After a few years of absence, we are very happy to announce "the Groene Hart tournament Jiu-Jitsu" 2023.

The upcoming edition will take place on Saturday the 20th of May. The tournament will take place in MFC de Plataan, Snijdelwijklaan 2 Boskoop (The Netherlands).

Tournament description:

Jiu-jitsu tournament, this year we offer the following competition types:

- Fighting system Beginners and normal
- Duo system
- Jiu-Jitsu Ne Waza Beginners and normal

When:

Saturday, 20th of May 2023

Where:

Sports Hall "de Plataan" Snijdelwijklaan 2 2771 SX Boskoop The Netherlands

Weigh-in / Start tournament:

The Duo system, Ne waza (also beginners) and maybe the Fighting system for beginner participants will probably start in the morning (9:30). The fighting system for participants (and maybe the beginners) will start in the afternoon. The exact time of weigh-in and the start of the tournament will be announced. De exact planning will be places on our sportdata site.

The participants must report to the weigh-in in shorts (minimum knee length). Participants must change in the areas available for this purpose. If a participant in several categories, he must indicate this at the weighing. Participants in the duo system must also register at the weigh-in and if they have to weigh themselves for the Fighting of Ne Waza, they must do so when reporting.

Fighting system / Jiu jitsu Ne Waza

Depending on the number of participants on a weight class, there will be a pool or an elimination system, if necessary, the organization has the right to combine categories.

All participants need to have a belt and leg-and-hand protectors in the appropriate colour. Depending on the age, a mouth guard is mandatory.

In Fighting system, we make separate groups for starting participants. As a guideline for a beginner:

- Participants has participated in maximum 3 external competitions (judo or jiu jitsu)
- Max 4th Kyu (orange belt)

Duo system

Depending on the number of participants on a weight class, there will be a pool or an elimination system, if necessary, the organization has the right to combine categories.







Categories

The document with all the categories will be send as a separate document and can be downloaded through our <u>sportdata</u> site.

In addition to the age classes as mentioned in the document, the Dutch competition rules stipulate that:

- In the categories u10, u12 en u14 only participants who have been placed in the correct category may participate.
- In the categories u16, 12- and 13-year-olds may also be registered.
- In the category u18, 15-year-olds (on the day of the tournament) may also be registered.
- In the category u21, 16-year-olds (on the day of the tournament) and 17 year olds may also be registered.
- In the categories +21, 18-year-olds (on the day of the tournament) and 19- & 20-year-olds may also be registered.
- Of course, these are the deviations and are intended for participants who want an extra challenge or who want to register 2 times for the tournament. In the case of this last example, they also have to pay 2 times the registration fees.

Registration

This year the registration of the participant will be through <u>sportdata</u>. An important notice is that the participant will be placed on the waiting list, after the payment is made on <u>sportdata</u> (stripe) the participants are subscribed. The subscription has been started at the first of march and will be closed at the 30th of April. Be sure that you have registered and paid the participants before the closing date.

If you have any questions and/or problems regarding the registration, please send an email to woc@budocentrumhetgroenhart.nl.

Fee:

€ 16 for each individual Fighting or Jiu Jitsu Ne Waza athlete € 32,- for each duo-couple

The fee must paid through our sportdata site before the 30th of April.

Sign out:

When a participant cancels without a doctor's statement, the registration fee will not be refunded and the registration fee will simply be due.

Modify weightclass of a participant:

It is possible to change the weight class for a participant for free until the 17^{th} of may (23:59) For changes after the 17^{th} of may and on the day of the tournament will be charged with an additional fee of $\in 10$,-.

Entrance:

The fee for the entrance for every visitor is: \emptyset 4,-.

Liability:

Budocentrum Het Groene Hart does not accept any responsibility for accidents / abstraction. Participation and / or attendance at your own risk.







Referees:

For foreign federations we ask to bring 1 referee per 10 registrations to a maximum of 3 referees. The Belgian loose associations are exempt from this.

Additional information:

The exact weight and start times of the tounament will be send to the contact a week before the tournament. The information will also be published on our sportdata website (tournament.budocentrumhetgroenehart.nl)

For more information you can contact Rick van Oort, woc@budocentrumhetgroenehart.nl or by Phone: +31615210863 (After 18.00 and in the weekends).

Regards,

Tournament organisation Budocentrum Het Groene Hart





