

WAKO TRINIDAD & TOBAGO & PKATT SPORT MARTIAL ARTS ASSOCIATION  
PRESENT



# WAKO PAN AMERICAN KICKBOXING CHAMPIONSHIPS

CADETS & JUNIORS



NORTH, CENTRAL AMERICA AND CARIBBEAN



**JULY 11 - JULY 16, 2023**

**CENTRE OF EXCELLENCE • MACOYA • TRINIDAD**



# WAKO

**NORTH, CENTRAL AND CARIBBEAN OPEN**

# PAN AMERICAN KICKBOXING CHAMPIONSHIPS



POINT FIGHTING  
LIGHT CONTACT  
KICK LIGHT  
CREATIVE FORMS  
CREATIVE WEAPONS  
MUSICAL FORMS  
MUSICAL WEAPONS

FULL CONTACT  
LOW KICK  
K1

TATAMI & RING  
**ALL AGES**

**JULY 11-16 2023**

CENTRE OF EXCELLENCE - MACOYA - TRINIDAD and TOBAGO



# Official invitation

Dear members,

It's a great pleasure to invite all to participate in this special event: the Pan American Cadet and Junior Championships, and the North, Central American and Caribbean Open, which will take place from the 11th to the 16th of July 2023.

For the first time in history, WAKO Panam will organize Panam Championship only for younger athletes. I think it will be a good experience for them.



This historical event is one of the actions we are taking in this region of our continent. It is part of our plans for our sports development to increase WAKO kickboxing in all Countries of the Americas.

The organization, WAKO Trinidad and Tobago and its president Martin Mc Clashie are making maximum efforts to take care of all details for this ground-breaking event to make it a fantastic and unforgettable experience.

We are waiting for you in Trinidad and Tobago.

A handwritten signature in blue ink that reads 'Zorello'.

Paulo Zorello  
Presidente

**Paulo Zorello**  
Confederação Brasileira de Kickboxing  
Presidente

Confederação Panamericana de Kickboxing  
Presidente

WAKO IF  
Vice Presidente

# Official invitation

Dear Friends.

WAKO Trinidad and Tobago takes great pride and pleasure in hosting the first double header in the Pan American region; the WAKO Panam Cadets and Juniors Championship and the WAKO North, Central America and Caribbean Championship scheduled to take place on the 11<sup>th</sup> – 16<sup>th</sup> July, 2023 at the Centre of Excellence, Macoya.



It gives us great pleasure to welcome you all to Trinidad and Tobago to participate in these events.

We will like to express our appreciation to Panam President Paulo Zorello, for his support and assistance with this event, he has encouraged and advised us along the way. And for that we thank him greatly.

We hereby extend an open invitation to all WAKO members, come and be part of a great Caribbean experience.

Regards

A handwritten signature in blue ink that reads "M. J. Mc Clashie". The signature is written in a cursive style and is set against a light grey rectangular background.

Martin J. Mc Clashie  
President  
WAKO Trinidad and Tobago  
PKATT Sport Martial Arts Association

# Hotel Rates

## WAKO PAN AMERICAN CADETS AND JUNIORS CHAMPIONSHIPS

Date: **July 11-16, 2023**

Location: Centre of Excellence, Macoya

ATHLETES' & GUESTS' ACCOMMODATION All rates are per person, per night and include breakfast, lunch, dinner.

**3 Star Hotel:**

Single \$165.00 U.S. / Double U.S. \$135.00 / Triple U.S. \$110.00

**Superior 3 Star Hotel:**

Single \$190.00 U.S. / Double U.S. \$145.00

**4 Star Hotel:**

Single \$195.00 U.S. / Double U.S. \$155.00

# General information

## DATE:

From Tuesday 11<sup>th</sup>, until Sunday 16th July, 2023

## VENUE

Centre of Excellence

## CATAGORIES

### TATAMI SPORT

Point Fighting

Light Contact

Kick Light

Musical Forms / Weapons

Creative forms / Weapons

## COMPETITOR ENTRY FEE:

\$83.00 USD. Per Modality

Point Fighting Team:

## AWARDS:

Medal will be awarded to the first, second and two third places for each division, according to the Olympic system.

## ATHLETES

**All athletes, coaches and judges must stay at the designated hotel**, its mandatory.

Accommodation must be at least 6 nights & 743 days; the hotel rate will be respected 3 days before and 3 days after the event.

**Hotel reservation and payment must be done by WAKO National representative through WAKO Trinidad and Tobago**

- Confirm you reservation paying 25% of the total amount by 31<sup>st</sup> March.
- Another payment of 25% should be done by 31st May.
- Balance to Complete payment must be done by 30th June, 2018.

The athlete must be part of its kickboxing national Team.

Tatami athletes could participate in one or more categories: Point Fighting, Light Contact, Kick Light and Musical Forms.

Athletes will compete according their age on the day of competition registration.

# General information

## COMPETITION REGISTRATION:

Competition registration and payment must be done by WAKO National representative, through WAKO TRINIDAD AND TOBAGO.

### ONLINE REGISTRATION

Will open on Monday 12<sup>th</sup> June and will close on Saturday 1<sup>st</sup>. July. It is essential to have a membership at **RSportz** in your country to be able to register on the **Sportdata** platform.

No competition registrations will be acceptable after that date!

Each National WAKO President must make the registration of his National Team

## SAFETY:

The athlete must have the full protective equipment specified in the **WAKO IF regulation** according to the category in which they will participate.

The athlete must provide a medical certificate not exceeding 30 days, signed by a doctor confirming that before leaving his country the athlete is in good physical condition and does not suffer from any injury, infection or disability that may affect his ability to compete. It must be delivered printed on the day of registration.

## TRANSIENT:

Point not covered by this brochure will be resolved by the Organizing Committee.

## CONTACT:

WAKO Trinidad and Tobago:  
Mobile: 1 868 757 2519 / 1 868 346 3891  
Email: wakotrinidadtobago@yahoo.com

# Programme

## Tuesday 11<sup>th</sup> July

9:00 am – 6:00 pm	Competition registration, weigh in and medical control. Hotel Check-in
2:00 pm – 4:00 pm	International referee Revision / Briefing Technical committee
6:00 pm – 8:00 pm	Welcome Cocktail

## Wednesday 12<sup>th</sup> July

10:00 am – 11:00 am	Opening Ceremony
12:00 noon – 7:00 pm	Competition
6:00 pm	Award Ceremony
8:00 pm – 11 pm	

## Thursday 13<sup>th</sup> July

9:00 am until	Competition
6:00 pm	Award Ceremony
8:30	Dinner with the Presidents

## **Friday 14<sup>th</sup> July**

**9:00 am** until

Competition

**10:00 am**

Weigh in for ring athlete

**6:00 pm**

Award Ceremony

## **Saturday 15<sup>th</sup> July**

**9:00 am** until

Competition

**6:00 pm**

Award Ceremony

## **Sunday 16<sup>th</sup> July**

**9:00 am** until

Competition Finals

**6:00 pm**

Award Ceremony

**7:00 pm**

**Closing Ceremony / After Party**

# Age Catagories

TATAMI CATAGORIES	AGES			YEARS OF BIRTH		
CHILDREN	7	8	9	2016	2015	2014
YOUNGER CADETS	10	11	12	2013	2012	2011
OLDER CADETS	13	14	15	2010	2009	2008
JUNIORS	16	17	18	2007	2006	2005
SENIORS	19	TO	40	1983	TO	2004
MASTERS	41	TO	55	1968	TO	1982

RING		
JUNIORS	15 & 16	17 & 18
SENIORS	19 TO 40	

# Catagories & Divisions

## CREATIVE FORMS / MUSICAL FORMS

7-9 years	
MALE	FEMALE

10-12 years	
MALE	FEMALE

13-15 years	
MALE	FEMALE

16-18 years	
MALE	FEMALE

# Catagories & Divisions

## POINT FIGHTING

7-9 YEARS POINT FIGHTING	
MALE	FEMALE
-18 kg	-18 kg
-21 kg	-21 kg
-24 kg	-24 kg
-27 kg	-27 kg
-30 kg	-30 kg
-33 kg	-33 kg
-36 kg	-36 kg
+36 kg	+36 kg

10 -12 YEARS POINT FIGHTING	
MALE	FEMALE
- 28 Kg	- 28 Kg
- 32 Kg	- 32 Kg
- 37 Kg	- 37 Kg
- 42 kg	- 42 kg
- 47 kg	- 47 kg
+ 47 kg	+ 47 kg

13 -15 YEARS POINT FIGHTING	
MALE	FEMALE
-32 kg	-32 kg
-37 kg	-37kg
-42 kg	-42 kg
-47 kg	-46 kg
-52 kg	-50 kg
-57 kg	-55 kg
-63 kg	-60 kg
-69 kg	-65 kg
+69 kg	+65 kg

16 -18 YEARS POINT FIGHTING	
MALE	FEMALE
-57 kg	- 50 kg
-63 kg	- 55 kg
-69 kg	- 60 kg
-74 kg	- 65 kg
-79 kg	- 70 kg
-84 kg	+ 70 kg
-89 kg	
-94 kg	
+ 94 kg	

19 -40 YEARS POINT FIGHTING	
MALE	FEMALE
-57 kg	-50 kg
-63 kg	-55 kg
-69 kg	-60 kg
-74 kg	-65 kg
-79 kg	-70 kg
-84 kg	+70 kg
-89 kg	
-94 kg	
+94 kg	

VETERANS 41-55 POINT FIGHTING	
MALE	FEMALE
-63 kg	-55 kg
-74 kg	-60 kg
-84 kg	-65 kg
-94 kg	
+ 94 kg	

## LIGHT CONTACT

13 -15 YEARS LIGHT CONTACT	
MALE	FEMALE
-32 kg	-32 kg
-37 kg	-37kg
-42 kg	-42 kg
-47 kg	-46 kg
-52 kg	-50 kg
-57 kg	-55 kg
-63 kg	-60 kg
-69 kg	-65 kg
+69 kg	+65 kg

16 -18 YEARS LIGHT CONTACT	
MALE	FEMALE
-57 kg	- 50 kg
-63 kg	- 55 kg
-69 kg	- 60 kg
-74 kg	- 65 kg
-79 kg	- 70 kg
-84 kg	+ 70 kg
-89 kg	
-94 kg	
+ 94 kg	

19 -40 YEARS LIGHT CONTACT	
MALE	FEMALE
-57 kg	-50 kg
-63 kg	-55 kg
-69 kg	-60 kg
-74 kg	-65 kg
-79 kg	-70 kg
-84 kg	+70 kg
-89 kg	
-94 kg	
+94 kg	

VETERANS 41-55 POINT FIGHTING	
MALE	FEMALE
-63 kg	-55 kg
-74 kg	-60 kg
-84 kg	-65 kg
-94 kg	
+ 94 kg	

## KICK LIGHT

13 -15 YEARS KICK LIGHT	
MALE	FEMALE
-32 kg	-32 kg
-37 kg	-37kg
-42 kg	-42 kg
-47 kg	-46 kg
-52 kg	-50 kg
-57 kg	-55 kg
-63 kg	-60 kg
-69 kg	-65 kg
+69 kg	+65 kg

16 -18 YEARS KICK LIGHT	
MALE	FEMALE
-57 kg	- 50 kg
-63 kg	- 55 kg
-69 kg	- 60 kg
-74 kg	- 65 kg
-79 kg	- 70 kg
-84 kg	+ 70 kg
-89 kg	
-94 kg	
+ 94 kg	

19 -40 YEARS KICK LIGHT	
MALE	FEMALE
-57 kg	-50 kg
-63 kg	-55 kg
-69 kg	-60 kg
-74 kg	-65 kg
-79 kg	-70 kg
-84 kg	+70 kg
-89 kg	
-94 kg	
+94 kg	

VETERANS 41-55 KICK LIGHT	
MALE	FEMALE
-63 kg	-55 kg
-74 kg	-60 kg
-84 kg	-65 kg
-94 kg	
+ 94 kg	

## FULL CONTACT - LOW KICK - K1 STYLE

15 & 16 YEARS	
MALE	FEMALE
-42 kg	-36 kg
-45 kg	-40 kg
-48 kg	-44 kg
-51 kg	-48 kg
-54 kg	-52 kg
-57 kg	-56 kg
-60 kg	-60 kg
-63.5 kg	+60 kg
-67 kg	
-71 kg	
-75 kg	
-81 kg	
+81 kg	

17 & 18 YEARS	
MALE	FEMALE
-51 kg	- 48 kg
-54 kg	- 52 kg
-57 kg	- 56 kg
-60 kg	- 60 kg
-63.5 kg	- 65kg
-71 kg	- 70 kg
-75 kg	+70 kg
-81 kg	
- 86kg	
-91 kg	
+91 kg	

19 - 40 YEARS	
MALE	FEMALE
-51 kg	-48 kg
-54 kg	-52 kg
-57 kg	-56 kg
-60 kg	-60 kg
-63.5 kg	-65 kg
-67 kg	-70 kg
-71 kg	+70 kg
-75 kg	
-81 kg	
-86 kg	
-91 kg	
+91 kg	

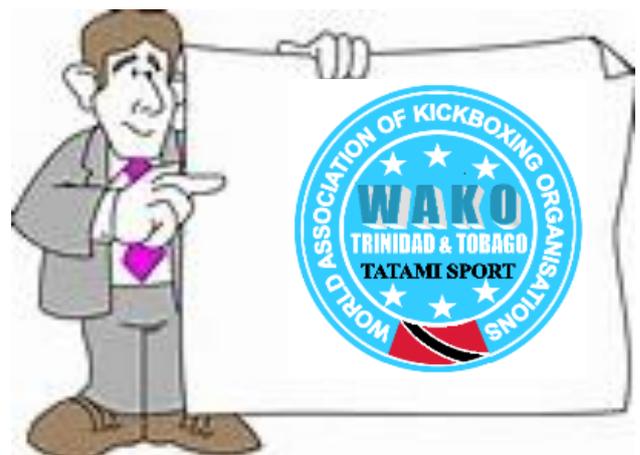
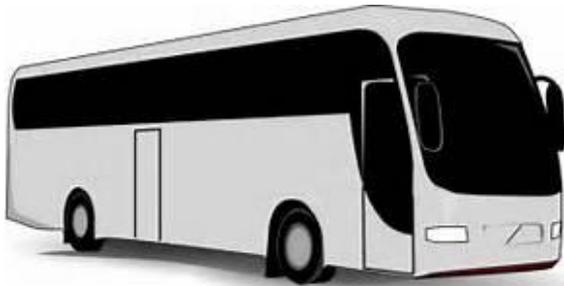
# Transportation

## AIRPORT

PIARCO  
INTERNATIONAL AIRPORT  
TRINIDAD

## TRANSPORTATON

Airport – Hotel – Airport  
40 USD per person



# General

## FLAG AND NATIONAL ANTHEM

Each participating country must bring 2 (two) flags, size 90 x 130 cm and a CD with their National anthem. The flag and CD are handed in at registration and will be returned to each participant after the competition.

## ORGANIZER'S INFORMATION

### HOTEL CHECK IN:

Time for check-in at HOST HOTEL is specified in the program.

Hotel reservation and payment must be done by WAKO National representative, through WAKO Trinidad and Tobago starting on

**Confirm you reservation paying 35% of the total amount by 15th May.**

- **Another payment of 35% should be done by 15th June.**
- **Balance 30 % to Complete payment must be done by 3rd July**

### TRANSPORTATION:

**Airport – Hotel – Airport = 40 USD per person**

Each National WAKO representative must send their National Team itinerary with all the information airline, flight number, arrival date and hour. This must be included into the “room list format”.

