

provisonally training schedule

INTERNATIONAL
RHEIN SHIAI

friday, january 6th

19.00-20.00h 1st training/sparring session

Christian Grüner



Bitburger Event Center

saturday, january 7th

09.00-10.15h 2nd training/sparring session
10.30-11.45h 3rd training/sparring session
12.00-13.15h 4th training/sparring session
13.30-14.45h 5th training/sparring session
15.00-16.15h 6th training/sparring session
16.30-17.45h 7th training/sparring session

Sensei Salah Mesnaoui
Sensei Rodolfo Rodriguez Blanco
Sensei Salah Mesnaoui
Sensei Rodolfo Rodriguez Blanco
Sensei Salah Mesnaoui
Sensei Rodolfo Rodriguez Blanco



Bitburger Event Center
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sunday, january 8th

08.00-09.00h 8th training/sparring session

Christian Grüner



ring arena



important information:

All training/sparring-sessions are free for all participants and coaches. They'll provide world-class Kumite-training in order to improve tactical skills and fighting experience. The participation in all training-sessions is optional. You're open to attend the training as much you like. Please note: The organizer will not take any responsibilities for injuries.

Changes in the training schedule are possible. In that case the organizer will inform you briefly.