

NACKA KARATE(NACKA KARATE) / SWEDISH KARATE OPEN 2024 - 2024-03-09												
	Tatami 1	Tatami 2	Tatami 3	Tatami 4	Tatami 5	Tatami 6						
07:30	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)						
07:35												
07:40												
07:45												
07:50												
07:55												
08:00												
08:05												
08:10												
08:15												
08:20												
08:25	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)						
08:30												
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09:00												
09:05												
09:10												
09:15	KATA FEMALE JUNIOR (7) Pool 1/2 09:10 - 09:45	KATA FEMALE JUNIOR (7) Pool 2/2 09:10 - 09:45	Kata Male Junior (6) Pool 1/2 09:10 - 09:40	Kata Male Junior (6) Pool 2/2 09:10 - 09:40	KATA GIRLS 12 YEARS (12) 09:10 - 10:25	PARAKARATE INDIVIDUAL MIXED CHILDREN (5) 09:10 - 09:40						
09:20												
09:25			Kata Male Junior (3) Repechage 1 09:40 - 09:50	Kata Male Junior (3) Repechage 2 09:40 - 09:50								
09:30												
09:35	Kata Male Junior (2) Final											
09:40												
09:45	KATA FEMALE JUNIOR (3) Repechage 1 09:45 - 09:55	KATA FEMALE JUNIOR (3) Repechage 2 09:45 - 09:55	Kata Male Senior (13) Pool 1/2 09:55 - 11:05	Kata Male Senior (12) Pool 2/2 09:55 - 10:55	KATA GIRLS 10 YEARS (7) 09:40 - 10:20							
09:50												
09:55												
10:00												
10:05	Kata Female Senior (19) Pool 1/2 10:00 - 11:40	Kata Female Senior (19) Pool 2/2 10:00 - 11:40			Kata Male Senior (4) Repechage 2 10:55 - 11:10	KATA GIRLS 13 YEARS (13) 10:25 - 11:45	KATA BOYS 10 YEARS (5) 10:20 - 10:50					
10:10												
10:15												
10:20												
10:25						Kata male Cadet (9) Pool 2/2 11:10 - 11:55	Kata male Cadet (4) Repechage 2 11:55 - 12:10	KATA BOYS 11 YEARS (4) 11:20 - 11:35				
10:30												
10:35												
10:40												
10:45								Kata Female Senior (5) Repechage 1 11:40 - 12:05	Kata Female Senior (5) Repechage 2 11:40 - 12:05	Kata male Cadet (4) Repechage 2 11:55 - 12:10	KATA BOYS 13 YEARS (4) 11:45 - 12:00	KATA BOYS 12 YEARS (7) 11:35 - 12:15
10:50												
10:55												
11:00												
11:05	Kata Female Senior (2) Final	KATA female cadets (9) Pool 1/2 12:05 - 12:50	Kata male Cadet (4) Repechage 1 12:10 - 12:25	LUNCH 12:10 - 12:40 (00:30)	LUNCH 12:15 - 12:45 (00:30)							
11:10												
11:15												
11:20												
11:25	KATA female cadets (8) Pool 2/2 12:10 - 12:50		KATA female cadets (4) Repechage 1 12:50 - 13:05	Kata male Cadet (2) Final	LUNCH 12:30 - 13:00 (00:30)	KUMITE GIRLS 11 YEARS -148 cm (6) 12:30 - 13:05						
11:30												
11:35												
11:40												
11:45	Kata Female Senior (5) Repechage 1 11:40 - 12:05	Kata Female Senior (5) Repechage 2 11:40 - 12:05	Kata male Cadet (9) Pool 1/2 11:25 - 12:10	Kata male Cadet (4) Repechage 2 11:55 - 12:10	KUMITE GIRLS 10 YEARS -142 cm (5) 12:45 - 13:15							
11:50												
11:55												
12:00												
12:05	Kata Female Senior (2) Final	KATA female cadets (2) Final	KUMITE GIRLS 13 YEARS +160 cm (9) 12:40 - 13:40	KUMITE BOYS 13 YEARS -164 cm (12) 13:05 - 14:20	KUMITE BOYS 13 YEARS +164 cm (11) 13:15 - 14:25							
12:10												
12:15												
12:20												
12:25												
12:30												
12:35												
12:40												
12:45	KATA female cadets (4) Repechage 2 12:50 - 13:05	KATA female cadets (4) Repechage 1 12:50 - 13:05	LUNCH 13:05 - 13:35 (00:30)	KUMITE BOYS 12 YEARS +154 cm (10) 13:35 - 14:40								
12:50												
12:55												
13:00												
13:05	LUNCH 13:10 - 13:40 (00:30)	LUNCH 13:05 - 13:35 (00:30)	KUMITE GIRLS 13 YEARS +160 cm (9) 12:40 - 13:40	KUMITE BOYS 13 YEARS -164 cm (12) 13:05 - 14:20	KUMITE BOYS 13 YEARS +164 cm (11) 13:15 - 14:25							
13:10												
13:15												
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13:35												

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	Tatami 1	Tatami 2	Tatami 3	Tatami 4	Tatami 5	Tatami 6
13:40	KUMITE BOYS 12 YEARS -154 cm (9) 13:40 - 14:40			KUMITE BOYS 11YEARS +145 cm (9) 13:40 - 14:40		
13:45						
13:50						
13:55						
14:00						
14:05			KUMITE BOYS 11YEARS -145 cm (7) 14:00 - 14:40			
14:10						
14:15						
14:20						
14:25						
14:30						
14:35						
14:40						
14:45						
14:50						
14:55	KUMITE BOYS 10YEARS +148 cm (6) 14:40 - 15:15	KUMITE BOYS 10YEARS -148 cm (5) 14:40 - 15:10	KUMITE GIRLS 12 YEARS +154 cm (6) 14:40 - 15:15	KUMITE GIRLS 12 YEARS -154 cm (5) 14:40 - 15:10	KUMITE GIRLS 11 YEARS +148 cm (5) 14:25 - 14:55	
15:00						
15:05						
15:10						
15:15						
15:20	Kumite Female Cadet -47 kg (3) 15:15 - 15:25	Kumite Male Cadet -57kg (6) 15:10 - 15:45	Kumite Female Junior -48 kg (2)	Kumite Male Cadet -52kg (13) 15:10 - 16:25	Kumite Female Cadet -54 kg (17) 14:50 - 16:35	
15:25	Kumite Female Senior -55 kg (4) 15:25 - 15:40		Kumite Female Junior -53 kg (7) 15:20 - 16:00			
15:30						
15:35						
15:40						
15:45						
15:50	Kumite Female Senior -61 kg (8) 15:40 - 16:30	Kumite Male Junior -55 kg (3) 15:45 - 15:55	Kumite Female Junior -59 kg (7) 16:00 - 16:40			
15:55		Kumite Male Junior -61 kg (3) 15:55 - 16:05				
16:00						
16:05						
16:10						
16:15		Kumite Male Junior -68 kg (9) 16:05 - 17:00	Kumite Female Junior -63kg (14) 16:25 - 17:45			
16:20						
16:25						
16:30						
16:35						
16:40	Kumite Female Senior -68 kg (7) 16:30 - 17:15		KUMITE FEMALE JUNIOR -66 KG (4) 16:40 - 16:55			
16:45						
16:50						
16:55						
17:00						
17:05			Kumite female Juniors +66kg (4) 16:55 - 17:10			
17:10						
17:15						
17:20						
17:25						
17:30	Kumite Female Senior + 68kg (5) 17:15 - 17:50	Kumite Male Junior -76kg (8) 17:00 - 17:45	Kumite Male Senior - 67kg (5) 17:15 - 17:50			
17:35						
17:40						
17:45						
17:50						
17:55		Kumite Male Junior +76kg (6) 17:45 - 18:20	Kumite Male Senior - 75kg (5) 17:50 - 18:25			
18:00						
18:05						
18:10						
18:15						
18:20		Kumite Male Senior + 84kg (5) 18:20 - 18:55	Kumite Male Senior - 70kg (6) 18:25 - 19:00			
18:25						
18:30						
18:35						
18:40						
18:45						
18:50						
18:55						
19:00						
19:05						
19:10	END OF COMPETITION 19:00 - 19:30 (00:30)	END OF COMPETITION 19:00 - 19:30 (00:30)	END OF COMPETITION 19:00 - 19:30 (00:30)	END OF COMPETITION 19:00 - 19:30 (00:30)	END OF COMPETITION 19:00 - 19:30 (00:30)	END OF COMPETITION 19:00 - 19:30 (00:30)
19:15						
19:20						
19:25						