





# AFRICANKARATE CHAMPIONSHIPS DURBAN 2022

21<sup>ST</sup> SENIOR \* 13<sup>TH</sup> JUNIOR \* 5<sup>TH</sup> CADET











**FINAL BULLETIN** 



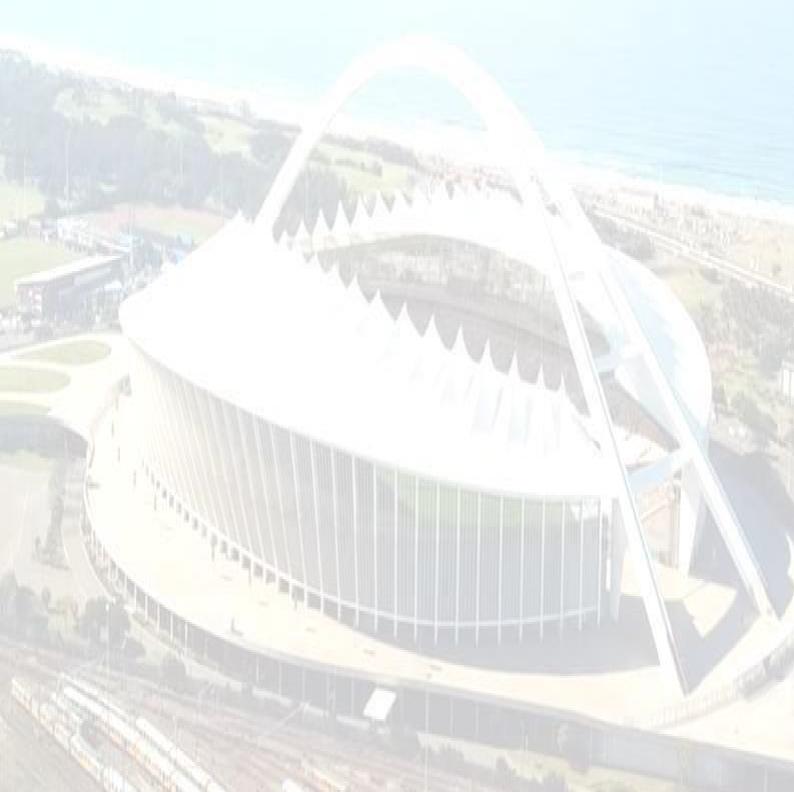




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#### WELCOME MESSAGE BY KARATE SOUTH AFRICA PRESIDENT



As President of Karate South Africa (KSA), it gives me immense pleasure to welcome the Karate fraternity of the African continent to the prestigious annual UFAK Karate Championships 2022 in the City of Durban, South Africa.

At the outset, may I express my heartfelt thanks to the leadership of UFAK for affording Karate South Africa an opportunity to host the continents premier karate championships. It is noteworthy that the said event, which is being hosted in the Kingdom, will provide huge interest not only with regards to the karate action that will no doubt be prevalent

throughout the event but it will also showcase the City of Durban as a leading tourist destination in South Africa.

As a matter of interest, I remain optimistic that the championship will be as always 'action packed', moreover it will bring out the best in our fighters from Africa as they do battle with the 'best of the best' for the continental crown. It is noteworthy that UFAK, our African Continental Federation has enjoyed unreserved support from WKF, President Antonio Espinos in particular, with this time being no different.

It is my firm belief that karate is an excellent catalyst for nation building and therefore I am confident that this will manifest itself during the championships amongst all the countries that are going to be present to share and care.

I trust that the true spirit of Karate-do permeates during these championships, so that sound sportsmanship will be exhibited throughout the event.

I urge our visitors to take in the sights and sounds of this beautiful eThekwini / Durban region, which is part of the Kwa Zulu Natal Province (State) that has so much to offer.

It must be borne in mind that Championships of this nature is where old friendships are renewed and new ones formed. I am certain that this will be the case with the championships on hand.

Thank you for your attendance, support and patronage. Oss!

P. Sonny Pillay
President – Karate South Africa

#### MESSAGE OFF GOOD WISHES FROM PRESIDENT OF UFAK



Dear Friends, Presidents of UFAK member countries, Head of delegations Officials and Athletes.

After an interval of 15 years, the UFAK Championships once again reaches the shores of the East Coast of our multi cultured African Continent It is with immense pleasure that I welcome you to our host city Durban in the Kingdom Kwa Zulu Natal.

At the outset may I express my sincere condolences to all those that have suffered losses during the Pandemic and at the same time recognise the resilience of those of you that have overcome as we rebuild our world ensuring that our noble sport Karate returns to normalcy .

I would like to express my gratitude to His Worship, the Mayor City of Durban, Local Government, the National Sports ministry ,SASCOC (the governing body for all sports in the country) and last but not least Karate South Africa (KSA), led by the very dynamic President Sonny Pillay for warmly opening their hearts to us and ensuring that all is in place for the UFAK family to be comfortable whilst our top African Athletes throughout the Continent do battle in an environment that is befitting of the standards set by UFAK 21 years ago.

The leadership of UFAK is confident that the City of Durban with its outstanding infrastructure will (as always) during international events, showcase itself as a world-class sporting and tourist destination.

It is noteworthy that we as UFAK intend upon conclusion of our championships to leave behind a legacy for the continued unification of all of us as Africans as we remember the words of the Father of the South African Nation Dr Nelson Mandela "Nation building through sport will remain as a unifying force".

It would be incumbent upon me on this auspicious occasion to express my heartfelt appreciation to the President of WKF, Antonio Espinos, for his continuous and unwavering support for our African Continental Federation, UFAK. As President of UFAK I urge our world President to continue to walk besides us as we take forward our vision for the next decade

As President it is my fervent wish that the legacy programmes from this Championships, supported by UFAK and to be taken forward by Karate South Africa (KSA) who must see the youth of our socio economically disadvantaged communities benefit from sustainable support and resources

made available enabling them to also enjoy the sport of Karate for generations to come .

I pray that the 21<sup>st</sup> edition of the UFAK African Championships 2022 fosters good Sportsmanship, comradery, peace and hope for a better future as we descend on South Africa and the Kingdom City of Durban.

May I extend my best wishes to the KSA LOC as I look forward to a successful UFAK Championships here in the Kingdom of the Zulu city of Durban Oss!



#### 1. ABOUTDURBAN

Situated on the southeast coast of the African continent, The City of Durban offers its visitors a breath-taking backdrop of the Indian Ocean and the warmth and hospitality of a vibrantly tapestried city. From a unique cultural collage to a dynamic modern infrastructure, Durban is many worlds in one city. It has hosted global sports events and received kings and queens and the athletes and spectators of the UFAK will be welcomed in gentle embraces, greeted with the warmest of smiles and applauded with a generosity of spirit.

# Language spoken in Durban eThekwini

Durban eThekwini; First languages:

- English 49.8%
- Zulu 33.1%
- Xhosa 5.9%

Durban is ethnically diverse, with a cultural richness of mixed beliefs and traditions. Zulus form the largest single ethnic group. It has a large number of people British and Indian descent. The influence of Indians in Durban has been significant, bringing with them a variety of cuisine, culture and religion.

# Religion

The major faiths practiced in South Africa are Christianity, Islam, Hinduism, traditional African religions and Judaism.

# Currency

The South African Rand (R/ZAR) is the only legal tender and can be used to purchase goods and services.

## Time zone

UTC/GMT + 2 hours

## Country Calling Code

The country calling code is +27 with the international call prefix 00. The major mobile networks are Vodacom and MTN with mobile sim cards available at the airport and shopping centre's.

#### Climate

Durban has a humid subtropical climate (Köppen climate classification Cfa), with hot and humid summers and pleasantly warm and dry winters, which are snow and frost-free. Durban has an annual rainfall of 1,009 millimetres (39.7 in). The average temperature in summer ranges around 24 °C (75 °F), while in winter the average temperature is 17 °C (63 °F).

# 2. LOCAL ATTRACTIONS

<u>Valley of 1 000 Hills</u> where the true, untainted beauty of Africa is celebrated in its scenery, animals, culture, history. There are walking, hiking, running, climbing and cycling trails through the valley. Get a sneak-peek into the traditional lives of the local African people, their huts, medicine men, traditional food, song and dance a real glimpse of the South African experience. Take the old fashion steam train through the valley.





Rare plants, exquisite orchids, picnics and tea parties draw visitors to the <u>Durban Botanic Gardens</u> with attractions being Orchard House, the Sunken Garden, Butterfly Garden, Lake Area. Cycad collection and Heritage trees. The gardens are also host to many concerts in the park with performance by local and international artists

Referred to as the <u>Golden Mile</u>, jog, walk or Cycle on the Durban beachfront promenade. Stretching from Ushaka Marine World on the south to Suncoast Casino complex on the north with Mini Town and all the major hotels. Shop at the many stalls offering ethnicAfrican items





The <u>Umgeni River Bird Park</u> nestles at the mouth of the mighty Umgeni River the sprawling park is set in lush tropical landscaping and houses around 800 birds from 200 different species. Some of the birds are the only representatives of their kind in all of Africa. Watch out for the birds when you stop at the open-air café for a snack. They are likely to fly over and park themselves on the chair opposite you, hoping for a treat

Have a hearty meal while overlooking the extraordinary Valley of a Thousand Hills, enjoy a guided 4×4 game drive through the Conservation Area, watch the crocodiles sun themselves on the banks of their ponds, marvel at the wide variety of venomous and non-venomous snakes, visit the tortoise park or simply enjoy hiking through the many trails - *Phezulu Safari Park will enthral* 





uShaka Marine World is a 16-hectare theme park in Durban, KwaZulu-Natal, South Africa. It attractions are Sea World, Wet 'n Wild, Sea Animal Encounters Island, Private Beach, Village Walk, Kids World, Dangerous Creatures. Sea World is the fifth largest aquarium in the world. Wet 'n Wild Water Park has the highest slide in Africa. It caters for adrenalin junkies and the less adventurous

<u>Suncoast Casino Complex</u> is one of Durban's most exciting and fun-filled destinations offering some of the best entertainment right on the Durban beachfront. Watch the latest blockbuster movie, take the kids to The Magic Company, enjoy some of the best shows, entertainment and events in Durban at The Globe and The Barnyard. Suncoast has over 20 restaurants and fast food options for you to choose from.





The futuristic <u>Moses Mabhida Stadium</u> built for the FIFA World Cop 2010 offers adventure activities for fun seekers. Try out the SkyCar ride to the top of the arch or walk 500 steps to the sky platform on the Adventure Walk. All Access Tours, Segway Tours and the world's only stadium Big Swing called the "Big Rush" for adrenalin junkies can be found here too along with a variety of shops and restaurants

#### 3. HOW TO GET TO THE CHAMPIONSHIPS

Durban is the largest city in the South African province of KwaZulu-Natal and its metropolitan municipality ranks third among the most populous urban areas in South Africa. It is also the second most important manufacturing hub in South Africa. The coastal city as eThekwini / Durban has an international airport offering visitors an opportunity to fly in from anywhere in the world and rent a vehicle. Transport to and from the airport to the Hotels is available by means of airport shuttles. The Airport is 30 minutes away from the competition venue and hotels.

#### 4. TRANSPORTATION



uShaka International Airport welcomes you to the City of Durban - eThekwini, KwaZulu-Natal

The Airport and City is fully serviced by public transport, which include Uber. Indicative rates from the airports are :.

King Shaka International Airport	Rate Per person in Rands
From 1 – 3 persons	R260.00
From 4 – 12 persons	R209.00
From 13 or more	R296.00

There will be transport provided at no cost between the tournament venue and accredited accommodation. This service will not be available to those that are staying at any accommodation that is not accredited. Uber and similar transportation is also available throughout the city

#### 5. COMPETITIONVENUE

Located in the heart of the vibrant multicultural city of Durban, the <u>OLIVE CONVENTION CENTRE</u> is the latest addition to the many world-class facilities the City has to offer. Boasting over array of multi-purpose venues and a host of breakaway rooms and boardrooms, combined with some of the most technologically advanced facilities, the Olive Convention Centre's versatility, flexibility and professionalism is what has led to its immense success, and earned the Centre an enviable reputation. The Olive Convention Centre is proud to have implemented a number of green building initiatives that assist in reducing its carbon footprint.



#### Address

81 Somtseu Road, North Beach, Durban, 4063, Kwa-Zulu Natal GPS Coordinates -29.9632,30.92044

#### 6. ACCOMMODATION

Headquarters Hotel Southern Sun Elangeni 4 \*\*\*\*

#### **ADDRESS:**

63 OR Thambo Parade, Durban, Kwazulu-Natal, South Africa

#### **GPS COORDINATES:**

29°50'43.58" S | 31°2'5.96

## **Hotel Description**

An iconic hotel in Durban, the Southern Sun Elangeni invites guests to experience a modern <u>full-service</u> stay on Durban's <u>sun-kissed beachfront</u>. Sweeping Indian Ocean views along the 7km promenade have set the scene for an exceptional accommodation venue for nearly five decades. Southern Sun Elangeni promises an unforgettable stay in a contemporary classic.

A location metres from Durban's North Beach.a short drive to the Olive Convention Centre, inviting and fully equipped accommodation with sea views, a choice of three heated outdoor pools and a

different <u>dining venue</u> for every night of your stay – little wonder why we welcome back guests year after year.

Experience personalised service from one of South Africa's largest and most-revered hotels. We have built our reputation by setting the standard for service and personal attention.



#### **Hotel Rates**

R 1392.00 Single Room per night BB

R1673.00 Twin Room per night BB

\* The rates are per room per night and not per person per night.

# Garden Court Marine Parade Durban 4\*\*\*\*

#### **ADDRESS:**

167 OR Tambo Parade, Durban, Kwazulu-Natal, South Africa

#### **GPS COORDINATES:**

29°51'13.4"S | 31°02'17.8"E

#### **Hotel Description:**

From its rooftop pool to its beachfront location, the Garden Court Marine Parade hotel offers great

value, Tripadvisor award-winning service, and everything you need for work or play on Durban's famous Golden Mile.

The hotel's <u>352 sea-facing rooms</u> feature an en-suite with bath and shower, uncapped WiFi, air-conditioning, flat screen with DStv, and either two doubles or a comfy king bed - making them perfect for solo, family and group travel. Breakfast is included in room rates, and two kids under 18 can stay for free when sharing with adults.

Soak in the Golden Mile views from our rooftop pool, head to <u>Peppa Restaurant</u> for breakfast or dinner, keep your fitness routine in our <u>gym</u>.



#### **Hotel Rates**

R1250.00 Single Room per night BB

R1400.00 Twin Room per night BB

\* The rates are per room per night and not per person per night.

# Holiday Inn Garden Court South Beach 3\*\*\*

#### **ADDRESS:**

73 OR Tambo Parade, Durban, Kwazulu-Natal, South Africa

#### **GPS COORDINATES:**

29°51'26.6"S | 31°02'20.4"E

#### **Hotel Description:**

A two-minute walk from the beach, a short drive to the Olive Convention Centre, and perfectly positioned near family-favourites like Suncoast and uShaka Marine World, Garden Court South Beach is one of the most popular hotels on the Durban beachfront.

Our Durban beach hotel's <u>414 en-suite rooms</u> are equipped with uncapped WiFi, space to work, air-conditioning, DStv, sea or city views, and double, queen or twin-double options – making them perfect for all types of traveller.

Spend the day in the hotel's <u>pool</u> or on the beach, head to Spur for great all-day dining, and stay productive at our self-service workstations. Breakfast is included in room rates, and two kids under 18 can stay free when sharing with adult.



#### **Hotel Rates**

R1250.00 Single Room per night BB R1400.00 Twin Room per night BB

\* The rates are per room per night and not per person per night

#### **Booking Procedures:**

All bookings are to be made through the official travel agents:Serendipity Corporate Division

E-mail: kim@serendipitycorp.co.za

#### **Payment:**

All reservations need to be made in full at the time of the booking.

#### **Cancellation Policy**

Any rooms cancelled 14 days and less prior to arrival will attract a 100% cancellation fee.

#### **Banking Details:**

Account name: Serendipity Corporate Division

Bank Name: Nedbank

Account number: 1 2 0 5 3 9 3 6 7 6

Universal Branch Code: 1 9 8 7 6 5

Swift Code: NEDSZAJJ

#### 7. MEALS

There is a wide number of restaurants at the Hotels and around the hotels. Should you wish to venture out, one of the top 100 largest malls in the world, Gateway Mall is located in Umhlanga. There is also a myriad of eating-places at the Umhlanga Village Mall – both approximately 20 m form the city centre.

Meals will also be available at the Tournament Venue from a Food Vendor at the venue, mitigating the need to travel to buy meals for teams.





#### 8. ONLINE REGISTRATION

All registrations must be done at Sportdata platform, from 25<sup>th</sup> September 2022,

UFAK CADET, JUNIOR & SENIOR CHAMPIONSHIPS 2022 - DURBAN (athletes,

officials)

https://www.sportdata.org/wkf/set.php?id=614

UFAK CADET, JUNIOR & SENIOR CHAMPIONSHIPS 2022 -

DURBAN -COACH REGISTRATION

https://www.sportdata.org/wkf/set.php?id=674

UFAK CADET, JUNIOR & SENIOR CHAMPIONSHIPS 2022 - DURBAN -COACH PROGRAMME

https://www.sportdata.org/wkf/set.php?id=675

UFAK CADET, JUNIOR & SENIOR CHAMPIONSHIPS 2022 - DURBAN -OFFICIATING REFEREES REGISTRATION

https://www.sportdata.org/wkf/set.php?id=676

UFAK KUMITE REFEREE COURSE - DURBAN 2022

https://www.sportdata.org/wkf/set.php?id=677

**UFAK KATA REFEREE COURSE – DURBAN 2022** 

https://www.sportdata.org/wkf/set.php?id=678

#### Notes:

- 1. All Fees must be paid in cash in Euros or US Dollars at the HQ Hotel according to the program
- 2. All participating countries should please bring (2) National Flags in the following size (1Mx2M) plus CD of their National Anthem.
- 3. Technical Support for Online Registration

Web: www.sportdata.org

Email: office@sportdata.org

#### 9. UFAK COACH AND REFEREES REGISTRATION AND CONDITIONS

The registration deadline for the next examination during the African Karate Championships Durban 2022 is 25 th November 2022.

For late registration cases, acceptance will be subject to availability and a surcharge as per the UFAK Financial Provisions in 10 below.

All the registration must be done online at Sportdata Platform before the closing date at 25<sup>th</sup> November 2022 using this links showing down (Online Registration) Bring the printed application form in original with the National Federation stamp and signature at the official Registration on 30<sup>th</sup> November 2022.

#### E-Learning November – December 2020 condition for registration.

Referees who intend to take the UFAK Judge B examination MUST have attended the UFAK E- Learning course which was previously held.

Those who did not attend the course and intend taking the examination will only be allowed based on availability after those who met the conditions have registered.

However, they MUST pay the surcharge of 60 EURO for each single late registration (Kata or Kumite) and of 120 EURO for each double late registration (Kata and Kumite).

#### **UFAK Referee List 2021 conditions.**

All the referees who have not participated in the African Championships and have not renewed their License within six (6) years; will be removed from the UFAK Referees list

#### **UFAK Coaches' Accreditation registration fees and conditions.**

The UFAK Accreditation Coach Briefing is mandatory to all the national coaches, participating in the upcoming event.

- The Briefing fee is 120 EURO
- Late Registration Penalty is 60 EURO

The registration deadline for the next UFAK Coach Accreditation and UFAK certified Coach in Durban 25<sup>th</sup> November 2022.

All the registration must be done online before the 25<sup>th</sup> November 2022 using the link showing down (Online Registration)

Bring the printed application form in original with the National Federation stamp and signature at the official Registration on 30<sup>th</sup> November 2022.

# 10. EVENTSSCHEDULE

#### **GENERAL PROGRAM**

GENERAL PROGRAM					
Monday 28 <sup>th</sup> November 2022					
All Day Arrival of the Delegations					
	Tuesday 29 <sup>th</sup> November 2022				
09:00 – 09:45	UFAK RC meeting	HQ Hotel			
10:00 - 13:00	Referee & coaches Registration & Payment	HQ Hotel			
14:30 - 16:00	Referee Kumite lecture	HQ Hotel			
16:15 – 17:15	Judge Kata lecture	HQ Hotel			
17:30 – 18:30	Referee Kumite theory examination	HQ Hotel			
18:45 – 19:00	Judge Kata theory examination	HQ Hotel			
	Wednesday 30 <sup>th</sup> November 2022				
09:30-12:00	Practical examination group 1	Venue			
10:00 – 11:30	Accredited Coaches Briefing	HQ Hotel			
13:30–16:00	Practical examination group 2	Venue			
16:30 – 19:30	RC Administration	HQ Hotel			
17:30–18:15	Kumite Certified Coach Examination	HQ Hotel			
18:30–19:15	Kata Certified Coach Examination	HQ Hotel			
	Thursday 1 <sup>st</sup> December 2022				
10:00–16:00	Registration & Credentials Desk Open (Payment)+Weighing (All categories)	HQ Hotel			
09:00-11:30	Kata video examination				
10:00–12:00	UFAK EXCUTIVE COMMITTEE	HQ Hotel			
12:00–15:30	RC Administration	HQ Hotel			
14:00–15:30	Referee license renewal	HQ Hotel			
16:30–17:30	Referee examination results	HQ Hotel			
15:30–17:30	GENERAL ASSEMBLY	HQ Hotel			
16:30–17:30	Coach examination results	HQ Hotel			
18:00–19:00	Referees & Tatami managers briefing	HQ Hotel			
19:30–21:00	Draw	HQ Hotel			

#### Note:

Saturday 3<sup>rd</sup> December 2022 after the end of the competition will have Referees and Judges debriefing & Diplomas ceremony.

# TECHNICAL AND COMPETITION PROGRAM FOR THE CHAMPIONSHIPS

	Friday 02nd December 2022	
	Cadet Individual Kata (Male & female), Eliminations	
	Junior Individual Kata(Male & Female), Eliminations	
00:20 40:00	Senior Individual Kata (Male & Female), Eliminations	Competition
08:30 -18:00	Junior & Senior Team Kata (Male &Female), Eliminations	
	Senior Individual Kumite, Eliminations	Venue
No.	Male:-60kg, -67kg,-75kg, - 84kg, +84kg Female:-50kg,-55kg,- 61kg, -68kg, +68kg	
18:30 -19:30	Finals (Cadets & Juniors) & Medals Ceremony	
	Saturday 03 <sup>rd</sup> December 2022	
	OPENING CEREMONY	
	Cadet Individual Kumite, Eliminations & Repechages	
	Male: -52kg,-57kg,-63kg, -70kg,+70kg Female:-47kg, - 54kg,+54kg	
of the Same	Junior Individual Kumite, Eliminations & Repechages	ALC: NO.
08:30 -17:30	Male: -55kg,-61kg,-68kg, -76kg,+76kg Female:-48kg, - 53kg,+53kg	1
	Senior Team Kumite (Male & Female),Eliminations & Repechages	1/6
A SECTION AND A SECTION ASSESSMENT	1 toposinagos	100
-	Finals (Cadets, Juniors, Senior team Kumite) & Medals Ceremony	7.67
	Individual Kata ( Seniors) Wheelchair Athletes	1000
18:00 - 19:00	Senior third Places Bouts	( Salar
19:00 - 21:00	Kata Individual Female / Male	1
	Sunday 04 <sup>th</sup> December 2022	
Control of the last of the las	Kata Team Female / Male	- \
09:00 - 12:00	Break	
09.00 - 12.00	Senior Finals	
AND THE	Kata Individual Female / Male	AT YES
12:00 - 13:00	Male:-60kg, -67kg,-75kg, - 84kg, +84kg Female:-50kg,-55kg,- 61kg, -68kg, +68kg	
13:30 - 16:30	Kata Team Female / Male	
10.00 10.00	Medals Ceremony & Closing Ceremony	1 9 110







### WKF APPROVED PROTECTIONS KARATEGIS & TATAMIS

The World Senior Championships complies with the highest level of presentation. In order to guarantee the correct delivery of the event, and to ensure the suitable quality of the tournament, exclusively the following brands are WKF Approved for use in the 2021 World Senior Championships.

#### SPORT PROTECTIONS "WKF Approved"

















## DISTRIBUITORS ASSISTANCE "WKF Approved"

Click on the image to visit the distributors by countries



# KARATE-GIs "WKF Approved"

All "WKF approved" Karate-Gis are allowed to participate in this competition.

Click on the picture to see all the "WKF approved" Karate-Gis.



## 2. TATAMIS "WKF Approved"











# 11. UFAKFINANCIALPROVISIONS

# DISPOSITIONS FINANCIERES DE L'UFAK A PARTIR DU 01/01/2020 UFAK FINANCIAL PROVISIONS FROM 01/01/2020

N°	Désignation des recettes / Designation of the incomes	Montant / Amoun (Euros)
	Frais affiliation annuelle / Annual affiliation fees	500
	Pénalité pour retard paiement affiliation annuelle pour année en cours et une année / Penalty for late annual affiliation payment for the current year and one year	100
	Pénalité pour retard paiement affiliation annuelle après une année / Penality for late annual affiliation payment after one year	200
	Frais d'inscription au cours d'Arbitrage Kata / Registration fees for Referee Kata course	120
	Frais d'inscription au cours d'Arbitrage Kumité / Registration fees for Referee Kata course	120
	Pénalité de retard d'inscription au cours d'Arbitrage Kata ou Kumité / Penalty for late registration to Referee Kata or Kumite course	60
	Frais d'inscription au cours d'Arbitrage Kata & Kumité / Registration fees for Referee Kumite & Kata course	200
	Pénalité de retard d'inscription au cours d'Arbitrage Kata & Kumité / Penalty for late registration to Referee Kata & Kumite course	120
	Frais de renouvellement de la Licence d'Arbitre Kata ou Kumité (tous les 4 ans) / Renewal fees of the Referee's license Kata or Kumite (every 4 years)	100
	Frais d'homologation UFAK d'un Juge ou Arbitre de la FMK en Kata ou Kumité / UFAK Homologation's fees for a WKF Judge or Referee in Kata or Kumité	120
	Frais d'homologation UFAK d'un Juge ou Arbitre de la FMK en Kata & Kumité / UFAK Homologation's fees for a WKF Judge or Referee in Kata & Kumité	200
	Frais d'inscription au cours d'Entraîneur Accrédité / Registration fees for Accredited Coach course	120
	Frais d'inscription au cours d'Entraîneur Kata / Registration fees for Kata Coach course	120
	Frais d'inscription au cours d'Entraîneur Kumité / Registration fees for Kumite Coach course	120
	Frais d'inscription au cours d'Entraîneur Kata & Kumité / Registration fees for Kata & Kumite Coach course	200
	Pénalité de retard d'inscription au cours d'Entraîneur Accrédité ou Kata ou Kumité / Penalty for late registration to Coach Accredited or Kata or Kumite course	60
	Pénalité de retard d'inscription au cours d'Entraîneur Kata & Kumité / Penalty for late registration to Coach Kata & Kumite course	120
	Frais de renouvellement de la Licence d'Entraîneur Accrédité ou Kata ou Kumité (tous les 3 ans) / Renewal fees of the Coach's license Accredited or Kata or Kumite (every 3 years)	100
	Frais d'homologation UFAK d'un Entraîneur de la FMK en Kata ou Kumité / UFAK Homologation's fees for a WKF Coach in Kata or Kumité	120
	Frais d'homologation UFAK d'un Entraîneur de la FMK en Kata & Kumité / UFAK Homologation's fees for a WKF Coach in Kata & Kumité	200
	Frais d'entrée individuelle / Individual entry fees	75
	Pénalité pour non inscription en ligne par entrée individuelle / Penalty for non online registration per individual entry	50
	Frais d'entrée Equipe Féminine Kata / Team Female Kata entry fees	150
	Frais d'entrée Equipe Féminine Kumité / Team Female Kumite entry fees	150
	Frais d'entrée Equipe Masculine Kata / Team Male Kata entry fees	150
	Pénalité pour non inscription en ligne par Equipe Féminine Kata & Kumité, Masculine Kata / Penalty for non online registration per Team Female Kata & Kumite, Male Kata	100
	Frais d'entrée Equipe Masculine Kumité / Team Male Kumite entry fees	200
	Pénalité pour non inscription en ligne par Equipe Masculine Kumité / Penalty for non online registration per Team Male Kumite	150
	Achat de Passeport Sportif UFAK / Purchase of UFAK Sport Passport	30
	Frais de validation annuelle Passeport Sportif UFAK / Annual Validation fees UFAK Sport Passport	15
	Achat de Cravates UFAK / Purchase of UFAK Ties	25
	Achat de Badges UFAK / Purchase of UFAK Badges	40
	Frais de protestation / Protest fees	300
	Caution pour l'organisation des Championnats d'Afrique UFAK / Guarantee for the organization of the UFAK African Championships	3 000

#### 12. COMPETITION EQUIPMENT

- All the information concerning the WKF homologated items for this event can be found on: <a href="https://www.wkf.net/karateprotections/">https://www.wkf.net/karateprotections/</a>
- In the bouts for bronze medals and finals, male coaches are required to weara dark suite, shirt and tie while female coaches may choose to wear a dress, pantsuit or a combination of jacket and skirt in dark colours.
- Medal ceremonies will be held at the end of each day. Please wear you National Track
  Suits at the Medal Ceremony

#### 13. OPENINGCEREMONY

All delegations must remain in the designated area for preparation of the Opening Ceremony as per the events schedule.

#### **Tickets**

Please note that all spectators will be required to pay an entry fee at the gate. This will be determined in line with the COVID19 specific protocols in South Africa. Tickets will also be available at the HQ Hotel and online on the Karate South Africa website

#### 14. MEDICAL MATTERS

Officially appointed medical staff will be present to administer first aid. The medical staff retains the right to decide whether an injured competitor may continue competing or whether they should withdraw from the event. Each competitor and official is responsible for their own healthcare.

There are many Private and Public Hospitals in the Durban Area with the Netcare Umhlanga Hospital being one of the more closer to the competition venue.

The Accommodation Organiser/ Travel Agent – Kim Van Den Berg will arrange a list of all Medical Facilities/ Emergency Facilities in the Area of where the Athletes Hotels are situated

Email: kim@serendipitycorp.co.za









Kim and her team can be contacted in the event of emergency assistance required.

The Hotel Facilities referenced above have day and night shift managers that can assist with any emergency situations that may arise.

#### 15. INSURANCE

Participating delegations must arrange their own medical and personal travel insurance. Karate South Africa and the UFAK assume no liability or responsibility for the lack of insurance from participants and members of the delegations.

Delegations lacking insurance policies can enquire about additional insurance at the Registration Desk.

#### 16. INDEMNITY

The event organiser is not responsible for any injury that may occur during the Africa Championships Durban 2022 itself or injuries en-route to Durban/ eThekwini, South Africa or during your stay in South Africa. The venue, venue staff, Karate South Africa and UFAK will not accept any responsibility forinjury, illness, or loss of personal effects.

# 17. VISA'S

Based on the different entry requirements per country, entry visa and COVID19 testing may be required for any of the participating countries to enter South Africa – please discuss with your travel agents or contact our official travel agent, Serendipity Corporate Division on E-mail: kim@serendipitycorp.co.za

# 18. PRACTICAL INFORMATION

Most of the shops and shopping centres are open from 09:00 to 19:00 in the evening. Restaurants and other entertainment venues operate throughout the day till late.

Most people pay in cash or with a credit or debit card. When paying by card you must have your passport or identity card available. Banks operate from approximately 09:00 – 15:30 Monday to Friday, 08:30 – 12:00 on Saturdays.





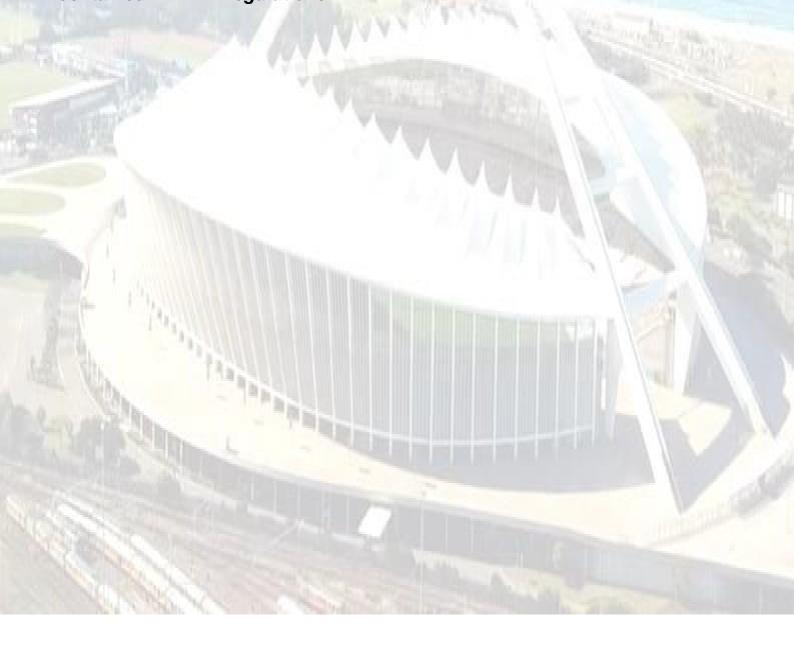




The type N socket and plug are the official standard in South Africa. Type C plugs are also official, but not type C sockets. This does not pose a problem, however, since type C plugs are 100% compatible with type N sockets.

#### **OMISSIONS**

As regards that the specific items which are not expressly foreseen in this bulletin reference is to be made to the general rules and guidelines contained in WKF Regulations.









# WEIGHT CATEGORIES AND ACCREDITED TOURNAMENTS

	Seniors	Juniors	Cadets
	Individual Kata (+ 16 Years) Females & Males	Individual Kata (16-17 Years) Females & Males	Individual Kata (14-15 Years) Females & Males
Phy	Kumite Individual Males (18+ Years)	Kumite Individual Males (16 – 17 Years)	Kumite Individual Males (14 – 15 Years)
	-60 kg -67 kg -75 kg -84 kg +84 kg	-55 kg -61 kg -68 kg -76 kg +76 kg	-52 kg -57 kg -63 kg -70 kg +70 kg
	Kumite Individual Females (18+ Years)	Kumite Individual Females (16 – 17 Years)	Kumite Individual Females (14 – 15 Years)
	-50 kg -55 kg -61 kg -68 kg +68 kg	-48 kg -53 kg -59 kg +59 kg	-47 kg -54 kg +54 kg
7	Team Kata (+ 16 years) Females & Males	Team Kata (14 – 17 years) Females & Males	AN ECOL
	Team Kumite (+ 18 years) Females & Males		
Buch	1.17.0000000000000000000000000000000000		Manufacture, TVT, IN No. of the Co.











#### UNION DES FEDERATIONS AFRICAINES DE KARATE (UFAK)

#### AFRICAN KARATE FEDERATIONS UNION

Affiliated to World Karate Federation (WKF) Union of African Sports Confederation (UCSA)

Association of National Olympic Committees of Africa (ANOCA)



# **ACCREDITATION AGREEMENT FOR COACHES**

The undersigned hereby agrees to conform to the following conditions as a prerequisite for coaching at WKF events and obtaining and maintaining WKF coaching licenses:

#### As a coach, I am responsible for:

- the safety and well being of all athletes assigned to me by my National Federation, both inside and outside the competition area;
- the courteous and disciplined conduct of myself and my assigned athletes, both inside and outside the competition area;
- the adherence of myself and my assigned athletes to instructions given by the referee or 3. other empowered tournament officials;
- the adherence of my assigned athletes to the current anti-doping rules; to keep myself abreast of current competition rules and ensure that my assigned athletes 5. abide by the same rules;
- Avoiding protests without basis in the rules.
- To adhere to the WKF Athlete Safeguarding Policy without compromise in the fight against 7. harassment and abuse towards athletes.

highrebyceanfirm that it wodars; and that by unantended in premote this present the Asycement of	nastispismu ismus
of any coaching license issued to me by the WKF, based on the decision of the Technical G	Commission.
NAME	
NATIONAL FEDERATION :	
Date:Signature:	1









#### UNION DES FEDERATIONS AFRICAINES DE KARATE (UFAK) AFRICAN KARATE FEDERATIONS UNION

#### Affiliated to World Karate Federation (WKF)

Union of African Sports Confederation (UCSA)
Association of National Olympic Committees of Africa (ANOCA)



# **APPLICATION TO COACHING COURSE**

First Name:				
Family Name:	Dan:			
Country:	Age <u>:</u>			
Name of Nat. Federation:				
Date Name of President of	f National Federation	Signature of NF'S <u>F</u>	resident	
The above Candidate has th	e following UFAK licer	nse(s): (Please put X i	n the appropri	ate box)
	, and the second	. , , , .		,
Will participate in UFAK	Accreditation Coach			
Will participate in UFAK	Certified Kata Coach			
Will participate in UFAK Certified Kumite Coach				
Notice:				
All the Coaches who do not				
exam in order to accompani rules).	ed their athletes duffi	g the Amcan Champ	iorisnips (Piea	se see the attached
Bring this application in or	iginal at the official F	Registration.		

<u>Date</u>: <u>Coach Signature</u>:











# AFRICAN KARATE FEDERATIONS UNION

# **APPLICATION TO REFREE**

				[		
					РНОТО	)
First name: _				l	-	
Family name:				_Dan:		
Country:				Age:		
Name of Nat.	Federation	:				
Date Name of	President of Natio	onal Federation	Signature of Preside	ent of Natio	onal Federa	ation
The above Candidate <u>has</u> the following UFAK licence(s): (Please put an X in the appropriate box)						
do not have kata o	r kumite UFA	( licence				
I have Kata	Judge-B	Judge-A				
I have Kumite	Judge-B	Judge-A	Referee-B	Re	feree-A	
Will participate in Kata Course Will participate in Kumite Course						
Notice: All the Referees and Judges who do not have UFAK qualification must attend the referee course and the exam to have UFAK Judge "B" as new qualification.						
Bring this application in original filled and signed at the official Registration on						
30 <sup>th</sup> November 20	021.					















