

Karate Scotland Elite National Championships

21 October 2023, Ravenscraig Regional Sports Facility

KARATE
SCOTLAND



CATEGORIES

KATA - INDIVIDUAL			
Category	Code	Category	Code
Female Cadet Kata	KA01	Male Cadet Kata	KA02
Female Junior Kata	KA03	Male Junior Kata	KA04
Female U21 Kata	KA05	Male U21 Kata	KA06
Female Senior Kata	KA07	Male Senior Kata	KA08

KATA - PARA INDIVIDUAL			
Category	Code	Category	Code
Para Kata - all ages	KA09		

KATA – INDIVIDUAL – CHILDREN 12-13 YEARS			
Category	Code	Category	Code
Female 12 – 13 years Kata	KA10	Male 12 – 13 Years Kata	KA11

CADET KUMITE 14-15 YEARS			
Category	Code	Category	Code
Female Cadet Kumite 14-15yrs -47Kg	KU01	Male Cadet Kumite 14-15yrs -52Kg	KU02
Female Cadet Kumite 14-15yrs -54Kg	KU03	Male Cadet Kumite 14-15yrs -57kg	KU04
Female Cadet Kumite 14-15yrs -61Kg	KU05	Male Cadet Kumite 14-15yrs -63Kg	KU06
Female Cadet Kumite 14-15yrs +61Kg	KU05B	Male Cadet Kumite 14-15yrs -70Kg	KU08
Female Cadet Kumite Open Weight	KU07	Male Cadet Kumite 14-15yrs +70kg	KU09
		Male Cadet Kumite Open Weight	KU10

JUNIOR KUMITE 16 -17 YEARS			
Category	Code	Category	Code
Female Junior Kumite 16-17yrs -48Kg	KU11	Male Junior Kumite 16-17yrs -55Kg	KU12
Female Junior Kumite 16-17yrs -53Kg	KU13	Male Junior Kumite 16-17yrs -61Kg	KU14
Female Junior Kumite 16-17yrs -59Kg	KU15	Male Junior Kumite 16-17yrs -68Kg	KU16
Female Junior Kumite 16-17yrs -66Kg	KU17	Male Junior Kumite 16-17yrs -76Kg	KU18
Female Junior Kumite 16-17yrs +66Kg	KU17B	Male Junior Kumite 16-17yrs +76Kg	KU20
Female Junior Kumite Open Weight	KU19	Male Junior Kumite Open Weight	KU21

UNDER 21 KUMITE			
Category	Code	Category	Code
Female U21 Kumite -50Kg	KU22	Male U21 Kumite -60Kg	KU23
Female U21 Kumite -55Kg	KU24	Male U21 Kumite -67Kg	KU25
Female U21Kumite -61Kg	KU26	Male U21 Kumite -75Kg	KU27
Female U21 Kumite -68Kg	KU28	Male U21 Kumite -84Kg	KU29
Female U21 Kumite +68Kg	KU30	Male U21 Kumite +84Kg	KU31
Female U21 Kumite Open Weight	KU32	Male U21 Kumite Open Weight	KU33

SENIOR KUMITE

Category	Code	Category	Code
Female Senior Kumite -50Kg	KU34	Male Senior Kumite -60Kg	KU35
Female Senior Kumite -55Kg	KU36	Male Senior Kumite -67Kg	KU37
Female Senior Kumite -61Kg	KU38	Male Senior Kumite -75Kg	KU39
Female Senior Kumite -68Kg	KU40	Male Senior Kumite -84Kg	KU41
Female Senior Kumite +68Kg	KU42	Male Senior Kumite +84Kg	KU43
Female Senior Kumite Open Weight	KU44	Male Senior Kumite Open Weight	KU45

CHILDREN 12 -13 YEARS - KUMITE - INDIVIDUAL

Category	Code	Category	Code
Girls – Under 4ft 10”	KU46	Boys – Under 4ft 10”	KU47
Girls – Under 5ft 2”	KU48	Boys – Under 5ft 2”	KU49
Girls – Over 5ft 2	KU50	Boys – Over 5ft 2”	KU51

IMPORTANT NOTES

IMPORTANT NOTES FOR COACHES:

Only NGB accredited coaches with National level tatami passes are permitted in the tatami area. Coaching passes must be worn and visible before being permitted access to the tatami area.

Anyone wishing to coach at the tatami during the event will have to have NGB accreditation to prove they are aware of the required rules, responsibilities and expected conduct. **Without this accreditation a coach pass will not be issued by the event organiser.** All coaches must register via Sportdata.

Coach: Dress code

Coaches must be in association tracksuits and clearly display their coaching ID badge. Inappropriate dress, as deemed by the chief referee, will be refused access to the competition area. Only coaches adhering to the correct dress code and in possession of a coaching pass will be allowed on the competition area.

Coach: Medical

We record every injury that gives us the slightest concern, however symptoms often occur after the incident and we would ask that the coach or representative informs the medical team of any concerns he or she has at the time of the incident, or anytime after, no matter how trivial it may seem.

We intend to have Repechage for WKF CADET, JUNIOR and SENIOR Individual Kata and Kumite categories. However the chief referee has the authority to withdraw repechage if the time frame becomes critical.

Insurance: It is the responsibility of each individual, or parent / guardian of a competitor if under 18 years of age, to have their own insurance cover for the event. Please advise your competitors accordingly regarding insurance cover. It is the responsibility of the clubs/coaches to ensure that all competitors are aware of this and have been advised of adequate cover. Association/club parental consent to compete is also required. This is the responsibility of the association.

Health and Safety issues have been discussed and we try to plan for every eventuality. However this is a busy tournament and due care and attention is required in all areas. Would all coaches/parents ensure their children are properly chaperoned. Karate matches are performed in bare feet, please ensure proper footwear is used in the arena and surrounding areas, especially approaching the mats.

Social Media: We may use Photographs/Video footage of the event for promotional and educational material for our social media platforms including our website. By participating in the event you are consenting to your image being used for social media purposes.

Disclaimer: Karate is a martial art and contact sport. People can and do get injured and we cannot accept responsibility for any such injury, loss or accident arising from your participation in our training, competitions or associated activities and ask that you are aware, agree and accept this by entering or giving permission to enter this event. We should also be notified, in writing, of any medical condition that may have relevance to their participation in karate.

If you require any further information or assistance then please contact karatescotlandevents@gmail.com



All Competitor, Coach & Referee Registration is via Sportdata

Please note these championships are open to WKF affiliated members only

- Competitor entries will only be accepted via club/association and not from individuals.
- Referee registration should be entered via club/association.
- It is the responsibility of coaches to ensure that all competitors are registered and are in the correct categories.
- Any competitor registered incorrectly will not be allowed to compete.
- Competitors are only allowed to compete in their own age/weight/height category and are not allowed to move up a category.
- No late entries will be permitted
- Only coaches with National level NGB Tatami passes will be permitted to coach at Karate Scotland events.

Should certain categories fail to meet an acceptable number of entries, or indeed an excess of entries, the event team reserve the right to alter/merge these categories to maintain the integrity of the competition.

Coach Registration: All coaches must register online via Sportdata before the closing date. Coach passes will only be issued on the day to coaches who are NGB accredited and pre-registered via SportData.

Referee Registration: All referees must be registered online via Sportdata before the closing date.

ENTRY FEES

Competitor		Spectator Entry Fees – PAY ON THE DAY	
Individual Events	£20	Child single	£5
		Adult Single	£10

Closing Date for entries and payment of entry fees is 7 October 2023.
Entry fees are non refundable

All payments should be made by PayPal via Sportdata. This is Karate Scotland's preferred method of payment.

Please ensure you include your club/association name as the championship entry reference for all payments.

Rules of the day

The event will start at 9.00am with staggered start times throughout the day. A full event schedule confirming start times will be published on Sportdata prior to the event.

Competitors in the first categories of the day should be ready to start at 9.00am prompt. **For all other categories competitors should be in the arena a minimum of 1 hour prior to category scheduled start time.** Should the event run ahead of schedule category start times may be brought forward.

The following WKF approved equipment is compulsory:

- a) WKF approved mitts, one competitor wearing red and the other wearing blue.
- b) Gum shield.
- c) WKF approved body protector (respectively male and female design as applicable)
- d) WKF approved shin pads, one competitor wearing red and the other wearing blue.
- e) WKF approved foot protection, one competitor wearing red and the other wearing blue.
- f) WKF approved groin guards for men.

Glasses are forbidden. Soft contact lenses can be worn at the competitor's own risk.

Kata

Scoring will be by flag system.

Para Kata	Free choice of kata	Can repeat
12 – 13 years	Free choice of kata	Can alternate between a minimum of two kata
WKF categories 14 years+	WKF approved list	Different kata each round

Kumite

WKF point scoring rules and times for all WKF Kumite categories

Weight/Height check in & Licence check

We will operate weight/height & licence checks. Any competitor found registered in the incorrect category will not be allowed to compete. We cannot move competitors to another category if they fail the weight/height checks.

All competitors must produce a valid licence on the day of the competition. If licence is not valid or not presented you will not be allowed to compete.

Chief Referee: Mr Robert McQueen