



29th MEDITERRANEAN KARATE CHAMPIONSHIPS

CADETS U16, JUNIORS U18, & SENIORS 18+

19-21 May 2023 Tunis, Tunisia



MEDITERRANEAN **KARATE** CHAMPIONSHIP

CADET, JUNIORS & -SENIORS



Tunisia
19 → 21
May
2023





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**MEDITERRANEAN KARATE
FEDERATIONS UNION**



CONTENTS

1. WELCOME MESSAGE	4
2. INTRODUCTION	7
3. TUNIS , The capital of Tunisia	7
4. COMPETITION INFORMATION	8
4.1 Categories	8
4.2 Prizes	8
5. CONTACTS INFORMATION	8
5.1 Organizing Committee	8
5.2 Tunisian Karate Federation contact details	9
5.3 Local Organizing Committee contact details	9
5.4 MKFU Event Supervisor contact	9
5.5 Safe Sport contact	9
6. WKF APPROVED PROTECTIONS, KARATEGIS & TATAMIS	10
VENTS SCHEDULE	13
6.1 Online Registration Process	15
6.2 Official Accreditation	16
6.3 Technical Support for Online Registration	16
6.4 Entry Fee	16
6.5 Payment	16
7. MEDIA	17
7.1 Press	17
8. COMPETITION VENUE	17
9. TICKET FOR SPECTATORS	17
10. OFFICIAL HOTELS	18
10.1 Official hotels	18
El MouradiGammarth	19
1. Hotel Ezzahra Dar Tunis	20
HOTELS	21
SINGLE	21



29th MEDITERRANEAN KARATE CHAMPIONSHIPS

CADETS U16, JUNIORS U18, & SENIORS 18+

19-21 May 2023 Tunis, Tunisia



DOUBLE	21
Meal	21
5 Stars.....	21
El MouradiGammarth	21
4 Stars.....	21
Hotel Zahra.....	21
3 stars.....	21
1.1 Hotels Prices.....	21
1.2 Transport Services.....	21
1.3 Meals at the Venue	21
2. REQUIRED DOCUMENTS	22
3. Anti-Doping	22
4. GENERAL INFORMATION.....	22
5. OMISSIONS.....	23



1. WELCOME MESSAGE

Welcome message of WKF President Antonio Espinos

As Karate continues its remarkable and determined progress worldwide, it is worth highlighting the fact that our major regional international events have become the foundation of the development of our sport in many areas around the world.



That is the case of the 2023 Mediterranean Karate Championships to be held in Rades from May 19 to 21 2023. Hundreds of karatekas from Cadet to Senior categories will gather in Tunis for an event which traditionally features the strength of our sport in the region. With some of the biggest powerhouse nations of Karate sending their best athletes to the event, the excitement and great level of the competition is guaranteed.

Furthermore, I am convinced that the karatekas participating at the event will find the best conditions to showcase their tremendous abilities at the tournament in Tunis. For this, and for the efforts and hard work it entails, I want to thank the Mediterranean Karate Federation and its President Bechir Cherif. The event will surely be a sound success and I hope that Karate fans in Tunisia and all over Europe make sure not to miss the competition.

Best of luck to all the participants and organizers, and a big “OSS” to all of you Karate fans.

Antonio Espinós Ortueta

WKF President



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Welcome message of MKFU President Bechir Cherif

On behalf of the Executive Committee of the Mediterranean Karate Federations Union I'm very proud for organisation of the 29th Mediterranean Karate Championships for Cadet, Junior and Seniors in Tunisia.



I congratulate the President Hassen Korbi and all Directing Committee of Tunisian Karate Federation for their contribution and all effort and organisation reached to make successful this famous Mediterranean event in Tunisia. The presence of various delegations provide a big opportunity for athletes and participants to aim for Olympic values, dignity and humbleness. My sincerely pleasure to thank the President of the World Karate Federation WKF Antonio Espinos for his continuous effort to rise Karate and the WKF to the highest level, and for his support and all his assistance to Karate in the Mediterranean Championship and Games.

My pleasure to thank my Friend the General Secretary of MKFU Mr Andreas Vasileiou for his big effort and continuous assistance to the success of all Mediterranean karate events. We are convinced of the success of this Mediterranean event, and I would like to deliver my compliments to the organizers and address all athletes, coaches, referees and officials my sincere thanks for their participation in these Championships.

Bechir Cherif
MKFU President



Welcome message of FTK President Hassen Korbi



Dear friends and brothers,

I have the honor and pleasure to welcome you to our home, your country Tunisia. I am absolutely sure of our shared desire for the prosperity and success of our beautiful discipline, the beautiful spectacle of duelling and its spread among the young people of your Mediterranean Countries.

We are even more proud of our technical level, both continentally and globally, and the recent results are the proof.

Again, you are welcome to come to us. Tunisia is the host country of this Mediterranean Karate Championship hoping that it will be a success and happiness for all the athletes.

Lots of happiness and respect for you all.

President of F.T.K

Korbi Hassen

2. INTRODUCTION

The Mediterranean Karate Federation Union, also referred to as "MKFU", is a permanent organization with a legal status founded in the 3rd November 1986 and is composed of the official National Karate Federations of every Country in the Mediterranean basin affiliated to the Continental Unions of Africa, Asia and Europe. The MKFU is a member of the World Karate Federation - WKF and the International Committee of the Mediterranean Games - ICMG

The Mediterranean Karate Federations' Union Championships provide the opportunity for participants to aim for Olympic values, strive for excellence and personal development. The UFMK/MKFU has the aim of promoting, organizing, regulating and popularizing the sport of the Karate in every Country of the Mediterranean basin, of protecting the physical and mental health of the Athletes, of contributing to the development of friendly relations among the National Federations and of defending the interests of Karate throughout the world.

3. TUNIS , The capital of Tunisia



The city of Tunis is first of all its medina, one of the most beautiful in the world, listed as a World Heritage Site by Unesco, its mosques, its souk with narrow and colorful streets. But you can also reach pleasant beaches in less than half an hour, as well as discover the unmissable sites of the north coast: the village of Sidi Bou Saïd, justly renowned for its traditional architecture, its studded wooden doors and its charming Moorish cafes. You should also not miss visiting the ruins of Carthage for their setting and their first-rate cultural dimension.

Even if the medina of Tunis gives the impression of a real labyrinth, you can quickly find your way around thanks to the minaret of the Great Mosque (or Zitouna mosque) located in the center of the covered streets. The alleys and covered passages are ordered all around. We generally move forward following the flow of walkers, because the streets are quite narrow. But it is a pleasure to walk among the bags of spices, the displays of fabrics, the leather poufs and the ceramics. You will be tempted by many objects! To have a panoramic view of the old town, ask to access the terrace of one of the shops in the souk.





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4. COMPETITION INFORMATION

4.1 Categories

U16 kata individual, kumite male -52,-57,-63,-70,+70 kg kumite female -47,-54,-61, +61 kg

U18 kata individual, kumite male -55,-61,-68,-76,+76 kg kumite female -48,-53,-59,-66, +66 kg

Seniors 18+ kata individual, kumite male -60,-67,-75,-84,+84 kg kumite female -50, -55, -61, -68,+68 kg,

Team Kata for U16 male, female Team kata for 16+ male, female

Team Kumite for U16 male, female Team kumite for U18 male, female Team kumite for 18+ male, female

4.2 Prizes

- Medals for all positions 1st, 2nd, 3rd, 3rd in individual categories
- Cups for all team events and medals for all athletes in team events (kata, kumite)
Coaches receive also a medal in team events (kata, kumite)

5. CONTACTS INFORMATION

5.1 Organizing Committee



Help General Secretary
Mr Jihed Feleh



General Secretary
Mr Karim Medfai



OC President
Mr Tarek Balaazi



Head of Delegation Senior
National Team
Mr Abdelwaheb Kamoun



Head of Delegation
Cadet/Junior National Team
Ms Rahma Jaziri



Organizing Executive Committee
Mr Ahmed Thebti Mr Hassen Korbi Mr Foued Anes



Sport Commission
Mr Said Ben Hassen



Referee Commission
Mr Med Ali Cherif



Medical Commission
Dr Adel Fehem



Medial Commission
Ms Hossr Bel Haj Alia



IT Team
Mr Chiheb Ben
Othmen



FOP Management
Mr Med Naceur Atrous



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5.2 Tunisian Karate Federation contact details

Email : ftkaratetunisie@ymail.com

Phone : [+216.71.232.415](tel:+216.71.232.415)

[+216.71.232.199](tel:+216.71.232.199)

5.3 Local Organizing Committee contact details

MrTarek Beelazi

Email : beelazi.tarek7@yahoo.com / Phone : [0021621031220](tel:0021621031220)

Mr Med Naceur ATROUS

Email : atrous.naceur@hotmail.com / Phone : [0021698205256](tel:0021698205256)

5.4 MKFU Event Supervisor contact

Bechir Cherif

Email : cherif.bechir55@gmail.com / Phone : [+216.96.469.906](tel:+216.96.469.906)

5.5 Safe Sport contact

MKFU events must be safe for all athletes and participants and entirely free from any form of no accidental violence, namely, harassment and abuse. Any such behavior will not be tolerated. If you or someone you know has been the victim of abuse or harassment in Karate, get help and report it.

Your first point of contact for any incident at this event is the MKFU Event Supervisor, whose contact information you can find detailed above.

Otherwise, any other incident can be reported via the [WKF Official Complaint Form](#) and sent to: safekarate@wkf.net

6. WKF APPROVED PROTECTIONS, KARATEGIS & TATAMIS

The MKFU championships complies with the highest level of presentation. In order to guarantee the correct delivery of the event, and to ensure the suitable quality of the tournament, exclusively the following brands are WKF Approved for use in the 2023.

SPORT PROTECTIONS “WKF Approved”

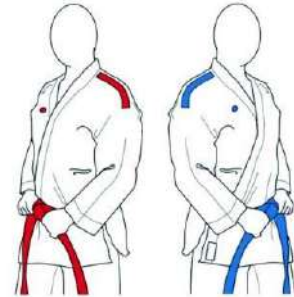


*Click on the logos

OFFICIAL KARATEGI MKFU

Kumite and Kata karategis with the brand name embroidered on the shoulders in **RED** or **BLUE** are NOT of mandatory use in MKFU championships but they can be used.

The authorized companies to use these karategis models are:



ADIDAS

ARAWAZA

BESTSPORT

BUDO-NORD

DAEDO

HAYASHI

PUNOK

SHUREIDO

SMAI

TOKAIDO

WACOKU

WESING

BLITZ

FIGHT ART

FUJIMAE

HAYATE

HIROTA

IPON

ITAKI

KAITEN

KAMIKAZE

KIHON

KO

KWON

MIZUNO

MOOTO

MUVON

NAGASHI

SFJAM NORIS

TOKYODO

*Click on the logos



DISTRIBUTORS ASSISTANCE “WKF Approved”

Click on the image to visit the distributors by countries.



TATAMIS “WKF Approved”



*Click on the logos



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REGISTRATIONS, SEMINARS, CONGRESS, PRESS CONFERENCE, DRAWS

Friday 19/5/2023	MKFU	RADES
REGISTRATION		
9:00-16:00	<p>Timeslots by alphabetic order of Countries will be applied to ensure a smooth onsite registration process.</p> <p style="text-align: center;">Registration for Delegations</p> <ol style="list-style-type: none">1. Waiver, Passport & Accreditation Check2. System Check (Sportdata)3. Accreditation Cards4. Athlete Weigh-in	HQ Hotel
14:00-16:00	Referee Seminar and Exams	HQ Hotel
16:00 – 17:00	Executive Committee Meeting	HQ Hotel
17:00-18:00	Congress	HQ Hotel
18:00-18:30	Press Conference	HQ Hotel



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COMPETITION PROGRAM

Saturday 20/5/2023	
Day & Time	COMPETITION
09:00-17:00	Elimination & Repechages: <ul style="list-style-type: none"> Individual <i>Kata</i> Cadets Male & Female Team <i>Kata</i> (Cadets & Juniors) Male & Female Individual kumite Cadets & Junior Male & Female
17:00	OPENING CEREMONY
18:00	FINALS
Sunday 21/5/2023	
Day & Time	COMPETITION
09:00-17:00	Elimination & Repechages: <ul style="list-style-type: none"> Individual <i>Kata</i> Junior & Senior Male & Female Team <i>Kata</i> (Senior) Male & Female Individual kumite Senior Male & Female Team Kumite Cadets, Juniors, Seniors Male & Female.
	FINALS

*The detailed competition schedule will be fixed after closing the online registration in order to adequate it to the final number of athletes.

ONLINE REGISTRATION & OFFICIAL ACCREDITATION

No onsite registration will be accepted. The registration will be validated once completed the online payment through the payment platform. In case of any questions concerning the online registration please directly contact the Sportdata software team via the email address:

office@sportdata.org

Federations are responsible for the quality of the entered registration data.



6.1 Online Registration Process

All **competitor** registrations must be made **ONLINE**

ATHLETES

REGISTRATION

All **competitor** registrations must be made **ONLINE**:

<https://www.sportdata.org/wkf/set-online/>

REFEREE

All **referee** registrations must be made **ONLINE**:

<https://www.sportdata.org/wkf/set-online/>

COACH

All **coach** registrations must be made **ONLINE**

<https://www.sportdata.org/wkf/set-online/>

REGISTRATION

The registration starts two (2) months prior to the event, **10th March 2023**, and closes **on the 6th May 2023**.

Changes of online registration data are possible until the end of the online registration period.



6.2 Official Accreditation

The official registration session will take place on 19/5/2023

At registration, accreditation cards will be issued with the participants' main data, a photograph and information about registered categories. The accreditation card must be always worn during the event.

Only members of national federations recognized by WKF are admitted participating, following the registration procedures.

All participants must submit an official document (passport or other valid ID card) for the WKF identification and validation at the accreditation session.

The accreditation of any competitor must be done by the athlete or the athlete's coach, in person bringing the athlete passport or other valid ID at the accreditation session.

The competitor who has not collected, either personally or through his/her coach the accreditation during the official registration, will not be included in the draw.

The official weighing will take place during the registration session.

Each national federation can register FOUR (4) athletes and TWO (2) teams in each category.

Please note that all participants have to show their passports at the registration session.

6.3 Technical Support for Online Registration

Web: SPORTDATA

Email: ftkaratetunisie@ymail.com

6.4 Entry Fee

Registration is €30 per athlete per category and €60 for each team.

-€30 for each referee participating in the referee seminar & exams

-Succeeding to the referee exams will receive an MKFU badge which is €20 cost.

-Annual country membership fee is €300 and must be paid during the registration to MKFU treasurer.

-If changes are required during the official registration session, because of incorrect or missing registration data, a fee of € 20 is charged for each change

6.5 Payment

All payments must be processed at the registration to the treasurer of MKFU.

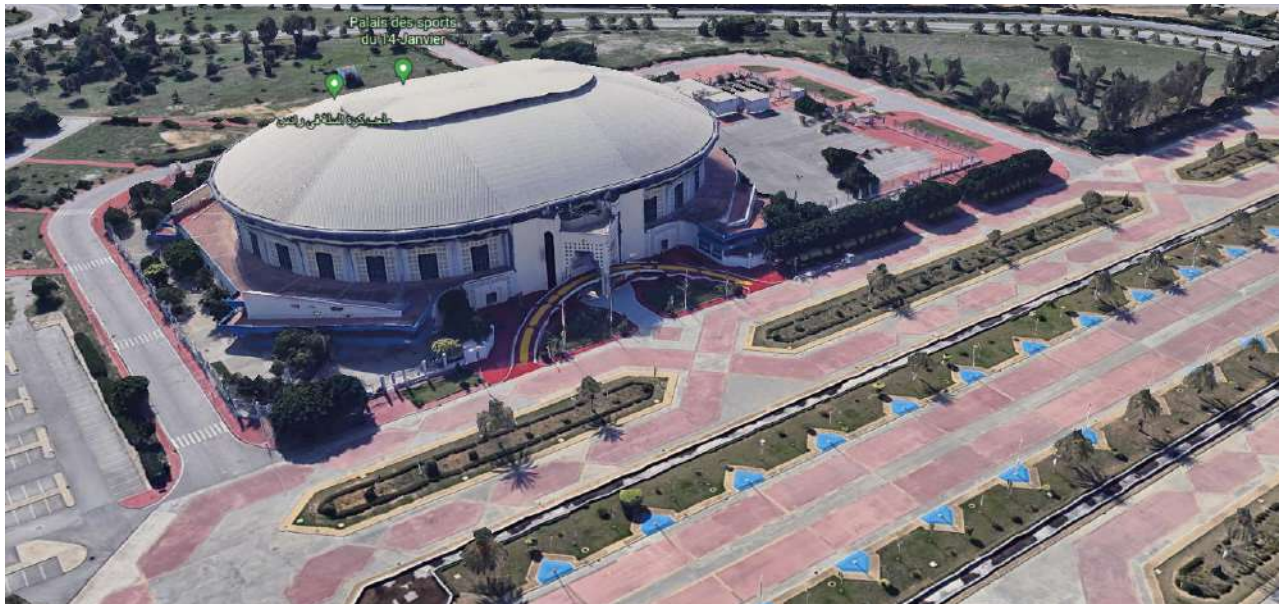
7. MEDIA

7.1 Press

Press accreditation can only be given to professional journalists working for a media and having proof of their credentials.

Media professionals can register to request press accreditations through the online registration form.

8. COMPETITION VENUE



14 January sport place Rades, Tunisia

Built for the 2005 World Men's Handball Championship, the **14,000-seater** venue hosted 2005 World Men's Handball Championship matches as well as those of the 2006 African Men's Handball Championship and the Tunisia Cup final of Handball, Basketball and Volleyball and All Big Competitions

9. TICKET FOR SPECTATORS

Entrance to the event is FREE

10. OFFICIAL HOTELS

10.1 Official hotels

GOLDEN CARTHAGE TUNIS (5 Stars)



- Hotel ↔ Airport = 22 Km (30 mn/Bus)
- Hotel ↔ Competition Hall = 30 Km (40mn/Bus)

El MouradiGammarth (4 Stars)



- Hotel ↔ Airport = 22 Km (30 mn/Bus)
- Hotel ↔ Competition Hall = 30 Km (40mn/Bus)

Hotel Ezzahra Dar Tunis (3 Stars)



- Hotel ↔ Airport = 27 Km (35 mn/Bus)
- Hotel ↔ Competition Hall = 7 Km (10mn/Bus)



Hotels Prices

<u>PRICES PER DAY Only Break fast</u>			
HOTELS	SINGLE	DOUBLE	Meal
GOLDEN CARTHAGE TUNIS 5 Stars	120 €	180 €	30 €
El MouradiGammarth 4 Stars	80 €	130 €	20 €
Hotel Zahra 3 stars	60 €	100 €	15 €

1.1 Hotels Prices

The transportation of the teams from the hotels to the sport hall and vice versa will be provided free.

Accommodation is limited and reservations will be confirmed on a first come first serve basis. After the deadline prices may increase and the agency cannot guarantee that the desired accommodation will still be available.

OFFICIAL TRAVEL AGENCY, COSMORAMA

1.2 Transport Services

AIRPORT – HOTEL - AIRPORT 30€/person

1.3 Meals at the Venue

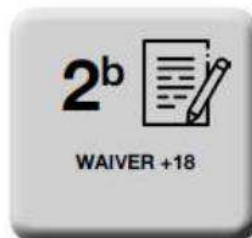
Meals for Competitors will be available in the venue. You can pre-order meals.

2. REQUIRED DOCUMENTS

MANDATORY DOCUMENTS TO BE SUBMITTED AT THE OFFICIAL ACCREDITATION

On registration day all participants must submit one of the following Waivers printed:

- a) NF/Team Representative & Team List
- b) Individual +18 years old
- c) Individual - 18 years old (Parental Consent required)



3. Anti-Doping

As a participant in karate, it is your responsibility to follow the WKF Anti-Doping Rules. Click the [here](#) to take an Anti-Doping Education & Learning Course and learn more about your responsibilities and visit our [website](#). For a few hours, you help keep karate a clean sport.

Course Recommendations

International-level Athletes Education

High Performance Coach Education

Medical Professionals Education

Parents of Elite Athletes Education



4. GENERAL INFORMATION

Business Hours

Electricity

Weather



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5. OMISSIONS

As regards that the specific items are not expressly foreseen in the present bulletin reference is to be made to the general rules and guidelines contained in WKF Regulations.



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