

FRÖLUNDA KARATE KLUBB(FRÖLUNDA) / SWEDISH KARATE OPEN 2024 - 2024-03-09							
	Tatami 1	Tatami 2	Tatami 3	Tatami 4	Tatami 5	Tatami 6	
07:30	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	
07:35							
07:40							
07:45							
07:50							
07:55							
08:00							
08:05							
08:10							
08:15							
08:20							
08:25							
08:30	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	
08:35							
08:40							
08:45							
08:50							
08:55							
09:00	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	
09:05							
09:10	KATA FEMALE JUNIOR (7) Pool 1/2 09:10 - 09:45	KATA FEMALE JUNIOR (7) Pool 2/2 09:10 - 09:45	Kata Male Junior (6) Pool 1/2 09:10 - 09:40	Kata Male Junior (6) Pool 2/2 09:10 - 09:40	KATA GIRLS 12 YEARS (12) 09:10 - 10:25	PARAKARATE INDIVIDUAL MIXED CHILDREN (5) 09:10 - 09:40	
09:15							
09:20			Kata Male Junior (3) Repechage 1 09:40 - 09:50	Kata Male Junior (3) Repechage 2 09:40 - 09:50		KATA GIRLS 10 YEARS (7) 09:40 - 10:20	
09:25							
09:30			Kata Male Junior (2) Final				KATA GIRLS 11 YEARS (5) 10:50 - 11:20
09:35							
09:40	KATA FEMALE JUNIOR (3) Repechage 1 09:45 - 09:55	KATA FEMALE JUNIOR (3) Repechage 2 09:45 - 09:55	KATA GIRLS 13 YEARS (13) 10:25 - 11:45				
09:45							
09:50	KATA FEMALE JUNIOR (2) Final		KATA BOYS 10 YEARS (5) 10:20 - 10:50				
09:55							
10:00	Kata Female Senior (19) Pool 1/2 10:00 - 11:40	Kata Female Senior (19) Pool 2/2 10:00 - 11:40	Kata Male Senior (13) Pool 1/2 09:55 - 11:05	Kata Male Senior (12) Pool 2/2 09:55 - 10:55	KATA GIRLS 13 YEARS (13) 10:25 - 11:45	KATA BOYS 12 YEARS (7) 11:35 - 12:15	
10:05							
10:10							
10:15							
10:20							
10:25							
10:30			Kata Male Senior (4) Repechage 1 11:05 - 11:20	Kata Male Senior (4) Repechage 2 10:55 - 11:10	KATA GIRLS 11 YEARS (5) 10:50 - 11:20		
10:35							
10:40							
10:45							
10:50							
10:55							
11:00	Kata Male Senior (2) Final	Kata male Cadet (9) Pool 2/2 11:10 - 11:55	KATA BOYS 11 YEARS (4) 11:20 - 11:35				
11:05							
11:10							
11:15							
11:20							
11:25							
11:30	Kata male Cadet (9) Pool 1/2 11:25 - 12:10	Kata male Cadet (4) Repechage 2 11:55 - 12:10	KATA BOYS 12 YEARS (7) 11:35 - 12:15				
11:35							
11:40							
11:45							
11:50							
11:55							
12:00	Kata Female Senior (2) Final		KATA BOYS 13 YEARS (4) 11:45 - 12:00				
12:05							
12:10	KATA female cadets (8) Pool 2/2 12:10 - 12:50	KATA female cadets (9) Pool 1/2 12:05 - 12:50	Kata male Cadet (4) Repechage 1 12:10 - 12:25	LUNCH 12:10 - 12:40 (00:30)	LUNCH 12:00 - 12:30 (00:30)	LUNCH 12:15 - 12:45 (00:30)	
12:15							
12:20			Kata male Cadet (2) Final	LUNCH 12:30 - 13:00 (00:30)	KUMITE GIRLS 11 YEARS -148 cm (6) 12:30 - 13:05		
12:25							
12:30			KATA female cadets (4) Repechage 2 12:50 - 13:05	KATA female cadets (4) Repechage 1 12:50 - 13:05	KUMITE GIRLS 10 YEARS -142 cm (5) 12:45 - 13:15		
12:35							
12:40	KATA female cadets (2) Final		KUMITE GIRLS 13 YEARS +160 cm (9) 12:40 - 13:40				
12:45							
12:50	LUNCH 13:10 - 13:40 (00:30)	LUNCH 13:05 - 13:35 (00:30)	KUMITE GIRLS 13 YEARS -160 cm (9) 13:00 - 14:00	KUMITE GIRLS 12 YEARS (8) 12:45 - 13:15	KUMITE GIRLS 11 YEARS -148 cm (6) 12:30 - 13:05	KUMITE GIRLS 10 YEARS -142 cm (5) 12:45 - 13:15	
12:55							
13:00							
13:05							
13:10							
13:15							
13:20	KUMITE BOYS 12 YEARS -154 cm (9)	KUMITE BOYS 12 YEARS +154 cm (10) 13:35 - 14:40	KUMITE BOYS 11YEARS +145 cm (9)	KUMITE BOYS 13 YEARS -164 cm (12) 13:05 - 14:20	KUMITE BOYS 13 YEARS +164 cm (11) 13:15 - 14:25		
13:25							
13:30							
13:35							
13:40							

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	Tatami 1	Tatami 2	Tatami 3	Tatami 4	Tatami 5	Tatami 6
13:45	13:40 - 14:40		KUMITE BOYS 11YEARS -145 cm (7) 14:00 - 14:40	13:40 - 14:40		
13:50						
13:55						
14:00						
14:05						
14:10						
14:15						
14:20						
14:25						
14:30						
14:35						
14:40	KUMITE BOYS 10YEARS +148 cm (6) 14:40 - 15:15	KUMITE BOYS 10YEARS -148 cm (5) 14:40 - 15:10	KUMITE GIRLS 12 YEARS +154 cm (6) 14:40 - 15:15	KUMITE GIRLS 12 YEARS -154 cm (5) 14:40 - 15:10	KUMITE GIRLS 10 YEARS +142 cm (5) 14:20 - 14:50	KUMITE GIRLS 11 YEARS +148 cm (5) 14:25 - 14:55
14:45						
14:50						
14:55						
15:00						
15:05						
15:10						
15:15						
15:20						
15:25						
15:30	Kumite Female Cadet -47 kg (3) 15:15 - 15:25	Kumite Male Cadet -57kg (6) 15:10 - 15:45	Kumite Female Junior -48 kg (2)	Kumite Male Cadet -52kg (13) 15:10 - 16:25	<u>Kumite Female Cadet -54 kg (17)</u> 14:50 - 16:35	
15:35						
15:40						
15:45						
15:50						
15:55						
16:00						
16:05						
16:10						
16:15						
16:20	Kumite Female Senior -61 kg (8) 15:40 - 16:30	Kumite Male Junior -55 kg (3) 15:45 - 15:55	Kumite Female Junior -53 kg (7) 15:20 - 16:00			
16:25						
16:30						
16:35						
16:40						
16:45						
16:50						
16:55						
17:00						
17:05						
17:10	Kumite Female Senior -68 kg (7) 16:30 - 17:15	Kumite Male Junior -61 kg (3) 15:55 - 16:05	<u>Kumite Female Junior -59 kg (7)</u> 16:00 - 16:40	Kumite Male Cadet -63kg (14) 16:25 - 17:45		
17:15						
17:20						
17:25						
17:30						
17:35						
17:40						
17:45						
17:50						
17:55						
18:00	Kumite Male Senior - 84kg (7) 17:50 - 18:35	Kumite Male Junior -68 kg (9) 16:05 - 17:00	KUMITE FEMALE JUNIOR -66 KG (4) 16:40 - 16:55		KUMITE FEMALE CADET -61 KG (11) 16:35 - 17:40	
18:05						
18:10						
18:15						
18:20						
18:25						
18:30						
18:35						
18:40						
18:45						
18:50		Kumite Male Junior +76kg (6) 17:45 - 18:20	Kumite Male Senior - 67kg (5) 17:15 - 17:50	Kumite Male Cadet -70kg (9) 17:45 - 18:40	Kumite female Cadets +61kg (12) 17:40 - 18:50	
18:55						
19:00						
19:05						
19:10						
19:15						
19:20						
19:25						