

ITOSU-KAI KAIZEN(KAIZ) / SWEDISH KARATE OPEN 2024 - 2024-03-09								
	Tatami 1	Tatami 2	Tatami 3	Tatami 4	Tatami 5	Tatami 6		
07:30	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)		
07:35								
07:40								
07:45								
07:50								
07:55								
08:00								
08:05								
08:10								
08:15								
08:20								
08:25								
08:30	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)		
08:35								
08:40								
08:45								
08:50								
08:55								
09:00	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)		
09:05								
09:10	KATA FEMALE JUNIOR (7) Pool 1/2 09:10 - 09:45	KATA FEMALE JUNIOR (7) Pool 2/2 09:10 - 09:45	Kata Male Junior (6) Pool 1/2 09:10 - 09:40	Kata Male Junior (6) Pool 2/2 09:10 - 09:40	KATA GIRLS 12 YEARS (12) 09:10 - 10:25	PARAKARATE INDIVIDUAL MIXED CHILDREN (5) 09:10 - 09:40		
09:15								
09:20			Kata Male Junior (3) Repechage 1 09:40 - 09:50	Kata Male Junior (3) Repechage 2 09:40 - 09:50		KATA GIRLS 10 YEARS (7) 09:40 - 10:20		
09:25								
09:30								
09:35	KATA FEMALE JUNIOR (3) Repechage 1 09:45 - 09:55	KATA FEMALE JUNIOR (3) Repechage 2 09:45 - 09:55			KATA GIRLS 11 YEARS (5) 10:50 - 11:20			
09:40								
09:45	KATA FEMALE JUNIOR (2) Final				KATA BOYS 11 YEARS (4) 11:20 - 11:35			
09:50								
09:55	Kata Female Senior (19) Pool 1/2 10:00 - 11:40	Kata Female Senior (19) Pool 2/2 10:00 - 11:40	Kata Male Senior (13) Pool 1/2 09:55 - 11:05	Kata Male Senior (12) Pool 2/2 09:55 - 10:55	KATA GIRLS 13 YEARS (13) 10:25 - 11:45	KATA BOYS 10 YEARS (5) 10:20 - 10:50		
10:00								
10:05								
10:10								
10:15								
10:20			Kata Male Senior (4) Repechage 1 11:05 - 11:20	Kata Male Senior (4) Repechage 2 10:55 - 11:10		KATA GIRLS 12 YEARS (7) 11:35 - 12:15		
10:25								
10:30								
10:35			Kata Male Senior (2) Final			KATA BOYS 12 YEARS (7) 11:35 - 12:15		
10:40								
10:45			Kata Female Senior (5) Repechage 1 11:40 - 12:05	Kata Female Senior (5) Repechage 2 11:40 - 12:05	Kata male Cadet (9) Pool 1/2 11:25 - 12:10	Kata male Cadet (9) Pool 2/2 11:10 - 11:55	KATA BOYS 13 YEARS (4) 11:45 - 12:00	KATA BOYS 12 YEARS (7) 11:35 - 12:15
10:50								
10:55	Kata Female Senior (2) Final					KATA BOYS 12 YEARS (7) 11:35 - 12:15		
11:00								
11:05	KATA female cadets (8) Pool 2/2 12:10 - 12:50	KATA female cadets (9) Pool 1/2 12:05 - 12:50	Kata male Cadet (4) Repechage 1 12:10 - 12:25	Kata male Cadet (4) Repechage 2 11:55 - 12:10	LUNCH 12:00 - 12:30 (00:30)	LUNCH 12:15 - 12:45 (00:30)		
11:10								
11:15								
11:20			Kata male Cadet (2) Final	LUNCH 12:10 - 12:40 (00:30)		KUMITE GIRLS 11 YEARS -148 cm (6) 12:30 - 13:05	KUMITE GIRLS 10 YEARS -142 cm (5) 12:45 - 13:15	
11:25								
11:30								
11:35			LUNCH 12:30 - 13:00 (00:30)	KUMITE GIRLS 13 YEARS +160 cm (9) 12:40 - 13:40		KUMITE BOYS 13 YEARS -164 cm (12) 13:05 - 14:20	KUMITE BOYS 13 YEARS +164 cm (11) 13:15 - 14:25	
11:40								
11:45			KATA female cadets (4) Repechage 2 12:50 - 13:05	KATA female cadets (4) Repechage 1 12:50 - 13:05	KUMITE GIRLS 13 YEARS -160 cm (9) 13:00 - 14:00			
11:50								
11:55								
12:00								
12:05								
12:10	KATA female cadets (2) Final	LUNCH 13:05 - 13:35 (00:30)						
12:15								
12:20								
12:25								
12:30								
12:35	LUNCH 13:10 - 13:40 (00:30)							
12:40								
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13:25								
13:30								

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Time 1	Time 2	Time 3	Time 4	Time 5	Time 6	Time 7

[illegible]