

**KARATE
SCOTLAND**

Karate Scotland National Championships

26 November 2023, Ravenscraig Regional Sports Facility



CATEGORIES

KATA - INDIVIDUAL			
Category	Code	Category	Code
Under 8 Yrs Mixed - 9th Kyu – 5th Kyu	KA01	Under 8 Yrs Mixed - 4th Kyu & Above	KA02
8yrs – 9yrs Mixed - 9th Kyu – 5th Kyu	KA03	8yrs – 9yrs Mixed - 4th Kyu & Above	KA04
10yrs – 11yrs Mixed - 9th Kyu – 5th Kyu	KA05	10yrs – 11yrs Mixed - 4th Kyu & Above	KA06
12yrs – 13yrs Boys - 9th Kyu – 5th Kyu	KA07	12yrs – 13yrs Girls- 9th Kyu – 5th Kyu	KA08
12yrs – 13yrs Boys - 4th Kyu & Above	KA09	12yrs – 13yrs Girls - 4th Kyu & Above	KA10
Female Cadet Kata	KA11	Male Cadet Kata	KA12
Female Junior Kata	KA13	Male Junior Kata	KA14
Female U21 Kata	KA15	Male U21 Kata	KA16
Female Senior Kata	KA17	Male Senior Kata	KA18
Female Veteran Kata	KA19	Male Veteran Kata	KA20

KATA - PARA INDIVIDUAL			
Category	Code	Category	Code
Para Kata - all ages	KA21		

CHILDREN U14 KUMITE - INDIVIDUAL			
Category	Code	Category	Code
Boys – Under 4ft - All Grades	KU01	Girls – Under 4ft - All Grades	KU02
Boys – Under 4ft 5” – 9th Kyu to 5th Kyu	KU03	Boys – Under 4ft 5” – 4th Kyu & Above	KU04
Girls – Under 4ft 5” – 9th Kyu to 5th Kyu	KU05	Girls – Under 4ft 5” – 4th Kyu & Above	KU06
Boys – Under 4ft 10” – 9th Kyu to 5th Kyu	KU07	Boys – Under 4ft 10” – 4th Kyu & Above	KU08
Girls – Under 4ft 10” – 9th Kyu to 5th Kyu	KU09	Girls – Under 4ft 10” – 4th Kyu & Above	KU10
Boys – Under 5ft 2” – 9th Kyu to 5th Kyu	KU11	Boys – Under 5ft 2” – 4th Kyu & Above	KU12
Girls – Under 5ft 2” – 9th Kyu to 5th Kyu	KU13	Girls – Under 5ft 2” – 4th Kyu & Above	KU14
Boys – Over 5ft 2” – 9th Kyu to 5th Kyu	KU15	Boys – Over 5ft 2” – 4th Kyu & Above	KU16
Girls – Over 5ft 2” – 9th Kyu to 5th Kyu	KU17	Girls – Over 5ft 2” – 4th Kyu & Above	KU18

CADET KUMITE 14-15 YEARS			
Category	Code	Category	Code
Female Cadet Kumite 14-15yrs -47Kg	KU19	Male Cadet Kumite 14-15yrs -52Kg	KU20
Female Cadet Kumite 14-15yrs -54Kg	KU21	Male Cadet Kumite 14-15yrs -57kg	KU22
Female Cadet Kumite 14-15yrs -61Kg	KU23	Male Cadet Kumite 14-15yrs -63Kg	KU24
Female Cadet Kumite 14-15yrs +61Kg	KU23B	Male Cadet Kumite 14-15yrs -70Kg	KU26
Female Cadet Kumite Open Weight	KU25	Male Cadet Kumite 14-15yrs +70kg	KU27
		Male Cadet Kumite Open Weight	KU28

JUNIOR KUMITE 16 -17 YEARS

Category	Code		Category	Code
Female Junior Kumite 16-17yrs -48Kg	KU29		Male Junior Kumite 16-17yrs -55Kg	KU30
Female Junior Kumite 16-17yrs -53Kg	KU31		Male Junior Kumite 16-17yrs -61Kg	KU32
Female Junior Kumite 16-17yrs -59Kg	KU33		Male Junior Kumite 16-17yrs -68Kg	KU34
Female Junior Kumite 16-17yrs -66Kg	KU35		Male Junior Kumite 16-17yrs -76Kg	KU36
Female Junior Kumite 16-17yrs +66Kg	KU35B		Male Junior Kumite 16-17yrs +76Kg	KU38
Female Junior Kumite Open Weight	KU37		Male Junior Kumite Open Weight	KU39

UNDER 21 KUMITE

Category	Code		Category	Code
Female U21 Kumite -50Kg	KU40		Male U21 Kumite -60Kg	KU41
Female U21 Kumite -55Kg	KU42		Male U21 Kumite -67Kg	KU43
Female U21 Kumite -61Kg	KU44		Male U21 Kumite -75Kg	KU45
Female U21 Kumite -68Kg	KU46		Male U21 Kumite -84Kg	KU47
Female U21 Kumite +68Kg	KU48		Male U21 Kumite +84Kg	KU49
Female U21 Kumite Open Weight	KU50		Male U21 Kumite Open Weight	KU51

SENIOR KUMITE

Category	Code		Category	Code
Female Senior Kumite -50Kg	KU52		Male Senior Kumite -60Kg	KU53
Female Senior Kumite -55Kg	KU54		Male Senior Kumite -67Kg	KU55
Female Senior Kumite -61Kg	KU56		Male Senior Kumite -75Kg	KU57
Female Senior Kumite -68Kg	KU58		Male Senior Kumite -84Kg	KU59
Female Senior Kumite +68Kg	KU60		Male Senior Kumite +84Kg	KU61
Female Senior Kumite Open Weight	KU62		Male Senior Kumite Open Weight	KU63

VETERAN OPEN KUMITE

Category	Code		Category	Code
Female Veteran (35yrs+) & Snr Kyu Grade Kumite – Open weight	KU64		Male Veteran (35yrs+) & Snr Kyu Grade Kumite – Open weight	KU65

IMPORTANT NOTES

IMPORTANT NOTES FOR COACHES:

Only NGB accredited coaches with National level tatami passes are permitted in the tatami area. Coaching passes must be worn and visible before being permitted access to the tatami area.

Anyone wishing to coach at the tatami during the event will have to have NGB accreditation to prove they are aware of the required rules, responsibilities and expected conduct. **Without this accreditation a coach pass will not be issued by the event organiser.** All coaches must register via Sportdata.

Coach: Dress code

Coaches must be in association tracksuits and clearly display their coaching ID badge. Inappropriate dress, as deemed by the chief referee, will be refused access to the competition area. Only coaches adhering to the correct dress code and in possession of a coaching pass will be allowed on the competition area.

Coach: Medical

We record every injury that gives us the slightest concern, however symptoms often occur after the incident and we would ask that the coach or representative informs the medical team of any concerns he or she has at the time of the incident, or anytime after, no matter how trivial it may seem.

We intend to have Repechage for WKF CADET, JUNIOR and SENIOR Individual Kata and Kumite categories. However the chief referee has the authority to withdraw repechage if the time frame becomes critical.

Insurance: It is the responsibility of each individual, or parent / guardian of a competitor if under 18 years of age, to have their own insurance cover for the event. Please advise your competitors accordingly regarding insurance cover. It is the responsibility of the clubs/coaches to ensure that all competitors are aware of this and have been advised of adequate cover. Association/club parental consent to compete is also required. This is the responsibility of the association.

Health and Safety issues have been discussed and we try to plan for every eventuality. However this is a busy tournament and due care and attention is required in all areas. Would all coaches/parents ensure their children are properly chaperoned. Karate matches are performed in bare feet, please ensure proper footwear is used in the arena and surrounding areas, especially approaching the mats.

Social Media: We may use Photographs/Video footage of the event for promotional and educational material for our social media platforms including our website. By participating in the event you are consenting to your image being used for social media purposes.

Disclaimer: Karate is a martial art and contact sport. People can and do get injured and we cannot accept responsibility for any such injury, loss or accident arising from your participation in our training, competitions or associated activities and ask that you are aware, agree and accept this by entering or giving permission to enter this event. We should also be notified, in writing, of any medical condition that may have relevance to their participation in karate.

If you require any further information or assistance then please contact karatescotlandevents@gmail.com



Competitor, Coach & Referee Registration is via Sportdata

Please note these championships are open to WKF affiliated members only

- Competitor entries will only be accepted via club/association and not from individuals.
- Referee registration should be entered via club/association.
- It is the responsibility of coaches to ensure that all competitors are registered and are in the correct categories.
- Any competitor registered incorrectly will not be allowed to compete.
- Competitors are only allowed to compete in their own age/weight/height category and are not allowed to move up a category.
- No late entries will be permitted
- Only coaches with National level NGB Tatami passes will be permitted to coach at Karate Scotland events.

Should certain categories fail to meet an acceptable number of entries, or indeed an excess of entries, the event team reserve the right to alter/merge these categories to maintain the integrity of the competition.

Coach Registration: All coaches must register online via Sportdata before the closing date. Coach passes will only be issued on the day to coaches who are NGB accredited and pre-registered via SportData.

Referee Registration: All referees must be registered online via Sportdata before the closing date.

ENTRY FEES

Competitor		Spectator Entry Fees – PAY ON THE DAY	
Individual Events	£20	Child single	£5
		Adult Single	£10

Closing Date for entries and payment of entry fees is 11 November 2023.
Entry fees are non refundable

All payments should be made by PayPal via Sportdata. This is Karate Scotland's preferred method of payment.

Rules of the day

The event will start at 8.30am with staggered start times throughout the day. A full event schedule confirming start times will be published on Sportdata prior to the event.

Competitors in the first categories of the day should be ready to start at 8.30am prompt. **For all other categories competitors should be in the arena a minimum of 1 hour prior to category scheduled start time.** Should the event run ahead of schedule category start times may be brought forward.

The following WKF approved equipment is compulsory:

- a) WKF approved mitts, one competitor wearing red and the other wearing blue.
- b) Gum shield.
- c) WKF approved body protector (respectively male and female design as applicable)
- d) WKF approved shin pads, one competitor wearing red and the other wearing blue.
- e) WKF approved foot protection, one competitor wearing red and the other wearing blue.
- f) WKF approved groin guards for men.

Glasses are forbidden. Soft contact lenses can be worn at the competitor's own risk.

Kata

Scoring will be by flag system.

U14 years Novice - 9th Kyu – 5th Kyu	Heian/Pinan kata only	Can repeat
U14 years Advanced - 4th Kyu & Above	Free choice of kata	Can alternate between a minimum of two kata
Para Kata	Free choice of kata	Can repeat
WKF categories 14 years+	WKF approved list	Different kata each round

Kumite

U14 years and Veteran Bout duration: 1.30 minutes

WKF point scoring rules but no contact will be allowed to the head, face or neck with either the hands or feet. Any contact however slight, will be penalised.

WKF point scoring rules and times for all WKF Kumite categories

Weight/Height check in & Licence check

We will operate weight/height & licence checks. Any competitor found registered in the incorrect category will not be allowed to compete. We cannot move competitors to another category if they fail the weight/height checks.

All competitors must produce a valid licence on the day of the competition. If licence is not valid or not presented you will not be allowed to compete.

Chief Referee:

Mr Robert McQueen