

ITOSU-KAI KAIZEN(KAIZ) / SWEDISH KARATE OPEN 2024 - 2024-03-09								
	Tatami 1	Tatami 2	Tatami 3	Tatami 4	Tatami 5	Tatami 6		
07:30	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)		
07:35								
07:40								
07:45								
07:50								
07:55								
08:00								
08:05								
08:10								
08:15								
08:20								
08:25								
08:30	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)		
08:35								
08:40								
08:45								
08:50								
08:55								
09:00	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)		
09:05								
09:10	KATA FEMALE JUNIOR (7) Pool 1/2 09:10 - 09:45	KATA FEMALE JUNIOR (7) Pool 2/2 09:10 - 09:45	Kata Male Junior (6) Pool 1/2 09:10 - 09:40	Kata Male Junior (6) Pool 2/2 09:10 - 09:40	KATA GIRLS 12 YEARS (12) 09:10 - 10:25	PARAKARATE INDIVIDUAL MIXED CHILDREN (5) 09:10 - 09:40		
09:15								
09:20								
09:25			Kata Male Junior (3) Repechage 1 09:40 - 09:50	Kata Male Junior (3) Repechage 2 09:40 - 09:50		KATA GIRLS 10 YEARS (7) 09:40 - 10:20		
09:30								
09:35			Kata Male Junior (2) Final					
09:40								
09:45	KATA FEMALE JUNIOR (3) Repechage 1 09:45 - 09:55	KATA FEMALE JUNIOR (3) Repechage 2 09:45 - 09:55						
09:50								
09:55	KATA FEMALE JUNIOR (2) Final		Kata Male Senior (13) Pool 1/2 09:55 - 11:05	Kata Male Senior (12) Pool 2/2 09:55 - 10:55				
10:00	Kata Female Senior (19) Pool 1/2 10:00 - 11:40	Kata Female Senior (19) Pool 2/2 10:00 - 11:40			KATA GIRLS 13 YEARS (13) 10:25 - 11:45	KATA BOYS 10 YEARS (5) 10:20 - 10:50		
10:05								
10:10								
10:15								
10:20								
10:25						KATA GIRLS 11 YEARS (5) 10:50 - 11:20		
10:30		Kata Male Senior (4) Repechage 2 10:55 - 11:10						
10:35								
10:40		Kata male Cadet (9) Pool 2/2 11:10 - 11:55		KATA BOYS 11 YEARS (4) 11:20 - 11:35	KATA BOYS 12 YEARS (7) 11:35 - 12:15			
10:45								
10:50								
10:55								
11:00								
11:05			Kata Male Senior (4) Repechage 1 11:05 - 11:20			KATA BOYS 13 YEARS (4) 11:45 - 12:00		
11:10								
11:15		Kata Male Senior (2) Final	Kata male Cadet (4) Repechage 2 11:55 - 12:10		LUNCH 12:00 - 12:30 (00:30)	LUNCH 12:15 - 12:45 (00:30)		
11:20								
11:25	Kata Female Senior (5) Repechage 1 11:40 - 12:05	Kata Female Senior (5) Repechage 2 11:40 - 12:05	Kata male Cadet (9) Pool 1/2 11:25 - 12:10	Kata male Cadet (4) Repechage 2 11:55 - 12:10				
11:30								
11:35								
11:40	Kata Female Senior (2) Final	KATA female cadets (9) Pool 1/2 12:05 - 12:50	Kata male Cadet (4) Repechage 1 12:10 - 12:25					
11:45								
11:50								
11:55	KATA female cadets (8) Pool 2/2 12:10 - 12:50	KATA female cadets (9) Pool 1/2 12:05 - 12:50	Kata male Cadet (2) Final					
12:00								
12:05								
12:10								
12:15								
12:20								
12:25								
12:30								
12:35								
12:40								
12:45								
12:50	KATA female cadets (4) Repechage 2 12:50 - 13:05	KATA female cadets (4) Repechage 1 12:50 - 13:05						
12:55								
13:00	KATA female cadets (2) Final							
13:05								
13:10	LUNCH 13:10 - 13:40 (00:30)	LUNCH 13:05 - 13:35 (00:30)	KUMITE GIRLS 13 YEARS -160 cm (9) 13:00 - 14:00	KUMITE GIRLS 13 YEARS +160 cm (9) 12:40 - 13:40	KUMITE BOYS 13 YEARS -164 cm (12) 13:05 - 14:20			
13:15								
13:20								
13:25								
13:30								
13:30								

ITOSU-KAI KAIZEN(KAIZ) / SWEDISH KARATE OPEN 2024 - 2024-03-09							
	Tatami 1	Tatami 2	Tatami 3	Tatami 4	Tatami 5	Tatami 6	
13:35	KUMITE BOYS 12 YEARS -154 cm (9) 13:40 - 14:40	KUMITE BOYS 12 <u>YEARS +154 cm (10)</u> 13:35 - 14:40					
13:40							
13:45							
13:50							
13:55							
14:00							
14:05			KUMITE BOYS 11YEARS +145 cm (9) 13:40 - 14:40	KUMITE BOYS 11YEARS -145 cm (7) 14:00 - 14:40	KUMITE GIRLS 10 YEARS +142 cm (5) 14:20 - 14:50		KUMITE GIRLS 11 YEARS +148 cm (5) 14:25 - 14:55
14:10							
14:15							
14:20							
14:25							
14:30							
14:35							
14:40							
14:45	KUMITE BOYS 10YEARS +148 cm (6) 14:40 - 15:15	KUMITE BOYS 10YEARS -148 cm (5) 14:40 - 15:10	KUMITE GIRLS 12 YEARS +154 cm (6) 14:40 - 15:15	KUMITE GIRLS 12 YEARS -154 cm (5) 14:40 - 15:10			
14:50							
14:55							
15:00							
15:05							
15:10	Kumite Female Cadet -47 kg (3) 15:15 - 15:25	Kumite Male Cadet -57kg (6) 15:10 - 15:45	Kumite Female Junior -48 kg (2)				
15:15							
15:20							
15:25							
15:30							
15:35	Kumite Female Senior -55 kg (4) 15:25 - 15:40	Kumite Female Junior -53 kg (7) 15:20 - 16:00	Kumite Male <u>Cadet -52kg (13)</u> 15:10 - 16:25	Kumite Female Cadet -54 kg (17) 14:50 - 16:35			
15:40							
15:45							
15:50							
15:55							
16:00	Kumite Female Senior -61 kg (8) 15:40 - 16:30	Kumite Male Junior -55 kg (3) 15:45 - 15:55			Kumite Male Junior -61 kg (3) 15:55 - 16:05		
16:05							
16:10							
16:15							
16:20							
16:25	Kumite Male Junior -68 kg (9) 16:05 - 17:00	Kumite Female Junior -59 kg (7) 16:00 - 16:40					
16:30							
16:35							
16:40							
16:45							
16:50	Kumite Female Senior -68 kg (7) 16:30 - 17:15	KUMITE FEMALE JUNIOR -66 KG (4) 16:40 - 16:55			Kumite Male Cadet -63kg (14) 16:25 - 17:45	KUMITE FEMALE <u>CADET -61 KG (11)</u> 16:35 - 17:40	
16:55							
17:00							
17:05							
17:10							
17:15	Kumite Male Junior -76kg (8) 17:00 - 17:45	Kumite female Juniors +66kg (4) 16:55 - 17:10					
17:20							
17:25							
17:30							
17:35							
17:40	Kumite Male Senior - 67kg (5) 17:15 - 17:50	Kumite Male Senior +60 kg (2)					
17:45							
17:50							
17:55							
18:00							
18:05	Kumite Male Junior +76kg (6) 17:45 - 18:20	Kumite Male Senior - 75kg (5) 17:50 - 18:25			Kumite Male Cadet -70kg (9) 17:45 - 18:40	Kumite female Cadets +61kg (12) 17:40 - 18:50	
18:10							
18:15							
18:20							
18:25							
18:30	Kumite Male Senior + 84kg (5) 18:20 - 18:55	Kumite Male Cadet +70kg (6) 18:25 - 19:00					
18:35							
18:40							
18:45							
18:50							
18:55							
19:00	END OF COMPETITION 19:00 - 19:30 (00:30)	END OF COMPETITION 19:00 - 19:30 (00:30)			END OF COMPETITION 19:00 - 19:30 (00:30)	END OF COMPETITION 19:00 - 19:30 (00:30)	END OF COMPETITION 19:00 - 19:30 (00:30)
19:05							
19:10							
19:15							
19:20							
19:25							