

| LIDINGÖ KARATE DOJO, STOCKHOLM(LIDINGÖ KD) / SWEDISH KARATE OPEN 2024 - 2024-03-09 |  |  |  |  |   |  |   |
|--|--|--|--|--|---|--|---|
|  | Tatami 1   | Tatami 2   | Tatami 3   | Tatami 4   | Tatami 5  | Tatami 6   |   |
| 07:30  | Kristianstad Arena Opens<br>07:30 - 08:30 (01:00)      | Kristianstad Arena Opens<br>07:30 - 08:30 (01:00)      | Kristianstad Arena Opens<br>07:30 - 08:30 (01:00)      | Kristianstad Arena Opens<br>07:30 - 08:30 (01:00)      | Kristianstad Arena Opens<br>07:30 - 08:30 (01:00)     | Kristianstad Arena Opens<br>07:30 - 08:30 (01:00)            |   |
| 07:35  |  |  |  |  |   |  |   |
| 07:40  |  |  |  |  |   |  |   |
| 07:45  |  |  |  |  |   |  |   |
| 07:50  |  |  |  |  |   |  |   |
| 07:55  |  |  |  |  |   |  |   |
| 08:00  |  |  |  |  |   |  |   |
| 08:05  |  |  |  |  |   |  |   |
| 08:10  |  |  |  |  |   |  |   |
| 08:15  |  |  |  |  |   |  |   |
| 08:20  | Coach Meeting<br>08:30 - 08:45 (00:15)                 | Coach Meeting<br>08:30 - 08:45 (00:15)                 | Coach Meeting<br>08:30 - 08:45 (00:15)                 | Coach Meeting<br>08:30 - 08:45 (00:15)                 | Coach Meeting<br>08:30 - 08:45 (00:15)                | Coach Meeting<br>08:30 - 08:45 (00:15)                       |   |
| 08:25  |  |  |  |  |   |  |   |
| 08:30  |  |  |  |  |   |  |   |
| 08:35  |  |  |  |  |   |  |   |
| 08:40  |  |  |  |  |   |  |   |
| 08:45  |  |  |  |  |   |  |   |
| 08:50  |  |  |  |  |   |  |   |
| 08:55  |  |  |  |  |   |  |   |
| 09:00  |  |  |  |  |   |  |   |
| 09:05  |  |  |  |  |   |  | Line-up and Ceremony<br>09:00 - 09:10 (00:10) |
| 09:10  | KATA FEMALE JUNIOR (7)<br>Pool 1/2<br>09:10 - 09:45    | KATA FEMALE JUNIOR (7)<br>Pool 2/2<br>09:10 - 09:45    | Kata Male Junior (6)<br>Pool 1/2<br>09:10 - 09:40      | Kata Male Junior (6)<br>Pool 2/2<br>09:10 - 09:40      | KATA GIRLS 12 YEARS (12)<br>09:10 - 10:25             | PARAKARATE INDIVIDUAL<br>MIXED CHILDREN (5)<br>09:10 - 09:40 |   |
| 09:15  |  |  |  |  |   |  |   |
| 09:20  |  |  |  |  |   |  |   |
| 09:25  |  |  |  |  |   |  |   |
| 09:30  |  |  |  |  |   |  |   |
| 09:35  | KATA FEMALE JUNIOR (3)<br>Repechage 1<br>09:45 - 09:55 | KATA FEMALE JUNIOR (3)<br>Repechage 2<br>09:45 - 09:55 | Kata Male Junior (3)<br>Repechage 1<br>09:40 - 09:50   | Kata Male Junior (3)<br>Repechage 2<br>09:40 - 09:50   |   | KATA GIRLS 10 YEARS (7)<br>09:40 - 10:20                     |   |
| 09:40  |  |  |  |  |   |  |   |
| 09:45  |  |  |  |  |   |  |   |
| 09:50  | KATA FEMALE JUNIOR (2)<br>Final                        |  | Kata Male Junior (2)<br>Final                          |  |   |  |   |
| 09:55  | Kata Female Senior (19)<br>Pool 1/2<br>10:00 - 11:40   | Kata Female Senior (19)<br>Pool 2/2<br>10:00 - 11:40   | Kata Male Senior (13)<br>Pool 1/2<br>09:55 - 11:05     | Kata Male Senior (12)<br>Pool 2/2<br>09:55 - 10:55     |   | KATA GIRLS 13 YEARS (13)<br>10:25 - 11:45                    | KATA BOYS 10 YEARS (5)<br>10:20 - 10:50       |
| 10:00  |  |  |  |  |   |  |   |
| 10:05  |  |  |  |  |   |  |   |
| 10:10  |  |  |  |  |   |  |   |
| 10:15  |  |  |  |  |   |  |   |
| 10:20  |  |  |  |  |   |  |   |
| 10:25  |  |  |  |  |   |  |   |
| 10:30  |  |  |  |  |   |  |   |
| 10:35  |  |  |  |  |   |  |   |
| 10:40  |  |  |  |  |   |  |   |
| 10:45  |  |  |  |  |   |  |   |
| 10:50  |  |  |  |  |   |  |   |
| 10:55  |  |  |  |  |   |  |   |
| 11:00  |  |  | Kata Female Senior (5)<br>Repechage 1<br>11:40 - 12:05 | Kata Female Senior (5)<br>Repechage 2<br>11:40 - 12:05 | Kata Male Senior (4)<br>Repechage 1<br>11:05 - 11:20  | Kata Male Senior (4)<br>Repechage 2<br>10:55 - 11:10         | KATA BOYS 11 YEARS (4)<br>11:20 - 11:35       |
| 11:05  |  |  |  |  |   |  |   |
| 11:10  |  |  |  |  |   |  |   |
| 11:15  |  |  |  |  |   |  |   |
| 11:20  |  |  |  |  |   |  |   |
| 11:25  | Kata Female Senior (2)<br>Final                        | KATA female cadets (9)<br>Pool 1/2<br>12:05 - 12:50    | Kata male Cadet (9)<br>Pool 1/2<br>11:25 - 12:10       | Kata male Cadet (9)<br>Pool 2/2<br>11:10 - 11:55       | KATA GIRLS 11 YEARS (5)<br>10:50 - 11:20              |  |   |
| 11:30  |  |  |  |  |   |  |   |
| 11:35  |  |  |  |  |   |  |   |
| 11:40  |  |  |  |  |   |  |   |
| 11:45  |  |  |  |  |   |  |   |
| 11:50  | Kata Female Senior (5)<br>Repechage 1<br>11:40 - 12:05 | Kata Female Senior (5)<br>Repechage 2<br>11:40 - 12:05 | Kata male Cadet (9)<br>Pool 1/2<br>11:25 - 12:10       | Kata male Cadet (4)<br>Repechage 2<br>11:55 - 12:10    | KATA BOYS 13 YEARS (4)<br>11:45 - 12:00               |  |   |
| 11:55  |  |  |  |  |   |  |   |
| 12:00  |  |  |  |  |   |  |   |
| 12:05  |  |  |  |  |   |  |   |
| 12:10  |  |  |  |  |   |  |   |
| 12:15  | Kata Female Senior (2)<br>Final                        | KATA female cadets (9)<br>Pool 1/2<br>12:05 - 12:50    | Kata male Cadet (4)<br>Repechage 1<br>12:10 - 12:25    | Kata male Cadet (4)<br>Repechage 2<br>11:55 - 12:10    | LUNCH<br>12:00 - 12:30 (00:30)                        |  |   |
| 12:20  |  |  |  |  |   |  |   |
| 12:25  |  |  |  |  |   |  |   |
| 12:30  |  |  |  |  |   |  |   |
| 12:35  |  |  |  |  |   |  |   |
| 12:40  | Kata Female Senior (2)<br>Final                        | KATA female cadets (9)<br>Pool 1/2<br>12:05 - 12:50    | Kata male Cadet (2)<br>Final                           | LUNCH<br>12:10 - 12:40 (00:30)                         | KUMITE GIRLS 11<br>YEARS -148 cm (6)<br>12:30 - 13:05 |  |   |
| 12:45  |  |  |  |  |   |  |   |
| 12:50  |  |  |  |  |   |  |   |
| 12:55  |  |  |  |  |   |  |   |
| 13:00  |  |  |  |  |   |  |   |
| 13:05  | KATA female cadets (2)<br>Final                        | KATA female cadets (4)<br>Repechage 1<br>12:50 - 13:05 | Kata male Cadet (2)<br>Final                           | KUMITE GIRLS 13<br>YEARS +160 cm (9)<br>12:40 - 13:40  | KUMITE GIRLS 10<br>YEARS -142 cm (5)<br>12:45 - 13:15 |  |   |
| 13:10  |  |  |  |  |   |  |   |
| 13:15  |  |  |  |  |   |  |   |
| 13:20  |  |  |  |  |   |  |   |
| 13:25  |  |  |  |  |   |  |   |
| 13:30  | LUNCH<br>13:10 - 13:40 (00:30)                         | LUNCH<br>13:05 - 13:35 (00:30)                         | KUMITE GIRLS 13<br>YEARS -160 cm (9)<br>13:00 - 14:00  | KUMITE GIRLS 13<br>YEARS +160 cm (9)<br>12:40 - 13:40  | KUMITE BOYS 13<br>YEARS -164 cm (12)<br>13:05 - 14:20 |  |   |
| 13:35  |  |  |  |  |   |  |   |
| 13:40  |  |  |  |  |   |  |   |
| 13:45  |  |  |  |  |   |  |   |
| 13:50  |  |  |  |  |   |  |   |
| 13:55  | LUNCH<br>13:10 - 13:40 (00:30)                         | LUNCH<br>13:05 - 13:35 (00:30)                         | KUMITE GIRLS 13<br>YEARS -160 cm (9)<br>13:00 - 14:00  | KUMITE GIRLS 13<br>YEARS +160 cm (9)<br>12:40 - 13:40  | KUMITE BOYS 13<br>YEARS -164 cm (12)<br>13:05 - 14:20 |  |   |
| 14:00  |  |  |  |  |   |  |   |
| 14:05  |  |  |  |  |   |  |   |
| 14:10  |  |  |  |  |   |  |   |
| 14:15  |  |  |  |  |   |  |   |
| 14:20  | LUNCH<br>13:10 - 13:40 (00:30)                         | LUNCH<br>13:05 - 13:35 (00:30)                         | KUMITE GIRLS 13<br>YEARS -160 cm (9)<br>13:00 - 14:00  | KUMITE GIRLS 13<br>YEARS +160 cm (9)<br>12:40 - 13:40  | KUMITE BOYS 13<br>YEARS -164 cm (12)<br>13:05 - 14:20 |  |   |
| 14:25  |  |  |  |  |   |  |   |
| 14:30  |  |  |  |  |   |  |   |
| 14:35  |  |  |  |  |   |  |   |
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|       | Tatami 1   | Tatami 2  | Tatami 3  | Tatami 4  | Tatami 5  | Tatami 6  |
|-------|--|---|---|---|---|---|
| 13:35 |  |   |   |   |   |   |
| 13:40 |  |   |   |   |   |   |
| 13:45 |  |   |   |   |   |   |
| 13:50 |  |   |   |   |   |   |
| 13:55 |  |   |   |   |   |   |
| 14:00 |  |   |   |   |   |   |
| 14:05 | KUMITE BOYS 12<br>YEARS -154 cm (9)<br>13:40 - 14:40 | KUMITE BOYS 12<br>YEARS +154 cm (10)<br>13:35 - 14:40 |   | KUMITE BOYS<br>11YEARS +145 cm (9)<br>13:40 - 14:40   |   |   |
| 14:10 |  |   | KUMITE BOYS<br>11YEARS -145 cm (7)<br>14:00 - 14:40   |   |   |   |
| 14:15 |  |   |   |   |   |   |
| 14:20 |  |   |   |   | KUMITE GIRLS 10<br>YEARS +142 cm (5)<br>14:20 - 14:50 |   |
| 14:25 |  |   |   |   |   | KUMITE GIRLS 11<br>YEARS +148 cm (5)<br>14:25 - 14:55 |
| 14:30 |  |   |   |   |   |   |
| 14:35 |  |   |   |   |   |   |
| 14:40 |  |   |   |   |   |   |
| 14:45 |  |   |   |   |   |   |
| 14:50 | KUMITE BOYS<br>10YEARS +148 cm (6)<br>14:40 - 15:15  | KUMITE BOYS<br>10YEARS -148 cm (5)<br>14:40 - 15:10   | KUMITE GIRLS 12<br>YEARS +154 cm (6)<br>14:40 - 15:15 | KUMITE GIRLS 12<br>YEARS -154 cm (5)<br>14:40 - 15:10 |   |   |
| 14:55 |  |   |   |   |   |   |
| 15:00 |  |   |   |   |   |   |
| 15:05 |  |   |   |   |   |   |
| 15:10 |  |   |   |   |   |   |
| 15:15 | Kumite Female Cadet -47 kg (3)<br>15:15 - 15:25      |   | Kumite Female Junior -48 kg (2)                       |   |   |   |
| 15:20 |  | Kumite Male Cadet -57kg (6)<br>15:10 - 15:45          |   |   |   |   |
| 15:25 | Kumite Female Senior -55 kg (4)<br>15:25 - 15:40     |   |   |   |   |   |
| 15:30 |  |   | Kumite Female Junior -53 kg (7)<br>15:20 - 16:00      |   |   |   |
| 15:35 |  |   |   |   | Kumite Female Cadet -54 kg (17)<br>14:50 - 16:35      |   |
| 15:40 |  |   |   | Kumite Male Cadet -52kg (13)<br>15:10 - 16:25         |   |   |
| 15:45 |  | Kumite Male Junior -55 kg (3)<br>15:45 - 15:55        |   |   |   |   |
| 15:50 |  | Kumite Male Junior -61 kg (3)<br>15:55 - 16:05        |   |   |   |   |
| 15:55 |  |   |   |   |   |   |
| 16:00 | Kumite Female Senior -61 kg (8)<br>15:40 - 16:30     |   |   |   |   |   |
| 16:05 |  |   | Kumite Female Junior -59 kg (7)<br>16:00 - 16:40      |   |   |   |
| 16:10 |  |   |   |   |   |   |
| 16:15 |  |   |   |   |   |   |
| 16:20 |  | Kumite Male Junior -68 kg (9)<br>16:05 - 17:00        |   |   |   |   |
| 16:25 |  |   |   |   |   |   |
| 16:30 |  |   |   |   |   |   |
| 16:35 |  |   |   |   |   |   |
| 16:40 |  |   |   |   |   |   |
| 16:45 | Kumite Female Senior -68 kg (7)<br>16:30 - 17:15     |   | KUMITE FEMALE<br>JUNIOR -66 KG (4)<br>16:40 - 16:55   |   |   |   |
| 16:50 |  |   |   |   |   |   |
| 16:55 |  |   | Kumite female Juniors +66kg (4)<br>16:55 - 17:10      |   |   |   |
| 17:00 |  |   |   | Kumite Male Cadet -63kg (14)<br>16:25 - 17:45         |   |   |
| 17:05 |  |   |   |   | KUMITE FEMALE<br>CADET -61 KG (11)<br>16:35 - 17:40   |   |
| 17:10 |  |   | Kumite Male Senior -60 kg (2)                         |   |   |   |
| 17:15 |  | Kumite Male Junior -76kg (8)<br>17:00 - 17:45         |   |   |   |   |
| 17:20 |  |   |   |   |   |   |
| 17:25 | Kumite Female Senior + 68kg (5)<br>17:15 - 17:50     |   | Kumite Male Senior - 67kg (5)<br>17:15 - 17:50        |   |   |   |
| 17:30 |  |   |   |   |   |   |
| 17:35 |  |   |   |   |   |   |
| 17:40 |  |   |   |   |   |   |
| 17:45 |  |   |   |   |   |   |
| 17:50 |  | Kumite Male Junior +76kg (6)<br>17:45 - 18:20         | Kumite Male Senior - 75kg (5)<br>17:50 - 18:25        |   |   |   |
| 17:55 |  |   |   | Kumite Male Cadet -70kg (9)<br>17:45 - 18:40          | Kumite female Cadets +61kg (12)<br>17:40 - 18:50      |   |
| 18:00 | Kumite Male Senior - 84kg (7)<br>17:50 - 18:35       |   |   |   |   |   |
| 18:05 |  |   |   |   |   |   |
| 18:10 |  |   |   |   |   |   |
| 18:15 |  |   |   |   |   |   |
| 18:20 |  |   |   |   |   |   |
| 18:25 |  |   |   |   |   |   |
| 18:30 |  | Kumite Male Senior + 84kg (5)<br>18:20 - 18:55        |   |   |   |   |
| 18:35 |  |   | Kumite Male Cadet +70kg (6)<br>18:25 - 19:00          |   |   |   |
| 18:40 |  |   |   |   |   |   |
| 18:45 |  |   |   |   |   |   |
| 18:50 |  |   |   |   |   |   |
| 18:55 |  |   |   |   |   |   |
| 19:00 |  |   |   |   |   |   |
| 19:05 |  |   |   |   |   |   |
| 19:10 | END OF COMPETITION<br>19:00 - 19:30 (00:30)          | END OF COMPETITION<br>19:00 - 19:30 (00:30)           | END OF COMPETITION<br>19:00 - 19:30 (00:30)           | END OF COMPETITION<br>19:00 - 19:30 (00:30)           | END OF COMPETITION<br>19:00 - 19:30 (00:30)           | END OF COMPETITION<br>19:00 - 19:30 (00:30)           |
| 19:15 |  |   |   |   |   |   |
| 19:20 |  |   |   |   |   |   |
| 19:25 |  |   |   |   |   |   |