

NORRKÖPINGS SPORTKARATE IDROTTSFÖRENING (NSI) / SWEDISH KARATE OPEN 2024 - 2024-03-09								
	Tatami 1	Tatami 2	Tatami 3	Tatami 4	Tatami 5	Tatami 6		
07:30	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)	Kristianstad Arena Opens 07:30 - 08:30 (01:00)		
07:35								
07:40								
07:45								
07:50								
07:55								
08:00								
08:05								
08:10								
08:15								
08:20								
08:25								
08:30	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)	Coach Meeting 08:30 - 08:45 (00:15)		
08:35								
08:40								
08:45								
08:50								
08:55								
09:00	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)	Line-up and Ceremony 09:00 - 09:10 (00:10)		
09:05	KATA FEMALE JUNIOR (7) Pool 1/2 09:10 - 09:45	KATA FEMALE JUNIOR (7) Pool 2/2 09:10 - 09:45	Kata Male Junior (6) Pool 1/2 09:10 - 09:40	Kata Male Junior (6) Pool 2/2 09:10 - 09:40	KATA GIRLS 12 YEARS (12) 09:10 - 10:25	PARAKARATE INDIVIDUAL MIXED CHILDREN (5) 09:10 - 09:40		
09:10								
09:15								
09:20								
09:25								
09:30								
09:35	KATA FEMALE JUNIOR (3) Repechage 1 09:45 - 09:55	KATA FEMALE JUNIOR (3) Repechage 2 09:45 - 09:55	Kata Male Junior (3) Repechage 1 09:40 - 09:50	Kata Male Junior (3) Repechage 2 09:40 - 09:50				
09:40								
09:45	KATA FEMALE JUNIOR (2) Final		Kata Male Junior (2) Final					
09:50								
09:55	Kata Female Senior (19) Pool 1/2 10:00 - 11:40	Kata Female Senior (19) Pool 2/2 10:00 - 11:40	Kata Male Senior (13) Pool 1/2 09:55 - 11:05	Kata Male Senior (12) Pool 2/2 09:55 - 10:55	KATA GIRLS 10 YEARS (7) 09:40 - 10:20			
10:00								
10:05								
10:10								
10:15								
10:20								
10:25			KATA GIRLS 13 YEARS (13) 10:25 - 11:45	KATA BOYS 10 YEARS (5) 10:20 - 10:50				
10:30								
10:35								
10:40								
10:45								
10:50								
10:55								
11:00					Kata Male Senior (4) Repechage 2 10:55 - 11:10			
11:05								
11:10	Kata Male Senior (4) Repechage 1 11:05 - 11:20							
11:15								
11:20								
11:25	Kata Male Senior (2) Final							
11:30								
11:35	Kata male Cadet (9) Pool 2/2 11:10 - 11:55							
11:40								
11:45								
11:50	Kata Female Senior (5) Repechage 1 11:40 - 12:05	Kata Female Senior (5) Repechage 2 11:40 - 12:05	Kata male Cadet (9) Pool 1/2 11:25 - 12:10	Kata male Cadet (4) Repechage 2 11:55 - 12:10	KATA BOYS 13 YEARS (4) 11:45 - 12:00	KATA BOYS 12 YEARS (7) 11:35 - 12:15		
11:55								
12:00	Kata Female Senior (2) Final							
12:05								
12:10	KATA female cadets (8) Pool 2/2 12:10 - 12:50	KATA female cadets (9) Pool 1/2 12:05 - 12:50	Kata male Cadet (4) Repechage 1 12:10 - 12:25	LUNCH 12:10 - 12:40 (00:30)	LUNCH 12:00 - 12:30 (00:30)			
12:15								
12:20			Kata male Cadet (2) Final					
12:25								
12:30			KATA female cadets (4) Repechage 2 12:50 - 13:05	KATA female cadets (4) Repechage 1 12:50 - 13:05	LUNCH 12:30 - 13:00 (00:30)		KUMITE GIRLS 11 YEARS -148 cm (6) 12:30 - 13:05	KUMITE GIRLS 10 YEARS -142 cm (5) 12:45 - 13:15
12:35								
12:40								
12:45								
12:50	KATA female cadets (2) Final		KUMITE GIRLS 13 YEARS -160 cm (9) 13:00 - 14:00	KUMITE GIRLS 13 YEARS +160 cm (9) 12:40 - 13:40	KUMITE BOYS 13 YEARS -164 cm (12) 13:05 - 14:20	KUMITE BOYS 13 YEARS +164 cm (11) 13:15 - 14:25		
12:55								
13:00								
13:05								
13:10								
13:15								
13:20	LUNCH 13:10 - 13:40 (00:30)	LUNCH 13:05 - 13:35 (00:30)						
13:25								
13:30								

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	Tatami 1	Tatami 2	Tatami 3	Tatami 4	Tatami 5	Tatami 6							
13:35		KUMITE BOYS 12 YEARS +154 cm (10) 13:35 - 14:40											
13:40	KUMITE BOYS 12 YEARS -154 cm (9) 13:40 - 14:40			KUMITE BOYS 11YEARS -145 cm (7) 14:00 - 14:40			KUMITE BOYS 11YEARS +145 cm (9) 13:40 - 14:40						
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14:35													
14:40	KUMITE BOYS 10YEARS +148 cm (6) 14:40 - 15:15		KUMITE BOYS 10YEARS -148 cm (5) 14:40 - 15:10	KUMITE GIRLS 12 YEARS +154 cm (6) 14:40 - 15:15	KUMITE GIRLS 12 YEARS -154 cm (5) 14:40 - 15:10		KUMITE GIRLS 10 YEARS +142 cm (5) 14:20 - 14:50						
14:45													
14:50													
14:55													
15:00													
15:05													
15:10		Kumite Female Cadet -47 kg (3) 15:15 - 15:25				Kumite Male Cadet -57kg (6) 15:10 - 15:45	Kumite Female Junior -48 kg (2)	Kumite Female Junior -53 kg (7) 15:20 - 16:00	Kumite Male Cadet -52kg (13) 15:10 - 16:25	Kumite Female Cadet -54 kg (17) 14:50 - 16:35			
15:15													
15:20													
15:25													
15:30													
15:35													
15:40	Kumite Female Senior -55 kg (4) 15:25 - 15:40		Kumite Male Junior -55 kg (3) 15:45 - 15:55	Kumite Male Junior -61 kg (3) 15:55 - 16:05	Kumite Female Junior -59 kg (7) 16:00 - 16:40						Kumite Male Cadet -63kg (14) 16:25 - 17:45	KUMITE FEMALE JUNIOR -66 KG (4) 16:40 - 16:55	
15:45													
15:50													
15:55													
16:00													
16:05													
16:10		Kumite Female Senior -61 kg (8) 15:40 - 16:30				Kumite Male Junior -68 kg (9) 16:05 - 17:00	Kumite female Juniors +66kg (4) 16:55 - 17:10	Kumite Male Senior -60 kg (2)	KUMITE FEMALE CADET -61 KG (11) 16:35 - 17:40				
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16:55													
17:00	Kumite Female Senior -68 kg (7) 16:30 - 17:15	Kumite Male Junior -76kg (8) 17:00 - 17:45	Kumite Male Senior - 67kg (5) 17:15 - 17:50	Kumite Male Cadet -70kg (9) 17:45 - 18:40	Kumite female Cadets +61kg (12) 17:40 - 18:50								
17:05													
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17:35													
17:40													
17:45						Kumite Male Senior + 84kg (5) 18:20 - 18:55	Kumite Male Senior - 75kg (5) 17:50 - 18:25	Kumite Male Cadet +70kg (6) 18:25 - 19:00					
17:50													
17:55													
18:00													
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18:45													
18:50													
18:55													
19:00	END OF COMPETITION 19:00 - 19:30 (00:30)	END OF COMPETITION 19:00 - 19:30 (00:30)	END OF COMPETITION 19:00 - 19:30 (00:30)	END OF COMPETITION 19:00 - 19:30 (00:30)	END OF COMPETITION 19:00 - 19:30 (00:30)	END OF COMPETITION 19:00 - 19:30 (00:30)							
19:05													
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