

OPEN
INTERNATIONAL
DE

KARATE

DE LA PROVINCE
DE LIÈGE

register on
www.sportdata.org

7/10
2023

Ne pas jeter sur la voie publique.



P.A.F : 10 euros

Hall Omnisports 'La Préalée'

Rue Emile Muraille 158 - 4040 HERSTAL - **BELGIUM**

C. Leponce : +32 496.21.33.75
opendeliège@gmail.com

Event date

Event venue

SATURDAY 7TH OCTOBER 2023

KATA : U10 - U12 - U14 - U16 - U18 – U21

SENIORS (+16)

KUMITE : U10 - U12 - U14 - U16 - U18 - U21-
SENIORS

Hall Omnisports de La Préalles – HERSTAL

Rue Emile Muraille, 158

4040 HERSTAL - BELGIUM



Competition schedule

Contact the event team

SATURDAY 7/10

Opening ceremony : 8h00

Start : 8h30 - KATA

Registrations by SPORTDATA

Deadline : **1th October 2023**

A full event schedule confirming start times as well the draws will be published on [Sportdata by October 4th 2023](#).

Please bring your own hard copies.

Académie de Karaté Leponce

Christophe LEPONCE +32 0496/21 33 75)

Email : opendeliege@gmail.com

FACEBOOK: Open de Liège

CATEGORIES

KATA	
U10	(8/9 years)
U12	(10/11 years)
U14	(12/13 years)
U16	(14/15 years)
U18	(16/17 years)
U21	(18/19/20)
SENIORS	(+16 years)

- It is the responsibility of coaches to ensure that competitors are registered in the correct categories. Every category change after entry deadline (due to a false age or weight) will be charged **15€**.
- WeighLin is mandatory and has to be done BEFORE the start of the kumite competition, from 7h30 to 16h. It is also possible to do the weighin on Friday from 17h to 21h.
- **MAXIMUM 1KG TOLERANCE**
- Should certain categories fail to meet an acceptable number of entries our event team reserves the right to merge these categories.

KUMITE		Male	Female
U10	(8/9 years)	-30 kg, -35kg, +35kg	-30 kg, +30kg
U12	(10/11 years)	-35 kg, -40 kg, -45 kg, +45 kg	-35 kg, -40 kg, +40 kg
U14	(12/13 years)	-40 kg, -45 kg, -50 kg, -55 kg, +55 kg	-42kg, -47 kg, -52 kg, +52kg
U16	(14/15 years)	-52 kg, -57 kg, -63 kg, -70kg, +70 kg	-47 kg, -54 kg, -61 kg, +61kg
U18	(16/17 years)	-55kg, -61 kg, -68 kg, -76 kg, +76 kg	-48 kg, -53kg, -59 kg, -66 kg, +66 kg
U21	(18/19/20 years)	-60 kg, -67 kg, -75 kg, -84kg, +84kg	-50 kg, -55 kg, -61kg, -68kg, + 68kg
SENIORS	(+18 years)	-60 kg, -67kg, -75 kg, -84 kg, +84 kg	-50 kg, -55 kg, -61kg, -68kg, + 68kg

REGISTRATION

SPORTDATA

Registration for competitors and coaches will only be accepted if done through :



Registration deadline is on **October 1th, 2023**

ENTRY FEES FOR COMPETITORS

30€ per person/category

Every category change after registration deadline (due to a false age or weight – maximum 1kg tolerance) **will be charged 15€**. Requests can be sent by e-mail : opendeliege@gmail.com.

Fees should be transferred into (and arrived at) our Bank account latest **until October 1th, 2023**.

Bank account : ACADEMIE KARATE LEPONCE EVENT ASBL

IBAN : BE33 0689 0676 7646

BIC: GKCCBEBB

Mention : **“Open de la Province de Liège 2023”** including the name of the **dojo** and **country**.

In case of payment by bank transfer, please bring a proof of payment on competition day.

We do NOT accept checks.

No refunds for no shows will be issued !

ENTRY FEES FOR COACHES

15€ per coach

Coaches need to **register** [via sportdata.](#)

Coaches must be **over 16 years** old.

Coaches need to wear **tracksuits**

ENTRY FEES FOR PUBLIC

10€ per person

COMPETITION

WKF rules will be applied. Repechages and two third places for all categories.

PRESENCE

Athletes have to be in the warmup area at least **60 minutes before** start of their category with their participation card. After three calls competitors will be disqualified. Only those who are competing and coaches will be allowed in the warmup and competition area. Coaches must be in tracksuits and clearly display their coaching ID badge.

PROTECTION

The following protections are required (WKF rules) :

- Tooth protector obligatory
- Red and blue fist protectors obligatory
- Red and blue shin & foot pads
- Body protector mandatory for all competitors and additional chest protector for female athletes.
- For U10 & U12 : helmet is authorized.
- Groin guards are optional but recommended.
- Red and blue belts are required.
- Rules according to WKF system.

RULES

KUMITE : WKF system & rules

KATA : see reglement

BOUTS DURATION KUMITE

- 1 minute 30 for children U10, U12 & U14.
- 2 minutes for U16, U18, U21 female & seniors female.
- 3 minutes for U21 male & seniors male.

KATA RULES

In the categories U10 competitors will perform their Kata simultaneously during the elimination rounds. For the final, competitors will present their Kata one after another.

OPENING CEREMONY

Opening ceremony at 8.15 am

AWARD CEREMONY

! Award ceremony after each category

HOTELS

- **Globales Post Hotels & Wellness Rue Hurbise, 160 – 4040 HERSTAL**

<http://www.posthotel.be/fr/>



- **Auberge de jeunesse Georges Simenon, rue Simenon, 2 – 4020 Liège**

<https://www.lesaubergesdejeunesse.be/liege>



- **VAN DER VALK CONGRES HOTEL, Esplanade de l'Europe, 2 – 4020 Liège**

<https://www.congreshotelliege.be/>

