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KARATE BC

PROVINCIAL CHAMPIONSHIPS

RICHMOND 2024

Information Bulletin - Version 2.4
April 4, 2024

APRIL 6 & 7

RICHMOND OLYMPIC OVAL

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ACKNOWLEDGMENT

Karate BC respectfully acknowledges that the 2024 Karate BC Provincial Championships are taking place on the traditional and unceded territories of the xʷməθkʷəy̓əm (Musqueam) and sc̓əwaθən məsteyəxʷ (Tsawwassen) Nations.

IMPORTANT - INFORMATION BULLETIN REVISION HISTORY

Revisions made to this information bulletin are indicated in the table below. Please review this section to determine which section(s) has/have been updated.

Version	Date	Description
1.1	March 1, 2024	Updated section 5.2 - Requirements for Non-Elite Coaches Updated section 5.3 - Requirements for Elite Coaches
1.2	March 6, 2024	Revised section 7.2 - Registration Deadlines Updated section 7.4 - Registration fees
2	March 12, 2024	Added section 11.2 - Official Hotels
2.1	March 15, 2024	Updated section 1.8 - Spectators
2.2	March 18, 2024	Updated section 7.5 - Required Participant Documents
2.3	March 22, 2024	Revised section 9 - Schedule of Events
2.4	April 4, 2024	Updated section 8.7 - Elimination Formula Updated section 8.8 - Seeding of Draws Updated section 9 - Schedule of Events Added appendix 1 - Summary of Competition Rules and Karate BC Rule Modifications

KEY DATES AND DEADLINES

Event	Date(s)
Registration Opens	Wednesday, February 21, 2024
Early Bird Registration Deadline	Monday, March 11, 2024
Final Registration Deadline and deadline to make registration changes through Sportdata	Friday, March 22, 2024
Coach Meeting	Friday, April 5, 2024
Referee Briefing	Friday, April 5, 2024
2024 Karate BC Provincial Championships competition dates	Saturday, April 6 and Sunday, April 7, 2024

Note: Information that has changed since the 2023 Karate BC Provincial Championships is presented in blue font or presented under a blue heading. Updates made to this Information Bulletin are highlighted in yellow.

1. GENERAL INFORMATION

1.1 Name of Event

2024 Karate BC Provincial Championships

1.2 Dates of Event

April 6 & 7, 2024

1.3 Event Venue

Richmond Olympic Oval

6111 River Road

Richmond, BC V7C 0A2

Photo Credit: Richmond Olympic Oval

The Richmond Olympic Oval is Metro Vancouver's premier indoor multi-sport arena and fitness facility. Originally built to host long track speed skating events during the Vancouver 2010 Olympic Winter Games, this facility now features two Olympic-sized hockey rinks, multi-sport courts, basketball courts, a climbing wall, and a fitness centre.

1.3.1 Getting to the Venue & Parking

The Richmond Olympic Oval is only 10 minutes by ground transportation from Vancouver International Airport (YVR).

Translink Bus Route 414 runs between the Richmond Olympic Oval and Richmond-Brighouse Canada Line Station Monday through Saturday.

There is a designated drop-off only zone on River Road in front of the Richmond Olympic Oval. Limited underground pay parking is available at the Richmond Olympic Oval. For more information, please visit their website: https://richmondoval.ca/facility/getting-here/

The map below shows a number of free and paid overflow parking options near the venue.

1.4 Event Organizer

Karate BC

#361, 101 - 1001 West Broadway

Vancouver, BC V6H 4E4

1.5 Introduction

Karate BC is proud to present the 2024 Karate BC Provincial Championships. This event will once again take place at the beautiful Richmond Olympic Oval near the Vancouver International Airport (YVR) from April 6-7, 2024, and is expected to assemble over 400 athletes from across British Columbia. This tournament also serves as one of two selection events for Elite athletes who are seeking to qualify for a spot on the Karate BC Team, which will represent British Columbia at the 2024 Karate Canada National Championships in Laval, Québec this July.

Karate BC is the recognized Provincial Sport Organization (PSO) for Karate in British Columbia.

1.6 Purpose

The purpose of this Information Bulletin is to provide important information regarding the 2024 Karate BC Provincial Championships to athletes, coaches, officials, and volunteers, to assist them in preparing to participate in this event. All participants are asked to carefully read this document in its entirety before registering for this tournament.

1.7 Contact Information

Christopher Saito
Event Manager, 2024 Karate BC Provincial Championships
Karate BC
Email: events@karatebc.org

Donna Gardecki
Coaching Development Coordinator
Karate BC
Email: coachdev@karatebc.org

Trevor Walmsley
Chief Referee and Officials Program Development Coordinator
Karate BC
Email: officialsdev@karatebc.org

1.8 Spectators

Skip the line and save time at the door by purchasing your tickets in advance online.

Buy Now

Spectator tickets may also be purchased at the Spectator Admissions Desk at the Richmond Olympic Oval. Cash, major credit cards, and debit cards will be accepted.

Children 6 years and under do not require a ticket.

Type	Price (per day)
Adult (18-64 years)	$11.00
Senior (65 years and older)	$5.00
Child and Youth (17 years and under)	$5.00

Ticket prices listed above are inclusive of all taxes. Tickets are non-refundable.

1.9 Live Streaming

Karate BC is pleased to offer complimentary live streaming of each tatami at the 2024 Karate BC Championships on Karate BC's YouTube channel.

1.10 Commitment to Sustainability

The 2024 Karate BC Provincial Championship is committed to fostering positive environmental, social, and economic impacts for current and future generations within the local community.

Karate BC will ensure the sustainability of its events by:

- eliminating the distribution of single-use plastic water bottles, and instead encouraging volunteers and referees to bring their own reusable water bottles to be filled at the event's water bottle refilling station,
- encouraging referees and volunteers to bring their own travel mugs for coffee/tea to minimize the amount of paper cups used,
- encouraging walking, carpooling, and the use of public transportation to travel to and from the event whenever possible,
- minimizing the use of printed documents to the extent possible in favour of electronic documents, and using FSC-certified paper when printed documents are necessary, and
- producing event banners, signage, and other marketing materials in a manner that enables their reuse in multiple events whenever possible.

1.11 Errors and Omissions

Karate BC reserves the right to correct errors and omissions in this Information Bulletin.

2. PARTICIPANT CODE OF CONDUCT

Karate BC accepts all language contained in the British Columbia Universal Code of Conduct (BC UCC), and is committed to providing sport environments that are free from all forms of harm, including sexual, physical, mental, emotional, and psychological harm.

All participants at the 2024 Karate BC Provincial Championships, including athletes, coaches, referees, and volunteers, must read, agree to, and adhere to the BC UCC at all times at this event.

The code of conduct agreement is incorporated into the required participant documents online form (see section 7.5).

The BC UCC is designed to raise awareness of the responsibilities of all participants in sport, including athletes, coaches, referees, volunteers, spectators, and staff, to contribute to a safe environment, and to raise awareness of prohibited behaviours or conduct.

Below is a summary of the BC UCC. The full version of the BC UCC is hosted at the following link: Click Here

Every participant has a responsibility to:

- Make sure their intentions, actions and efforts put priority on the safety of all Participants.
- Treat others with respect and dignity.
- Promote sportsmanship, leadership, and ethical conduct.
- Respect the diversity of Participants and reject discrimination.
- Treat individuals fairly and reasonably.
- Follow the rules of the sport, and the spirit of the rules.
- Report any acts or suspicions of inappropriate behaviours or other Maltreatment.
- Make sure all individuals feel included.

- Accept feedback about their own behaviours, and work to correct problems.
- Establish, respect, and maintain appropriate boundaries with Participants.
- Make sure that interactions respect the role of every Participant in the sport.
- Make sure that individual accountability is promoted during interactions.
- Make sure that interactions are transparent and easily understood by both Participants and outside observers.
- Monitor their own behaviours, and the behaviours of others.
- Take seriously all reports, allegations, and suspicions of Maltreatment.
- Identify and participate in conversations that lead to positive behaviour change.
- Do not take part in any Prohibited Behaviours.

All participants in a position of trust or authority have a responsibility to:

- Protect the health and well-being of all other Participants.
- Prevent or reduce opportunities for Maltreatment and other Prohibited Behaviours.
- Respond to any Maltreatment involving Minors and other Vulnerable Participants.
- Learn to recognize systemic bias, unconscious bias, and to respond quickly and effectively to Discriminatory practices.
- Recognize when you are in a position of Power Imbalance.

It is a violation of the BC Universal Code of Conduct to engage in:

- Psychological Maltreatment including Verbal Conduct such as yelling; Non-assaultive physical conduct such as throwing items; or behaviours restricting attention or support, such as abandoning an athlete as punishment for poor performance.
- Physical Maltreatment including Contact behaviours such as deliberately hitting someone; or Non-contact behaviours such as the use of exercise for the purposes of punishment.
- Sexual Maltreatment of Minors or Adult participants, including Criminal Code offenses; and any comment or conduct of a sexual nature that is unwelcome or that would be objectively perceived as unwelcome by an outside observer.
- Grooming which can include one or several acts that, viewed objectively, make it easier to either engage in Sexual Maltreatment or reduce the chance that Sexual Maltreatment will be reported.
- Boundary Transgressions which include a wide range of activities such as communicating privately with a Minor through social media or text; or one-on-one meetings that are not held in an open and observable environment.

- Neglect such as not providing an athlete recovery time and/or treatment for a sport injury.
- Discrimination such as denying someone access to participating in sport or treating them unfairly.
- Subjecting a Participant to the Risk of Maltreatment such as putting Participants in situations that could obviously make them vulnerable to Maltreatment.
- Aiding and Abetting which includes any action intended to result in Maltreatment by or against a Participant.
- Failure to Report possible Maltreatment, Prohibited Behaviour, or Boundary Transgressions toward a Minor or an Adult Participant.
- Intentionally Filing a False Allegation or influencing someone else to file one. Making a False Allegation is different from an Unsubstantiated Allegation, which is where an allegation is made honestly but there's not enough evidence to prove it. Honestly made Unsubstantiated Allegations are not prohibited actions.
- Interference with or Manipulation of Process such as knowingly falsifying, distorting, misrepresenting, concealing, or destroying information with the intent to influence the proceedings or outcome of the resolution process.
- Retaliation including threats, intimidation, harassment, coercion, or any other behaviour that would discourage a reasonable person from participating in an investigation or disciplinary review processes at any point in the process, and regardless of outcome.

3. SAFE SPORT

Karate BC is committed to fostering a safe and inclusive sporting environment and event experience that is free of abuse, harassment, or discrimination for all participants, including athletes, coaches, referees, volunteers, spectators, and staff.

3.1 Abuse-Free Sport Helpline

The Abuse-Free Sport Helpline is a free, anonymous, confidential, and independent service available in both of Canada's official languages for victims and witnesses of abuse, harassment, or discrimination in a sport environment. This helpline is available 7 days a week from 5 a.m. to 5 p.m. PT.

Call or Text 1-888-83SPORT (77678)
or email info@abuse-free-sport.ca

4. COMPETITOR ELIGIBILITY

4.1 Eligibility

Only competitors who are current members of Karate BC in good standing are eligible to register and participate in the 2024 Karate BC Provincial Championships.

4.2 Age Eligibility

4.2.1 Kobudo and Non-Elite Categories

The age eligibility for all Kobudo and non-Elite categories at this event is determined by the age of the competitor as of the first date of the event, April 6, 2024. In other words, competitors may register for any Kobudo and non-Elite categories for which they are eligible based on their age as of April 6, 2024.

4.2.1.1 Masters Categories

Competitors who are 40 years of age or older as of April 6, 2024, are eligible to register in Masters categories. Competitors who register in Masters categories may also register in non-Masters categories for which they are eligible based on their gender and skill level, subject to the policy on registering in both a non-Elite category and an Elite category (section 4.3.1).

4.2.1.2 Non-Elite "Women's" and "Men's" Categories

Competitors who are 16 years of age or older as of April 6, 2024, are eligible to register in "Women's" or "Men's" Kata categories for which they are eligible based on their gender and skill level. Competitors who are 18 years of age or older as of April 6, 2024, are eligible to register in "Women's" or "Men's" Kumite categories for which they are eligible based on their gender and skill level.

4.2.1.3 Kobudo and Non-Elite "Adult" Categories

Competitors who are 16 years of age or older as of April 6, 2024, are eligible to register in non-Elite "Adult" Team Kata categories. Competitors who are 18 years

of age or older as of April 6, 2024 are eligible to register in "Adult" Kobudo categories.

4.2.2 Elite Categories

The age eligibility for all Elite categories at this event is determined as follows:

- For U14 (Youth) categories, the age eligibility is determined by the age of the competitor on the first day of the 2024 PKF Junior, Cadet & U21 Championships, expected to be August 22, 2024. In addition, competitors must be at least 12 years of age as of the first day of the 2024 Karate Canada National Championships, July 4, 2024. In other words, competitors may register for U14 (Youth) categories at this event if they will be 12 or 13 years of age as of August 22, 2024, and are at least 12 years of age as of July 4, 2024.

- For Cadet, Junior, and U21 categories, the age eligibility is determined by the age of the competitor on the first day of the 2024 PKF Junior, Cadet & U21 Championships, expected to be August 22, 2024, and the first day of the 2024 WKF World Cadet, Junior & U21 Championships, expected to be October 9, 2024. In other words, competitors may register in all Cadet, Junior, and U21 categories for which they will be eligible based on their age as of August 22, 2024 and their age as of October 9, 2024.

- For Senior categories, the age eligibility is determined by the age of the competitor on the first day of the 2024 Karate Canada National Championships, July 4, 2024.

Please refer to the Competitor Age Eligibility Matrix for the 2024 Karate Canada National Championships in appendix 2 of this Information Bulletin for more information.

4.2.3 Para Categories

The age eligibility for all Para categories at this event is determined as follows:

- For U12 Para categories, the age eligibility is determined by the age of the competitor on the first day of the event, April 6, 2024.

- For Junior (U16) Para categories, the age eligibility is determined by the age of the competitor on the first day of the 2024 Karate Canada National Championships, July 4, 2024. In other words, competitors may register for Junior

(U16) Para categories at this event if they will be between 12 and 15 years of age (inclusive) as of July 4, 2024.

- For Senior Para categories, the age eligibility is determined by the age of the competitor on the first day of the 2024 Karate Canada National Championships, July 4, 2024. In other words, competitors may register for Senior Para categories at this event if they will be 16 years of age or older as of July 4, 2024.

Please refer to the Competitor Age Eligibility Matrix for the 2024 Karate Canada National Championships in appendix 2 of this Information Bulletin for more information.

4.3 Competition Skill Levels

The following skills levels will be offered at this event:

A. Novice
B. Intermediate
C. Advanced
D. Black Belt
E. Elite

Novice, Intermediate, Advanced, and Black Belt categories are classified as non-Elite categories. They may be identified by a division code that starts with "R".

Elite categories may be identified by a division code that starts with "E".

4.3.1 Registering in both a non-Elite Category and an Elite Category

Within the Kata (including Individual Kata and Team Kata) and Kumite events offered at the 2024 Karate BC Provincial Championships, competitors may choose to register in non-Elite categories **or** Elite categories, but **they are not permitted to register in both a non-Elite category and an Elite category within the same event**.

For example, a competitor may register in a non-Elite Individual Kata category and an Elite Individual Kumite category, since Kata and Kumite are separate events. However, a competitor is not permitted to register in a non-Elite Individual Kata category and an Elite Individual Kata category, or vice versa. As an additional example, competitors are not permitted to register in non-Elite Team Kata and Elite Individual Kata, or vice versa.

4.3.2 Non-Elite Competition Skill Level Table

The table below indicates the non-Elite competition skill levels based on the Kyu levels of different Karate styles. **Non-Elite competitors may only register in the skill level that corresponds to their Kyu level**.

Skill Level / Style	Novice	Intermediate	Advanced	Black Belt
Chito/Shito	6-5	4-3	2-1	All Dans
Gima-Ha	10-7	6-4	3-1	All Dans
Goju	10-7	6-4	3-1	All Dans
Kyokushin	10-7	6-4	3-1	All Dans
Shotokan/ Shukokai	9-7	6-4	3-1	All Dans
Uechi-Ryu	10-7	6-4	3-1	All Dans
Wado	8-7	6-4	3-1	All Dans

4.4 Team Kata

Each competitor may only be part of one (1) Kata Team at the 2024 Karate BC Provincial Championships.

4.5 Kumite Weight Categories

Competitors may only register in one (1) Kumite weight category within an age group.

5. COACHES

5.1 Eligibility

All coaches must be current members of Karate BC in good standing to be eligible to register as a coach at the 2024 Karate BC Provincial Championships. All coaches who wish to coach on the field-of-play at the 2024 Karate BC Provincial Championships must be registered and accredited.

5.2 Requirements for Non-Elite Coaches

Non-Elite coaches are **only permitted to coach on Day 1** (non-elite categories) of the 2024 Karate BC Provincial Championships.

All non-Elite coaches must have:

A. A current completed Criminal Record Check (including vulnerable sector check) on file with Karate BC,

B. Completed the NCCP Making Headway in Sport module through their NCCP locker,

C. Completed the Coaching Association of Canada's Safe Sport Training module through their NCCP locker.

D. Audited or completed a Karate BC Referee Certification course, and/or attended a 1-hour rules update by Chief Referee Trevor Walmsley on Sunday, March 17 from 12:00 p.m. - 1:00 p.m. for non-elite coaches.

   Rules Update Seminar Registration Link

E. Access to a Mentor Coach who is at minimum Comp-Intro Trained and registered as a coach at this event. This mentor coach must be available on-site at the tournament for the non-Elite coach if they have questions and/or concerns during the tournament.

5.3 Requirements for Elite Coaches

Elite coaches are eligible to coach for both days of the 2024 Karate BC Provincial Championships.

All Elite coaches must have:

A. A current completed Criminal Record Check (including vulnerable sector check) on file with Karate BC,

B. At minimum, Competition-Introduction Trained status in the NCCP,

C. Completed the NCCP Making Headway in Sport module through their NCCP locker,

D. Completed the Coaching Association of Canada's Safe Sport Training module through their NCCP locker.

E. Audited or completed a Karate BC Referee Certification course and/or attended a 1-hour rules update by Chief Referee Trevor Walmsley on Sunday, March 17 from 1:30 p.m. - 2:30 p.m. for elite coaches.

   Rules Update Seminar Registration Link

5.4 Accreditation Agreement for Coaches

All coaches must read, agree to, and electronically sign the Karate BC Accreditation Agreement for Coaches in order to be eligible to receive their accreditation card and coach on the field of play. An accreditation card is required to access the field of play at the event. Coaches must adhere to the Karate BC Coaching Accreditation Agreement at all times during this event.

The Accreditation Agreement for Coaches is incorporated into the required participant documents online form (see section 7.5).

5.5 Attire

All coaches must wear a dojo, provincial or national tracksuit during the competition. Please note that suits/dresses will not be required for medal rounds at this event.

6. REFEREES

6.1 Eligibility

Only referees who are current members of Karate BC in good standing and who possess a current Karate BC licence may register and officiate at the 2024 Karate BC Provincial Championships.

7. REGISTRATION

7.1 Sportdata Online Registration

Registration for all athletes, coaches, and referees will be completed online through Sportdata.

Participants must provide all required participant information and submit the required registration fees for this event before the registration deadline for registration to be considered complete.

We strongly recommend coaches/team managers to register competitors on behalf of their team/club to ensure competitors are registered accurately and to reduce the likelihood of competitors from the same club meeting in earlier rounds.

A competitor profile must be created through the Sportdata account prior to registering the competitor for the event. All new entries will first be placed on the waiting list. After the registration fee payment is made through PayPal, the entry will be approved automatically. If payment is not made within 60 minutes, the entry will automatically be removed from the waiting list.

The Sportdata registration page may be accessed at the following link:

Competitor Registration

Coach Registration

Referee Registration

7.2 Registration Deadlines

7.2.1 Competitors

A. The early bird competitor registration deadline has been extended to Monday, March 11, 2024 at 11:59 p.m. PT.

B. **The final competitor registration deadline is Friday, March 22, 2024 at 11:59 p.m. PT.**

7.2.2 Coaches

A. The coach registration deadline is Friday, March 22, 2024 at 11:59 p.m. PT.

7.2.3 Referees

A. The referee registration deadline is Friday, March 29, 2024 at 11:59 p.m. PT.

****IMPORTANT:** No participant registrations will be accepted after the respective registration deadline.

7.3 Changes to Competitor Registration

Competitors may make changes to registration free of charge through Sportdata until the final registration deadline on March 22, 2024. Any difference in registration fees will apply.

After the final registration deadline, competitors may change the event category/categories for which they are registered by submitting a registration change request online or at the latest, during the designated accreditation period(s). A registration change fee will apply (please see section 7.4.2).

No changes to non-elite categories will be accepted after the accreditation period on Friday, April 5, 2024. No changes to elite categories will be accepted after the accreditation period on Saturday, April 6, 2024.

7.4 Registration Fees

7.4.1 Competitors

The competitor registration fees for the 2024 Karate BC Provincial Championships are indicated in the tables below. Competitors who register in more than one individual category will receive a 20% discount on their registration fees for their second and subsequent individual categories.

All fees listed below are inclusive of the 5% Goods and Services Tax (GST) and all payment processing fees.

Registration Fees for Individual Categories

Category	If registered by March 11, 2024		If registered between March 12-22, 2024	
	As a first category	For each additional individual category for the same competitor	As a first category	For each additional individual category for the same competitor
All Kobudo, non-Elite, and U12 Para Individual Categories	$60.00	$48.00	$80.00	$64.00
All Elite, Junior, and Senior Para Individual Categories	$70.00	$56.00	$90.00	$72.00

Registration Fees for Team Categories

Category	If registered by March 11, 2024	If registered between March 12-22, 2024
	Per Team	Per Team
All non-Elite Team Categories*	$120.00	$140.00
All Elite Team Categories*	$140.00	$160.00

*= Team Kata categories will not be considered as a "first category" for the purpose of obtaining a registration fee discount for additional categories. For example, if a competitor registers in a Team Kata category and an Individual Kata category, the competitor will be charged the "first category" registration rate for the Individual Kata category. Team Kata categories are also not eligible for the 20% discount.

7.4.2 Registration Change Fees

A. A registration change fee of $75.00 per change will apply for registration changes where a registered competitor changes into a non-elite category after the registration deadline on March 22, 2024 at 11:59 p.m. PT.

B. A registration change fee of $100.00 per change will apply for registration changes where a registered competitor changes into an Elite category after the registration deadline on March 22, 2024 at 11:59 p.m. PT.

7.4.3 Refunds

Refunds will only be permitted for medical reasons, with supporting documentation from a healthcare professional, until the final registration deadline on March 22, 2024. Requests for refunds will be assessed on a case-by-case basis.

After the final registration deadline, no refunds will be issued for any reason.

To request a refund, please submit the refund request form at the following link: Click Here

7.4.4 Coaches

No registration fees are charged for coaches at the 2024 Karate BC Provincial Championships.

7.4.5 Referees

No registration fees are charged for referees at the 2024 Karate BC Provincial Championships.

7.5 Required Participant Documents

All competitors (and the competitor's parent/guardian if the competitor is under 19 years of age) must complete the online Medical History, Waiver, and Release agreement and sign the Participant Code of Conduct agreement prior to the final competitor registration deadline on **Friday, March 22, 2024**, after registering for this event through Sportdata.

All coaches (and the coach's parent/guardian if the coach is under 19 years of age) must sign the online Waiver and Release agreement, the Participant Code of Conduct agreement, and the Accreditation Agreement for Coaches prior to the coach registration deadline on **Friday, March 22, 2024**, after registering for this event through Sportdata.

All referees (and the referee's parent/guardian if the coach is under 19 years of age) must sign the online Waiver and Release agreement and the Participant Code of Conduct agreement prior

to the referee registration deadline on **Friday, March 29, 2024**, after registering for this event through Sportdata.

Click here to access the required participant documents

These documents must be completed in full in order to remain eligible to participate in this event. **Participants with incomplete documents will be withdrawn from the tournament and will not be permitted to participate.**

8. COMPETITION

8.1 Event Categories

The following events will be offered at the 2024 Karate BC Provincial Championships:

A. Individual Kata
B. Team Kata
C. Individual Kumite
D. Para-Karate
E. Kobudo (Weapons Kata)

The full list of event categories is available on Sportdata at the following link: Click Here

8.2 Rules of Competition

8.2.1 Individual Kata, Team Kata, Individual Kumite

The 2024 World Karate Federation (WKF) Rules of Competition will be in effect for all Kata and Kumite categories, subject to Karate BC rule modifications (please see section 8.6), and unless otherwise noted in this Information Bulletin.

Kata Competition Rules

Kumite Competition Rules

8.2.2 Para-Karate

The version of the World Karate Federation (WKF) Para-Karate Kata Competition Rules that is in effect at the time of the event will be used for all Para-Karate categories.

8.2.3 Kobudo (Weapons Kata)

The 2021 Karate BC Kobudo Competition Rules will be in effect for all Kobudo (Weapons Kata) categories.

8.3 Competition Equipment

The following competition equipment outlined in sections 8.3.1 and 8.3.2 is required for Kata and Kumite competitors, as per the World Karate Federation (WKF) Rules of Competition (with Karate BC rule modifications where applicable). All competition equipment should conform with the designs of WKF-approved equipment, however, they are not required to be WKF-approved. Please note that WKF-approved equipment will not be refused at the 2024 Karate BC Provincial Championships.

8.3.1 Kata

A. White Karate-gi
   - Karate-gi with red/blue embroidered brands on the shoulders are permitted (and optional) at this event, and must match the colour assigned for a particular bout. No other colours are permitted. If wearing karate-gi with red/blue embroidery athletes are required to change their karate-gi jacket in the warm-up area, and no extra time will be allotted between bouts for this change.

B. Red and Blue Belts

8.3.2 Kumite

A. White Karate-gi
   - Karate-gi with red/blue embroidered brands on the shoulders are permitted (and optional) at this event, and must match the colour assigned for a particular bout. No other colours are permitted. If wearing karate-gi with red/blue embroidery, athletes are required to change their karate-gi jacket in the warm-up area, and no extra time will be allotted between bouts for this change.

B. Red and Blue Belts

C. Body Protector
   - Required for all Elite Kumite categories.

- Strongly recommended for all non-Elite Kumite categories

D. Chest Protector
   - Required for all Elite female Kumite categories
   - Strongly recommended for all non-Elite female Kumite categories

E. Groin Protector - required for all male Kumite categories

F. Red and Blue Gloves

G. Red and Blue Foot and Shin Protectors
   - Both colours are required for all Elite Kumite categories
   - Strongly recommended for all non-Elite Kumite categories

H. Mouth Guard

I. WKF Helmet Mask
   - Strongly recommended for all under 14 year old Kumite categories
   - Not permitted in any other category

J. External Body Protector
   - Strongly recommended for all under 14 year old Kumite categories. Competitors who choose to wear the external body protector will not be required to wear the body protector (internal), and for female competitors, the chest protector will not be required.
   - Not permitted in any other category

Competitors who choose to compete without wearing the recommended (optional) protective equipment assume all risks of participating without that protection.

8.3.3 Kobudo (Weapons Kata)

The competition equipment outlined in the 2021 Karate BC Kobudo Competition Rules is required for all Kobudo categories at this event.

8.3.4 Para-Karate

The competition equipment outlined in the World Karate Federation (WKF) Para-Karate Kata Competition Rules that is in effect at the time of the event is required for all Para-Karate categories in this event.

8.4 Athlete Weigh-In

8.4.1 Requirement to Weigh-In

All athletes in an Elite Kumite category, which can be identified with a category code starting with the letter "E", must successfully complete weigh-in during the official weigh-in periods in order to remain eligible to compete in their Kumite category.

Athletes who fail to weigh-in during the official weigh-in periods will be disqualified from all Elite Kumite categories and will not be eligible to compete in any Elite Kumite categories.

8.4.2 Weigh-In Rules

A. An athlete is considered to have successfully completed weigh-in if their weight that is measured during an official weigh-in period is within the lower and upper limits of the Kumite weight category for which they are registered, including the permitted weight variances described in section 8.4.4.
B. Athletes may make as many weigh-in attempts as necessary to successfully complete weigh-in during the official weigh-in periods.
C. Any athlete who fails to weigh between the lower and upper limits of the Kumite weight category for which they are registered, including the permitted weight variance described in 8.4.4, will be disqualified from that category for failure to comply with weight control restrictions.

8.4.3 Official Weigh-In Periods

Two (2) official weigh-in periods, including a late weigh-in period, will be offered at the 2024 Karate BC Provincial Championships. Both weigh-in periods will take place at the Richmond Olympic Oval.

Competitors may choose to weigh-in at either of the two weigh-in periods. If an athlete successfully completes weigh-in during the first weigh-in period, they will not be required to attend the second weigh-in period. If an athlete attempts weigh-in during

the first weigh-in period and is unsuccessful, they are permitted to attend the second weigh-in period in order to make subsequent attempts.

A. Weigh-In Period 1: 4:00 p.m. to 7:00 p.m. on Friday, April 5, 2024

B. Weigh-In Period 2: 10:00 a.m. to 2:00 p.m. on Saturday, April 6, 2024

8.4.4 Permitted Weight Variances

For female U14, Cadet, and Junior Kumite categories, a weight variance of 0.5 kg over the normal upper weight limit for a weight category and a weight variance of 2.0 kgs below the normal lower weight limit for the weight category will be permitted.

For male U14, Cadet, and Junior Kumite categories, a weight variance of 0.2 kg over the normal upper weight limit for a weight category and a weight variance of 2.0 kgs below the normal lower weight limit for the weight category will be permitted.

For female U21 and Senior Kumite categories, a weight variance of 0.5 kg over the normal upper weight limit for a weight category and a weight variance of 0.5 kg below the normal lower weight limit for the weight category will be permitted.

For male U21 and Senior Kumite categories, a weight variance of 0.2 kg over the normal upper weight limit for a weight category and a weight variance of 0.2 kg below the normal lower weight limit for the weight category will be permitted.

Examples:

1. The weight categories for Female Individual Kumite are: -50 kg, -55 kg, -61 kg, -68 kg, +68 kg. The normal upper weight limit for the -55 kg category is 54.9 kg and the normal lower weight limit is 50.0 kg. Including the 0.5 kg variance, the permissible weight range for this category is from 49.5 kg to 55.4 kg.

2. The weight categories for Male Cadet Individual Kumite are: -52 kg, -57 kg, -63 kg, -70 kg, +70 kg. The normal upper weight limit for the -63 kg category is 62.9 kg and the normal lower weight limit is 57.0 kg. Including the 0.2 kg variance for the upper weight limit and the 2.0 kg variance for the lower weight limit, the permissible weight range for this category is from 55.0 kg to 63.1 kg.

8.4.5 Rehearsal Weigh-In

The scales that will be used for the official weigh-in will be made available to athletes for the purpose of rehearsal weigh-in at least 60 minutes prior to the start of each official weigh-in period. Weights measured during rehearsal weigh-in are solely for the athlete's personal use and are not considered official.

8.4.6 Official Weigh-In Protocol

A. An accurate digital scale that measures weight in kilograms to one decimal place will be used for all official weigh-ins. The scale will be placed on hard, uncarpeted flooring. The maximum discrepancy permitted between the weigh-in scales used for female weigh-in and male weigh-in is 0.1 kg.
B. Weigh-in for female athletes and male athletes will take place in separate areas. Privacy screens will be installed around the scale.
C. Two weigh-in officials of the same sex as the athlete weighing in will be present at all times during weigh-in attempts and will administer the weigh-in. One coach of the same sex as the athlete weighing in is permitted to attend the weigh-in attempt to observe the process. Athletes under 19 years of age may have one parent or guardian present during weigh-in in addition to their coach. Coaches and parents/guardians are not permitted to interfere with the weigh in process. Other unauthorized individuals are not permitted in the weigh-in area.
D. The use of video and/or photo recording devices, including mobile phones, is strictly prohibited in the weigh-in areas.
E. Athletes must present their official event accreditation card to the weigh-in officials in order to be permitted to attempt weigh-in.
F. Athletes are to weigh in wearing underclothing only (for females, underwear and bra only, and for males, underwear only). Athletes are not permitted to weigh in nude at the 2024 Karate BC Provincial Championships. Athletes are not permitted to weigh in with any personal effects on their person.
G. Athletes will step onto the weigh-in scale once directed to do so by the weigh-in official, and must remain on the scale until directed by the weigh-in official that they may step off of the scale.
H. Once an athlete has successfully completed weigh-in, the weigh-in official will record the actual weight to one decimal place in the official weight control records.

8.5 Official Protests

Official protests may only be filed for Elite categories at the 2024 Karate BC Provincial Championships. The protest fee for this event is $50.00, and must be paid in advance in cash. The fee will be returned if the protest is successful.

Please click on the following link to view the Karate BC Official Protest Policy: Karate BC Official Protest Policy

A sample of the protest form that will be used for this event is included in appendix 4 and appendix 5 of this Information Bulletin for reference purposes. The protest form may be requested from the Tatami Managers during the event.

8.6 Karate BC Rule Modifications

A table summarizing the competition rules and Karate BC Rule Modifications is available in appendix 1 of this Information Bulletin.

8.6.1 Permitted Kata List for Non-Elite Kata Categories

Only Kata listed in the Permitted Kata List for Non-Elite Kata Categories, which is included in appendix 3 of this Information Bulletin, may be performed in all non-Elite Kata categories, except for 7 & under Kata categories.

Competitors in merged Kata categories, including Masters Novice to Advanced categories, may perform any Kata that is permitted in the highest skill level of that merged category. For example, competitors in a Masters Novice to Advanced category may perform any Kata permitted in an Advanced category.

8.6.2 Match Duration for Non-Elite Kumite Categories

The match duration for all non-Elite Kumite categories is 1 minute 30 seconds (90 seconds).

8.6.3 Points System for Under 12 Non-Elite Kumite Categories

For non-Elite 7 and Under, 8/9, and 10/11 year old categories, once a competitor accumulates 6 points in a match, the match will end and that competitor will be declared the winner. If both competitors reach 6 points at the same time, standard WKF tie breaking procedures (Senshu/Hantei) will be used to determine the winner.

8.6.4 Contact in Non-Elite Kumite Categories

No contact to the Jodan area with the fist or foot is permitted in any non-Elite Kumite category.

For non-Elite 7 and Under, 8/9, and 10/11 year old categories, contact to the Chudan area is "touch" only - no heavy contact will be permitted.

8.6.5 Novice to Advanced Kobudo Categories

Kihon (basic) Kata will be permitted in Novice to Advanced Kobudo categories.

8.6.6 Non-Elite Team Kata

Bunkai will not be required in non-Elite Team Kata categories for any rounds.

8.7 Elimination Formula

8.7.1 Non-Elite Individual Kata

All Non-Elite Individual Kata categories, except for categories of three competitors, will use the WKF repechage system with flags.

Categories with three competitors will use a round-robin system with flags.

Competitors in under 12 categories will perform their Kata simultaneously.

Competitors in Novice categories as well as Novice competitors in merged Novice categories may repeat the same Kata across rounds.

Competitors in Masters categories may repeat the same Kata across rounds.

Competitors in Intermediate and higher categories (except Masters) as well as Intermediate and higher competitors (except Masters) in merged categories (e.g. Merged Novice and Intermediate category) must, at minimum, alternate between two (2) different Kata across rounds in an "ABAB" manner, where A and B are the names of two different Kata.

8.7.2 Non-Elite Team Kata

All Non-Elite Team Kata categories will use a single round, single pool elimination format with scores. Teams will perform one (1) Kata and will be ranked based on the score obtained from this Kata performance, as per standard WKF rules on assigning scores.

The first, second, third, and fourth place teams after all teams have performed their Kata after the one round will be declared the Gold, Silver, Bronze, and Bronze (as applicable) medallists, respectively.

8.7.3 Non-Elite Individual Kumite

All Non-Elite Individual Kumite categories, except for categories of three competitors, will use the WKF repechage system.

Categories with three competitors will use a round-robin system.

8.7.4 Kobudo (Weapons Kata)

All Kobudo categories will use a single round, single pool elimination format with scores. Competitors will perform one (1) Kata and will be ranked based on the score obtained from this Kata performance, as per standard WKF rules on assigning scores.

The first, second, third, and fourth place competitors after all competitors have performed their Kata after the one round will be declared the Gold, Silver, Bronze, and Bronze (as applicable) medallists, respectively.

8.7.5 Elite Individual Kata

All Elite Individual Kata categories, except for categories of three competitors, will use the WKF repechage system.

Categories with three competitors will use a round-robin system.

An additional match will take place between the two Bronze medallists (the winners of the two repechage draws), where applicable, to determine the true third place athlete. Competitors may repeat a previously-performed Kata in this match.

8.7.6 Elite Individual Kumite

All Elite Individual Kumite categories, except for categories of three competitors, will use the WKF repechage system.

Categories with three competitors will use a round-robin system.

An additional match will take place between the two Bronze medallists (the winners of the two repechage draws), where applicable, to determine the true third place athlete.

8.8 Seeding of Draws

Karate BC will not seed any competitors or teams in draws at the 2024 Karate BC Provincial Championships.

8.9 Separation of Athletes in Draws and Pools

Competitors from the same club will be separated across Kumite draw halves, to the extent possible given the number of total competitors in the category and the number of competitors from that club in the category.

8.10 Re-Draws

Karate BC reserves the right to re-draw categories should the draw become unbalanced due to the absence or withdrawal of a competitor or competitors.

8.11 Merging and Splitting of Categories

Karate BC reserves the right to merge or split non-elite categories at its sole discretion.

Merged categories are considered as a single category for the purpose of awards. Split categories are considered discrete categories for the purpose of awards.

Elite categories will not be merged or split.

9. SCHEDULE OF EVENTS

DATE	TIME	EVENT	LOCATION
Friday, April 5	4:00 p.m. - 7:00 p.m.	Accreditation and Official Weigh-In Period 1	Level 2 Track Zone
	7:00 p.m. - 8:00 p.m.	Coach Meeting	Room #2029B
Saturday, April 6 (Day 1)	8:00 a.m. - 5:00 p.m.	Accreditation and Spectator Admissions ****No changes to non-elite categories will be permitted on April 6.**	Level 2 Track Zone
	8:00 a.m. - 8:45 a.m.	Referee Briefing	Room #2029B
	9:00 a.m.	Opening Ceremony	Level 2 Track Zone
	Competition Start Time: 9:15 a.m. (immediately following the conclusion of the Opening Ceremony)	Kobudo Competition Non-Elite Team Kata Competition Non-Elite Individual Kata Competition, including U12 Para-Karate Categories Non-Elite Individual Kumite Competition	Level 2 Track Zone
	10:00 a.m. - 2:00 p.m.	Official Weigh-In Period 2	Level 2 Track Zone
Sunday, April 7 (Day 2)	7:30 a.m.	Spectator Admissions Desk Opens	Level 2 Track Zone
	Competition Start Time: 8:00 a.m.	Elite Team Kata Competition	Level 2 Track Zone

		Elite Individual Kata Competition, including Junior and Senior Para-Karate Categories Elite Individual Kumite Competition	

Note: All events will take place at the Richmond Olympic Oval. Schedule is subject to changes.

10. COMPETITION TIMETABLE AND DRAWS

The competition timetable and draws for Day 1 will be released on the Sportdata event page on the evening of Friday, April 5. The competition timetable and draws for Day 2 will be released on the Sportdata event page on the evening of Saturday, April 6.

https://www.sportdata.org/karate/set-online/veranstaltung_info_main.php?active_menu=calendar&vernr=8026&ver_info_action=info#a_eventhead

11. ACCOMMODATION AND TRAVEL

11.1 BC Ferries Sport Experience Program

The BC Ferries Sport Experience Program is a program jointly run by BC Ferries and viaSport BC to provide travel support to eligible not-for-profit sport organizations and athletes to compete in eligible events, including Provincial Championships.

Applications for this program must be received at least **12 business days (excluding weekends and public holidays) prior to the first day of travel**.

For more information and to apply, please visit the program website: Click Here

11.2 Official Hotels

11.2.1 Executive Hotel Vancouver Airport

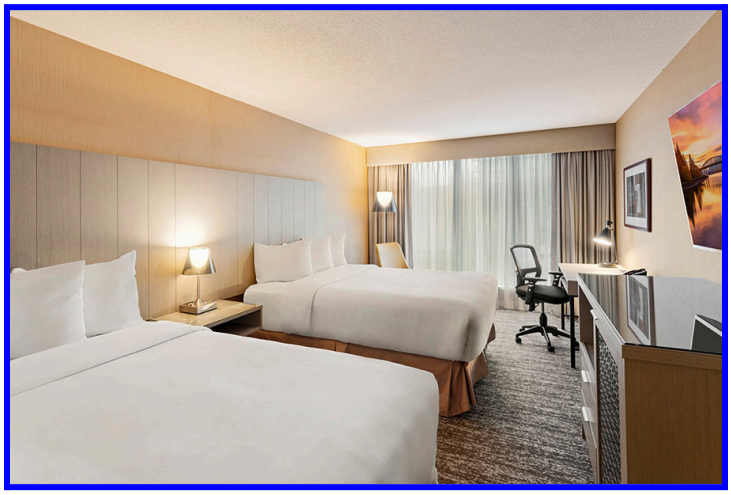

Photo Credit: Executive Hotels and Resorts

The Executive Hotel Vancouver Airport is 10 minutes away by ground transportation from YVR Vancouver International Airport and is within walking distance (10 minutes) of the Richmond Olympic Oval. The hotel offers standard rooms as well as furnished suites, and features the Free Bird Table & Bar, an indoor heated pool and hot tub, a fitness centre, a rooftop jogging trail, and a complimentary airport shuttle service.

Address:
7311 Westminster Hwy
Richmond BC
V6X 1A3

Phone: 604-278-5555 or toll-free 1-800-663-2878

Reservations: Quote "Karate BC" when booking.

Booking Deadline: Friday, March 22, 2024

Hotel Website: https://www.executivehotels.net/vancouver-airport-hotel/

Special Event Rates (per night based on single or double occupancy):

ROOM TYPE	RATE
Courtyard Standard Room - 1 Queen or 2 Double Beds	$209
Courtyard Junior Suite - 1 Queen and 1 Sofa Bed	$229
Plaza Room - 1 Queen or 2 Double Beds	$239
Tower 1 Bedroom Condo Suite - 1 Queen and 1 Sofa Bed	$279
Tower 2 Bedroom Condo Suite - 1 Queen, 1 Single, and 1 Sofa Bed	$329

Rates are subject to 5% Federal Goods and Services Tax, 11% Provincial Sales Tax, and 1.16% Destination Marketing Fee. Additional guests are charged at $20 per person per night.

Features and Amenities:

- Complimentary Airport Shuttle to Vancouver International Airport (YVR)
- Complimentary Parking
- Complimentary Wireless Internet

11.2.2 Accent Inns Vancouver Airport

Accent Inns™

Photo Credit: Accent Inns

The Accent Inns Vancouver Airport is 13 minutes away from YVR Vancouver International Airport and only 7 minutes from the Richmond Olympic Oval by ground transportation. This hotel offers comfortable rooms at affordable prices. The hotel features the Eggspectation Restaurant, a fitness centre, and a complimentary airport shuttle service.

Address:
10551 St Edwards Dr
Richmond BC
V6X 3L8

Phone: 604-273-3311 or toll-free 1-800-663-0298

Reservations: Quote Group ID 6464362 when booking.

Book Online

Booking Deadline: Friday, March 15, 2024

Hotel Website: https://www.accentinns.com/locations/vancouver-airport-hotel/

Special Event Rates (per night):

ROOM TYPE	RATE
2 Queen Beds	$185

2-night minimum stay. Rates are subject to 5% Federal Goods and Services Tax and 11% Provincial Sales Tax.

Features and Amenities:

- Complimentary Airport Shuttle to Vancouver International Airport (YVR)
- Complimentary Parking
- Complimentary Wireless Internet

13. MEDAL CEREMONIES AND AWARDS

13.1 Awards

Karate BC is pleased to award the following medals to medallists at the 2024 Karate BC Provincial Championships.

Result	Medal
First	Gold
Second	Silver
Third	Bronze
Third	Bronze

13.2 Medal Presentations and Attire Requirements

The medal presentations will take place continuously throughout the day immediately after the conclusion of each category.

Medallists are expected to present themselves dressed in an appropriate and respectful manner to the medal presentations. All medallists must wear their karate-gi or tracksuit during their medal presentation. The displaying/wearing of political and/or religious symbols is not permitted at the medal presentations.

14. ACCREDITATION

All athletes and coaches must pick up their accreditation card at the Participant Accreditation Desk during the designated accreditation periods. **Competitors who have not picked up their accreditation (either personally or through a coach/team manager) during the designated accreditation periods will not be permitted to compete.**

Accreditation cards are required for entry into the event venue and must be worn at all times while inside the venue, except for athletes when they are competing.

15. SOCIAL MEDIA

Visit and like Karate BC's Facebook page, follow us on X @KarateBC and Instagram @officialkaratebc, and use the hashtag **#KBCProvincials** on all your social media posts during the 2024 Karate BC Provincial Championships!

KARATE BC
PROVINCIAL CHAMPIONSHIPS
RICHMOND 2024

Appendix 1. Summary of Competition Rules and Karate BC Rule Modifications

		Non-Elite Categories		Elite Categories	
KATA		Under 12 years	12 years and over, Masters	U14, Cadet, Junior	U21, Senior
	Format	WKF repechage with flags - two at a time Kobudo, Team: One performance with scores	WKF repechage with flags - one at a time Kobudo, Team: One performance with scores	WKF repechage with scores	WKF repechage with scores
	Number of Kata	Novice: May repeat kata Intermediate and up: ABAB	Novice and Masters: May repeat kata Intermediate and up: ABAB	WKF rules	WKF rules
KUMITE	Time	1 min. 30 sec.	1 min. 30 sec.	U14: 1 min. 30 sec. Cadet, Junior: 2 min.	3 min.
	Points	First to 6 points	Spread of 8 points	Spread of 8 points	Spread of 8 points
	Contact	Jodan is no touch with fist or foot Chudan is touch only - no heavy contact	Jodan is no touch with fist or foot	Youth: Jodan is no touch with fist or foot Cadet, Junior: WKF rules	WKF rules
	Mandatory Protective Gear	Red and Blue belts Red and Blue gloves Mouthguard Groin protector (males)	Red and Blue belts Red and Blue gloves Mouthguard Groin protector (males)	WKF rules	WKF rules
	*Optional Protective Gear	WKF Helmet External Body Protector/Chest protector Red or Blue foot/shin protector	Chest protector Red or Blue foot/shin protector For under 14: WKF Helmet and External Body Protector	U14: WKF Helmet, External Body Protector	N/A

* Competitors who choose to compete without wearing the optional protective equipment assume all risk of participating without that protection

KARATE BC
PROVINCIAL CHAMPIONSHIPS
RICHMOND 2024

Appendix 2. Competitor Age Eligibility Matrix for the 2024 Karate Canada National Championships

Competitor Age Eligibility Matrix for the 2024 Karate Canada National Championships

<table>
<tr><th></th><th>U14 (Youth)</th><th>Cadet (14/15)</th><th>Junior (16/17)</th><th>U21</th><th>Senior</th></tr>
<tr><td></td><td>Date of birth between</td><td>Date of birth between</td><td>Date of birth between</td><td>Date of birth between</td><td>Date of birth</td></tr>
<tr><td>Individual Kata</td><td rowspan="2">August 23, 2010 and July 4, 2012</td><td rowspan="2">August 23, 2008 and October 9, 2010</td><td rowspan="2">August 23, 2006 and October 9, 2008</td><td rowspan="3">August 23, 2003 and October 9, 2006</td><td>On or before July 4, 2008</td></tr>
<tr><td>Individual Kumite</td><td>On or before July 4, 2006</td></tr>
<tr><td>Team Kata</td><td>N/A</td><td colspan="2">August 23, 2006 and October 9, 2010</td><td>On or before July 4, 2008</td></tr>
<tr><td>Para-Karate</td><td colspan="2">Junior - July 5, 2008 and July 4, 2012</td><td colspan="2">N/A</td><td>On or before July 4, 2008</td></tr>
</table>

July 4, 2024	Start date of 2024 Karate Canada National Championships
August 22, 2024	Anticipated start date of 2024 PKF Junior, Cadet & U21 Championships
October 9, 2024	Anticipated start date of 2024 WKF World Cadet, Junior & U21 Championships

Appendix 3. Permitted Kata List for Non-Elite Kata Categories

Permitted Kata List for Non-Elite Kata Categories			
Novice	**Intermediate**	**Advanced**	**Black Belt**
Fugyugata 1-2 Gekisai Dai Ichi Gekisai Dai Ni Happo Geri Heian/Pinan 1-2 Kanshiwa Ni Sei Shi (dai) Rohai Sho Sanchin Shi Ho Wari/Hai Tai Sabaki Tenshin Tensho Zenshin Kota Any Kihon Kata Any Taikyoku Kata	Heian/Pinan 3-5 Juroku Kanshu Matsukaze/Wankan Naifanchin (1) Rohai (Matsumura or Matsumora) Rohai Dai Saifa Seichin Seienchin Shinsei Ichi Tekki Shodan Tsuki No Kata Yantsu Any Kata from the Novice list	Aoyagi Bassai Bassai Dai Chinto Enpi Hangetsu Itosu Rohai Shodan Jion Kanku Dai Kushanku/Kusanku Myojo Naifanchin 2-3 Naihanchi 1-3 Passai Sanseiru Sanseru Seipai Seisan Seishan Shisochin Sochin Tekki 2-3 Any Kata from the Novice or Intermediate list	Any Kata from the WKF Official Kata List

Appendix 4. Sample Protest Form - Kata

Date	Event	Location

AO	AKA	Tatami Number

Protest Description

SAMPLE

Coach's Name		Signature	

To be filled out by the Appeals Jury:

J1	J2	J3	J4	J5	J6	J7

Appendix 5. Sample Protest Form - Kumite

Date	Event	Location

AO	AKA	Tatami Number

Protest Description

SAMPLE

Coach's Name		Signature	

To be filled out by the Appeals Jury:

Kansa:				
Referee	J1	J2	J3	J4