

GYMNASTIK OCH ATLETKLUBBEN ENIGHET(GAK  
ENIGHET) / SWEDISH KARATE OPEN 2024 - 2024-03-09

	Tatami 1	Tatami 2	Tatami 3	Tatami 4	Tatami 5	Tatami 6		
07:30	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)		
07:35								
07:40								
07:45								
07:50								
07:55								
08:00								
08:05								
08:10								
08:15								
08:20	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)			
08:25								
08:30								
08:35								
08:40								
08:45								
08:50								
08:55								
09:00	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)		
09:05	KATA FEMALE JUNIOR (7) Pool 1/2 09:10 - 09:45	KATA FEMALE JUNIOR (7) Pool 2/2 09:10 - 09:45	Kata Male Junior (6) Pool 1/2 09:10 - 09:40	Kata Male Junior (6) Pool 2/2 09:10 - 09:40	KATA GIRLS 12 YEARS (12) 09:10 - 10:25	PARAKARATE INDIVIDUAL MIXED CHILDREN (5) 09:10 - 09:40		
09:10			Kata Male Junior (3) Repechage 1 09:40 - 09:50	Kata Male Junior (3) Repechage 2 09:40 - 09:50		KATA GIRLS 10 YEARS (7) 09:40 - 10:20		
09:15								
09:20								
09:25			KATA FEMALE JUNIOR (3) Repechage 1 09:45 - 09:55	KATA FEMALE JUNIOR (3) Repechage 2 09:45 - 09:55		Kata Male Junior (2) Final		KATA GIRLS 10 YEARS (7) 09:40 - 10:20
09:30								
09:35								
09:40	Kata Female Senior (19) Pool 1/2 10:00 - 11:40	Kata Female Senior (19) Pool 2/2 10:00 - 11:40	Kata Male Senior (13) Pool 1/2 09:55 - 11:05	Kata Male Senior (12) Pool 2/2 09:55 - 10:55		KATA GIRLS 13 YEARS (13) 10:25 - 11:45	KATA BOYS 10 YEARS (5) 10:20 - 10:50	
09:45								
09:50								
09:55								
10:00					Kata Male Senior (4) Repechage 2 10:55 - 11:10		KATA GIRLS 11 YEARS (5) 10:50 - 11:20	
10:05								
10:10								
10:15								
10:20			Kata male Cadet (9) Pool 2/2 11:10 - 11:55	KATA BOYS 11 YEARS (4) 11:20 - 11:35				
10:25								
10:30								
10:35								
10:40			Kata male Cadet (4) Repechage 2 11:55 - 12:10	KATA BOYS 12 YEARS (7) 11:35 - 12:15				
10:45								
10:50								
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11:00	Kata Female Senior (5) Repechage 1 11:40 - 12:05	Kata Female Senior (5) Repechage 2 11:40 - 12:05	Kata male Cadet (9) Pool 1/2 11:25 - 12:10	Kata male Cadet (4) Repechage 2 11:55 - 12:10	KATA BOYS 13 YEARS (4) 11:45 - 12:00	KATA BOYS 12 YEARS (7) 11:35 - 12:15		
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11:20			Kata Female Senior (2) Final		Kata male Cadet (4) Repechage 1 12:10 - 12:25	Kata male Cadet (2) Final	LUNCH 12:00 - 12:30 (00:30)	LUNCH 12:15 - 12:45 (00:30)
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11:40			Kata Female Senior (2) Final		Kata male Cadet (4) Repechage 1 12:10 - 12:25	Kata male Cadet (2) Final	LUNCH 12:00 - 12:30 (00:30)	LUNCH 12:15 - 12:45 (00:30)
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12:00	Kata Female Senior (5) Repechage 1 11:40 - 12:05	Kata Female Senior (5) Repechage 2 11:40 - 12:05	Kata male Cadet (9) Pool 1/2 11:25 - 12:10	Kata male Cadet (4) Repechage 2 11:55 - 12:10	KATA BOYS 13 YEARS (4) 11:45 - 12:00	KATA BOYS 12 YEARS (7) 11:35 - 12:15		
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12:20			Kata Female Senior (2) Final		Kata male Cadet (4) Repechage 1 12:10 - 12:25	Kata male Cadet (2) Final	LUNCH 12:00 - 12:30 (00:30)	LUNCH 12:15 - 12:45 (00:30)
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02:00	Kata Female Senior (5) Repechage 1 11:40 - 12:05	Kata Female Senior (5) Repechage 2 11:40 - 12:05	Kata male Cadet (9) Pool 1/2 11:25 - 12:10	Kata male Cadet (4) Repechage 2 11:55 - 12:10	KATA BOYS 13 YEARS (4) 11:45 - 12:00	KATA BOYS 12 YEARS (7) 11:35 - 12:15		
02:05								
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02:20			Kata Female Senior (2) Final					

GYMNASTIK OCH ATLETKLUBBEN ENIGHET(GAK  
ENIGHET) / SWEDISH KARATE OPEN 2024 - 2024-03-09

	Tatami 1	Tatami 2	Tatami 3	Tatami 4	Tatami 5	Tatami 6
13:35						
13:40						
13:45						
13:50						
13:55						
14:00						
14:05	KUMITE BOYS 12 YEARS -154 cm (9) 13:40 - 14:40	KUMITE BOYS 12 YEARS +154 cm (10) 13:35 - 14:40		KUMITE BOYS 11YEARS +145 cm (9) 13:40 - 14:40		
14:10						
14:15			KUMITE BOYS 11YEARS -145 cm (7) 14:00 - 14:40			
14:20						
14:25						
14:30					KUMITE GIRLS 10 YEARS +142 cm (5) 14:20 - 14:50	
14:35						KUMITE GIRLS 11 YEARS +148 cm (5) 14:25 - 14:55
14:40						
14:45						
14:50	KUMITE BOYS 10YEARS +148 cm (6) 14:40 - 15:15	KUMITE BOYS 10YEARS -148 cm (5) 14:40 - 15:10	KUMITE GIRLS 12 YEARS +154 cm (6) 14:40 - 15:15	KUMITE GIRLS 12 YEARS -154 cm (5) 14:40 - 15:10		
14:55						
15:00						
15:05						
15:10						
15:15	Kumite Female Cadet -47 kg (3) 15:15 - 15:25		Kumite Female Junior -48 kg (2)			
15:20						
15:25	Kumite Female Senior -55 kg (4) 15:25 - 15:40	Kumite Male Cadet -57kg (6) 15:10 - 15:45				
15:30						
15:35			Kumite Female Junior -53 kg (7) 15:20 - 16:00			
15:40					Kumite Female Cadet -54 kg (17) 14:50 - 16:35	
15:45		Kumite Male Junior -55 kg (3) 15:45 - 15:55		Kumite Male Cadet -52kg (13) 15:10 - 16:25		
15:50						
15:55		Kumite Male Junior -61 kg (3) 15:55 - 16:05				
16:00	Kumite Female Senior -61 kg (8) 15:40 - 16:30					
16:05						
16:10						
16:15						
16:20			Kumite Female Junior -59 kg (7) 16:00 - 16:40			
16:25						
16:30		Kumite Male Junior -68 kg (9) 16:05 - 17:00				
16:35						
16:40						
16:45	Kumite Female Senior -68 kg (7) 16:30 - 17:15		KUMITE FEMALE JUNIOR -66 KG (4) 16:40 - 16:55			
16:50						
16:55						
17:00			Kumite female Juniors +66kg (4) 16:55 - 17:10			
17:05				Kumite Male Cadet -63kg (14) 16:25 - 17:45		
17:10			Kumite Male Senior -60 kg (2)		KUMITE FEMALE CADET -61 KG (11) 16:35 - 17:40	
17:15						
17:20		Kumite Male Junior -76kg (8) 17:00 - 17:45				
17:25						
17:30	Kumite Female Senior + 68kg (5) 17:15 - 17:50		Kumite Male Senior - 67kg (5) 17:15 - 17:50			
17:35						
17:40						
17:45						
17:50						
17:55		Kumite Male Junior +76kg (6) 17:45 - 18:20		Kumite Male Cadet -70kg (9) 17:45 - 18:40		
18:00			Kumite Male Senior - 75kg (5) 17:50 - 18:25		Kumite female Cadets +61kg (12) 17:40 - 18:50	
18:05	Kumite Male Senior - 84kg (7) 17:50 - 18:35					
18:10						
18:15						
18:20						
18:25						
18:30		Kumite Male Senior + 84kg (5) 18:20 - 18:55				
18:35			Kumite Male Cadet +70kg (6) 18:25 - 19:00			
18:40						
18:45						
18:50						
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19:05						
19:10	END OF COMPETITION 19:00 - 19:30 (00:30)	END OF COMPETITION 19:00 - 19:30 (00:30)	END OF COMPETITION 19:00 - 19:30 (00:30)	END OF COMPETITION 19:00 - 19:30 (00:30)	END OF COMPETITION 19:00 - 19:30 (00:30)	END OF COMPETITION 19:00 - 19:30 (00:30)
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