



### Fighting System

U10 – Adults

### Jiu-Jitsu

Junior belts (up to U18)  
Adult belts (from U21 onwards)

### Groundfight

U10 – U12



### Location

Sporthal 't Rooi  
Berchemstadionstraat 73  
Berchem – Antwerp

# Outlines

# FLANDERS OPEN 2024

v1.0



13 & 14 january 2024



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## 1. Organisation

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**FIGHTING LIONS ANTWERP** asbl  
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Tournament manager

**Natasja Van Clapdorp**

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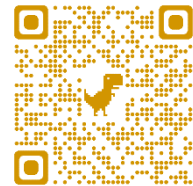
[Info.flandersopen@gmail.com](mailto:Info.flandersopen@gmail.com)



Follow us @ fightinglionsantwerp

*In association with:*

**City of Antwerp and the Flemish Ju-Jitsu Federation vzw (V.J.J.F.)**



## 2. Tournament venue

**Het Rooi Sports Centre**  
Berchemstadionstraat 73, 2600 Berchem, Belgium



## 3. Liability

The organising entities cited in point 1 and their employees are not responsible and not liable before, during and after the tournament for eventual thefts, damages, accidents and injuries regardless of the capacity of the person concerned such as employee, coach, athlete, referee, etc. Any hotel bookings are made under your own responsibility.

Club managers, team leaders and coaches ensure that all their participants are physically fit and properly prepared to participate in the competitions entered. Moreover, this is also each individual athlete's own responsibility.

All tournament participants, regardless of their capacity, are advised to take proper personal medical insurance and accident (liability) insurance.



## 4. Rules and organisation of the tournament

Following rules apply at current tournament:

- JJIF Competition rules (latest version) for Fighting and Jiu-Jitsu
- VJJF Competition rules (latest version) for Groundfight (U10 and U12)



All participants are asked to respect the ethics and code of conduct of the JJIF during the tournament and participate in the tournament with maximum fair-play.

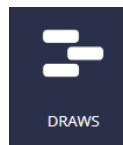
[Click here to go to all relevant JJIF downloads](#)

- The organisation provides tatamis with maximum (international) competition area of **12m x 12m** (8m x 8m fighting surface)
- The organisation will work with the **Video Review System (VRS)** for the Fighting and Jiu-jitsu competition disciplines to the maximum extent possible
- **JJIF-challenge rules apply** for this tournament

## 5. Placing participants (seeding) and drawing lots

There will be **no fixed placement** of participants (seeding) at this tournament before the draw.

After the morning weigh-in of each matchday, the draw for that matchday will be visibly published as soon as possible on our tournament page at Sports Data under the 'Draw' selection box.



A new draw will take place only in **exceptional circumstances** after consultation by the tournament organisation with the tournament's head referee.

[CLICK here and go the tournament page on Sportdata](#)

## 6. Participation rights and competition categories

- JJIF rules for weight and age categories apply at current tournament<sup>1</sup>
- The tournament is limited to a total of 500 entries for both days of competition
- Each athlete can register for this tournament for the Fighting and Jiu-Jitsu competition disciplines **up to 4 times with a maximum of 2 entries per competition discipline**

<sup>1</sup> JJIF Sporting code 2024

## 6.1 Multiple entries per athlete

The second entry in the same league discipline is:

- » Either an entry in the **next higher weight category** while maintaining the age category of the first entry
- » Either an entry in the **next higher age category**<sup>2</sup> with the same weight category as the first entry or possibly also the next higher weight category compared to the first entry

### **Example 1 - increase age category only**

An athlete can register for the competition discipline Fighting Male -62kg | **U21** and as a second registration Fighting Male -62kg | **Adults**.

### **Example 2 – increase weight category only**

An athlete can register for the competition discipline Jiu-Jitsu Female -57kg | **Adults** and as a second registration Jiu-Jitsu Female -63kg | **Adults**.

### **Example 3 - increase age category and increase weight category**

An athlete can register for the competition discipline Fighting Male -62kg | **U21** and as a second registration Fighting Male -69kg | **Adults**.

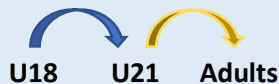
- For Jiu-jitsu, an athlete can only be entered multiple times in **the same belt category**
- The organisation cannot guarantee that in case of multiple entries by the same athlete on the same competition day, the competitions will be sufficiently spread out in time and will not take place simultaneously. This risk is taken by the athlete

For subsequent age categories, a jump to the next higher age category is possible:

### **FIGHTING**

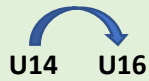


**U16 - no jump to a higher age category possible due to different rules!**



<sup>2</sup> Participating in the next higher age category of the same league discipline is possible only if the league rules of both categories are identical | JJIF SC 2024

## JIU-JITSU



**U18** - no jump to a higher age category possible due to different rules!



### 6.2 Clarifying 'belt' categories of Jiu-Jitsu

To register, it is important that the athlete is registered in the most appropriate belt category. Here, the following are **two options**:

1. The athlete already has a Jiu-jitsu belt according to, for example, the JJIF/JJAU Graduation system or according to a recognised Jiu-Jitsu style with belt graduation such as Jiu-Jitsu TATAKAI (VJJF) or according to an external Brazilian Jiu-jitsu federation or Brazilian Jiu-jitsu club?  
→ **Then the athlete is registered in the belt category he owns**
2. If the athlete does not have a Jiu-jitsu belt as referred to in the preceding point, the athlete must decide together with his/her coach and/or club manager according to his/her skills and based on **the table below** in which belt category the registration will take place.

It is important that the belt category chosen is the **most appropriate for the athlete's skills and that it is also still challenging so that a win is not obvious.**

Following categories will be offered for the competition discipline Jiu-jitsu at the tournament:

U14	U16		
ALL KIDS BELTS	ALL KIDS BELTS		
3 min		Game time	

U18	U21	Adults	CATEGORY
ALL U18 YOUTH BELTS + White belt	White belt		Beginner
Blue belt			Intermediate
	Purple belt		Expert
	Brown belt		
	Black belt		
4 min	5min		Game time

<b>Novice:</b> 6 months grappling experience
<b>Novice:</b> 6 months to 2 years grappling experience
<b>Intermediate:</b> 2 years to 5 years grappling experience. Level <b>blue belts</b> → <b>intermediate</b>
<b>Expert:</b> 5 years and more grappling experience. Level <b>purple, brown and black belts</b> → <b>experts</b>

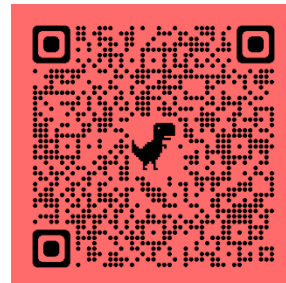
## 7. Registration and participation fees

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### 7.1 Entries

All registrations (*coaches, officials and athletes*) and payments are made **exclusively** via the **Flanders Open 2024 | BELGIUM** tournament page on Sportdata.

[CLICK here and go the tournament page on Sportdata](#)



- Online **from 01/10/2023 to 07/01/2024**
- Late entries and late changes are still possible from 08/01/2024 at an administrative **extra cost of €20** if they do not compromise the tournament organisation
- Entries **are only final** and visible in the participation categories **after payment of the participation fee in the Sportdata application**
- Unpaid registrations are automatically removed from the waiting list **after 2 days**
- The principle **NO SHOW, NO REFUND** is strictly adhered to. A refund can only be made very exceptionally after consultation with the organisation. The organisation therefore advises all participants to take out cancellation insurance

### 7.2 Referees

All referees are provided **by the organisation** and **the costs are automatically included in the participation fee**. Federations and/or clubs therefore **do not have to provide referees themselves** depending on the number of entries.

### 7.3 Participation fees<sup>3</sup>

#### **Fighting and Jiu-jitsu**

€ 50 per registration per athlete



mastercard

VISA

#### **Groundfight**

€ 25 per registration per athlete

#### **Coaches and officials**

**Coaches and officials** are also **required to register with Sportdata for the tournament**. The following rules apply:

- For every 5 athletes registered per club, 1 coach will be accredited free of charge
- Each club can accredit 1 team official free of charge
- Do you still want to register an additional coach or official? Then **€ 20 per additional accreditation will be charged**.

<sup>3</sup> Sportdata offers online payment with Paypal, credit cards and debit cards. Upon settlement, the transaction costs per payment are immediately deducted in function of the means of payment used. These costs are always paid by the customer.

## 7.4 DISCOUNTED RATES (!)

ALL athlete registrations **from 01/10/2023 to 31/10/2023** are at a **20% discount**, including any additional registrations per athlete. This discount is automatically granted at registration and cannot be combined with any other discounts.

From **01/11/2023 to 07/01/2024**, the system automatically grants a **10% discount** from the second registration of the same athlete.

## 7.5 Accreditations coaches, delegation leaders and athletes

All coaches, officials and athletes sign in at registration and weigh-in and receive **personalised accreditation** after verification of payment and if applicable after weigh-in. This accreditation is **necessary to access the sports hall, the warm-up area and the competition area**.

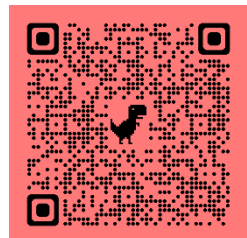
It is therefore very important that **coaches and officials** also register on the tournament page **Flanders Open 2024 | BELGIUM** on Sportdata.

### *Free creation of account(s) Sportdata*

If you do not already have an individual account with the Sportdata application, you must create one as a club, athlete, coach or team leader **before** your registration.

*How exactly to do this can be easily viewed with the following web link:*

[Click here to go to the video tutorials on Sportdata](#)



## 8. Merging of competition categories

For the smooth running of the tournament, the organisers may merge categories per competition discipline within the specified rules<sup>4</sup>.

If necessary, the relevant club and/or athlete can be contacted in advance.

## 9. Referees

Before the start of each tournament day, the head referee will hold a briefing at the tournament venue.

<sup>4</sup> JJIF Sporting code 2024



## 10. Coaches, physiotherapists and medical staff

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Athletes and teams without a coach can participate without coaching.

- » The organisation provides **2 physiotherapists** at the competition venue, **including equipment** that all accredited athletes can use **free of charge**
- » Medical staff will also be provided by the organisation at the tatamis

## 11. Visa

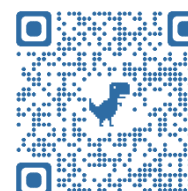
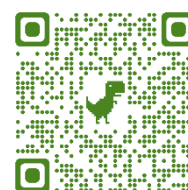
VISA are **self-provided**.

## 12. Hotels and transport

### 12.1 Hotels

The organisation can recommend the hotels below with a nice discount without obligation. These hotels are located near the sports centre and are easily accessible by train and public transport.

	<p><b>PARK INN BY RADISSON- BERCHEM</b></p> <p><b>DOUBLE ROOM €115</b> <b>CODE: FLA2024</b></p> <p>NEAR TRAIN-/BUSSTATION (BERCHEM) AND SPORTSVENUE <a href="http://WWW.RADISSONHOTELS.COM/NL-NL/HOTELS/PARK-INN-ANTWERP-BERCHEM">WWW.RADISSONHOTELS.COM/NL-NL/HOTELS/PARK-INN-ANTWERP-BERCHEM</a></p>
	<p><b>YUST ANTWERP</b></p> <p><b>10% DISCOUNT</b> <b>CODE: FLANDERS OPEN 2024</b></p> <p>CITY OF ANTWERP NEAR TRAIN-/BUSSTATION (CENTRAL STATION) <a href="http://WWW.YUST.COM/ANTWERP/">WWW.YUST.COM/ANTWERP/</a></p>



[Park Inn by Radisson Antwerp Berchem](#)

[YUST](#)

### 12.2 Transport and parking

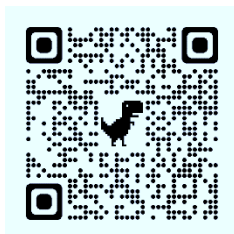
The sports hall is located in the municipality of Berchem in Antwerp and is very easily accessible from our national airport in Zaventem (Brussels) and from our other regional airports. After all, Belgium is a small country so travel distances are relatively short. Moreover, the sports hall is only a short walk from the Berchem/Antwerp railway station (1.8km) with several affordable and quality hotels nearby.

You can use public transport to get from hotel to sports hall and vice versa.

Parking for cars is provided close to the sports hall. Except on Sundays, this is a paid parking zone between 09:00 and 19:00. You can take a free ticket for up to 2 hours of parking at the public ticket machine but from the 3rd hour you pay €0.80/hour.

Tickets for public transport and parking in Antwerp are best paid online with the 4411 application. Once registered, you can buy tickets for tram and bus with your smartphone and register your parking space based on the number plate of your vehicle.

[Application 4411](#)



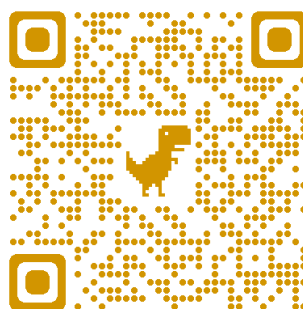
## 13. Supporters

If you want to experience this event with us, you pay **€5 entrance for 1 day and €8 for both days** from the age of 6. You will be given a nice wristband with which you can leave and enter the sports hall as much as you like.

## 14. Antwerp, more than just a city

Want something extra during your competition stay? Then a visit to the city centre of Antwerp with its vibrant nightlife and fantastic cultural and gastronomic offer is an absolute must. The city centre of Antwerp is nearby from Berchem and very well served by public transport.

So be sure to visit the website [www.visitantwerpen.be](http://www.visitantwerpen.be) in advance.



## 15. Welcome

Our top sports club Fighting Lions Antwerp is proud to be able to organise in 2024, together with the Flemish Ju-Jitsu Federation and the city of Antwerp, the first **FLANDERS OPEN tournament** for the competition disciplines **Fighting, Jiu-Jitsu and for the very youngest athletes also Groundfight**.

We want to distinguish ourselves in striving for quality, facilitating international participants and creating an international tournament feel. Thus, we will work to the maximum with the Video Review System, our competition tatamis will have the maximum allowed competition area and we have designed our own exclusive tournament medals.

All participants, coaches and referees will receive an individual and personalised accreditation badge that gives access to the event and will have to be used at challenges. In addition, a unique challenge trophy will also be awarded to the best club of the tournament.

Our aim, as a top Flemish sports club, is to give all participants, regardless of age and regardless of experience, a taste of an international tournament feeling and to give athletes maximum preparation for the new 2024 competition season after the year-end festivities.

## 16. Schedule of registration, weight in and competitions

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Day	Time	Event
Friday 12 January	19:00 - 21:00	Accreditations + weight in* for Saturday, 13 January
Saturday 13 January	07:00 - 08:00	Accreditations + weight in * for Saturday, 13 January
	08:45	Draw matches for Saturday, January 13
	09:15 - 17:00	<b>Fighting</b> » <b>U10 to U18</b>
	16:00 - 18:00	Accreditations + weight in * by Sunday, 14 January
Sunday 14 January	07:00 - 08:00	Accreditations + weight in * by Sunday, 14 January
	08:45	Draw matches for Sunday, January 14
	09:15 - 17:00	<b>Groundfight</b> » <b>U10 to U12</b> <b>Fighting</b> » <b>U21 to Adults</b> <b>Jiu-jitsu</b> » <b>U14 to Adults</b>

*\*The weight in is done **per competition day**. So if an athlete does Fighting on Saturday and Jiu-jitsu on Sunday, he has to **weigh twice**.*

### Final matches

Depending on the number of entries, from U14 onwards, the final matches will take place in the afternoon with intermediate presentation of medals.

# See you soon