

PANAMERICAN CUP

OFFICIAL WAKO CATEGORIES IN 2023

CATEGORY	WEIGHT	YEARS OF BORN	CATEGORY	WEIGHT	YEARS OF BORN
01 POINT FIGHTING - SENIORS (Male and Female)			03 KICK LIGHT - SENIORS (Male and Female)		
Male			Male		
01 PF 070 S M -57	- 57 kg	1983 - 2004 (2007)	03 KL 184 S M -57	- 57 kg	1983 - 2004 (2007)
01 PF 071 S M -63	- 63 kg	1983 - 2004 (2007)	03 KL 185 S M -63	- 63 kg	1983 - 2004 (2007)
01 PF 072 S M -69	- 69 kg	1983 - 2004 (2007)	03 KL 186 S M -69	- 69 kg	1983 - 2004 (2007)
01 PF 073 S M -74	- 74 kg	1983 - 2004 (2007)	03 KL 187 S M -74	- 74 kg	1983 - 2004 (2007)
01 PF 074 S M -79	- 79 kg	1983 - 2004 (2007)	03 KL 188 S M -79	- 79 kg	1983 - 2004 (2007)
01 PF 075 S M -84 kg	- 84 kg	1983 - 2004 (2007)	03 KL 189 S M -84	- 84 kg	1983 - 2004 (2007)
01 PF 076 S M -89 kg	- 89 kg	1983 - 2004 (2007)	03 KL 190 S M -89	- 89 kg	1983 - 2004 (2007)
01 PF 077 S M -94 kg	- 94 kg	1983 - 2004 (2007)	03 KL 191 S M -94	- 94 kg	1983 - 2004 (2007)
01 PF 078 S M +94 kg	+ 94 kg	1983 - 2004 (2007)	03 KL 192 S M +94	+ 94 kg	1983 - 2004 (2007)
Female			Female		
01 PF 080 S F -50	- 50 kg	1983 - 2004 (2007)	03 KL 193 S F -50	- 50 kg	1983 - 2004 (2007)
01 PF 081 S F -55	- 55 kg	1983 - 2004 (2007)	03 KL 194 S F -55	- 55 kg	1983 - 2004 (2007)
01 PF 082 S F -60	- 60 kg	1983 - 2004 (2007)	03 KL 195 S F -60	- 60 kg	1983 - 2004 (2007)
01 PF 083 S F -65	- 65 kg	1983 - 2004 (2007)	03 KL 196 S F -65	- 65 kg	1983 - 2004 (2007)
01 PF 084 S F -70	- 70 kg	1983 - 2004 (2007)	03 KL 197 S F -70	- 70 kg	1983 - 2004 (2007)
01 PF 085 S F +70	+ 70 kg	1983 - 2004 (2007)	03 KL 198 S F +70	+ 70 kg	1983 - 2004 (2007)
02 LIGHT CONTACT - SENIORS (Male and Female)					
Male					
02 LC 128 S M -57	- 57 kg	1983 - 2004 (2007)			
02 LC 129 S M -63	- 63 kg	1983 - 2004 (2007)			
02 LC 130 S M -69	- 69 kg	1983 - 2004 (2007)			
02 LC 131 S M -74 kg	- 74 kg	1983 - 2004 (2007)			
02 LC 132 S M -79 kg	- 79 kg	1983 - 2004 (2007)			
02 LC 133 S M -84 kg	- 84 kg	1983 - 2004 (2007)			
02 LC 134 S M -89 kg	- 89 kg	1983 - 2004 (2007)			
02 LC 135 S M -94 kg	- 94 kg	1983 - 2004 (2007)			
02 LC 136 S M +94 kg	+ 94 kg	1983 - 2004 (2007)			
Female					
02 LC 137 S F -50	- 50 kg	1983 - 2004 (2007)			
02 LC 138 S F -55	- 55 kg	1983 - 2004 (2007)			
02 LC 139 S F -60	- 60 kg	1983 - 2004 (2007)			
02 LC 140 S F -65	- 65 kg	1983 - 2004 (2007)			
02 LC 141 S F -70	- 70 kg	1983 - 2004 (2007)			
02 LC 142 S F +70	+ 70 kg	1983 - 2004 (2007)			
05 - FULL CONTACT - SENIORS (Male and Female)			06 - LOW KICK - SENIORS (Male and Female)		
Male			Male		
05 FC 307 S M -51	-51 kg	1983 - 2004 (2005 -18+)	06 LK 366 S M -51	-51 kg	1983 - 2004 (2005 -18+)
05 FC 308 S M -54	-54 kg	1983 - 2004 (2005 -18+)	06 LK 367 S M -54 kg	-54 kg	1983 - 2004 (2005 -18+)
05 FC 309 S M -57	-57 kg	1983 - 2004 (2005 -18+)	06 LK 368 S M -57 kg	-57 kg	1983 - 2004 (2005 -18+)
05 FC 310 S M -60	-60 kg	1983 - 2004 (2005 -18+)	06 LK 369 S M -60 kg	-60 kg	1983 - 2004 (2005 -18+)
05 FC 311 S M -63,5	-63,5 kg	1983 - 2004 (2005 -18+)	06 LK 370 S M -63,5 kg	-63.5 kg	1983 - 2004 (2005 -18+)
05 FC 312 S M -67	-67 kg	1983 - 2004 (2005 -18+)	06 LK 371 S M -67 kg	-67 kg	1983 - 2004 (2005 -18+)
05 FC 313 S M -71	-71 kg	1983 - 2004 (2005 -18+)	06 LK 372 S M -71 kg	-71 kg	1983 - 2004 (2005 -18+)
05 FC 314 S M -75	-75 kg	1983 - 2004 (2005 -18+)	06 LK 373 S M -75 kg	-75 kg	1983 - 2004 (2005 -18+)
05 FC 315 S M -81	-81 kg	1983 - 2004 (2005 -18+)	06 LK 374 S M -81	-81 kg	1983 - 2004 (2005 -18+)
05 FC 316 S M -86	-86 kg	1983 - 2004 (2005 -18+)	06 LK 375 S M -86	-86 kg	1983 - 2004 (2005 -18+)
05 FC 317 S M -91	-91 kg	1983 - 2004 (2005 -18+)	06 LK 376 S M -91	-91 kg	1983 - 2004 (2005 -18+)
05 FC 318 S M +91	+91 kg	1983 - 2004 (2005 -18+)	06 LK 377 S M +91	+91 kg	1983 - 2004 (2005 -18+)

05 - FULL CONTACT - SENIORS (Male and Female)			06 - LOW KICK - SENIORS (Male and Female)		
Female			Female		
05 FC 319 S M -48	-48 kg	1983 - 2004 (2005 -18+)	06 LK 378 S M -48	-48 kg	1983 - 2004 (2005 -18+)
05 FC 320 S M -52	-52 kg	1983 - 2004 (2005 -18+)	06 LK 379 S M -52	-52 kg	1983 - 2004 (2005 -18+)
05 FC 321 S M -56	-56 kg	1983 - 2004 (2005 -18+)	06 LK 380 S M -56	-56 kg	1983 - 2004 (2005 -18+)
05 FC 322 S M -60	-60 kg	1983 - 2004 (2005 -18+)	06 LK 381 S M -60	-60 kg	1983 - 2004 (2005 -18+)
05 FC 323 S M -65	-65 kg	1983 - 2004 (2005 -18+)	06 LK 382 S M -65	-65 kg	1983 - 2004 (2005 -18+)
05 FC 324 S M -70	-70 kg	1983 - 2004 (2005 -18+)	06 LK 383 S M -70	-70 kg	1983 - 2004 (2005 -18+)
05 FC 325 S M +70	+70 kg	1983 - 2004 (2005 -18+)	06 LK 384 S M +70	+70 kg	1983 - 2004 (2005 -18+)
07 - K1 STYLE - SENIORS (Male and Female)					
Male					
07 K1 425 S M -51	-51 kg	1983 - 2004 (2005 -18+)			
07 K1 426 S M -54	-54 kg	1983 - 2004 (2005 -18+)			
07 K1 427 S M -57	-57 kg	1983 - 2004 (2005 -18+)			
07 K1 428 S M -60 kg	-60 kg	1983 - 2004 (2005 -18+)			
07 K1 429 S M -63,5 kg	-63.5 kg	1983 - 2004 (2005 -18+)			
07 K1 430 S M -67 kg	-67 kg	1983 - 2004 (2005 -18+)			
07 K1 431 S M -71 kg	-71 kg	1983 - 2004 (2005 -18+)			
07 K1 432 S M -75 kg	-75 kg	1983 - 2004 (2005 -18+)			
07 K1 433 S M -81 kg	-81 kg	1983 - 2004 (2005 -18+)			
07 K1 434 S M -86 kg	-86 kg	1983 - 2004 (2005 -18+)			
07 K1 435 S M -91	-91 kg	1983 - 2004 (2005 -18+)			
07 K1 436 S M +91	+91 kg	1983 - 2004 (2005 -18+)			
Female					
07 K1 437 S M -48	-48 kg	1983 - 2004 (2005 -18+)			
07 K1 438 S M -52	-52 kg	1983 - 2004 (2005 -18+)			
07 K1 439 S M -56	-56 kg	1983 - 2004 (2005 -18+)			
07 K1 440 S M -60	-60 kg	1983 - 2004 (2005 -18+)			
07 K1 441 S M -65	-65 kg	1983 - 2004 (2005 -18+)			
07 K1 442 S M -70	-70 kg	1983 - 2004 (2005 -18+)			
07 K1 443 S M +70	+70 kg	1983 - 2004 (2005 -18+)			