



Tvirtinu:
LKF prezidentas
Andrius Danilaitis

LITHUANIA OPEN - 2024 **(K1 Style, Low-kick,** **Full-contact)**

1. Organization and execution

Tournament is organized by Lithuanian Kickboxing Federation. The tournament fights will be held under the WAKO kickboxing K1 Style, Low-kick and Full-contact rules. Registration will be done through the <https://www.sportdata.org/> from 2024.03.04 till 2024.04.16 (must have Rsportz account).

2. Time and place

The tournament will take place on 2024.04.19-21.

Address: LSC sports complex „Druskininkai“ M. K. Čiurlionio street 115A, Druskininkai.

2024-04-19	17 ⁰⁰ -19 ⁰⁰	– registration, weighing, pairing
2024-04-20	10 ⁰⁰ -11 ⁰⁰	– seminar for referees and coaches
2024-04-20	11 ⁰⁰	– preliminary fights, semifinals
2024-04-21	11 ⁰⁰	– finals

3. Requirements for participants

Starting fee – 40 Eur.

Lietuvos kimbokso federacija s. n. LT417300010175536338

Purpose of transfer: 2024.04.19-21 Lithuania Open 2024 „Clubname“, name and surname.

- valid medical examination certificate and an insurance policy.
- identity document.
- underage participants must have parental agreement.
- for female non-pregnancy declaration
- do not use illegal drugs.

4. Participants

The tournament fights will be held under the WAKO kickboxing K1 Style, Low-kick and Full-contact rules.

K1 Style, Low-kick age groups: 2008-2009 year of birth, 2006-2007 year of birth, 1984-2005 year of birth.

Weight categories 2008-2009 year of birth (male): -42 kg, -45 kg, -48 kg, -51 kg, -54 kg, -57 kg, -60 kg, -63,5 kg, -67 kg, -71 kg, -75 kg, -81 kg, +81 kg

Weight categories 2008-2009 year of birth (female): -36 kg, -40 kg, -44 kg, -48 kg, -52 kg, -56 kg, -60 kg, +60 kg

Weight categories 2006-2007 year of birth, 1984-2005 year of birth (male): -51 kg, -54 kg, -57 kg, -60 kg, -63.5 kg, -67 kg, -71 kg, -75 kg, -81 kg, -86 kg, -91 kg, +91 kg

Weight categories 2006-2007 year of birth, 1984-2005 year of birth (female): -48 kg, -52 kg, -56 kg, -60 kg, -65 kg, -70 kg, +70 kg

Full-contact age groups: 2006-2007 year of birth, 1984-2005 year of birth.

Weight categories 2006-2007 year of birth (male): -71 kg

Weight categories 1984-2005 year of birth (male): -63.5 kg, -67 kg, -75 kg, -81 kg,

5. Accommodation

Accommodation are booked by submitting an application to the representatives of the Lithuanian Kickboxing Federation: info@kickboxing.lt indicating the number of places.

6. Equipment

All participants must have their own protective gear and uniform according to WAKO rules <http://www.wakoweb.com>

7. Awarding

Tournament winners and prizewinners are awarded with medals, diplomas and special prizes.