

TOKON HJØRRING KARATE(TOKON KARATE) / SWEDISH KARATE OPEN 2024 - 2024-03-09								
	Tatami 1	Tatami 2	Tatami 3	Tatami 4	Tatami 5	Tatami 6		
07:30	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)		
07:35								
07:40								
07:45								
07:50								
07:55								
08:00								
08:05								
08:10								
08:15								
08:20								
08:25								
08:30	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)			
08:35								
08:40								
08:45								
08:50								
08:55								
09:00	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)			
09:05								
09:10	KATA FEMALE JUNIOR (7) Pool 1/2 09:10 - 09:45	KATA FEMALE JUNIOR (7) Pool 2/2 09:10 - 09:45	Kata Male Junior (6) Pool 1/2 09:10 - 09:40	Kata Male Junior (6) Pool 2/2 09:10 - 09:40	KATA GIRLS 12 YEARS (12) 09:10 - 10:25	PARAKARATE INDIVIDUAL MIXED CHILDREN (5) 09:10 - 09:40		
09:15								
09:20			Kata Male Junior (3) Repechage 1 09:40 - 09:50	Kata Male Junior (3) Repechage 2 09:40 - 09:50		KATA GIRLS 10 YEARS (7) 09:40 - 10:20		
09:25								
09:30			Kata Male Junior (2) Final					
09:35								
09:40	KATA FEMALE JUNIOR (3) Repechage 1 09:45 - 09:55	KATA FEMALE JUNIOR (3) Repechage 2 09:45 - 09:55						
09:45		Kata Male Senior (13) Pool 1/2 09:55 - 11:05	Kata Male Senior (12) Pool 2/2 09:55 - 10:55					
09:50	KATA FEMALE JUNIOR (2) Final					KATA GIRLS 13 YEARS (13) 10:25 - 11:45	KATA BOYS 10 YEARS (5) 10:20 - 10:50	
09:55								
10:00	Kata Female Senior (19) Pool 1/2 10:00 - 11:40		Kata Female Senior (19) Pool 2/2 10:00 - 11:40				KATA GIRLS 11 YEARS (5) 10:50 - 11:20	
10:05								
10:10		Kata Male Senior (4) Repechage 1 11:05 - 11:20	Kata Male Senior (4) Repechage 2 10:55 - 11:10		KATA BOYS 11 YEARS (4) 11:20 - 11:35			
10:15								
10:20		Kata Male Senior (2) Final	Kata male Cadet (9) Pool 2/2 11:10 - 11:55	KATA BOYS 13 YEARS (4) 11:45 - 12:00	KATA BOYS 12 YEARS (7) 11:35 - 12:15			
10:25								
10:30		Kata male Cadet (9) Pool 1/2 11:25 - 12:10	Kata male Cadet (4) Repechage 2 11:55 - 12:10					
10:35								
10:40		Kata Female Senior (5) Repechage 1 11:40 - 12:05	Kata Female Senior (5) Repechage 2 11:40 - 12:05	Kata male Cadet (4) Repechage 1 12:10 - 12:25	LUNCH 12:10 - 12:40 (00:30)	LUNCH 12:00 - 12:30 (00:30)		
10:45								
10:50	Kata Female Senior (2) Final		Kata male Cadet (2) Final		LUNCH 12:15 - 12:45 (00:30)			
10:55								
11:00	KATA female cadets (8) Pool 2/2 12:10 - 12:50	KATA female cadets (9) Pool 1/2 12:05 - 12:50	LUNCH 12:30 - 13:00 (00:30)	KUMITE GIRLS 11 YEARS -148 cm (6) 12:30 - 13:05	KUMITE GIRLS 10 YEARS -142 cm (5) 12:45 - 13:15			
11:05								
11:10								
11:15								
11:20	KATA female cadets (4) Repechage 2 12:50 - 13:05	KATA female cadets (4) Repechage 1 12:50 - 13:05						
11:25								
11:30	KATA female cadets (2) Final							
11:35								
11:40	LUNCH 13:10 - 13:40 (00:30)	LUNCH 13:05 - 13:35 (00:30)	KUMITE GIRLS 13 YEARS -160 cm (9) 13:00 - 14:00	KUMITE GIRLS 13 YEARS +160 cm (9) 12:40 - 13:40	KUMITE BOYS 13 YEARS -164 cm (12) 13:05 - 14:20	KUMITE BOYS 13 YEARS +164 cm (11) 13:15 - 14:25		
11:45								
11:50								
11:55								
12:00								
12:05								
12:10	KUMITE BOYS 12 YEARS -154 cm (9)	KUMITE BOYS 12 YEARS +154 cm (10)						
12:15								
12:20								
12:25								
12:30								
12:35								
12:40								
12:45								
12:50								
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13:00								
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	Tatami 1	Tatami 2	Tatami 3	Tatami 4	Tatami 5	Tatami 6					
13:45	13:40 - 14:40	13:35 - 14:40		13:40 - 14:40							
13:50											
13:55											
14:00											
14:05											
14:10											
14:15											
14:20			KUMITE BOYS 11YEARS -145 cm (7) 14:00 - 14:40								
14:25											
14:30											
14:35				KUMITE GIRLS 10 YEARS +142 cm (5) 14:20 - 14:50	KUMITE GIRLS 11 YEARS +148 cm (5) 14:25 - 14:55						
14:40	KUMITE BOYS 10YEARS +148 cm (6) 14:40 - 15:15	KUMITE BOYS 10YEARS -148 cm (5) 14:40 - 15:10	KUMITE GIRLS 12 YEARS +154 cm (6) 14:40 - 15:15	KUMITE GIRLS 12 YEARS -154 cm (5) 14:40 - 15:10							
14:45											
14:50											
14:55											
15:00											
15:05											
15:10											
15:15						Kumite Male Cadet -57kg (6) 15:10 - 15:45	Kumite Female Junior -48 kg (2)	Kumite Male Cadet -52kg (13) 15:10 - 16:25	Kumite Female Cadet -54 kg (17) 14:50 - 16:35		
15:20											
15:25					Kumite Female Senior -55 kg (4) 15:25 - 15:40		Kumite Female Junior -53 kg (7) 15:20 - 16:00				
15:30											
15:35											
15:40											
15:45	Kumite Male Junior -55 kg (3) 15:45 - 15:55										
15:50	Kumite Male Junior -61 kg (3) 15:55 - 16:05										
15:55											
16:00	Kumite Female Senior -61 kg (8) 15:40 - 16:30	Kumite Female Junior -59 kg (7) 16:00 - 16:40									
16:05											
16:10											
16:15											
16:20											
16:25											
16:30					Kumite Male Junior -68 kg (9) 16:05 - 17:00						
16:35											
16:40											
16:45					KUMITE FEMALE JUNIOR -66 KG (4) 16:40 - 16:55	Kumite Male Cadet -63kg (14) 16:25 - 17:45	KUMITE FEMALE CADET -61 KG (11) 16:35 - 17:40				
16:50											
16:55											
17:00	Kumite female Juniors +66kg (4) 16:55 - 17:10										
17:05	Kumite Male Senior -60 kg (2)										
17:10											
17:15	Kumite Male Junior -76kg (8) 17:00 - 17:45										
17:20											
17:25											
17:30	Kumite Female Senior + 68kg (5) 17:15 - 17:50										
17:35											
17:40											
17:45	Kumite Male Senior - 84kg (7) 17:50 - 18:35	Kumite Male Junior +76kg (6) 17:45 - 18:20	Kumite Male Senior - 75kg (5) 17:50 - 18:25	Kumite Male Cadet -70kg (9) 17:45 - 18:40	Kumite female Cadets +61kg (12) 17:40 - 18:50						
17:50											
17:55											
18:00											
18:05											
18:10											
18:15											
18:20											
18:25						Kumite Male Senior + 84kg (5) 18:20 - 18:55	Kumite Male Cadet +70kg (6) 18:25 - 19:00				
18:30											
18:35											
18:40											
18:45											
18:50											
18:55											
19:00	END OF COMPETITION 19:00 - 19:30 (00:30)	END OF COMPETITION 19:00 - 19:30 (00:30)	END OF COMPETITION 19:00 - 19:30 (00:30)	END OF COMPETITION 19:00 - 19:30 (00:30)	END OF COMPETITION 19:00 - 19:30 (00:30)						END OF COMPETITION 19:00 - 19:30 (00:30)
19:05											
19:10											
19:15											
19:20											
19:25											