

LYSTRUP SHOTOKAN KARATE-DO(LSK) / DANMARKSMESTERSKABERNE 2023 - 2023-11-17					
	Tatami 1	Tatami 2	Tatami 3	Tatami 4	Tatami 5
15:30					Indregistrering og vejning 15:30 - 19:30 (04:00)
15:35					
15:40					
15:45					
15:50					
15:55					
16:00	Official møde 16:00 - 16:15 (00:15)				
16:05					
16:10					
16:15	Dommermøde 16:15 - 16:45 (00:30)				
16:20					
16:25					
16:30					
16:35					
16:40					
16:45	Coachmøde 16:45 - 17:00 (00:15)				
16:50					
16:55					
17:00	KP08 - Kata piger Junior [DkarF] (14) 17:00 - 17:55	KP11 - Kata kvinder Master +35 år [DkarF] (6) 17:00 - 17:25	KD07 - Kata drenge Kadet [DkarF] (20) 17:00 - 18:20	KP07 - Kata piger Kadet [DkarF] (18) 17:00 - 18:15	
17:05					
17:10					
17:15					
17:20					
17:25		KP11 - Kata kvinder Master +35 år [DkarF] R2 Bronze Medal Match 1 (2) 17:25 - 17:35			
17:30		KP11 - Kata kvinder Master +35 år [DkarF] R2 Bronze Medal Match 2 (2) 17:35 - 17:45			
17:35		KP11 - Kata kvinder Master +35 år [DkarF] R2 Gold Medal Match (2) 17:45 - 17:55			
17:40					
17:45					
17:50					
17:55	KP08 - Kata piger Junior [DkarF] R2-G1 (4) 17:55 - 18:10	KD08 - Kata drenge Junior [DkarF] (7) 17:55 - 18:25	KD07 - Kata drenge Kadet [DkarF] R2-G1 (4) 18:20 - 18:35	KP07 - Kata piger Kadet [DkarF] R2-G1 (4) 18:15 - 18:30	
18:00					
18:05					
18:10					
18:15	KP08 - Kata piger Junior [DkarF] R2-G2 (4) 18:10 - 18:25				
18:20					
18:25	KP08 - Kata piger Junior [DkarF] R3 Bronze Medal Match 1 (2) 18:25 - 18:35	KD08 - Kata drenge Junior [DkarF] R2 Bronze Medal Match 1 (2) 18:25 - 18:35	KD07 - Kata drenge Kadet [DkarF] R2-G2 (4) 18:35 - 18:50	KP07 - Kata piger Kadet [DkarF] R2-G2 (4) 18:30 - 18:45	
18:30					
18:35	KP08 - Kata piger Junior [DkarF] R3 Bronze Medal Match 2 (2) 18:35 - 18:45	KD08 - Kata drenge Junior [DkarF] R2 Bronze Medal Match 2 (2) 18:35 - 18:45	KD07 - Kata drenge Kadet [DkarF] R3 Bronze Medal Match 1 (2) 18:50 - 19:00	KP07 - Kata piger Kadet [DkarF] R3 Bronze Medal Match 1 (2) 18:45 - 18:55	
18:35					
18:40	KP08 - Kata piger Junior [DkarF] R3 Bronze Medal Match 2 (2) 18:35 - 18:45	KD08 - Kata drenge Junior [DkarF] R2 Gold Medal Match (2) 18:45 - 18:55	KD07 - Kata drenge Kadet [DkarF] R3 Bronze Medal Match 2 (2) 19:00 - 19:10	KP07 - Kata piger Kadet [DkarF] R3 Bronze Medal Match 2 (2) 18:55 - 19:05	
18:40					
18:45	KP08 - Kata piger Junior [DkarF] R3 Gold Medal Match (2) 18:45 - 18:55		KD07 - Kata drenge Kadet [DkarF] R3 Gold Medal Match (2) 19:05 - 19:15	KP07 - Kata piger Kadet [DkarF] R3 Gold Medal Match (2) 19:05 - 19:15	
18:50					
18:55	KD11 - Kata mænd Master +35 år [DkarF] (9) 18:55 - 19:30	KP10 - Kata kvinder Ungsenior [DkarF] (3) 18:55 - 19:10	KD07 - Kata drenge Kadet [DkarF] R3 Bronze Medal Match 2 (2) 19:10 - 19:20	KD10 - Kata mænd Ungsenior [DkarF] (3) 19:15 - 19:30	
19:00					
19:05					
19:10					
19:15					
19:20					
19:25					
19:30					
19:35	KD11 - Kata mænd Master +35 år [DkarF] R2 Bronze Medal Match 1 (2) 19:30 - 19:40	KP09 - Kata kvinder Senior [DkarF] (15) 19:10 - 20:10	KH02 - Kata hold Kadet/ Junior Mix [DkarF] (5) 19:20 - 19:45	KD09 - Kata mænd Senior [DkarF] (9) 19:30 - 20:05	
19:40	KD11 - Kata mænd Master +35 år [DkarF] R2 Bronze Medal Match 2 (2) 19:40 - 19:50				
19:45	KD11 - Kata mænd Master +35 år [DkarF] R2 Gold Medal Match (2) 19:50 - 20:00				
19:50					
19:55					
20:00					
20:05					
20:10					
20:15	KP09 - Kata kvinder Senior [DkarF] R2-G1 (4) 20:10 - 20:25	KP09 - Kata kvinder Senior [DkarF] R2-G2 (4) 20:25 - 20:40	KH02 - Kata hold Kadet/Junior Mix [DkarF] R2 Bronze Medal Match 1 (2) 19:45 - 19:55	KD09 - Kata mænd Senior [DkarF] R2 Bronze Medal Match 1 (2) 20:05 - 20:15	
20:20					KH02 - Kata hold Kadet/Junior Mix [DkarF] R2 Gold Medal Match (2) 20:05 - 20:15
20:25					
20:30					
20:35					
20:40					
20:45					
20:50					
20:55					

LYSTRUP SHOTOKAN KARATE-DO(LSK) / DANMARKSMESTERSKABERNE 2023 - 2023-11-18					
	Tatami 1	Tatami 2	Tatami 3	Tatami 4	Tatami 5
06:30					Indregistrering og vejning 06:30 - 11:00 (04:30)
06:35					
06:40					
06:45					
06:50					
06:55					
07:00	Officialmøde 07:00 - 07:15 (00:15)				
07:05					
07:10					
07:15	Dommermøde 07:15 - 07:45 (00:30)				
07:20					
07:25					
07:30					
07:35					
07:40					
07:45	Coachmøde 07:45 - 08:00 (00:15)				
07:50					
07:55					
08:00	UD29 - Kumite mænd mæster +35 år [DkarF] (7) 08:00 - 08:40	UD30 - Kumite mænd mæster +45 år [DkarF] (10) 08:00 - 09:05	UP31 - Kumite kvinder mæster +35 år [DkarF] (7) 08:00 - 08:40	UP32 - Kumite kvinder mæster +45 år [DkarF] (5) 08:00 - 08:30	
08:05				UP14 - Kumite piger Kadet (-54kg) [DkarF] (11) 08:30 - 09:25	
08:10					
08:15					
08:20					
08:25	UD10 - Kumite drenge Kadet (-57kg) [DkarF] (9) 08:40 - 09:30				
08:30			UD11 - Kumite drenge Kadet (-63kg) [DkarF] (7) 09:25 - 10:00		
08:35					
08:40					
08:45					
08:50	UP16 - Kumite piger Kadet (+61kg) [DkarF] (8) 09:30 - 10:05	UP15 - Kumite piger Kadet (-61kg) [DkarF] (18) 09:05 - 10:40		UP17 - Kumite piger Junior (-48kg) [DkarF] (3) 09:30 - 09:45	
08:55			UD12 - Kumite drenge Kadet (-70kg) [DkarF] (8) 09:45 - 10:20		
09:00					
09:05					
09:10					
09:15	UP18 - Kumite piger Junior (-53kg) [DkarF] (3) 10:00 - 10:15				
09:20					
09:25					
09:30					
09:35			UD14 - Kumite drenge Junior (-55kg) [DkarF] (2) 10:15 - 10:25		
09:40					
09:45					
09:50					
09:55	UD15 - Kumite drenge Junior (-61kg) [DkarF] (2) 10:25 - 10:35				
10:00					
10:05					
10:10					
10:15			UD16 - Kumite drenge Junior (-68kg) [DkarF] (3) 10:35 - 10:50		
10:20					
10:25					
10:30					
10:35	UD28b - Kumite mænd Ungsenior (+75kg) (3) 10:50 - 11:05				
10:40					
10:45					
10:50					
10:55			UP27 - Kumite kvinder Ungsenior (-55kg) [DkarF] (2) 11:05 - 11:15		
11:00					
11:05					
11:10					
11:15	UP28 - Kumite kvinder Ungsenior (-61kg) [DkarF] (3) 11:15 - 11:30				
11:20					
11:25					
11:30					
11:35			Launch 11:30 - 12:30 (01:00)		
11:40					
11:45					
11:50					
11:55	Launch 11:30 - 12:30 (01:00)				
12:00					
12:05					
12:10					
12:15			Launch 11:30 - 12:30 (01:00)		
12:20					
12:25					
12:30					
12:35	UD23 - Kumite mænd Senior (+84kg) [DkarF] (5) Pool 1/1 12:30 - 12:45				
12:40					
12:45					
12:50					
12:55			UD23 - Kumite mænd Senior (+84kg) [DkarF] (2) Repechage 12:45 - 12:55		
12:58					
12:59					
13:00					
13:01					

LYSTRUP SHOTOKAN KARATE-DO(LSK) / DANMARKSMESTERSKABERNE 2023 - 2023-11-18					
	Tatami 1	Tatami 2	Tatami 3	Tatami 4	Tatami 5
12:55					
13:00					
13:05			UP24 - Kumite kvinder Senior (-61kg) [DkarF] (3) 13:00 - 13:15	UD22 - Kumite mænd Senior (-84kg) [DkarF] (4) Pool 1/1 12:55 - 13:30	
13:10	UD20 - Kumite mænd Senior (-67kg) [DkarF] (5) Repechage 13:05 - 13:30	UD21 - Kumite mænd Senior (-75kg) [DkarF] (5) Repechage 13:05 - 13:30	UP25 - Kumite kvinder Senior (-68kg) [DkarF] (3) 13:15 - 13:30		
13:15					
13:20					
13:25					
13:30					
13:35			UHP02 - Kumite hold piger Junior [DkarF] (3) 13:30 - 13:55	UHP03 - Kumite hold damer Senior [DkarF] (3) Pool 1/1 13:30 - 13:45	
13:40					
13:45					
13:50					
13:55					
14:00					
14:05					
14:10					
14:15		UHP01 - Kumite hold piger Kadet [DkarF] (7) 13:30 - 15:05	UHD03 - Kumite hold herrer Senior [DkarF] (6) Pool 1/1 13:55 - 14:45		
14:20					
14:25	UHD01 - Kumite hold drengene Kadet [DkarF] (8) 13:30 - 15:20				
14:30					
14:35					
14:40					
14:45					
14:50			UHD03 - Kumite hold herrer Senior [DkarF] (4) Repechage 14:45 - 15:10		
14:55					
15:00					
15:05					
15:10					
15:15					
15:20					
15:25					
15:30		Turistchef Tonny Thorup. tale. 15:30 - 15:40 (00:10)			
15:35					
15:40		Formand Thomas Frithoff tale. 15:40 - 15:50 (00:10)			
15:45					
15:50		Mathilde Alexandra synger nationalsangen 15:50 - 16:00 (00:10)			
15:55					
16:00		KD09 - Kata mænd Senior [DkarF] R2 Gold Medal Match (2) 16:00 - 16:15			
16:05					
16:10					
16:15		KP09 - Kata kvinder Senior [DkarF] R3 Gold Medal Match Pool 1/1 (2) 16:15 - 16:30			
16:20					
16:25					
16:30					
16:35		KH03 - Kata hold Senior Mix [DkarF] (1) 16:30 - 16:45			
16:40					
16:45		UD20 - Kumite mænd Senior (-67kg) [DkarF] (2) Final 16:45 - 17:00			
16:50					
16:55					
17:00		UP26 - Kumite kvinder Senior (+68kg) [DkarF] (2) Final 17:00 - 17:15			
17:05					
17:10					
17:15		UD21 - Kumite mænd Senior (-75kg) [DkarF] (2) Final 17:15 - 17:30			
17:20					
17:25					
17:30		UD23 - Kumite mænd Senior (+84kg) [DkarF] (2) Final 17:30 - 17:45			
17:35					
17:40					
17:45		UHD03 - Kumite hold herrer Senior [DkarF] (2) Final 17:45 - 18:00			
17:50					
17:55					
18:00		UHP03 - Kumite hold damer Senior [DkarF] (2) Final 18:00 - 18:15			
18:05					
18:10					

LYSTRUP SHOTOKAN KARATE-DO(LSK) / DANMARKSMESTERSKABERNE 2023 - 2023-11-19

	Tatami 1	Tatami 2	Tatami 3	Tatami 4	Tatami 5	
06:15					Indregistrering 06:15 - 10:00 (03:45)	
06:20						
06:25						
06:30						
06:35						
06:40						
06:45						
06:50						
06:55						
07:00	Officialsmøde 07:00 - 07:15 (00:15)					
07:05						
07:10						
07:15	Dommermøde 07:15 - 07:45 (00:30)					
07:20						
07:25						
07:30						
07:35						
07:40						
07:45	Cochmøde 07:45 - 08:00 (00:15)					
07:50						
07:55						
08:00						
08:05	KH01 - Kata hold Børn Mix [DkarF] (5) 08:00 - 08:20					
08:10						
08:15						
08:20	KH01 - Kata hold Børn Mix [DkarF] R2 Bronze Medal Match 1 (2) 08:20 - 08:30					
08:25						
08:30	KH01 - Kata hold Børn Mix [DkarF] R2 Bronze Medal Match 2 (2) 08:30 - 08:40					
08:35						
08:40	KH01 - Kata hold Børn Mix [DkarF] R2 Gold Medal Match (2) 08:40 - 08:50					
08:45						
08:50	Medaljer 08:50 - 09:00 (00:10)					
08:55						
09:00	KD02b - Kata drenge 8-9 år (7) 09:00 - 09:25	KP02b - Kata piger 7-9 år (5) 09:00 - 09:20	KD03 - Kata drenge 10 år [DkarF] (7) 09:00 - 09:25	KP03 - Kata piger 10 år [DkarF] (4) 09:00 - 09:15		
09:05				KP03 - Kata piger 10 år [DkarF] R2 Gold Medal Match (2) 09:15 - 09:25		
09:10						
09:15						
09:20						
09:25	KD02b - Kata drenge 8-9 år R2 Bronze Medal Match 1 (2) 09:25 - 09:35	KP02b - Kata piger 7-9 år R2 Bronze Medal Match 1 (2) 09:20 - 09:30	KD03 - Kata drenge 10 år [DkarF] R2 Bronze Medal Match 1 (2) 09:25 - 09:35	Medaljer 09:25 - 09:35 (00:10)		
09:30	KD02b - Kata drenge 8-9 år R2 Bronze Medal Match 2 (2) 09:35 - 09:45					
09:35	KD02b - Kata drenge 8-9 år R2 Bronze Medal Match 2 (2) 09:35 - 09:45					
09:40		KP02b - Kata piger 7-9 år R2 Gold Medal Match (2) 09:40 - 09:50	KD03 - Kata drenge 10 år [DkarF] R2 Bronze Medal Match 2 (2) 09:35 - 09:45	KP05b - Kata piger 11-12 år (10) 09:35 - 10:10		
09:45	KD02b - Kata drenge 8-9 år R2 Gold Medal Match (2) 09:45 - 09:55					
09:50		KD03 - Kata drenge 10 år [DkarF] R2 Gold Medal Match (2) 09:45 - 09:55				
09:55	Medaljer 09:55 - 10:05 (00:10)	Medaljer 09:55 - 10:05 (00:10)				
10:00						
10:05						
10:10	KD06 - Kata drenge 13 år [DkarF] (9) 10:05 - 10:35	KD05b - Kata drenge 11-12 år (8) 10:00 - 10:30	KP06 - Kata piger 13 år [DkarF] (10) 10:05 - 10:40	KP05b - Kata piger 11-12 år R2 Bronze Medal Match 1 (2) 10:10 - 10:20		
10:15						
10:20						
10:25				KP05b - Kata piger 11-12 år R2 Bronze Medal Match 2 (2) 10:20 - 10:30		
10:30						
10:35	KD06 - Kata drenge 13 år [DkarF] R2 Bronze Medal Match 1 (2) 10:35 - 10:45	KD05b - Kata drenge 11-12 år R2 Bronze Medal Match 1 (2) 10:30 - 10:40		KP05b - Kata piger 11-12 år R2 Gold Medal Match (2) 10:30 - 10:40		
10:40		KD05b - Kata drenge 11-12 år R2 Bronze Medal Match 2 (2) 10:40 - 10:50	KP06 - Kata piger 13 år [DkarF] R2 Bronze Medal Match 1 (2) 10:40 - 10:50	Medaljer 10:40 - 10:50 (00:10)		
10:45	KD06 - Kata drenge 13 år [DkarF] R2 Bronze Medal Match 2 (2) 10:45 - 10:55					
10:50		KD05b - Kata drenge 11-12 år R2 Gold Medal Match (2) 10:50 - 11:00	KP06 - Kata piger 13 år [DkarF] R2 Bronze Medal Match 2 (2) 10:50 - 11:00			
10:55	KD06 - Kata drenge 13 år [DkarF] R2 Gold Medal Match (2) 10:55 - 11:05		KP06 - Kata piger 13 år [DkarF] R2 Gold Medal Match (2) 11:00 - 11:10			
11:00		Medaljer 11:00 - 11:10 (00:10)				
11:05	Medaljer 11:05 - 11:15 (00:10)					
11:10			Medaljer 11:10 - 11:20 (00:10)			
11:15	Frokost 11:15 - 12:00 (00:45)	Frokost 11:10 - 12:00 (00:50)	Frokost 11:20 - 12:00 (00:40)	Frokost 10:50 - 12:00 (01:10)		
11:20						
11:25						
11:30						
11:35						
11:40						
11:45						
11:50						
11:55						
12:00						
12:05	UD00 - Kumite drenge 7 år [DkarF] (6) 12:00 - 12:25	UP00 - Kumite piger 7 år [DkarF] (5) 12:00 - 12:20	UD01 - Kumite drenge 8 år [DkarF] (8) 12:00 - 12:30	UP01 - Kumite piger 8 år [DkarF] (8) 12:00 - 12:30		
12:10						
12:15						
12:20		Medaljer 12:20 - 12:30 (00:10)				
12:25	Medaljer 12:25 - 12:35 (00:10)					
12:30		UD02 - Kumite drenge 9 år [DkarF] (13) 12:30 - 13:25	Medaljer 12:30 - 12:40 (00:10)	Medaljer 12:30 - 12:40 (00:10)		
12:35	UP02 - Kumite piger 9 år [DkarF] (11) 12:35 - 13:25					

LYSTRUP SHOTOKAN KARATE-DO(LSK) / DANMARKSMESTERSKABERNE 2023 - 2023-11-19					
	Tatami 1	Tatami 2	Tatami 3	Tatami 4	Tatami 5
12:40					
12:45					
12:50					
12:55					
13:00			UP03 - Kumite piger 10 år [DkarF] (10) 12:40 - 13:25	UD03 - Kumite drenge 10 år [DkarF] (13) 12:40 - 13:35	
13:05					
13:10					
13:15					
13:20					
13:25	Medaljer	Medaljer	Medaljer		
13:30	13:25 - 13:35 (00:10)	13:25 - 13:35 (00:10)	13:25 - 13:35 (00:10)		
13:35				Medaljer	
13:40				13:35 - 13:45 (00:10)	
13:45			UD05 - Kumite drenge u14 år (-40kg) [DkarF] (7) 13:35 - 14:05		
13:50					
13:55					
14:00	UD04 - Kumite drenge 11 år [DkarF] (13) 13:35 - 14:30			UP05 - Kumite piger u14 år (-42kg) [DkarF] (9) 13:45 - 14:30	
14:05		UP04 - Kumite piger 11 år [DkarF] (17) 13:35 - 14:55	Medaljer 14:05 - 14:15 (00:10)		
14:10					
14:15			UD06 - Kumite drenge u14 år (-45kg) [DkarF] (5) 14:15 - 14:35		
14:20					
14:25					
14:30	Medaljer			Medaljer	
14:35	14:30 - 14:40 (00:10)		Medaljer 14:35 - 14:45 (00:10)	14:30 - 14:40 (00:10)	
14:40	UP06 - Kumite piger u14 år (-47kg) [DkarF] (3) 14:40 - 14:50				
14:45					
14:50	Medaljer		UP07 - Kumite piger u14 år (-52kg) [DkarF] (5) 14:45 - 15:05		
14:55	14:50 - 15:00 (00:10)	Medaljer 14:55 - 15:05 (00:10)		UD07 - Kumite drenge u14 år (-50kg) [DkarF] (10) 14:40 - 15:25	
15:00			Medaljer 15:05 - 15:15 (00:10)		
15:05		UD08 - Kumite drenge u14 år (-55kg) [DkarF] (7) 15:05 - 15:35			
15:10					
15:15					
15:20	UD08b - Kumite drenge u14 år (+55kg) [DkarF] (13) 15:00 - 15:55		UP08 - Kumite piger u14 år (+52kg) [DkarF] (7) 15:15 - 15:45		
15:25				Medaljer 15:25 - 15:35 (00:10)	
15:30		Medaljer 15:35 - 15:45 (00:10)			
15:35					
15:40					
15:45					
15:50			Medaljer 15:45 - 15:55 (00:10)		
15:55	Medaljer				
16:00	15:55 - 16:05 (00:10)				