

INSPIRE SHOTOKAN KARATE CLUB(INSPIRE SKC) / SWEDISH KARATE OPEN 2024 - 2024-03-09

| | Tatami 1 | Tatami 2 | Tatami 3 | Tatami 4 | Tatami 5 | Tatami 6 | |
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| 07:30 | Kristianstad Arena Opens 07:30 - 08:30 (01:00) | Kristianstad Arena Opens 07:30 - 08:30 (01:00) | Kristianstad Arena Opens 07:30 - 08:30 (01:00) | Kristianstad Arena Opens 07:30 - 08:30 (01:00) | Kristianstad Arena Opens 07:30 - 08:30 (01:00) | Kristianstad Arena Opens 07:30 - 08:30 (01:00) | |
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| 08:30 | Coach Meeting 08:30 - 08:45 (00:15) | Coach Meeting 08:30 - 08:45 (00:15) | Coach Meeting 08:30 - 08:45 (00:15) | Coach Meeting 08:30 - 08:45 (00:15) | Coach Meeting 08:30 - 08:45 (00:15) | Coach Meeting 08:30 - 08:45 (00:15) | |
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| 09:00 | Line-up and Ceremony 09:00 - 09:10 (00:10) | Line-up and Ceremony 09:00 - 09:10 (00:10) | Line-up and Ceremony 09:00 - 09:10 (00:10) | Line-up and Ceremony 09:00 - 09:10 (00:10) | Line-up and Ceremony 09:00 - 09:10 (00:10) | Line-up and Ceremony 09:00 - 09:10 (00:10) | |
| 09:05 | KATA FEMALE JUNIOR (7) Pool 1/2 09:10 - 09:45 | KATA FEMALE JUNIOR (7) Pool 2/2 09:10 - 09:45 | Kata Male Junior (6) Pool 1/2 09:10 - 09:40 | Kata Male Junior (6) Pool 2/2 09:10 - 09:40 | KATA GIRLS 12 YEARS (12) 09:10 - 10:25 | PARAKARATE INDIVIDUAL MIXED CHILDREN (5) 09:10 - 09:40 | |
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| 09:40 | KATA FEMALE JUNIOR (3) Repechage 1 09:45 - 09:55 | KATA FEMALE JUNIOR (3) Repechage 2 09:45 - 09:55 | Kata Male Junior (3) Repechage 1 09:40 - 09:50 | Kata Male Junior (3) Repechage 2 09:40 - 09:50 | | KATA GIRLS 10 YEARS (7) 09:40 - 10:20 | |
| 09:45 | | | | | | | |
| 09:50 | Kata Male Junior (2) Final | | | | | | |
| 09:55 | KATA FEMALE JUNIOR (2) Final | | Kata Male Senior (13) Pool 1/2 09:55 - 11:05 | Kata Male Senior (12) Pool 2/2 09:55 - 10:55 | KATA GIRLS 13 YEARS (13) 10:25 - 11:45 | | KATA BOYS 10 YEARS (5) 10:20 - 10:50 |
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| 10:45 | Kata Female Senior (19) Pool 1/2 10:00 - 11:40 | Kata Female Senior (19) Pool 2/2 10:00 - 11:40 | Kata Male Senior (4) Repechage 1 11:05 - 11:20 | Kata Male Senior (4) Repechage 2 10:55 - 11:10 | KATA GIRLS 11 YEARS (5) 10:50 - 11:20 | KATA BOYS 11 YEARS (4) 11:20 - 11:35 | |
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| 11:05 | | | Kata Male Senior (2) Final | Kata male Cadet (9) Pool 2/2 11:10 - 11:55 | | | KATA BOYS 12 YEARS (7) 11:35 - 12:15 |
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| 11:20 | Kata Female Senior (5) Repechage 1 11:40 - 12:05 | Kata Female Senior (5) Repechage 2 11:40 - 12:05 | Kata male Cadet (9) Pool 1/2 11:25 - 12:10 | Kata male Cadet (4) Repechage 2 11:55 - 12:10 | KATA BOYS 13 YEARS (4) 11:45 - 12:00 | KATA BOYS 12 YEARS (7) 11:35 - 12:15 | |
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| 12:00 | Kata Female Senior (2) Final | KATA female cadets (9) Pool 1/2 12:05 - 12:50 | Kata male Cadet (9) Pool 1/2 11:25 - 12:10 | Kata male Cadet (4) Repechage 2 11:55 - 12:10 | KATA BOYS 13 YEARS (4) 11:45 - 12:00 | KATA BOYS 12 YEARS (7) 11:35 - 12:15 | |
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| 12:40 | KATA female cadets (8) Pool 2/2 12:10 - 12:50 | KATA female cadets (9) Pool 1/2 12:05 - 12:50 | Kata male Cadet (4) Repechage 1 12:10 - 12:25 | Kata male Cadet (2) Final | LUNCH 12:10 - 12:40 (00:30) | LUNCH 12:00 - 12:30 (00:30) | LUNCH 12:15 - 12:45 (00:30) |
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| 14:25 | LUNCH 13:10 - 13:40 (00:30) | LUNCH 13:05 - 13:35 (00:30) | KUMITE GIRLS 13 YEARS -160 cm (9) 13:00 - 14:00 | KUMITE GIRLS 13 YEARS +160 cm (9) 12:40 - 13:40 | KUMITE GIRLS 11 YEARS -148 cm (6) 12:30 - 13:05 | KUMITE GIRLS 10 YEARS -142 cm (5) 12:45 - 13:15 | |
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| 05:35 | LUNCH 13:10 - 13:40 (00:30) | LUNCH 13:05 - 13:35 (00:30) | KUMITE GIRLS 13 YEARS -160 cm (9) 13:00 - 14:00 | KUMITE GIRLS 13 YEARS | | | |

INSPIRE SHOTOKAN KARATE CLUB(INSPIRE SKC) / SWEDISH KARATE OPEN 2024 - 2024-03-09

| | Tatami 1 | Tatami 2 | Tatami 3 | Tatami 4 | Tatami 5 | Tatami 6 |
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