

GYMNASTIK OCH ATLETKLUBBEN ENIGHET(GAK  
ENIGHET) / SWEDISH KARATE OPEN 2024 - 2024-03-09

	Tatami 1	Tatami 2	Tatami 3	Tatami 4	Tatami 5	Tatami 6		
07:30	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)		
07:35								
07:40								
07:45								
07:50								
07:55								
08:00								
08:05								
08:10								
08:15								
08:20	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)			
08:25								
08:30								
08:35								
08:40								
08:45								
08:50								
08:55								
09:00	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)		
09:05	KATA FEMALE JUNIOR (7) Pool 1/2 09:10 - 09:45	KATA FEMALE JUNIOR (7) Pool 2/2 09:10 - 09:45	Kata Male Junior (6) Pool 1/2 09:10 - 09:40	Kata Male Junior (6) Pool 2/2 09:10 - 09:40	KATA GIRLS 12 YEARS (12) 09:10 - 10:25	PARAKARATE INDIVIDUAL MIXED CHILDREN (5) 09:10 - 09:40		
09:10								
09:15								
09:20								
09:25								
09:30								
09:35	KATA FEMALE JUNIOR (3) Repechage 1 09:45 - 09:55	KATA FEMALE JUNIOR (3) Repechage 2 09:45 - 09:55	Kata Male Junior (3) Repechage 1 09:40 - 09:50	Kata Male Junior (3) Repechage 2 09:40 - 09:50	KATA GIRLS 10 YEARS (7) 09:40 - 10:20			
09:40								
09:45								
09:50								
09:55	KATA FEMALE JUNIOR (2) Final							
10:00	Kata Female Senior (19) Pool 1/2 10:00 - 11:40	Kata Female Senior (19) Pool 2/2 10:00 - 11:40	Kata Male Senior (13) Pool 1/2 09:55 - 11:05	Kata Male Senior (12) Pool 2/2 09:55 - 10:55		KATA GIRLS 13 YEARS (13) 10:25 - 11:45	KATA BOYS 10 YEARS (5) 10:20 - 10:50	
10:05								
10:10								
10:15								
10:20								
10:25								
10:30			Kata Male Senior (4) Repechage 2 10:55 - 11:10	Kata Male Senior (4) Repechage 1 11:05 - 11:20	Kata male Cadet (9) Pool 2/2 11:10 - 11:55	KATA GIRLS 11 YEARS (5) 10:50 - 11:20		
10:35								
10:40								
10:45								
10:50			Kata Male Senior (2) Final				KATA BOYS 11 YEARS (4) 11:20 - 11:35	
10:55								
11:00			Kata Female Senior (5) Repechage 1 11:40 - 12:05	Kata Female Senior (5) Repechage 2 11:40 - 12:05	Kata male Cadet (9) Pool 1/2 11:25 - 12:10	Kata male Cadet (4) Repechage 2 11:55 - 12:10	KATA BOYS 13 YEARS (4) 11:45 - 12:00	KATA BOYS 12 YEARS (7) 11:35 - 12:15
11:05								
11:10								
11:15								
11:20								
11:25								
11:30	KATA female cadets (8) Pool 2/2 12:10 - 12:50	KATA female cadets (9) Pool 1/2 12:05 - 12:50	Kata male Cadet (4) Repechage 1 12:10 - 12:25	LUNCH 12:10 - 12:40 (00:30)	LUNCH 12:00 - 12:30 (00:30)	LUNCH 12:15 - 12:45 (00:30)		
11:35								
11:40								
11:45								
11:50								
11:55								
12:00	Kata Female Senior (2) Final		Kata male Cadet (2) Final	LUNCH 12:30 - 13:00 (00:30)	KUMITE GIRLS 11 YEARS -148 cm (6) 12:30 - 13:05	KUMITE GIRLS 10 YEARS -142 cm (5) 12:45 - 13:15		
12:05								
12:10	KATA female cadets (4) Repechage 2 12:50 - 13:05	KATA female cadets (4) Repechage 1 12:50 - 13:05	KUMITE GIRLS 13 YEARS +160 cm (9) 12:40 - 13:40	KUMITE GIRLS 13 YEARS -164 cm (12) 13:05 - 14:20	KUMITE BOYS 13 YEARS -164 cm (11) 13:15 - 14:25			
12:15								
12:20								
12:25								
12:30								
12:35								
12:40								
12:45								
12:50								
12:55								
13:00								
13:05	KATA female cadets (2) Final	LUNCH 13:05 - 13:35 (00:30)	KUMITE GIRLS 13 YEARS -160 cm (9) 13:00 - 14:00					
13:10								
13:15								
13:20								
13:25								
13:30								

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	Tatami 1	Tatami 2	Tatami 3	Tatami 4	Tatami 5	Tatami 6
13:35						
13:40						
13:45						
13:50						
13:55						
14:00						
14:05	KUMITE BOYS 12 YEARS -154 cm (9) 13:40 - 14:40	KUMITE BOYS 12 YEARS +154 cm (10) 13:35 - 14:40		KUMITE BOYS 11YEARS +145 cm (9) 13:40 - 14:40		
14:10			KUMITE BOYS 11YEARS -145 cm (7) 14:00 - 14:40			
14:15						
14:20						
14:25					KUMITE GIRLS 10 YEARS +142 cm (5) 14:20 - 14:50	
14:30						KUMITE GIRLS 11 YEARS +148 cm (5) 14:25 - 14:55
14:35						
14:40						
14:45						
14:50	KUMITE BOYS 10YEARS +148 cm (6) 14:40 - 15:15	KUMITE BOYS 10YEARS -148 cm (5) 14:40 - 15:10	KUMITE GIRLS 12 YEARS +154 cm (6) 14:40 - 15:15	KUMITE GIRLS 12 YEARS -154 cm (5) 14:40 - 15:10		
14:55						
15:00						
15:05						
15:10						
15:15	Kumite Female Cadet -47 kg (3) 15:15 - 15:25		Kumite Female Junior -48 kg (2)			
15:20		Kumite Male Cadet -57kg (6) 15:10 - 15:45				
15:25	Kumite Female Senior -55 kg (4) 15:25 - 15:40					
15:30			Kumite Female Junior -53 kg (7) 15:20 - 16:00			
15:35						
15:40				Kumite Male Cadet -52kg (13) 15:10 - 16:25	Kumite Female Cadet -54 kg (17) 14:50 - 16:35	
15:45		Kumite Male Junior -55 kg (3) 15:45 - 15:55				
15:50		Kumite Male Junior -61 kg (3) 15:55 - 16:05				
15:55	Kumite Female Senior -61 kg (8) 15:40 - 16:30					
16:00						
16:05			Kumite Female Junior -59 kg (7) 16:00 - 16:40			
16:10						
16:15		Kumite Male Junior -68 kg (9) 16:05 - 17:00				
16:20						
16:25						
16:30						
16:35						
16:40						
16:45	Kumite Female Senior -68 kg (7) 16:30 - 17:15		KUMITE FEMALE JUNIOR -66 KG (4) 16:40 - 16:55			
16:50						
16:55						
17:00			Kumite female Juniors +66kg (4) 16:55 - 17:10			
17:05				Kumite Male Cadet -63kg (14) 16:25 - 17:45		
17:10			Kumite Male Senior -60 kg (2)		KUMITE FEMALE CADET -61 KG (11) 16:35 - 17:40	
17:15						
17:20		Kumite Male Junior -76kg (8) 17:00 - 17:45				
17:25						
17:30	Kumite Female Senior + 68kg (5) 17:15 - 17:50		Kumite Male Senior - 67kg (5) 17:15 - 17:50			
17:35						
17:40						
17:45						
17:50						
17:55		Kumite Male Junior +76kg (6) 17:45 - 18:20		Kumite Male Cadet -70kg (9) 17:45 - 18:40		
18:00			Kumite Male Senior - 75kg (5) 17:50 - 18:25		Kumite female Cadets +61kg (12) 17:40 - 18:50	
18:05	Kumite Male Senior - 84kg (7) 17:50 - 18:35					
18:10						
18:15						
18:20						
18:25						
18:30		Kumite Male Senior + 84kg (5) 18:20 - 18:55				
18:35			Kumite Male Cadet +70kg (6) 18:25 - 19:00			
18:40						
18:45						
18:50						
18:55						
19:00						
19:05						
19:10	END OF COMPETITION 19:00 - 19:30 (00:30)	END OF COMPETITION 19:00 - 19:30 (00:30)	END OF COMPETITION 19:00 - 19:30 (00:30)	END OF COMPETITION 19:00 - 19:30 (00:30)	END OF COMPETITION 19:00 - 19:30 (00:30)	END OF COMPETITION 19:00 - 19:30 (00:30)
19:15						
19:20						
19:25						