

LANARKSHIRE KARATE ACADEMY(LKA) / SWEDISH KARATE OPEN 2024 - 2024-03-09							
	Tatami 1	Tatami 2	Tatami 3	Tatami 4	Tatami 5	Tatami 6	
07:30	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	
07:35							
07:40							
07:45							
07:50							
07:55							
08:00							
08:05							
08:10							
08:15							
08:20							
08:25							
08:30	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)		
08:35							
08:40							
08:45							
08:50							
08:55							
09:00	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	
09:05							
09:10	KATA FEMALE JUNIOR (7) Pool 1/2 09:10 - 09:45	KATA FEMALE JUNIOR (7) Pool 2/2 09:10 - 09:45	Kata Male Junior (6) Pool 1/2 09:10 - 09:40	Kata Male Junior (6) Pool 2/2 09:10 - 09:40	KATA GIRLS 12 YEARS (12) 09:10 - 10:25	PARAKARATE INDIVIDUAL MIXED CHILDREN (5) 09:10 - 09:40	
09:15							
09:20			Kata Male Junior (3) Repechage 1 09:40 - 09:50	Kata Male Junior (3) Repechage 2 09:40 - 09:50			
09:25							
09:30							
09:35			KATA FEMALE JUNIOR (3) Repechage 1 09:45 - 09:55	KATA FEMALE JUNIOR (3) Repechage 2 09:45 - 09:55		Kata Male Junior (2) Final	
09:40							
09:45							
09:50							
09:55	KATA FEMALE JUNIOR (2) Final				KATA GIRLS 10 YEARS (7) 09:40 - 10:20		
10:00	Kata Female Senior (19) Pool 1/2 10:00 - 11:40	Kata Female Senior (19) Pool 2/2 10:00 - 11:40	Kata Male Senior (13) Pool 1/2 09:55 - 11:05	Kata Male Senior (12) Pool 2/2 09:55 - 10:55		KATA GIRLS 13 YEARS (13) 10:25 - 11:45	KATA BOYS 10 YEARS (5) 10:20 - 10:50
10:05							
10:10							
10:15							
10:20							
10:25							
10:30				Kata Male Senior (4) Repechage 1 11:05 - 11:20	Kata Male Senior (4) Repechage 2 10:55 - 11:10	Kata male Cadet (9) Pool 2/2 11:10 - 11:55	KATA GIRLS 11 YEARS (5) 10:50 - 11:20
10:35							
10:40							
10:45							
10:50							
10:55							
11:00	Kata Male Senior (2) Final	Kata male Cadet (4) Repechage 2 11:55 - 12:10	KATA BOYS 13 YEARS (4) 11:45 - 12:00	KATA BOYS 12 YEARS (7) 11:35 - 12:15			
11:05							
11:10							
11:15	Kata female cadets (8) Pool 2/2 12:10 - 12:50	KATA female cadets (9) Pool 1/2 12:05 - 12:50	Kata male Cadet (4) Repechage 1 12:10 - 12:25	Kata male Cadet (2) Final	LUNCH 12:00 - 12:30 (00:30)	LUNCH 12:15 - 12:45 (00:30)	
11:20							
11:25							
11:30	Kata Female Senior (5) Repechage 1 11:40 - 12:05	Kata Female Senior (5) Repechage 2 11:40 - 12:05	Kata male Cadet (9) Pool 1/2 11:25 - 12:10	Kata male Cadet (4) Repechage 2 11:55 - 12:10	KUMITE GIRLS 11 YEARS -148 cm (6) 12:30 - 13:05	KUMITE GIRLS 10 YEARS -142 cm (5) 12:45 - 13:15	
11:35							
11:40							
11:45	Kata Female Senior (2) Final	KATA female cadets (2) Final	KUMITE GIRLS 13 YEARS +160 cm (9) 12:40 - 13:40	KUMITE BOYS 13 YEARS -164 cm (12) 13:05 - 14:20	KUMITE BOYS 13 YEARS +164 cm (11) 13:15 - 14:25		
11:50							
11:55							
12:00	KATA female cadets (4) Repechage 2 12:50 - 13:05	KATA female cadets (4) Repechage 1 12:50 - 13:05	LUNCH 12:30 - 13:00 (00:30)	KUMITE GIRLS 13 YEARS -160 cm (9) 13:00 - 14:00			
12:05							
12:10							
12:15	KATA female cadets (2) Final	LUNCH 13:05 - 13:35 (00:30)	KUMITE GIRLS 13 YEARS -160 cm (9) 13:00 - 14:00				
12:20							
12:25							
12:30	LUNCH 13:10 - 13:40 (00:30)	KUMITE BOYS 12 YEARS +154 cm (10) 13:35 - 14:40					
12:35							
12:40							
12:45	KUMITE BOYS 12 YEARS -154 cm (9)						
12:50							
12:55							
13:00							
13:05							
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13:30							
13:35							
13:40							

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	Tatami 1	Tatami 2	Tatami 3	Tatami 4	Tatami 5	Tatami 6
13:45	13:40 - 14:40		KUMITE BOYS 11YEARS -145 cm (7) 14:00 - 14:40	KUMITE BOYS 11YEARS +145 cm (9) 13:40 - 14:40		
13:50						
13:55						
14:00						
14:05						
14:10						
14:15						
14:20	KUMITE BOYS 10YEARS +148 cm (6) 14:40 - 15:15	KUMITE BOYS 10YEARS -148 cm (5) 14:40 - 15:10	KUMITE GIRLS 12 YEARS +154 cm (6) 14:40 - 15:15	KUMITE GIRLS 12 YEARS -154 cm (5) 14:40 - 15:10	KUMITE GIRLS 10 YEARS +142 cm (5) 14:20 - 14:50	KUMITE GIRLS 11 YEARS +148 cm (5) 14:25 - 14:55
14:25						
14:30						
14:35						
14:40						
14:45						
14:50						
14:55	Kumite Female Cadet -47 kg (3) 15:15 - 15:25	Kumite Male Cadet -57kg (6) 15:10 - 15:45	Kumite Female Junior -48 kg (2)	Kumite Male Cadet -52kg (13) 15:10 - 16:25	Kumite Female Cadet -54 kg (17) 14:50 - 16:35	
15:00						
15:05						
15:10						
15:15						
15:20						
15:25						
15:30	Kumite Female Senior -55 kg (4) 15:25 - 15:40	Kumite Male Junior -55 kg (3) 15:45 - 15:55	Kumite Female Junior -53 kg (7) 15:20 - 16:00	Kumite Male Cadet -63kg (14) 16:25 - 17:45	Kumite Female Cadet -61 KG (11) 16:35 - 17:40	
15:35						
15:40						
15:45						
15:50						
15:55						
16:00						
16:05	Kumite Female Senior -61 kg (8) 15:40 - 16:30	Kumite Male Junior -61 kg (3) 15:55 - 16:05	Kumite Female Junior -59 kg (7) 16:00 - 16:40	Kumite female Juniors +66kg (4) 16:55 - 17:10	Kumite female Cadets +61kg (12) 17:40 - 18:50	
16:10						
16:15						
16:20						
16:25						
16:30						
16:35						
16:40	Kumite Female Senior -68 kg (7) 16:30 - 17:15	Kumite Male Junior -68 kg (9) 16:05 - 17:00	KUMITE FEMALE JUNIOR -66 KG (4) 16:40 - 16:55	Kumite Male Senior -67kg (5) 17:15 - 17:50		
16:45						
16:50						
16:55						
17:00						
17:05						
17:10						
17:15	Kumite Female Senior + 68kg (5) 17:15 - 17:50	Kumite Male Junior -76kg (8) 17:00 - 17:45	Kumite Male Senior -60 kg (2)	Kumite Male Cadet -70kg (9) 17:45 - 18:40		
17:20						
17:25						
17:30						
17:35						
17:40						
17:45						
17:50	Kumite Male Senior - 84kg (7) 17:50 - 18:35	Kumite Male Junior +76kg (6) 17:45 - 18:20	Kumite Male Senior - 75kg (5) 17:50 - 18:25			
17:55						
18:00						
18:05						
18:10						
18:15						
18:20						
18:25		Kumite Male Senior + 84kg (5) 18:20 - 18:55	Kumite Male Cadet +70kg (6) 18:25 - 19:00			
18:30						
18:35						
18:40						
18:45						
18:50						
18:55						
19:00	END OF COMPETITION 19:00 - 19:30 (00:30)	END OF COMPETITION 19:00 - 19:30 (00:30)	END OF COMPETITION 19:00 - 19:30 (00:30)	END OF COMPETITION 19:00 - 19:30 (00:30)	END OF COMPETITION 19:00 - 19:30 (00:30)	END OF COMPETITION 19:00 - 19:30 (00:30)
19:05						
19:10						
19:15						
19:20						
19:25						