

GAMMA EUROPEAN MMA CHAMPIONSHIPS 2022



INFORMATION PACK

24 - 28 SEPTEMBER | TBILISI • GEORGIA

GAMMA
GLOBAL ASSOCIATION OF
MIXED MARTIAL ARTS

Organised by
GMMA
GEORGIAN MIXED MARTIAL ARTS

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WELCOME MESSAGE

Welcome Message by GAMMA President Alexander Engelhardt

Dear GAMMA members of Europe,

I am very pleased to welcome you to the 2022 GAMMA European MMA Championships in Tbilisi, Georgia. Our friends, led by Georgian Mixed Martial Arts President Gia Chiragishvili, have worked tirelessly to make these Championships happen and I want to start by thanking them on behalf of all the European Members.

Our European Championships are an extremely important event in the calendar, and I am confident that the success of the 2021 European MMA Championships in Ukraine will be followed this year in Georgia with another fantastic edition. GAMMA continues to find the best opportunities for our athletes to showcase their skills and to promote our great sport to new audiences, and these Championships in Tbilisi will surely achieve both goals.

We are looking forward to bringing the GAMMA European family together next month and we hope that many of you will be able to join us. I have every faith and confidence in Gia Chiragishvili and his team that we will enjoy great friendship, fantastic hospitality and a highly competitive and successful Championships in Tbilisi.

I would like to wish all participants of the 2022 GAMMA European MMA Championships an excellent time in this great country of Georgia and look forward to meeting you all soon.



Alexander Engelhardt
President of GAMMA



**Welcome Message by Georgian Mixed Martial Arts President
Gia Chiragishvili**

Dear Friends,

For a small country like Georgia, hosting the GAMMA European Championships is a big step for the development of amateur MMA in our country.

This is the first time that the European Championships are organised in Georgia, and I can confidently say that it will be a historic moment when the GAMMA European family gathers in our great capital city of Tbilisi for the event.

GAMMA Georgia has been planning these Championships with great enthusiasm and energy to ensure that it will be an unforgettable event. It is a great honor for us and Georgian Mixed Martial Arts (GMMA) to host the event and welcome you all here.

I would like to express my great respect to GAMMA President Alexander Engelhardt who has supported and believed in us from the very start of our vision to host the European Championships. Thank you Alexander and the entire GAMMA Family, we will not disappoint you.

Once again, you are all very welcome to Tbilisi, Georgia.



Gia Chiragishvili
President of GGAMMA and GMMA





Tournament Information

A. Format

- The Championships will be run based on GAMMA Rules & Regulations for International Competitions (July 2022).
- The following female and male weight categories in MMA and Striking MMA will be contested:

Categories by Weight	
Male	Female
- 52.2 kg - 115 lbs	- 47.6 kg - 105 lbs
- 56.7 kg - 125 lbs	- 52.2 kg - 115 lbs
- 61.2 kg - 135 lbs	- 56.7 kg - 125 lbs
- 65.8 kg - 145 lbs	- 61.2 kg - 135 lbs
- 70.3 kg - 155 lbs	- 65.8 kg - 145 lbs
- 77.1 kg - 170 lbs	- 72.6 kg - 160 lbs
- 83.9 kg - 185 lbs	+ 72.6 kg + 160 lbs
- 93.0 kg - 205 lbs	
- 120.2kg - 265 lbs	
+ 120.2 kg + 265 lbs	

- Should there only be one (1) athlete in the weight category, the category will be forfeited and the athlete will be given the option to compete in a weight category of GAMMA's choice.
- An athlete is not allowed to participate in both MMA & Striking MMA. An athlete can only compete in one (1) division and one (1) category.
- It is mandatory for all participating athletes to wear the official tournament gloves and shinpads.
- The Official Draw will be conducted by SportData through an electronic draw.
- Three (3) rings will be used until the semi-finals phase.
- Medals will be distributed to the first four athletes of each weight category (1 Gold, 1 Silver, 2 Bronze).
- The tournament will be officiated by GAMMA International Technical Officials with the core team appointed by the Head of Referees & Judges Committee.

B. Registration

Participation Eligibility

Participating Federation must be a full or provisional member of GAMMA.

Each National Federation is invited to register up to two (2) athletes in each weight category. If both athletes win all their matches, they will meet in the semi-finals. No athletes from the same country will meet in the finals. All registrations need to be done through the GAMMA database (<https://mma.sportsid.org/#pages.login>).

The entry fee per athlete is 75 USD.

Please refer to **Appendix 1: Step-by-step guide on registration through SportData for troubleshooting.**

Age Eligibility

Athletes must be at least 18 years of age on the day of the tournament.

Team Officials

Each Team Delegation can have the following number of Team Officials:

- 1 Team Manager
- 1 Team Doctor
- 1 Physiotherapist
- 1 Media Officer
- No limit on number of coaches. Each athlete will be entitled to be accompanied to the ring by up to two (2) coaches. However, only one (1) may enter the ring.

C. Visa & Entry Requirements

The organiser (LOC) will provide assistance regarding Visa if required. Please contact ggamma.info@gmail.com / Nini Chiraghishvili (tel: +995 599 21 80 19)

For general and more information please have a look at:
<https://www.geoconsul.gov.ge/HtmlPage/Html/View?id=956&lang=Eng>

The deadline to request assistance is 31 August 2022.

COVID-19 Protocols

On arrival into Georgia: From June 14, 2022, Georgia has removed all Covid-19-related travel restrictions since June 14, 2022. However, the global covid-19 conditions are dynamic and team delegates are expected to monitor for any new developments.

On departure from Georgia: It is your responsibility to let the GAMMA Organizing Committee know if you require a PCR-test upon arrival in your home country.

D. Transportation

International Transportation

All travel information related to the Team Delegation must be submitted to g.besana@gamma-sport.org and additionally sent to the LOC at ggamma.info@gmail.com. The form can be downloaded [here](#).

The airport of arrival and departure will be Tbilisi Airport (TBS). Deadline to submit arrival and departure information: 20 September 2022.

Local Transportation

Local transportation will be provided by the LOC:

- Tbilisi Airport (TBS)
- To/from the hotel to/from the competition venue

E. Accommodation

All athletes and coaches will stay at the Episode Tbilisi.



Types of accommodation at Episode Tbilisi (including breakfast and dinner) per person per night:

Single Room	USD 95
Double Room	USD 70

Triple-sharing Room (subject to availability) - USD 65

All fees are due upon arrival at the accreditation centre or online.

As we are always looking at ways to support our members fairly and sustainably for all our events, at this time there will not be the usual offer of free accommodation and food for teams. However, the organisers have secured some excellent facilities at a reasonable price.

F. Competition Venue

The championships will take place at Tbilisi Sports Palace (May 26 sq. 1, Tbilisi 380071, Georgia), an indoor sport-concert complex situated in Tbilisi, Georgia.

G. Accreditation

Accreditation will take place on 24 September 2022.

Each Team delegation can appoint a maximum of two (2) persons to attend the Accreditation check. GAMMA recommends to each team to send the Team Manager and/or the Head Coach.

Each Team Delegation's representatives will have a 10-minute appointment with GAMMA Officials to confirm the entry list of their delegation, the spelling of athletes' names, the weight category, national flag and anthem and to present the official documents listed below to GAMMA.

Your representative(s) must present:

1. Entry list of the delegation
2. Passports of each athlete
3. Record Books of each athlete
4. Athlete Acknowledgment and Agreement Form including release of liability signed by all team members

All Team Delegation members who are registered for the event through SportData within the deadline will receive their accreditation on site after the accommodation payment has been approved by the LOC.

Accreditation will be given out only upon presentation of a passport.

The Accreditation Center will be located at Episode Tbilisi.

H. Weigh-Ins & Hydrated Weight Testing

All athletes will need to weigh-in on 24 September. This weigh-in counts for the first day of the tournament. Thereafter, athletes who are competing on that particular day will also have their weight recorded in the morning.

Athletes will be selected for hydrated weight and anti-doping testing based on random sampling.

Under the guidance of a doctor, the technician and doctor will perform a test of the athlete's urine sample to ensure that the athlete is hydrated (hydrated = urine specific gravity ≤ 1.0250). The athlete's weight must be within the limits.

For more information, please download our Hydrated Weight Protocol from [our website](#).

I. Doping Control

Doping-free Tournament

GAMMA believes in a doping-free sport. Athletes are bound and must comply with the [GAMMA Anti-doping rules](#) which are compliant with the World Anti-Doping Code.

Anti-Doping Test

We will conduct in-competition doping testing during the tournament. Athletes will be selected in random according to the International standard procedures and the tests will be overseen by the GAMMA Medical Committee in cooperation with the International Testing Agency (ITA).

To ensure independence, ITA will perform the sample collection and conduct laboratory analysis in accordance with the International Standard for Testing, the [International Standard for Laboratories and the 2021 Prohibited List](#).

During the period of the tournament, athletes can be tested at any time or place with a blood or urine sample with no prior notice. It is each athlete's responsibility to ensure that no prohibited substance enters his or her body.

GAMMA's anti-doping programme is not limited to doping controls, it also includes activities like Risk Assessment, management of [Therapeutic Use Exemptions \(TUEs\)](#) for international-level athletes, Results Management, and Education.

If you need to apply for Therapeutic Use Exemption, please fill-up the application form [here](#) and send it to tue@ita.sport.

J. Medical Care

Member Federations need to ensure that all their athletes are covered by hospitalisation insurance.

Ambulance will be available at the tournament venue and access to the local hospital will be available 24/7 during the tournament period.

Medical Checks: Medical checks will be done upon arrival, pre-bout and post bout.

Decisions of the medical doctor are final.

K. Insurance

All participants are requested to get their own travel and medical insurance.

Neither the Organising Committee nor GAMMA (nor any of its officials and members) will be liable or responsible for any personal injury nor for any loss of damage to your property arising out of your participation and travelling in connection with this tournament.

L. Opening & Closing Ceremony

There will be a march-in for all participating delegations on the first day of competition and during the award ceremony, federation representatives will be invited up on stage to present the medals to the podium finishers.

As such, they should be dressed appropriately.

Flag and National Anthem

Each participating country must bring 2 (two) flags, size 90 x 130 cm and a portable drive with the shortened version (if possible) of their National Anthem. The flag and portable drive are needed to be handed in at the registration and will be returned to each participating country after the competition.

Participating countries can also send their national anthem via email or a link to download to g.besana@gamma-sport.org

Note: No flags are allowed to be used by the athletes during the award ceremony and neither should they wear any form of head gear on the podium.



Tournament Schedule

Proposed Tournament Schedule

Date	Time	Description
24-Sep (Sat)	All-day	Registration and Accreditation
	4 - 8pm	Weigh-ins
	4 - 6pm	Referees & Judges Meeting & Training
25-Sep (Sun)	7am (all -day)	Medical Check-up
		Breakfast
	7 am - 9 am	Weigh in
	10am - 11am	Tournament Draw
	11 - 1130am	Officials' briefing (housekeeping etc.)
	12 - 1pm	Coaches' Rules Meeting & Q&A
	3 - 6pm	Referees & Judges Meeting & Training (All-day)
		ITA Anti-doping Seminar for all athletes ITA Anti-doping Seminar for coaches and team officials
26-Sep (Mon)	7 - 9am	Breakfast
	9 - 10am	Coaches' + SportData Briefing
	11am	Everyone to report for opening ceremony
	11 - 12pm	Preparing the area, referees and sportdata
	12 - 1pm	Opening Ceremony
	12 - 2pm	Lunch
	115pm	Start of Championships - Day 1
		End of Championships - Day 1
27-Sep (Tue)	7 - 8am	Weigh-ins & Medical Check-up
	7 - 9am	Breakfast
	10am	Start of Championships - Day 2
	12 - 2pm	Lunch
	6pm	End of Championships - Day 2
28-Sep (Wed)	7 - 8am	Weigh-ins & Medical Check-up
	7 - 9am	Breakfast
	10am	Start of Championships - Day 3
	12 - 2pm	Lunch
	6pm (TBC)	Medal Ceremony
	8pm (TBC)	Closing Ceremony

This is the proposed tentative tournament schedule and is subject to changes. The Organising Committee reserves the right to amend the schedule accordingly without prior notice given.

Note: There will be random doping testing conducted on all competition days.

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General Contacts

General Contacts

Co-organiser	Georgian Mixed Martial Arts Gia Chiragishvili, President ggamma.info@gmail.com https://www.instagram.com/gmma_promotion/
Co-organiser	Global Association of Mixed Martial Arts (GAMMA) Alexander Engelhardt, President Laan van Kronenburg 14, 1183 AS - Amstelveen The Netherlands info@gamma-sport.org www.gamma-sport.org
Visa Guidelines	If you require visa support, please drop Gino an email (gino@gamma-sport.org)
Registrations for Team Delegations and Technical Officials	<p>The official event management system will be SportData. All athletes, coaches, technical officials and delegates have to register online through this link: https://mma.sportsid.org.</p> <p>The closing date for online registration is 20 September 2022 and all edits to registration details have to be made by 24 September 2022.</p> <p>For any matter regarding online registration please directly contact John Engelhardt (jengelhardt@sportdata.org).</p> <p>For any other questions regarding registration, please directly contact Gino (gino@gamma-sport.org).</p>
Competition related	Chairman Referee & Judges Committee Michael Wachter (GER) m.wachter@gamma-sport.org
Press & Media related	media@gamma-sport.org
Accommodation	ggamma.info@gmail.com
Transport	ggamma.info@gmail.com

Host Country Information - Tbilisi, Georgia

Georgia, Weather, Food and Places of Interest

Georgia

Georgia is considered one of the pearls of Eurasia located on the imaginary border between Europe and Asia.

The geography of the country is extremely varied enclosing in a single State an incredible strain of landscapes with the coasts on the Black Sea, the Caucasus breath taking mountains and the Kolkhida farmlands.

This peculiar morphology has an extraordinary influence on the climate. The Caucasus barrier, in fact, protect the country from the masses of cold air coming from north and favours the development of a mild and temperate climate.

September is one of the best months to visit the country with an average high temperature of 23,7 °C and an average low temperature of 12,9 °C.



Transportation

The distance from Tbilisi International Airport to the accommodation is about 25 km (~40 mins drive). Buses and minivans will take delegations directly from the airport to the accommodation.

Language

Georgian is the official and primary language of Georgia. It is spoken as a first language by over 86% of the population. The other common languages spoken in Georgia are Azerbaijani, Russian and English.

Currency

The local currency used is Georgian Lari, GEL, and the most common currency in Georgia are US dollars and Euros.

1 USD ~ 2.714 GEL

1 EUR ~ 2.764 GEL

In Tbilisi, you can use Mastercard, Eurocard, VISA, Cirrus and Maestro Credit Cards in major hotels, supermarkets.

Places of Interest

Explore Tbilisi the Capital: Being located on the ancient Silk Road Tbilisi has always been a pivotal epicentre of cultural interchange between Europe and Asia.

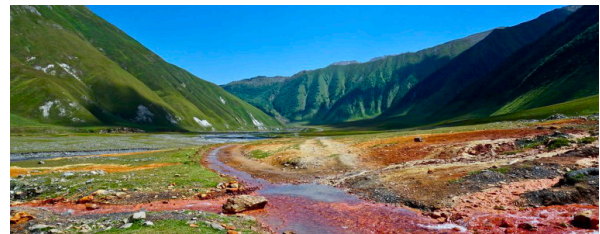
A city walking tour among all narrow cobblestone lanes, old residential houses with wooden balconies, and art nouveau buildings is mandatory for everyone who travels to this amazing country.



The Black Sea: The western part of Georgia, bounded by the Black Sea, is a go-to summer destination for locals and tourists from all over the world.



The mountains: The Greater Caucasus Mountain are the perfect destination for skiing during winter or hiking and trekking during warmer seasons with breath taking landscapes like Svaneti region.



Food

Much like the landscape, the food in Georgia is incredibly diverse. Even though the cuisine is mainly meat- and dough-based, there are vegetarian options, too

The national dish is **khinkali**, meat dumplings with a bit of broth inside.



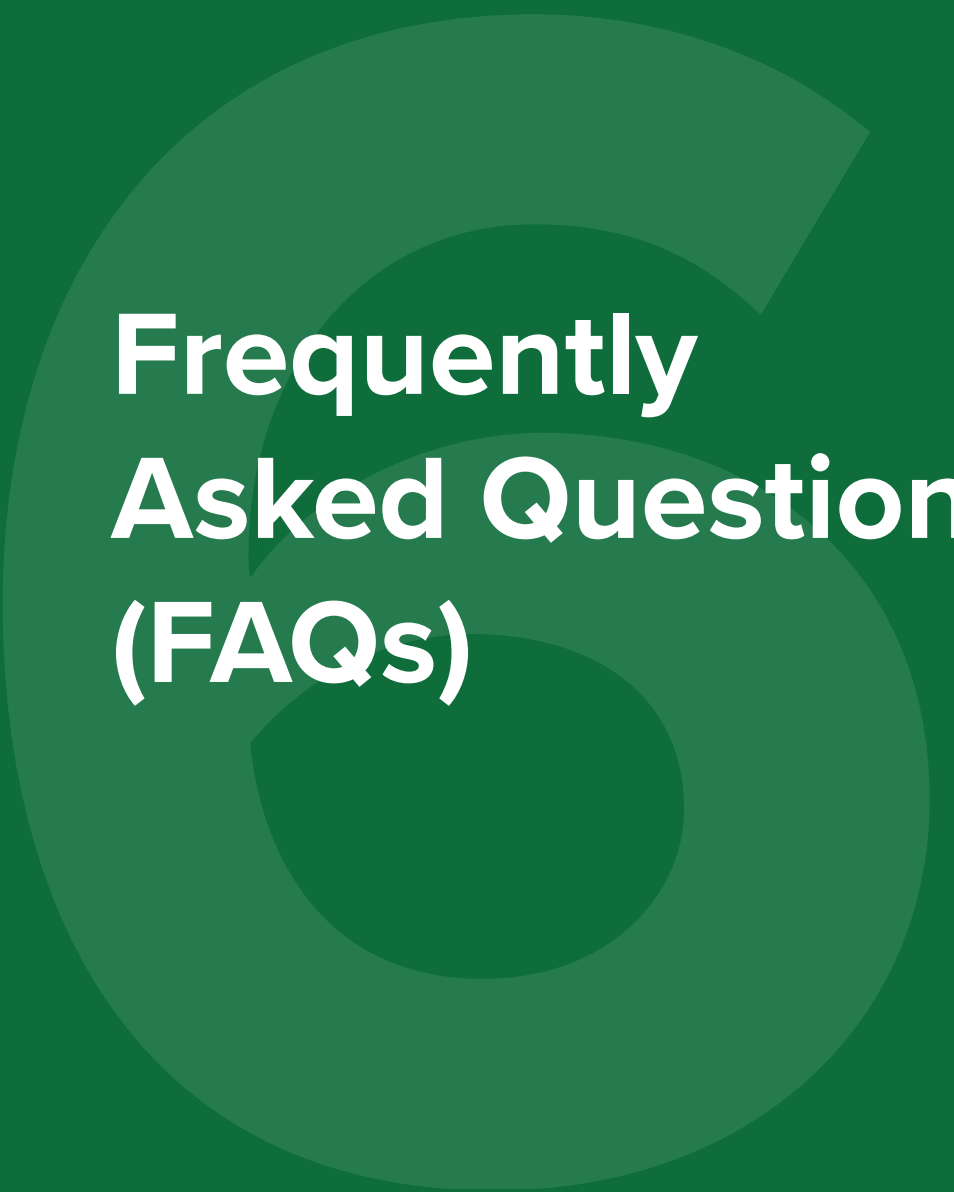
Vegetarians can try different fillings like potato, mushroom or cheese filling. Another local favourite is **khachapuri**, a pizza-like cheese pie served with different variations across the country.



Georgia is also said to be the oldest wine-making country in the world where people have been making wine here for at least 8,000 years, using egg-shaped clay jars called **qvevri**.

Weather

In Tbilisi, the average high-temperature in September decreases from 29.1°C (84.4°F) in August to a still moderately hot 23.7°C (74.7°F). The average low-temperature, is 12.9°C (55.2°F).



Frequently Asked Questions (FAQs)

Frequently Asked Questions (FAQs)

What we can eat on the meals? How is the lunch meal organised? Muslims don't eat pork, so are there any regulations for muslims?	<p>We will mainly have rice, chicken and salad.</p> <p>The current plan is to have breakfast and dinner at the hotel, and lunch at the tournament venue. This is subject to changes from the LOC.</p> <p>We will do our best to coordinate with the LOC to offer three meal options: standard, halal-certified and vegetarian.</p>
Is there a list for numbers of registration for categories?	Yes
There are two main categories, MMA and Striking MMA. Is there categories like full, lite, elite under MMA categories?	<p>There are no further categories under MMA.</p> <p>As long as you are above 18, you can register to participate.</p> <p>We accept athletes with or without a professional record.</p>
Can we check in to the hotel 1-2 days before the event starts?	Definitely but the costs will be borne by you.
We said that only 1 fighter from every different country for 1 category can register. Is there a chance that 2 fighter from every different country can register to 1 category. So that more people can join to event.	<p>Yes, each country can send up to two athletes per category and per discipline.</p> <p>This means that in the same weight category, you can have two (2) MMA athletes and two (2) striking MMA athletes.</p> <p>An athlete is not allowed to participate in both MMA & Striking MMA.</p> <p>An athlete can only compete in one (1) division and one (1) category.</p>

Appendix

Appendix 1:

Step-by-step guide on registration through SportData

Participating Federations must register their athletes for the tournament through the following steps:

1. Make a personal account, fill in all required fields + National Federation. (<https://mma.sportsid.org/personal#pages.registration>)
2. The SportData/SportsID Team will check your registration and activate your Admin account for your National Federation.
3. Add ALL athletes and officials as new members in the system if they are not already in there. Once your admin account is activated you can log in here > <https://mma.sportsid.org/#pages.login>
4. It is also possible for members to create their own accounts when they select your Federation. If you can't login via this link, please drop gino@gamma-sport.org an email of your email address which you will use for the account on SportsID.
5. After all members and participants are added > Select Championships in the menu > European Championships and you'll get redirected to Sportdata site to register ALL your athletes (per category) and officials to the event.
6. If your Federation has completed step 1 and you have a login ID to SportsID/Sports Data (<https://mma.sportsid.org>), please send an email to netherlands@gamma-sport.org and jengelhardt@sportdata.org. Your admin account will be activated. After activation you MUST log in via link in step 3.

Appendix 2:

Checklist

Championships Registration	<p>Step 1 - Register athletes through https://mma.sportsid.org/#pages.login</p>
	<p>Step 2 - Provide flight itinerary and rooming list to ggamma.info@gmail.com and g.besana@gamma-sport.org. The form can be downloaded here.</p> <p>Deadline to submit arrival and departure information: 20 September 2022.</p>
	<p>Step 3 - An invoice will be sent to you upon completion of Step 2.</p> <p>Payment can be made online or at accreditation centre.</p>
Before the Championships	<p>Step 4 - Head to the accreditation centre upon arrival with the following documents:</p> <ol style="list-style-type: none"> 1. Entry list of the delegation 2. Passports of each athlete 3. Record Books of each athlete 4. Athlete Acknowledgment and Agreement Form including release of liability signed by all team members 5. 2 (two) of your country flags, size 90 x 130 cm and a portable drive with the shortened version (if possible) of their National Anthem.
	<p>Step 5 - Athletes to attend weigh-ins and may be selected for hydrated weight testing</p>
Championships Day	<p>Have your accreditation pass with you at all times</p>
	<p>All athletes are to be present for the medal ceremony</p>