

KARATE OPEN LISBOA for Kids

ORGANIZATION:



SUPPORTED BY:





IPPON
KARATE PORTUGAL



LISBOA
Câmara Municipal



KARATE OPEN LISBOA

for

Kids

18 FEVEREIRO
2023

ESCALÃO PRÉ INFANTIL A JUVENIL
DOS 5 AOS 13 ANOS

PAVILHÃO MUNICIPAL DO CASAL VISTOSO | AREEIRO | LISBOA | PORTUGAL
WWW.SPORTDATA.ORG | +351 918 798 854 | INFO@KARATEOPENLISBOA.PT

WELCOME / INTRODUCTION

It is our pleasure to invite you to Karate Open Lisboa for Kids which will be held on February 18th of 2023.

After the success of Karate Open Lisboa we decided to split this event in two:

- Karate Open Lisboa for Kids – Event for athletes until 13 years old
- Karate Open Lisboa – Event for athletes from 14 years old

Lisbon will host a Major Karate Championship, expecting to receive some of the world top competitors.

The organizing committee of IPPON is proud to host this WKF competition and will do its utmost to offer the best facilities in order to make this a successful and memorable event.

We are looking forward to meet you all soon in Lisbon!

THE CITY

Lisbon is the capital and the largest city of Portugal, with a population of around 2.7 million people.

Lisbon is recognized as a global city because of its importance in finance, commerce, media, entertainment, arts, international trade, education and tourism.

Lisbon is one of the oldest cities in the world, and the oldest in Western Europe, predating other modern European capitals such as London, Paris and Rome by centuries. Julius Caesar made it a municipium called Felicitas Julia, adding to the name Olissipo. Ruled by a series of Germanic tribes from the 5th century, it was captured by the Moors in the 8th century. In 1147, the Crusaders under Afonso Henriques reconquered the city and since then it has been a major political, economic and cultural center of Portugal



ORGANIZER CONTACT

IPPON KARATE PORTUGAL

Phone: +351 91 879 88 54

E-mail : info@karateopenlisboa.pt

Event Information:



[Instagram](#)



[Facebook](#)



[Sportdata](#)



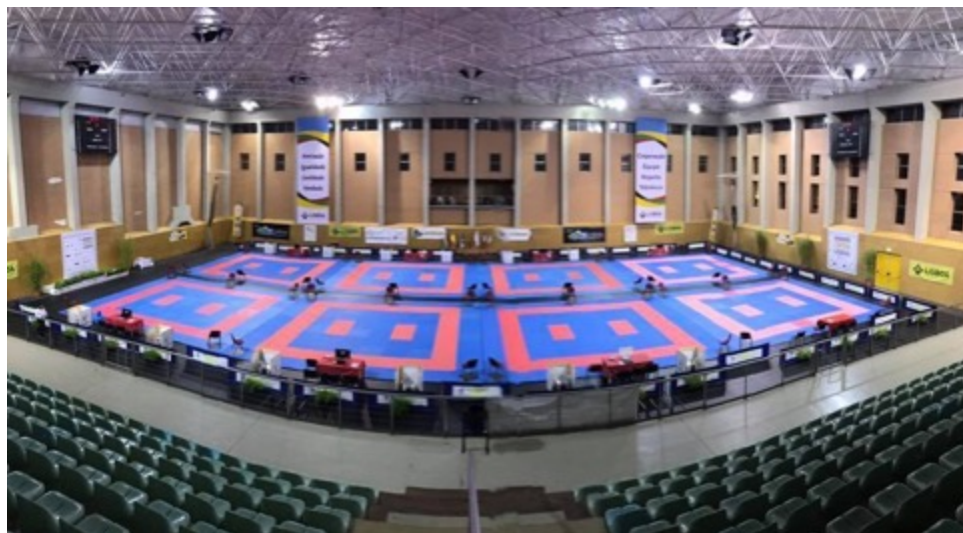
SITE AND DATE

SITE

Pavilhão Municipal Casal Vistoso

Portugal – Lisboa

Rua João da Silva 1900 - 271 Lisboa



DATE

The event will take place on the 18th of February 2023

TRANSPORTATION

AIRPORT

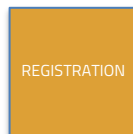
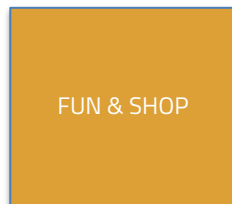
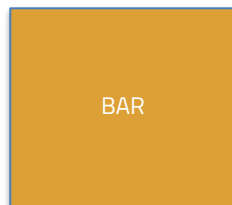
[Lisbon Portela Airport](#), also known as Lisbon Airport is an international airport located in the city of Lisbon, the capital of Portugal.

METRO

The [Lisbon Metro](#) is the metro (subway) system of Lisbon, Portugal. As of 2016, the four Lisbon metro lines total 43.2 kilometres (26.8 mi) of route and serve 55 stations.

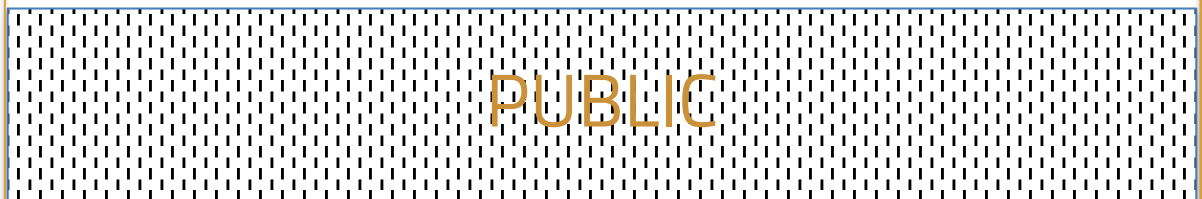
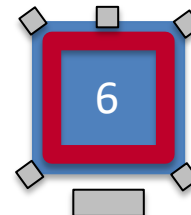
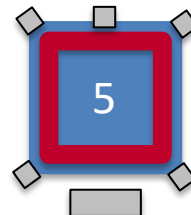
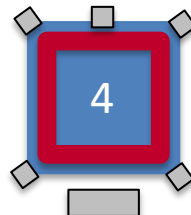
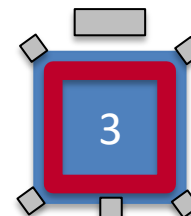
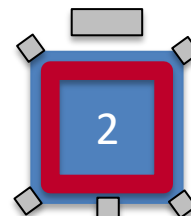
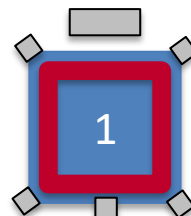
EVENT MAP

KARATE OPEN LISBOA



ENTRANCE

MAIN HALL



REGISTRATION

- All competitors, referees, coaches and officials must register online using the online system on [Sportdata](#)
- In case of any questions concerning the online registration please directly contact the organization team via the email address info@karateopenlisboa.pt
- Clubs / teams / federations are responsible for the quality of the entered registration data. Changes of online registration data are possible until the 5th de February 2023.
- The official registration session will take place on the Site Venue on :
 - Friday 17/02/2023 - from 20:00 to 22:00
 - Saturday 18/02/2023 - from 8:00 to 10:00 and from 12:00 to 14:00

ENTRY FEE

- The entry fees are:
 - €20 per individual category entry until 10/01/2023
 - €25 per individual category from 11/01/2023 until 05/02/2023
 - €5 per coach
- Payment can be done by
 - Bank transfer
 - IBAN - PT50 0018 000326292284020 19 (BIC SWIFT: TOTAPTPL, NAME: A C D KARATÉ SHOTOKAN LISBOA)
 - Paypal
 - info@nksl.org
- Payment receipt shall be sent to info@karateopenlisboa.pt to confirm registrations

KATA CATEGORIES

FEMALE KATA

U8 (5 to 7 years)

U10 (8 and 9 years)

U12 (10 and 11 years)

U14 (12 and 13 years)

MALE KATA

U8 (5 to 7 years)

U10 (8 and 9 years)

U12 (10 and 11 years)

U14 (12 and 13 years)

KUMITE CATEGORIES

FEMALE KUMITE

U8 (5 to 7 years) -20 kg
U8 (5 to 7 years) -25 kg
U8 (5 to 7 years) +25 kg
U10 (8 and 9 years) -25 kg
U10 (8 and 9 years) -30 kg
U10 (8 and 9 years) -35 kg
U10 (8 and 9 years) +35 kg
U12 (10 and 11 years) -30 kg
U12 (10 and 11 years) -35 kg
U12 (10 and 11 years) -40 kg
U12 (10 and 11 years) +40 kg
U14 (12 and 13 years) -42 kg
U14 (12 and 13 years) -47 kg
U14 (12 and 13 years) -52 kg
U14 (12 and 13 years) +52 kg

MALE KUMITE

U8 (5 to 7 years) -20 kg
U8 (5 to 7 years) -25 kg
U8 (5 to 7 years) +25 kg
U10 (8 and 9 years) -25 kg
U10 (8 and 9 years) -30 kg
U10 (8 and 9 years) -35 kg
U10 (8 and 9 years) +35 kg
U12 (10 and 11 years) -30 kg
U12 (10 and 11 years) -35 kg
U12 (10 and 11 years) -40 kg
U12 (10 and 11 years) -45 kg
U12 (10 and 11 years) +45 kg
U14 (12 and 13 years) -40 kg
U14 (12 and 13 years) -45 kg
U14 (12 and 13 years) -50 kg
U14 (12 and 13 years) -55 kg
U14 (12 and 13 years) +55 kg

COMPETITION RULES

- FNKP/WKF current rules – For all categories the official WKF rules are applied – Please check the following document – [Portuguese National Federation Rules](#);
- Minimum of 6 people per category. If that number is not attained, competitors will be placed in the above category. In case the category with less than 6 competitors is the one with the heaviest competitors, it will be joined with the previous weight category;
- Kata competition will be evaluated by 5 judges cutting the highest and the lower evaluations;
- Kumite competition will be evaluated by 1 referee and 2 judges according to the [WKF Kumite Competition Rules](#) (Appendix 5);
- Access to the competition area will only be allowed with the official registration card and only during the athletic competition;
- Sports bags will not be allowed in the competition area;
- Photo or video collection will be allowed if you're registered as press;
- Public is not allowed in the competition area;
- The calls will all be made in the Warmup Room;
- Coaches have to have minimum of 18 years. Sportswear is mandatory.

COMPETITION RULES - KATA

U8	U10	U12	U14
<p>Katas Básicos da Lista Oficial WKF: Taikyoku Shodan Heians (1-5) Gekisai (1-2) Pinans (1-5)</p> <p>Competitors can repeat the same kata in every round.</p>	<p>Basic Katas Official WKF List: Heians (1-5)* Gekisai (1-2)* Pinans (1-5)*</p> <p>Competitors should perform a minimum of 2 different basic katas, without repeating the kata performed in the last round.</p>	<p>Basic Katas Official WKF List Additional U12 Katas: Goju Ryu Shisochin, Seiyunchin/ Seienchin, Sanseru; Shito Ryu Seienchin/Seiyunchin, Bassai-Dai, Jion; Wado Ryu Kushanku, Chinto, Wanshu Shotokan Bassai-Dai, Jion, Enpi;</p> <p>In the first round the competitor should perform 1 basic kata from the Official WKF list. From the 2nd round on, the competitor can perform any kata from the above list. From the 4th round on, the competitor can repeat katas without repeating the previous. They cannot perform the same Kata more than 2 times</p>	<p>Official WKF List</p> <p>Competitors should perform 3 different katas in the first 3 rounds from the Official WKF List.</p> <p>From the 4th round on, the competitor can repeat katas without repeating the previous. They cannot perform the same Kata more than 2 times</p>

COMPETITION RULES - KUMITE

EQUIPMENT:

- Protections:
 - Gum shield, Mitts, Shin pads, Foot protector, Groin Guards (for men) and Breast protector (for women) are mandatory for all categories except U8 and U10
 - Body Protector Recommended for all categories;
- Kumite U8 (5 to 7 years) and U10 (8 to 9 years):
 - U8 and U10 kumite categories will have the same rules as the U12 official FNKP rules;
 - Bout duration: 1:00min
 - Mandatory Equipment: Gum shield and Mitts

WEIGHINGS:

- The weighings will be at the following times:
 - Friday - 17/02/2023 – from 20:00 to 22:00
 - Saturday - 18/02/2023 – from 9:00 to 11:00 and 13:00 to 15:00
- All weighings have to be carried out at least one hour before the beginning of the corresponding category in a specific room
- There will be a tolerance of 1kg with karate gi dressed up
- If the athlete is out of weight for which he / she was enrolled, he / she may pay an additional value of € 10 and sign up for the correct category as long as it's done until the day before his competition.

SCHEDULE

CATEGORIES	ESTIMATED SCHEDULE
KATA U8 to U14	Saturday (18/02) 9:00 - 13:00
KUMITE U8 to U14	Saturday (18/02) 13:00 - 19:00

Attention!

- Please note that this schedule can change based on the number of participants.
- A detailed schedule will be provided the week before the event.
- The official draws will be provided the day before the event.

TICKETS

- An entrance ticket is compulsory for general public, except Athletes and Coaches.
- Entry tickets for general public will be on sale at the venue.
- Ticket Price: 2€

PRIZE MONEY

Prize money will be awarded to the winner of each category according to the following table:

CATEGORY	PRIZE MONEY
U8 (5 to 7 years)	20 €
U10 (8 and 9 years)	20 €
U12 (10 and 11 years)	20 €
U14 (12 and 13 years)	20 €

All prizes will be offered as a voucher to be used in material offered by the sponsors

GENERAL INFORMATION

- Time zone: Greenwich Mean Time Zone – GMT
- Weather and climate: By force of its geographical location, *Lisbon* is one of the warmest European capitals, benefiting from a Mediterranean climate with notable subtropical characteristics. Its neighboring on the Atlantic Ocean, as well as the influences of the Tejo River, contribute to Lisbon's advantage of enjoying the warmest winters of all capital cities of Europe.
- Currency: The Portuguese currency is Euro. Foreign currencies can be exchanged at the airport, in banks, as well as in many foreign currency exchange offices which can be found all over the city.
- Communication: To call Portugal from abroad, dial the international code 00 followed by 351 for Portugal, then the number.
- Electricity : 220 Volts / 50 Hz

GENERAL CONTACTS

- Police and Emergency number – 112
- Nearest hospital:
 - Hospital Santa Maria
 - Address - Av. Prof. Egas Moniz
 - Phone number - 21 780 5000

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