG	+66 KG	INDIVIDUAL		
1104		MALE	-60 KG	-67 KG	-75 KG	-84 KG	+84KG	INDIVIDUAL	TEAM	
U21	18-20	FEMALE	-50 KG	-55 KG	-61 KG	-68 KG	+68KG	INDIVIDUAL	I EAIVI	

CAMPEONATO DE PARAKARATE

PARAKARATE								
KATA								
AGE	CATEGORY	LIMB	MODALITY					
5-10 years			Wheelchair and Amputation					
11-15 years	Beginners		Blind and visually impaired					
16-20 years	Newbies Intermediates	Mixed	Cerebral palsy Deaf					
21-35 years	advanced		specials (Down's Syndrome)					
UP 35 years								





9.- VENUE OF THE COMPETITION

Place: Poliforum Club Dorados Oaxtepec

Address: Carretera Cocoyoc - Oaxtepec Km 2.5, Centro, 62738 Oaxtepec, Mor.

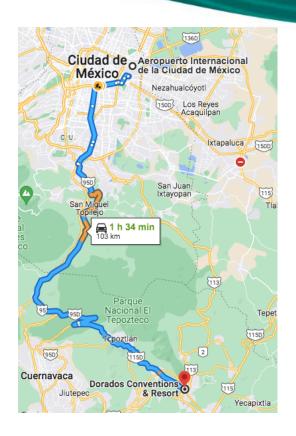








DISTANCE BETWEEN MEXICO
CITY AIRPORT TO CONVENTIONS
& RESORT DORADOS,
OAXTEPEC, MORELOS



10.- OFFICIAL HOTEL

DORADOS CONVENTIONS & RESORT CLUB DORADOS OAXTEPEC

Located in the beautiful city of Oaxtepec, Morelos, in its more than 130,000 M2, it offers eight different lodging hotels with a capacity for up to 1,600 people, surrounded by 60,000 m2 of green and sports areas with a fantastic climate.

Among the facilities, you can enjoy a total of 6 pools and lounges with the largest capacity in the entire entity. It has a spa, restaurant, bar, tennis court, games room, business center, and free parking.

The restaurant serves Mexican cuisine.





Videos of "Dorados Conventions & Resort" https://drive.google.com/drive/folders/1wGoDNK2jvSBNKilxou2wsXqrBjr98loa

https://m.facebook.com/doradosresort/videos/10156850299210652/?locale=ne NP& rdr



































11.- VENUE HOTEL COST

Rates per person, per night.

LODGING WITH BUFFET BREAKFAST

HOTEL	SINGLE	DOUBLE	TRIPLE	ROOM
	ROOM	ROOM	ROOM	QUADRUPLE
Conventions & Resort Dorados	96	63	55	49

TYPE OF ROOMS:

- 1.- Single.- One King bed.
- 2.- Double.- Two single beds.
- 3.- Triple.- Three individual beds.
- 4.- Quadruple.- Four single beds.

LODGING WITH BUFFET BREAKFAST

HOTEL	SINGLE	DOUBLE	TRIPLE	ROOM
	ROOM	ROOM	ROOM	QUADRUPLE
Conventions & Resort Dorados	121	76	61	53

TYPE OF ROOMS:

- 1.- Single.- One King bed.
- 2.- Double.- Two double beds or two King beds and a terrace.
- 3.- Triple.- Two double beds or two King beds and a terrace.
- 4.- Quadruple.- Two double beds or two King beds and a terrace.

RATE INCLUDES

- Accommodation in the selected room category.
- Taxes and services included
- 16% IVA
- 3.5% Accommodation Tax (ISH)
- Bellboy / Waitress Services
- Transportation.- (Airport Hotel, Hotel Airport).
- - Commissions from the bank of Mexico by bank transfer.





All reservations are subject to availability. To respect the rates granted, make your reservation before January 15 with 50% of the payment and settle the entirety before February 15. If your last price is not within the indicated date, the Organizing Committee will not be responsible for maintaining the reservation with the required specifications.

Rates include breakfast buffet, lunch costs USD 12, and dinner costs USD 13. To reserve lunch and dinner, it is necessary to inform the organizing committee of the amount required per country, with 15 days' notice, before the arrival of the Delegation.

All reservations, without exception, must be made only through the Organizing Committee. Upon arrival at the hotel, every delegation member will have the corresponding bracelet to guarantee their attention, safety, and services.

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TRANSPORTATION:

To guarantee transportation from the airport to the hotel where they will stay, they must send to the Organizing Committee, at least 20 days in advance, the number of people, airline, flight number, and arrival time in the formats that the federation will provide.

The organizing committee will only receive two different itineraries per country. In case there are multiple itineraries, the organizing committee will establish the departure times from the airport to the hotel, depending on the information previously sent. In this sense, it is of the utmost importance to know the requested information in time.

The organizing committee is NOT responsible for internal transportation for those delegations that do not report their arrival information at the indicated time and those that are not staying at the official hotel or have not made their reservation through the Organizing Committee.

12.- MEDICAL

MEDICAL SERVICE.- The CCCK and the Organizing Committee will only be responsible for the first aid medical service in the place of competition and training. For any medical or hospital attention originating outside it, the insurance will provide a transfer to a public medical center or a private one, but the country will cover the costs.

The participating foreign delegations must cover medical care outside the sports venue.

HEALTH INSURANCE.- Each national federation must have insurance from its participating Delegation.





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COVID MEASURES DURING THE COMPETITION

All athletes, referees, coaches, officials, the medical team, the press, and the public must wear a face mask during the event. The mask can be removed to compete. There will be plenty of hand sanitizer available for those who want to use it.

The countries that require it will have the PCR or ANTIGEN test available for the return of their countries of origin.

If required, please contact the organizing committee and schedule the application times.

13.- RESTRICTIONS TO ENTER MEXICO

Mexico has not adopted restrictions for the air entry of visitors.

Find in the following link the countries that require a visa to enter Mexico https://www.inm.gob.mx/gobmx/word/index.php/paises-requieren-visa-para-mexico/

For any questions, please contact the Organizing Committee

14.- OTHERS

Regarding the specific elements not expressly provided for in this bulletin, they will be resolved by the Executive Committee of CCCK 2023.



